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mileage, staunch wear and freedom from ordinary tire troubles, you will find in Dominion Bicycle Tires. They are



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> that have proved theirhighquality and durability under every road condition.

Sold by the Leading

ELECTRIC LIGHT.

The Principles Explained by an

Expert.
In the year 1800, Volta, a famous Italian physicist, discovered that if a plate of copper and one of zinc were placed in weak sulphuric acid, and connected by a wire above the acid, there was transmitted along the wire a certain amount of energy, which transmission we speak of as a current of electricity, comparing it to a current of water. As it requires pressure or head to make water flow, so it requires electric pressure to make electricity flow. The pressure of the simple cell described above is called a volt, in honor of its dis-

ALL-KLENZ JTELY REMOVES GALLSTONE OPERATION; Cleanees the Liver, Gall Bledde ach Misery, Pains in sides or back, Jaundics, Ga Stops Souncia misory, ration is used to succe, Justicioco, usa, Bovel Trouble, Colic, Indigestion, Hearthurn, Nerveumene, Dyspopaia and signs of Appendicitis, caused by gallstones. Ne matter with you have tried without results, if you actually want relief, write for GUARANTEE, and PROOF for the Sounce for LESS THAN THREE CENTS a treatment, E. A. R. CHEMICAL CO., SOX. 144 11 WHESOR ONTARIO

coverer. A dynamo generating 32 wolts would have a pressure equal to that of 32 simple cells.

Electric energy passing through line wires will heat them white hot, hence electricity may be used for lighting. Current for this purpose lighting. Current for this purpose usually has a pressure of 110 volts, when supplied by light and power companies, but private plants usually generate only about 32 volts. All current generated by dynamos is al-ternating when made, i.e., it flows in one direction for half a revolution of the dynamo and then in the opposite direction during the other half, but by fitting the dynamo with nmutator (which means changer these waves of current may all

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medicine. Bold in three degross of strength—No. 1, \$1;
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THE COOK MEDICINE CO.,
TORONTO, ONT. (Fermenty Windows.)

be sent in the same direction along the distribution lines. It is then called direct current or D. C. Now alternating current, or A. C., may be used for lighting, just as

well as D. C. If the alternations are very rapid the light is perfectly steady, but if two slow the lights will fluctuate in brightness, and the light is hard on the eyes. Many light and power competities supply A. C.

However, A. C. cannot be used to charge storage cells and hence private plants which usually have storage batteries must be of the D. C. variety. This is also true of lighting systems for automobiles.

One-horse power will run 30 ordinary tungsten lamps, each giving from 23 to 24 candle-power, while if they are nitrogen filled each lamp will give about 45 c.p., hence it would take only about half as many to give the same light as before. As the ordinary farm probably would not re-

Minard's Liniment Co., Ltd.

Gents,-I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable. Yours truly.

ALFRED ROCHAV. Proprietor Roxton Pond Hotel and Livery Stables.

quire more than, say, four lights on an average of two hours per day, taking the whole year round, it is easily seen that the amount of power required is very small. The outlay for wiring the buildings varies a great

deal with circumstances, but probably \$100 would be a fair average. Where one is too far from the distribution lines of any existing power plant he may install a small plant of his own. The original cost of these will run from \$300 to \$500, depending on size and type, and the interest on this amount would be the largest part of the cost of light for the farm, the cost of running the plant being only a few cents per day. -R. R. Graham, B.S. A., O. A. ColTIMELY RECIPES.

Boil two onlons until tender, press through a sieve, and one-half teadpoonful each of sugar and salt, and a dash of pepper; melt one tablespoonful of flour, stir smooth, add one-half cupful each of milk and cream, and stir constantly until it brits smooth; add the prepared onlon pulp, stir thoroughly. prepared onion pulp, sitr thoroughly, and heat, but do not boil; remove from stove, stir in two teaspoonfuls of lemon juice and serve. Especially toothsome with broiled chops, steak or chicken.

PRUNE ROLLY-POLY.

After soaking the prines, stew them in as little water as possible; mash them and take out the stones; half a pound will make an ordinary-sized roll. Add sugar to taste, and when the fruit is sweetened make a nice such crust; spread on it the Truit mixture, crust; spread on it the trust mixture, wet the edges, roll up quickly, press the edges together to prevent the fruit from squeezing out, tie in a cloth and boil for an hour and a half. This is a favorite pudding with children.

LIVER LOAF.

Cut a calf's liver in this slices, cover with boiling salted water, cook for five minutes, then drain and) put through the chopper. Soak one-half of a cup-

the chopper. Soak one-half of a cup-ful of fine dry crumbs in cold water for a moment, then squeeze dry. Add them to the liver with one teaspoonful of onion juice, one scant teaspoonful of salt, one teaspoonful of lemon juice, teaspoonful of mixed herbs and two well-beaten eggs. Turn into a loaf pan lined with thin slices of fat salt pork and steam for two hours. Serve with tomato sauce. ORANGE BISCUIT.

Beat six eggs and twelve ounces of powdered sugar to a cream and then gradually add four ounces of pastry flour, sifted, and the juice and best of one orange. Beat thoroughly and

Wood's Phosphodine. The Great English Remedy.
These sand invigorates the wholenervous system, makes new Blood
is old Vains, Cures Nervous
dency, Lose of Enervy, Palpitation of the
Heart, Bulling Memory. Price 31 per box, six
for \$3. One will please, six will cure. Bold by all
drugging or mailed in plain pkg. on receipt of
price. New pomphic mailed free. Twice WOOD
MEDICINE CO., 10808110, 081. (Femanty Buston.)

tiny wafers spread very thin on but-tered sheets. Have the oven moderately heated and bake a delicate color. GIBLET CANAPES.

Use giblets from a chicken intended for dinner. Boil until tender with three slices from an ordinary-sized on-ion, and salt for a season. When cold, ion, and sait for a season. When cold, mash to pulp or run through a nutgrinder. Mash or grind one dozen English walnuts or one-half cup of shelled peanuts. Mix thoroughly with ground giblets, adding lemon juice to taste. Spread on toasted bread. These make delicate sandwiches for com-

Minard's Liniment Lumberman's

She Was a Poor Picker. "Shame has driven many a man in-to the ranks," declared Lord North-cliffe, "and in this regard we have to

thank the women of the nation for turning many a would-be slacker inte an excellent soldier. Sometimes, how ever, they are overzealous or make fistakes. A case of this sort hap-pened recently on a London bus. A young man offered a lady his

seat. Imagine his surprise when she drew herself up haughtily and exclaimed: "I don't accept favors from claimed: slackers." But he was not taken aback. In-stead he regarded the lady critically,

NO USE THEN.
Old Sage—Health is wealth all right.
Pessimist—Yes, but you can't get anything for it from a pawnbroker.

KITCHEN LOGIC. Please, mum, there ain't no coal left in the cellar."
"Why on earth didn't you tell me before?"
"Because there was some then."—The

Keep Minard's Liniment in the house ALL TIRED OUT.

"Money is circulating very fast," remarked the conomist.
"Yes," replied the ordinary person,
"by the time a dollar bill gets around to me it is so tired it can't do anything like the work it used to."—Washington Star.



This traveller upoke from emperience. The WALKER HOUSE (The House of Pienty) offers maximum of constort because of its aptended service and home like account.

THE WALKER HOUSE.

CHILD ENERGY

And the Way to Direct It in Right Channels.

The healthy normal child is full of vital energy—indeed it is more than full, it is pressed down and running There is just a certain amoun of steam that must be let off, some-how, and if it is not let off in the right way it is sure to be let off in the wrong

The point is, of course, to find the right channel and direct the energy there before the wrong channel is discovered or thought of.

All forms of mischlef, not to men-

tion contrariness and violence, are really the result of this misguided

The affect is often noticeable when The affect is often noticeable when rolldays from school have become long and drawn-out and so lost their novelty. A child's mentality used to exercise becomes restless. In this case, playing school at home is a good plan; or taking up other definite other little



tasks such as small chores around the ouse, or amusing but absorbing occupations, as coloring pictures, sewing or dolly or absorbing handcraft work. To let off steam it seems best to choose the amusements that achieve some thing, so that at the end of one's con-centrated efforts something (be it only smudge of many colors) is really created. Besides, something accomplished is a decided encouragement for future absorption.

Such creative attempts are sure to leave even a boisterous child gentle as a lamb and well contented with life. The vital energy has been directed into desirable channel and now these is not enough left to spill over into mischief, contrariness or violence.

Outdoor romping, too, is one of the

best, probably the very best, in its place, of ways and means for disposing of that vital spark, a child's superflu-

Ask for Minard's and take no other. THEIR OWN DOPE.

"The Germans complain that it is a peace of hate."
"They shouldn't object to that. It's just the kind of a war they started out to make."

THANKFUL MOTHERS

Thousands of mothers throughout Canada—many of them your neighbors —speak with thankfulness concerning the use of Baby's Own Tablets. Once they have used the Tablets for their little ones they would use no-thing else. The Tablets are an abso-lutely safe medicine for even the youngest baby, being guaranteed by a government analyst to contain neither opiates nor narcotics or other harmful drugs. Concerning them . Mrs. David McRobb, Divide, Sask., says:— "I have used Baby's Own Tablets and have found them so satisfactory I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co.. Brockettle Ont.

Historic Old Lusitania.

Among the historical mementoes in old Lusitania, which is an ancient name of the western part of Hispania, including a part of modern Portugal, stands off the Rue De Can Roque. It ancient church ruin which is the former Carmo Cathedral, a con-spicuous object high above the Baixo. The outer walls and piers and arches of the naves still remain. The chancel and chapels retain their roofs, and in the precincts an archaeological mu-seum has been established. Here many relies from ruined ecclesiastical build-ings have found a refuge, among others two stone fountains in the Arabic one from the exti of Penha Longa, on the serra of Cin-tra. The other was brought from Bar-bary after the conquest, in 1462, and given to Prince Henry the Navigator, who presented it to the Faro church as a holy water receptacle. There it had been lying neglected for years in the cemetery.—Exchange.

An Expert.

An Expert.

The minister in a small country town was noted for his begging propensities and for his ability to extract generous offerings from the close-fisted congregation, which was made up mostly of farmers. One day the young son of one of the members accidentally swallowed a ten-cent piece, much to the excitement of the rest of the family. Every means of dislodging the coin had failed and the frightened parents were about to give up in despair when a bright thought struck the little daughter, who exclaimed:

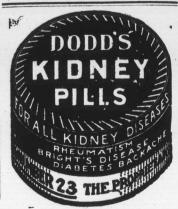
"Oh, mamma, I know how you can get it. Send for the minister; he'll get it out of fim!"—Exchange.

Poets are born, not made; so don't

Poets are born, not made; so don' too hard on them. It really isn't

You never can tell. Burning kisses have prepared many a man for a

Minard's Liniment used by Physicians Truth is an impossible to be soiled by any outward touch as the sunbeam.



ABOUT ITALY'S PACTS PREMIER

Wictor Emmanuel Orlando is re-arded as the strongest exponent of beralism in Italy by many of his countrymen, said one of them. He, is a man of the people and has arrived at his position of eminence through aneer force of character and ability. Whatever may happen through politi cal change or circumstance, Mr. Oriando will remain a force in the public life of Italy, because he is fear-less, and progressive and has the confidence of the people.

Leonardo Vettetti, who was a pupil of Professor Oriando in the University

of Professor Orlando in the University of Rome, and who has the enthusiasm and reverence of all who have stood in his relation to the Premier of Italy has been in the United States on a mission from his government. "To understand Mr. Orlando you must know something of his life, the way in which he has come to the position he now occupies," Mr. Vettetti said to a representative of The Christian Science Monitor. "He is a Sicilian by birth, and was born in 1860 when Garibirth, and was born in 1860 when Gari-baldi was entering Palermo, so they gave him the name of Victor Emman-uel. He was a good student, and, al-though of a peasant family, he ac-quired a fine education, making a specialty of Italian law, especially the Constitution of the state. He began to write on subjects connected with this department of the law when he was very young, and was soon regarded as one of the most interesting and

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most important writers on the subjects.
"Two of his books became, and have remained, standards, one on the con-

stitutional rights of the state, and the other on the administrative rights The information in these books is ented in the most interesting manner. Mr. Orlando has been professor of constitutional law in the University of Rome for many years. He began his political career by being elected to the Chamber of Deputies. Here he soon gave evisience of his ability, and be-came, successively. Minister of Public

Instruction, Secretary of Justice, Secretary of the Interior, and Premier.

"When the war broke out, he was Secretary of Justice in the Cabinet of Salandra, and he was one of the first to express himself as being in avor of Italy entering the war on the side of the Allies. Italy was in the position of not being obliged to fight, but Mr. Orlando was the leader of the great Liberal body who clearly and promptly saw wherein lay the duty of Italy. With the downfall of Salan-dra, Mr Orlando was appointed Secretary of the Interior, and was soon facing the difficult days following Italian defeat. It was recognized that

TAKING ANOTHER CHANGE. Higgs—Going to work the garden this year, old man?
Diggs—Best I can say is that I'm going to try to work it. It worked me last summer to the extent of 50 bucks.



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Flanders.

The Flemish form of the name Flanders is Vlaenedren, and the word means the country of the Flemish The Flanders of the Middle Ages was a elf-governing countship, that is a

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"Fifteen to thirty dreps of Extract of Roots, commonly called Mether Selgel's Curative Syrap, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case."

Get the genuine at druggists. ************

country whose ruler was a count, but at times it was under the suzerainty of France, and sometimes under that of the empire which then included the German states. The Flanders of the Middle Ages is to-day divided between France and Belgium, the greater part being included in Belgium and two provinces in the western part of the latter country are known as East and West Flanders, the latter fronting on the North Sea. Practically all the countr ythat formed the Flanders of the Middle Ages is low and level; hence it was commonly called the Low Country, pyres and the British lines out to the North Sea and south for a considerable distance into Northern France, are in a country that formed part of old Flanders.

What is defeat? Nothing but education. Nothing but the first step to something better.—Wendell Phillips.

A peace too eagerly sought is not always the sooner obtained.—Burke.

Enon-Sherouan the Just, Sultan of Persia in the days when Omar Khayyam was making vain attempts to sell his verse to the magazines, one day bought an indestructible vase, wonderfully fashioned by a potter of magic powers, for his royal palace at Rhagas.

Along came the statement of the statemen New Yorker Has Famous Relie.

Rhagas.

Along came the Tartars, acting like Prussians, and destrowed Rhagas, making the royal palace look like the Cloth Hall at Ypres. Tuat was in 1221.

The jar of/Enon-Sherouan the Just has just been added to the collection of Macdermid Parish-Watson, New York art collector, after existing only in legend and trudition for nearly seven centuries. Two pieces of it were found on the site of the royal palace of Rhagas in 1910, and since then other

found on the site of the royal palace of Rhagas in 1910, and since then other fragments have been uncovered from time to time, and the last piece was picked up in 1914. The vase is said to have a value of \$85,000 to \$100,000. CAUSED WORDS.

"The police say that you and your vife had some words," said the magistrate."
"I had some," replied the prisoner.
"But didn't get a chance to use them."—
London Opinion.

STAPLE INN.

A Picturesque Spot in Historic England.

Staple Inn was an Inn of Chancery when Henry V. won the battle of Agincourt. It was the most popular of the inns among law students in Elizabeth's reign, and in the eigh-teenth century it is said to have given teenth century it is said to have given hospitality to Dr. Johnson at the time when "Oddity" left Gough Square. The history of the inn is therefore both ancient and honorable, and its interest becomes unquestionable to at least half the globe's inhabitants, when its association with some of when its association with some of Charles Dickens' characters is recall ed. Dickens spent more than a year as clerk in an attorney's office in Gray's Inn and he probably knew the law quarter of London better, if possible, than any other part of the city. Thus it is that the name of Staple Inn is known to countless who have never seen the old black and white houses, or the door in the corner under the plane tree which led to Mr. Grewgious' chambers. Staple Inn has altered for the bet-

staple line and as accrete for the better since Mr. Snagsby. of "Bleak House" lived in Took's Court, hard by. Being both of a "meditative and poetical" disposition he leved to walk in the inn "in summer time and to observe how countrified the sparrows and the leaves" were. He would cer-tainly have appreciated the little wat-er garden which, since his day, has brought a freshness and charm to the reserve and age of the dark buildings. Except for the right of way which brings a few hurried passersby, Sta-ple Inn seems deserted but for the twittering cheery sparrows and their sooty brothers, the London pigeons. On the seat at the foot of the plane tree Mr. Snagsby may be imagined to be sitting, holding forth to the two "'prentices on how he had heard say that a brook "as clear as crystal' once ran right down the middle of Holborn, when Turnstile really was a turnstile leading slap into the mea-

Except that the happy event of the little water garden must make it easfer for the sparrows to play at coun-try, Staple Inn remains as Dickens described it in his inimitable fashion in "The Mystery of "Edwin Drood"
"Behind the most ancient part o Holborn, London, where certain gabled houses some centuries of age still stand looking on the public way, certain as if disconsolately looking for the Old Bourne that has long run dry, is a little nook composed of two irregular quadrangles, called Staple Inn. It is one of those nooks, the turning into which out of the clashing streets impairs to the relieved pedestrian the sensation of having put cotton in his ears, and velvet soles on his boots. It is one of those nooks where a few smoky sparrows twitter in smoky trees, as though they called to each other, 'Let us play at country,; and where a few feet of garden mold and a few yards of gravel enable them to do that refreshing violence to their tiny understandings. Moreover, it is one of those nooks which are legal nooks; and it contains a little hall, with a little lantern on its roof; to what obstructive purposes devoted and at whose expense, this history knoweth not." Mr. Grewgious occu-pied a set of chambers in a corner pred a set of chambers in a country house in the little inner quadrangle, presenting in black and white over its ugly portal the mysterious inscrip-tion—

1747 T I

In which set of chambers, never having troubled his head about the inscription, unless to bethink himself at odd times on glancing up at it, that haply it might mean Perhaps John Thomas, of Perhaps Joe Tyler, sat Mr. Grewgious writing by the fire."—London correspondent of The Christien Science Monitor. Christian Science, Monitor.

CAKES WITH FEW EGGS

An eggless apple sauce sake is made with a half cupful shortening, one cupful sugar, one cupful apple sause, two cupfuls flour, four teaspoonfuls baking powder, one teaspoonful nutmeg one teaspoonful cinnamon, one teaspoonful cloves and a half cupful seeded raisins.

SAND TARTS.

To make one egg sand tarts take 1-2 To make one egg sand tarts take 1-2 cup shortening, one cup sugar, one egg, one tablecpoonful water, two cups flour, two teaspoonfuls baking powder and a quarter cup almonds.

Cream shotening, add sugar, beaten egg and water. Sift flour and baking powder together and add to first mixpowder together and add to have made to the until stiff enough to roll out on board. Roll very thin, cut into squares, sprinkle with granulated sugar and cinnamon, place two or three blanched almonds on each tart and bake in hot even six to ten minutes.

HONEY DROP CAKES. For honey drop cakes take 1-2 cup

ISSUE NO. 25, 1919

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heavy work, first class opening to right
man. Apply, stating age and full details
of experience, to P. O. Box, 65, Hamilton.

MISCELLANEOUS

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BUSINESS CHANCES

S AWMILL TO RENT-WATER POW-er—the last owner cleared over \$5,000 a year; only about \$4,000 or \$5,000 capital required to operate. I. E. Weldon, solicitor, etc., Lindsay.

BRICK FLOUR, MILL FOR SALE IN Sebringville; about ninety barrels; steam; universal bolters; Hydro obtainable passing mill. John Beck, Sebring-ville.

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200 ACRES-PETERBORO' COUNTY. comfortable house, log barn; 125 acres cleared, balance pasture and timber; some crop new in; all for \$500. Write or phone C. P. Doherty, Kinmount, Ont.

FOR SALE

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F OR SALE—SECOND HAND WATER-loo thrashing outfit. Address Ezra Pritchard, Meaford, Ont.

shortening, 1-2 cup sugar, one cup honey, one egg, one tablespoon lemon juice, three cups flour and four tea-spoons baking powder.

*Cream shortening and add sugar clowly; add honey, beaten egg yolk and lemon juice. Mix well and add and lemon juice. Mix well and add flour which has been shifted with bak-ing powder. Fold in the beaten white of egg. Bake in greased individual tins in moderate oven 25 to 30 minutes.

JELLY ROLL.

One egg jelly roll requires one cup sugar, 1 1-2 cups flour, 3 teaspoons baking powder, 1 egg and 6 table?

spoons hot water. Mix and sift dry ingredients; stir in well-beaten egg; add hot water, beat until smooth; pour into large wellgreased pan. Butter should not be more than one-quarter inch thick for cakes to roll nicely. Bake in shop oven. Turn out on sheet of brown well dusted with powdeerd sugar. Beat jelly with fork and spread on cake. With sharp knife trim off all crusty edges and roll up while still warm by lifting one side of the paper. To keep the roll perfectly round, roll up in

cloth until cool. CORNBREAD WITH FISH.

It is an old idea in the South that cornbread eaten with fish will do away with all danger of a fish bone in the taroat, so compread is always served with fish, fresh or salt. Whether this notion is correct, combread is undeniably good with fish, and to the South-erner they are as natural mates as biscuit and fried chicken.

When a man gets to the front it never occurs to him that he might stoop a little and give the rest of us a

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THE makers of the famous Eddy Matches are also makers of a long line of Paper Specialtics. It is likely that you are using some of these products every day—perhaps without knowing it.

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