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Farming, Stock Raising and Fruit  
Growing are highly profitable in  
**Virginia and North Carolina**

Because of mild winters, long growing  
seasons, good markets and high prices for farm  
produce, \$15.00 an acre and up buys improved  
farms and old plantations near railroad stations on the  
**Norfolk & Western Railway**

Abundant rainfall, modern schools,  
good roads, low priced lands and best  
social conditions, make the New South  
very attractive. Write for our  
beautifully illustrated magazine, maps,  
excursion rates, timetables and other  
literature.

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Agr'l Agent

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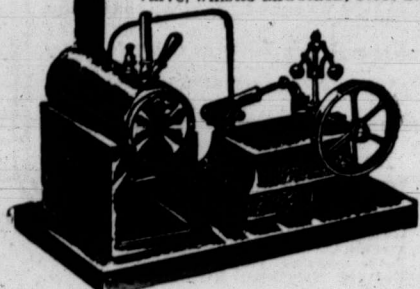


## WANTED FARMERS TO GROW New Breed Oats On Contract

Must have clean land and be careful, progressive,  
men interested in work of this sort. We may want  
to put some out in your district. Write full par-  
ticulars—Post Office Box 1274, Winnipeg, Man.

## STEAM ENGINE FREE!

This Stationary Steam Engine has  
brass lacquered boiler with safety  
valve, whistle and stack, steel fire-



box with spirit burner, fly wheel with speed regula-  
tor on metal pedestal, entire engine on wood base.  
We give it to you free for a few hours' work selling  
our beautiful Litho-Art Post Cards at 3 for 5c.  
These comprise Valentine, Love Scenes, Birthday  
Views, Comics, Best Wishes, etc., and are fast  
sellers. Write us today for \$4 worth of these post  
cards, sell them, return the money, and we will  
send Engine exactly as represented by return.

WESTERN PREMIUM CO.,

Winnipeg Dept. G. 2 Canada

## DAINTY DRESSED DOLL

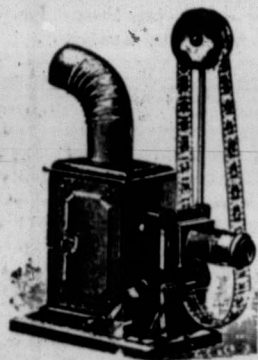
GIVEN FREE  
FOR SELLING  
POST CARDS



This large and beautiful  
doll is about two feet in  
height, and is dressed in  
the very latest style from  
Paris. Her costume is  
made up of fine silk, trim-  
med with Irish lace, and  
she has a very stylish hat.  
We believe it is one of the  
prettiest dolls ever shown.  
Given absolutely free for  
selling only \$3.00 worth  
of our dainty art embossed  
and colored Post Cards at  
6 for 10 cents, including  
Valentine, Birthday, Love  
Scenes, etc. You will be  
surprised at how quickly  
they sell, as everybody  
will buy. Write now for  
Post Cards, and we will  
send Doll as soon as you  
have sold them and returned us the money.

THE JONES MFG. CO., DEPT. G10  
WINNIPEG, CANADA

## MOVING PICTURE MACHINE FREE



We give FREE this  
genuine and mar-  
vellous moving pic-  
ture machine, with  
two fine films with  
63 Views for selling  
only 30 packages  
of beautiful glazed  
colored and em-  
bossed postcards at  
6 for 10c. This is  
a great offer.  
You can earn good  
money with this  
splendid outfit.  
Write to-day for  
postcards, when

sold send us \$5.00 and we will send moving pic-  
ture machine and films with 63 views and for  
prompt return of money we will give a beautiful  
extra premium free.

THE WESTERN PREMIUM CO., DEPT. G,  
WINNIPEG, CANADA

# Sunshine

The Grain Growers' Sunshine Guild

### ROOM FOR MORE LETTERS

Please send me more of the letters  
such as we have been having lately  
offering to exchange patterns and asking  
for advice. This is the kind of help I  
would like this Sunshine column always  
to be able to give to its members.

There are a thousand ways in which  
you can be of use to one another and  
especially in all matters pertaining to  
the care of little babies. Books are all  
well enough in their way, but they are  
not to be compared with the experience  
of thousands of mothers who have to  
care for their own children under similar  
conditions.

So come along one and all with the  
advice which is so acceptable, especially  
to the young and inexperienced mother,  
who feels completely at sea in the midst  
of unsuspected difficulties.

And about quilt making and cooking  
and housework generally, what volumes  
of really interesting information you  
could write if you would.

Remember that I threw this depart-  
ment open for you to make it as useful  
as possible, so I lay all the success of it  
upon your shoulders. I know there are  
plenty of long winter evenings after the  
children are tucked in bed when it would  
do you good to sit down and dig up some  
useful hints for this page. Try it. I  
think you'll find it splendid exercise.

FRANCIS MARION BEYNON.

### A CHILD FOR ADOPTION

Dear Miss Beynon:—I am writing to  
ask you a favor. I hope I may make  
this plain and hope you will try and  
print my letter as soon as possible, for  
it may take so long to get any letters in  
return to mine. I did not get a training  
like some girls and can't put things  
together good.

I have always made it a rule to read  
the Sunshine the minute I got The Guide.

Now what I want is this, I have two  
children, a girl 4 years old and a little  
boy 18 months old, he is a dear child  
and real smart. I would like to find a  
good home in the Western country some  
place. I will allow him to be adopted  
if the persons interested can give a good  
home and training, also a good schooling,  
and I wish him to be treated very kindly.

I do not wish to place him with old  
people, nor yet in a home where there  
are other children. My husband is dead  
this last two years nearly. Since then  
I have done the best I could for I had  
to turn to work. I could not find work  
with the two children so I have paid  
for the baby's keep since he was 4 months  
old. I have never got more than \$18  
a month and with \$10 for baby's keep  
and then dress, there is nothing left for  
me and sometimes I only get \$15 a month.

I find I can't keep up expenses for I  
am a good bit behind now. I can't  
have the child with me so I think a good  
home the best and only way to find  
relief. I am of Scotch descent, my  
husband Irish-Canadian. If any person  
feels interested to write me will they please  
send reference with letters as I have to  
find a home at once for him. The lady  
is very sick who keeps him.

### MOTHER IN NEED.

Anyone who wishes to communicate  
with Mother in Need must enclose the  
letter in a plain stamped envelope, with  
a note to me saying for whom it is in-  
tended. I forwarded dozens of letters  
to Agnes which were not properly for-  
warded to me, but I have grown balky  
and will not do it again.

F. M. BEYNON.

### HARD TO RAISE CHILDREN WELL

Dear Miss Beynon:—I have been an  
interested reader of the Country Home-  
makers' page in The Guide for a long time  
and wanted to write, but haven't, being  
a farmer's wife with the care and work  
of four children and, in fact, hired help  
the year around. I read mostly all the  
letters. Some have good advice and  
others, well, were they to put themselves  
in the other fellow's place they would  
not be so severe.

I read the letter from "One of Them."  
Has "One of Them" children? Does she  
get up bright and early in the morning,  
prepare breakfast, make the children get  
up and ready for breakfast, then fixed  
or school; dinners wrapped and all in

order to start for school at 8 o'clock  
summer and winter? Would she find  
time to get in "please" and "thanks?"  
Most country mothers send their children  
to school in the morning and do not see  
them until evening, and then the poor  
little ones are so cross and hungry that  
I for one am sorry for them.

Then, again, you seat your family  
and yourselves with your hired help and  
when you try to teach them a few man-  
ners you are laughed at. You find so  
many people who use their knife instead  
of fork, make a noise when eating soup  
and such like that to correct one you  
offend another. I know "One of Them" is  
perfectly right, but was she ever in that  
position? I often wonder what I am to  
do. When my children were real small  
they could say "please" and "thanks"  
and use manners to better advantage  
than since they have started to school.  
I just get discouraged and wonder if they  
will always be so, but hope for the best  
always.

I think a farmer's wife should dress  
comfortably and neatly as her pocket  
permits. There is a great charm in  
fastening the blouse and skirt secure.  
Nothing looks so untidy as a blouse up  
at the back.

I wish some other farmers' wives in a  
similar position would write and let us  
know how they manage. I know of  
women who have more to do than I and  
often wonder how they manage in the  
morning hours between 6 and 8. Do  
tell us some of your experience and how  
you manage. Hope I have not taken too  
much space.

### ONE WHO IS INTERESTED.

We are real glad to have you bring  
your problems. Come along, sisters, and  
see if you can help to solve them from  
the wealth of your experience.

F. M. B.



DESIGNS THAT SHOW THE NEWEST  
FEATURES

7565—High Neck French Corset Cover, 36 to 46  
bust. Perforated for Round, Square and V-  
Shaped Necks, Sleeveless or with Two Sleeves  
that can be made Long or Short. 2½ yards of  
material 27 inches wide, with 1 yard of beading  
and 3 yards of edging to make as shown in large  
view, 1½ yards of beading, 2½ yards of edging  
to make as shown in small view, for medium size.  
7560—Boy's French Suit, 6 to 10 years. With or  
without Sailor Collar, with Sleeves that may be  
Tucked or Gathered and Joined to Bands. For  
the 8 year size, the suit will require 3½ yards 36  
inches wide with 1 yard 27 inches wide for the  
sailor collar and belt and 6 yards of braid to make  
as illustrated.

7564—English Top Coat, 34 to 42 bust. With  
Two-Piece Sleeves that can be made Plain or in  
Bell Shape. With Cutaway Fronts, with or with-  
out Under-Arm Seams, or with Straight Fronts  
and Under-Arm Seams. 5½ yards of material  
27 inches wide to make with seams under the arms;  
to make without seams under the arms use material  
54 inches wide and 2½ yards will be needed, for  
medium size.

7336—Girl's Norfolk Costume, 8 to 12 years.  
With or without Applied Yoke on Coat, with  
Straight Plaited Skirt. 5½ yards of material  
27 inches wide, for 10 year size.

7563—Three-Piece Skirt, 22 to 30 waist. With  
High or Natural Waist Line. 3¾ yards of material  
27 inches wide; with 1¼ yards of any width for  
panel.

The above patterns will be mailed to any address  
by the Fashion Department of this paper, on  
receipt of ten cents for each.



## Where You Enter- tain Your Guests

Home is not for its inmates alone, but  
even if it were, it should be as attractive  
and artistic as possible. Therefore the  
decorating of the Dining Room should re-  
ceive the careful and serious consideration  
of the home-maker.

## SILKSTONE FLAT WALL COLOURS

"Smooth as Silk—Hard as Stone"

Enables the home-maker to produce artis-  
tic and permanent effects never before  
possible. It is the new finish for plaster  
and metal walls and ceilings. Fine for  
refinishing burlap. Silkstone is durable  
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moisture—may be thoroughly cleansed  
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Sixteen beautiful colours and white.

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today for free book of "Sugges-  
tions"—for paint users.

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BRANCH AT CALGARY

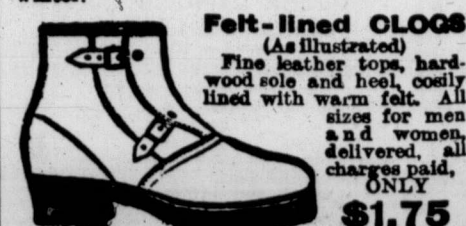
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Homestead & the farmer  
in his Home all the advantages of the  
City with Electricity & Gas as the...  
"MOORE STOVES".....  
can be used in conjunction with...  
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same supply tank. Even the City  
Man is beginning to realize that...  
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produces a better light than any  
other kind of artificial light &  
is now putting in the famous MOORE  
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FULLY ILLUSTRATED CATALOGUE.  
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fortable feet. Try a pair yourself this  
winter.



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and women,  
delivered, all  
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ONLY  
**\$1.75**

Higher 3 buckles ..... \$2.25  
High-legged Wellingtons ..... \$2.75 and \$3.25  
Children's lace, 7's to 2's ..... 1.25  
Or if you wish to learn more about  
these wonderful Clogs before ordering,  
write to us for catalogue booklet, telling  
how Health Brand Clogs are made, etc.,  
etc. Dealers, write for proposition.

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entirely and absolutely on the happi-  
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ing people's homes.—Mr. Will Crooks.