

Build Up Your Land

BUILD good crops by building up the soil with manure—valuable p ant food that will give life and strength to healthy seed. And there is no better or quicker way to spread manure than with a

Deering or McCormick Manure Spreader

Much depends upon even, uniform spreading. Spreaders bearing the names Deering and McCormick are noted for their thorough pulverization of the manure and even spreading. This is due to the effective operation of the positive apron feed, the chisel-pointed steel teeth of the fastworking, broad-diameter steel beater and the spiral wide-spreading attachment which gives the manure a second beating as it distributes it finely and evenly well beyond the wheels on both sides.

Your nearby International local agent will be glad to tell you more about *Deering* and *McCormick Spreaders*. So will we if you will send us your name and address so that we can mail you a catalog. A post-card will do.

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ONTARIO LADIES' COLLEGE

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ment address before the graduates of the University of Chicago: "Any bright girl can be taught in 60 days to take temperature, pulse and respiration accurately, to prepare and administer an invalid diet, to administer drugs in numerous ways, to give baths and apply fomentations, and attend to the personal wants of the invalid, and to keep accurate records of the patient and of her own doings."

This is a field for the Extension Department of the Universities. Just as the University of Wisconsion is both willing and is prepared to give a course in agriculture (also in Arts, etc.—Ed.) to the boy in the remotest corner of the State, so our Universities should plan instruction in the fundamentals of nursing for any girl on the farthest concession.

To come right down to "brass tacks" you women (say half a dozen or more), or better yet your Women's Institute, can readily arrange with the local doctors to give a series of lectures on "First Aid Work," "The Care of the Sick," etc. It is possible that a graduate nurse can be found in the neighborhood who would be delighted to explain to you in a series of talks the fundamentals of invalid cookery, bathing a patient, giving an enema, etc. If any Institute will seriously consider this, the "Farmer's Advocate" will give you details of topics, etc.

(3) The right that the child will not have to suffer from the ill effects of communicable diseases, that diphtheria, measles and whooping cough shall no longer be called "children's diseases." Children do not have to have these diseases and are often crippled for life if they do have them. This means also medical inspection and the correction of defects.

(4) The right that the child's parents be healthy both physically and mentally in order that it shall not enter the race of life handicapped by transmitted disease or mental weakness. This involves eugenics, the study of the mental defective, the prevention of hereditary syphilis. You would be interested in the story of the "Kallikak Family",—the story of the offspring of one degenerate mother and a normal father, which has cost the State of New York some million odd dollars in maintenance of jails, poorhouse, asylums, in paying for the law costs of thefts, murder trials, etc. The book that tells about this is likely in your Public Library. . . Another investigator calculated the expense to the State of another degenerate family from the years 1915 to 1919, approximately two million dollars. Then, to realize that this is preventible! If all this money were only available for children's hospitals, prenatal clinics, etc., we should soon be able to reduce our mortality below thirty three and a third per cent.

(5) The right that when the child reaches school age, it shall have the best that the resources of any Government can command. It should have properly ventilated schools, carefully lighted and heated, with the most approved method of sanitation. If a proper diet for the child is not available in the homes of the poor, such diet should be provided in the school room. Some school teachers have tried to remove the disadvantages of a cold noon lunch by supplying a few cooking utensils, a coal-oil stove, etc., and at a slight cost and with little inconveniences have taught their pupils practical domestic science, at the same time supplying warm appetizing dishes. There can be no doubt as to the beneficial effects of such amateur "nutritional clinics."

"The consideration of weeds is very essential to the husbandman, because scarce any of his land escapes from being abundantly infested with them; and none is ever entirely free. They utterly destroy some crops; and they never fail to injure others in proportion to their number and nature."—Thos. Hale, 1756.

"A rural charm against dodder is by placing a chalked tile at the four corners, and one in the middle of our fields, which, though ridiculous in its intention, was rational in the contrivance, and a good way to diffuse magic through all parts of the area."—Sir Thomas Browne, 1650.

The Children's Poem.

The Just Steward.

By LOUELLA C. POOLE.

[The following incident is related of a large dog, kept by a Miss Napier of Algiers, some years ago. The anecdote was told in the *Cornhill Magazine* of London.]

"Now, Fido, off! Begone, good dog!"
And quick upon his way,
A basket held in his strong teeth,
Would Fido go each day.

To bring a dozen breakfast rolls; Month in, month out, this task He faithfully performed, with all The honor one could ask.

But oh, alas! one day eleven
Were in the basket brought,
And each succeeding morn was missed
One roll from out the lot.

Then was the baker charged to send Instead of twelve, thirteen, But still each day was lacking one. "Well, well, what can this mean?"

"Our Fido is an honest dog;
I'll follow him and see,"
His mistress said, "how comes this lack—
What means this mystery!"

She followed him, till 'neath a hedge Quite hid from human sight, She found a poor sick mother dog And pups in woeful plight.

Half famished this poor family,
As on the ground they lay;
They would have starved but for the roll
Good Fido brought each day.

"O Fido dear!" his mistress cried,
"No unjust steward thou!"
And Fido gravely wagged his tail,
And merely said, "Bow! wow!"

Hope's Quiet Hour.

The Love of Christ.

To know the love of Christ which passeth knowledge.—Eph. 3:19.
St. Paul's earnest prayer for his Ephestick "compressions".

St. Paul's earnest prayer for his Ephesian friends was that they might "comprehend what is the breadth and length, and depth, and height; and to know the love of Christ, which passeth knowledge. The whole of the Bible and the whole

The whole of the Bible and the whole of Christian teaching may be summed up in that great word LOVE. It was infinite love which drew our Lord from His throne in heaven to the Cross. Love constrained Him. He could not stay away from those who needed Him. It is possible to know the love of Christ, although it "passeth knowledge." A little baby soon learns to know the love of its mother; and yet the length and depth and height of that mother's love reach far beyond the child's comprehension. Sometimes the child may find it hard to believe in the love which restrains and punishes.

A few days ago I read an article which suggested that nearly all the diseases of adults arose from improper diet in childhood. A wise mother has often the hard duty of refusing her child's eager requests. Real love is often forced to deal very severely with those whose eternal welfare is infinitely dear. Our Lord's words to those who professed to be Christians, but were setting their hearts on earthly riches, were these: "As many as I love, I rebuke and chasten."

Love is the secret of His sudden changes of action which are sometimes very startling. Look at Him on the Mount of Olives, weeping over the doomed city which rejected the way of peace! Can that tender-hearted Patriot be the same person who, a few hours later, sternly drives men out of the temple courts, accusing them of making that holy place

a den of robbers?

The love which caused the bitter weeping over His people—the people who were false to Him—was the love which sternly attacked the profiteering which corrupted the very heart of the

nation.
Sometimes we pray, and are delighted when we receive exactly what we have asked. Sometimes we pray, and feel disappointed because we don't get what