

The HOME CIRCLE

AN IRISH DIVORCE. They were humble, born in Ireland, on hillsides long ago...

The other from the Shannon, near where it joins the sea, The only thing in Ireland that one is sure is free.

She came, they wed, the years rolled on as happy as the day, On which they pledged each other faith and knelt as one to pray.

The children came, the years rolled on in peace and sweet accord, As waters flow along the hills in vineyards of the Lord.

Then came the time when harvest ripe, in richness full of years, The white-haired mother went to God in spite of children's tears.

Two months had passed since she was laid beneath the sacred sod That covers those their children love who rest in peace with God.

THE MONKS OF ERIN. The Irish monks, the Irish monks, their names are treasured still In many a foreign valley, on many a foreign hill.

Sedulius the poet, the Columbkille the dove At Rome and Hy are honored, and remembered still with love.

Quaint Mechin's noble temple to an Irish monk is raised; In every home in Mechin St. Ru-mold's name is praised.

The Irish monks, the Irish monks, their spirit still survives In the stainless Church of Ireland, and in her priesthood's lives.

STUDY OF DRESS.

Cheap fashions in Paris do not mean cheap finery, and that is why Frenchwomen dress well. When they want finery they pay for it, and when they can't afford it they go without and dress according to their means.

Experts say that the very cheapest dress which a Parisian shopping girl can buy—one at 19 francs (\$3.80), for instance—has a style about it and is in the fashion.

would no more think of going to her work in an unfashionably cut dress than she would of hanging cheap ribbons, sham lace and tin ornaments round herself.

THE IDEAL HOME.

A celebrated lecturer once described an ideal home. It was certainly an earthly Eden, the abode of love, peace and happiness.

"My remembrance of my own home is just the opposite to the one I had in mind. It was a fortunate day when I was thrust on the charity of strangers.

We all know the story of John Howard Payne, whose "Home, Sweet Home" has found an echo in the hearts of all who ever heard it.

It is lamentably true that those who possess things of greatest value often find them in least regard. Those who have happy homes should consider themselves blessed beyond measure.

A CATHOLIC PEASANT'S HOME.

In a series of brief though most interesting sketches of "The Contadino of Italy: His Manners and Life," Signor Felice Agnostino is depicting in the columns of the "Pall Mall Gazette" the Italian peasant as he is, untouched by the blight of socialism.

THE SPANISH QUEEN'S FAIRY GODMOTHER.

Everyone has long ago recognized the benevolent part played in Princess Ena's romance by the Empress Eugenie, who on May 5th attained the great age of 80.

Rekindles Life In the Nerve Cells

AND BY INCREASING NERVE FORCE RESTORES VITALITY TO EVERY ORGAN OF THE BODY.

Dr. Chase's Nerve Food

Suicide, insanity, falling sickness, paralysis; these are some of the results of worn-out nerves. No one would neglect a disease so dreadful in its results as nervous exhaustion if the danger were only realized with the first symptoms.

Loss of flesh and weight, growing weakness and debility, a tendency to neglect the duties of the day, gloomy forebodings for the future, are other indications of depleted nerves.

You cannot liken Dr. Chase's Nerve Food to any medicine you ever used. It is a nerve vitalizer and tissue-builder of exceptional power.

Naturally and gradually it rekindles life in the nerve cells and forms new red corpuscles in the blood—the only way to thoroughly cure nervous disorders.

Mr. James Doughty, 5 St. James street, Galt, Ont., writes: "For a long time I had been troubled with nervousness, sleeplessness and nervous headache. I got a box of Dr. Chase's Nerve Food and began a treatment with this medicine. It steadied my nerves, made me rest and sleep well and relieved my head. I have also used Dr. Chase's Kidney-Liver Pills, and they do the work quickly and satisfactorily."

stigmatized children born in France on March 16, 1856—the Prince's birthday. The number of authenticated births amounted to 1,834.

It may be truly said that history, certainly modern history, affords no parallel to the utter tragedy of pathos which the ex-Empress personalities. Crippled with rheumatism and living the life of a recluse, she passes and repasses, lonely and disregarded, on her way through the Riviera and her home at Farnborough through the splendid capital of which she was once the dazzling beautiful Queen.

CONSIDERATION.

If you are the mainstay of your little household, don't take the good out of the service by constantly reminding your family of the fact. Don't render filial or sisterly duty with the air of a martyr going to the stake.

Don't sulk if after a long day's labor you come home to a house not quite so well kept and garnished as it should be; or if your evening meal is unnecessarily belated. You may be very tired; you may have had a day filled with petty worries and annoyances for which you would like to claim sympathy, but if you cheerfully overcome your nerves, offer a willing hand to right domestic shortcomings, and firmly suppress your desire to talk about your grievances, you will not only have exemplified the little virtue of consideration in a high degree, but you will also have performed a penance more pleasing to God than fasting or vigils.

Then you can accept the unwelcome mandates of authority cheerfully. We Americans especially like to have our own way; yet without that due subordination of which it is so distasteful to hear, the great business establishment, no less than the religious house, would fall to pieces in a short time. Let us make a virtue of necessity, and be nice about the discipline which, after all, ensures our livelihood.

We have also a chance to practise the penance which makes us safe with God and the courtesy through which we shall be beloved of our fellow-creatures, in every day intercourse with our fellow-workers. Don't be churlish about sacrificing a bit of the noon-hour to some service to a delicate or inexperienced associate. Refrain from commenting on the peculiarities of another, however glaring these may be, or how strongly soever they appeal to our sense of humor.

THE REAR GUARD.

He strolls in to Mass at the "Sanctus," Or maybe a moment before; And lest he should bother his neighbors, He drops on one knee at the door.

Good seats near the altar are vacant, In fact there is room and to spare; But why should he push himself forward? He'd be so conspicuous there.

He doesn't look up at the altar, But keeps his gaze bent on the floor; We notice him yawning a little, As though it all were a bore.

He squats for the last benediction, And then, ere the service is through We look for him there in the background And find he has melted from view.

So strange! Now we fancied we saw him Last night at the vaudeville show; It seemed to us then he was fighting To get in the very front row.

He must have been there before seven— Oh, surely some minutes before; He headed the line that was waiting Outside of the gallery door.

And when the door opened, good gracious! How active he was in the race, Upstairs, and then over the benches And down to the very first place.

My! how he applauded the singing, And laughed at the jokes that were cracked; His eyes never leaving the footlights, Transfixed till the very last act.

This can't be the same man this morning, This slowest and dullest of chaps; We must have seen some other fellow Last evening—his brother, perhaps.—T. A. Daly, in Catholic Standard and Times.

TO MAKE YOUR WORK EASIER.

Respect it. Take pleasure in it. Never feel about it. Put your heart in it. See the poetry in it.

MILBURN'S Heart and Nerve Pills.



Are a specific for all heart and nerve troubles. Here are some of the symptoms. Any one of them should be a warning for you to attend to it immediately. Don't delay. Serious breakdown of the system may follow, if you do: Nervousness, Sleeplessness, Dizziness, Palpitation of the Heart, Shortness of Breath, Rush of Blood to the Head, Smothering and Sinking Spells, Faint and Weak Spells, Spasm or Pain through the Heart; Cold, Clammy Hands and Feet. There may be many minor symptoms of heart and nerve trouble, but these are the chief ones.

WEAK SPELLS CURED.

Mrs. L. Dorey, Hemford, N.S., writes us as follows:—"I was troubled with dizziness, weak spells and fluttering of the heart. I procured a box of Milburn's Heart and Nerve Pills, and they did me so much good that I got two more boxes, and after finishing them I was completely cured. I must say that I cannot recommend them too highly."

Work with a purpose. Do it with your might. Go to the bottom of it. Do one thing at a time. Be larger than your task. Prepare for it thoroughly. Make it a means of character-building. Do it cheerfully, even if it is not congenial.

Do it in the spirit of an artist, not an artisan. Make it a stepping-stone to something higher.

Endeavor to do it better than it has ever been done before. Make perfection your aim and be satisfied with nothing else. Do not try to do it with a part of yourself—the weaker part.

Keep yourself in condition to do it as well as it can be done. Regard yourself as a co-worker with the Creator of the universe.

Believe in its worth and dignity, no matter how humble it may be. Recognize that work is the thing that dignifies and ennobles life. Accept the disagreeable part of it as cheerfully as the agreeable.

Choose, if it is possible, the vocation for which nature has fitted you. See how much you can put into it, instead of how much you can take out of it.

Remember that it is only through your work that you can grow to your full height. Train the eye, the ear, the hands, the mind—all the faculties—in the faithful doing of it.

Remember that work well done is the highest testimonial of character you can receive. Use it as a tool to develop the strong points of your character and to eliminate the weak ones.

Remember that every vocation has some advantages and disadvantages not found in any other. Regard it as a sacred task given you to make you a better citizen and to help the world along.

Remember that every neglected or poorly done piece of work stamps itself ineffaceably on your character. Write it indelibly in your heart that it is better to be a successful cobbler than a botched physician or a briefless barrister.

Refuse to be encouraged if the standard you have reached does not satisfy you; that is a proof that you are an artist, not an artisan. Educate yourself in other directions than the line of your work, so that you will be a broader, more liberal, more intelligent worker.

Regard it not merely as a means of making a living, but first of all as a means of making a life—a larger, nobler specimen of manhood.—Success.

President Suspenders. Style, comfort, service. 50c everywhere.

READING ALOUD AT HOME.

Young girls should be encouraged to read aloud frequently. There is no lovelier accomplishment. Not the declamatory style or reading which professional elocutionists acquire, and which, because it is intended for public use, has a degree of exaggeration in both its tones and its action, but the quiet, sweet sympathetic and intelligent rendering of a book into the living speech is what we should seek for.

A girl frequently spends a great deal of time over studies which will do her very little good in her future life, says Woman's Life. The art of reading well and acceptably would enable her to grace any circle of friends; it would assist her to brighten the household, it would perhaps cause her to be as eyes to the blind and as an angel of relief in the room of the invalid.

Sleeplessness.—When the nerves are unstrung and the whole body given up to wretchedness, when the mind is filled with gloom and dismal forebodings, the result of derangement of the digestive organs, sleeplessness comes to add to the distress. If only the subject could sleep there would be oblivion for a while and temporary relief. Parnee's Vegetable Pills will not only induce sleep, but will act so beneficially that the subject will wake refreshed and restored to happiness.

Calendar for July 1906, titled 'SEVENTH MONTH 31 DAYS July THE PRECIOUS BLOOD 1906'. It lists the days of the month, the day of the week, the color of vestment, and the feast day for each day.

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GOLD MEDAL FOR ALE AND PORTER AWARDED JOHN LABATT AT ST. LOUIS EXHIBITION, 1904

RING UP PARK 553 FOR TOMLIN'S BREAD If per chance the phone is in use, ring again. Success in the battle of life is won by persistence; and with good bread as the leading article of diet you have ten chances to one against your opponent who uses poor bread. If you use "Tomlin's Bread," and you like it, would it not be a kindly act to tell your neighbor about it? "IT'S GOOD" Office address, 420 Bathurst Street.

THE DOMINION BREWERY CO., Limited MANUFACTURERS OF THE CELEBRATED White Label Ale TORONTO, ONTARIO JOSEPH E. SEAGRAM WATERLOO, ONT. DISTILLER OF FINE WHISKEYS BRANDS 83 WHITE WHEAT TORONTO OFFICE 30 WELLINGTON EAST C. T. MEAD, AGENT