If you are walking according to Christ because your heart is according to Christ, you have on the breastplate of righteousness; but unless a man has a good conscience, he will be a coward, and afraid of being detected. With a good conscience we can go on boldly; the condition of the soul where Christ is revealed is truth, and the walk of the man is all right-there is nothing for Satan to lay hold of. The loins girt about with truth, and having on the breastplate of righteousness, I have then to see that my feet are shod with the preparation of the gospel of peace. I pass through the world with my feet shod. "How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace." In this path there is no selfishness; selfishness is for maintaining its rights, but that is not having my feet shod with peace. Self is subdued if I am following Christ. "Learn of me, for I am meek and lowly in heart." Learning of Christ, He carries peace with Him-the soul is at peace with God, the conscience at rest, His feet are shod with peace, and He carries through the world the spirit and character of Christ.

He has on the breastplate of righteousness. What was the path of the blessed Lord? There was nothing in question as to His state? He went untouched with all that man could bring against Him; His feet were shod. so with him who follows Christ; he can bring out the spirit and character of Christ wherever he goes. It may raise