

**EGGS FOR THE INVALID.**

The eggs for an invalid should never be boiled. They should be "coddled." Bring water to the boiling point, remove it to the back of the stove, drop in the egg, cover it and allow it to stand for five minutes.

**HOUSEHOLD RECIPES.****GOOD FURNITURE POLISH.**

- |                                |                                    |
|--------------------------------|------------------------------------|
| $\frac{1}{2}$ pint linseed oil | $\frac{1}{2}$ pint spirits of wine |
| $\frac{1}{2}$ pint vinegar     | 1 oz. butter of                    |
| $\frac{1}{2}$ pint turpentine  | antimony                           |

Mix all together in order given and shake well. Do not put near the fire.

**FOR SOFTENING HARD WATER.**

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|-----------------|-----------------------|
| 5 gallons water | 4 teaspoons Gillett's |
|                 | Flake Lye             |

Mix together water and Gillett's Flake Lye in container. Correct way is to prepare water the day before washing day. By the use of this method it is always possible to have nice soft water that will not injure the finest goods, or do any damage to the hands. The Chinese Washing Fluid can be used in this water without risk of doing any damage.

**CHINESE WASHING FLUID.**

We recommend to the notice of housekeepers the following formula for making the above washing fluid, which will save labor, time, trouble and the clothes as well.

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|------------------------------|-----------------------------------|
| 1 can Gillett's Flake        | $\frac{1}{2}$ oz. salts of tartar |
| Lye                          | 1 oz. sulphate of soda            |
| $\frac{1}{2}$ oz. muriate of | 3 gallons of water                |
| ammonia                      |                                   |

Dissolve all in the water. For an ordinary washing use 1 teacupful of the solution to each tub of water, and soak the clothes therein over night, and next morning they will come out clean and beautiful without much rubbing.

The Chinese Washing Fluid will not injure the finest fabrics. Be careful to use Gillett's Lye, as it is the best. Refuse all imitations and substitutes. We advise the use of soft water whenever obtainable.