Alternatives for the casual athlete

class.

Stong College.

competitions.

Mark Monfette

For those who like sports, but don't want to devote their entire lives to it, the York Department of Physical Education has a variety of competitive and non-

competitive programmes continuing this term.

The instructional programme is offering courses in aikido, fencing, judo, karate, modern dance, skating, skin and scuba diving,

swimming and squash. According to Avro Tiidus, director of intercollege sports at York, there arestill "lots of openings" in each course. Fees range from \$5 for swimming and skatins to \$50, for

Rhefus won first prize and was

coached by York varsity track

coach Scott White. The team was

named after the monkey the

students dissected in anatomy

The event was to encourage

community spirit among the phys-

ed students on the campus. A dance was held afterwards in

On January 26 another Phys ed

dance will be held in Bethune. The

dance will be held in conjunction

with men's basketball, speed

swimming and squash varsity

skin and scuba diving.

Mr. Tiidus drew special attention to the physical fitness evaluation and conditioning programmes. For \$15. one can have a cardiovascular, body composition and motor ability test done and, for \$25, have both the test and nine conditioning lessons afterwards.

Many of the York Sports Clubs are still operative as well this term. Among the more active are squash, table tennis, fencing and basketball. Those interested in joining can call Carol Gluppe at 667-2322.

Anyone interested in displaying his college loyalty, and in having a lot of fun, can still sign up for intercollege athletics. This term broomball, squash, badminton and table tennis will be added to the various sports already active.

For more information about any of these programmes drop into Room 302 in Tait McKenzie of

phone 667-2351.

York students promote spirit

York University's Physical Education Club held their first annual Physical Education Activity Night last Saturday which was organized by fourth-year students who are members of the Physical Activity in the Young Child class.

All physical education classes in the university were asked to send a team to enter in 12 novelty events which included bean-bag curling, human pyramids, and tug-of war matches. Nine classes actually entered teams into the event.

A second-year class called



Diane Sullivan (12) presses Carleton opponent for the ball. York's win over Carleton puts the Yeowomen in second place in the Tier Two division of Ontario university women's basketball.

York moves into second after win over Carleton

By Bruce Gates

Led by eight points by both Patty Gillis and Mary Lou Parissi, and some spectacular defensive play by Maria Lima, the York Yeowomen defeated Carleton, 39-32, in basketball action at Tait McKenzie last weekend.

The win boosts the Yeowomen into a second-place tie in Tier Two of the OWIAA.

Coach Frances Flint was pleased with her team's efforts. "We played a very aggressive game," she said. "It helps our game when we play aggressively."

York was so aggressive, in fact, that they picked up 30 fouls, compared to only 11 by Carleton. But as a result, the Yeowomen limited one of Carleton's big scorers, Marg Williams, to only 13 points - 11 of which were from the foul line.

With the score 33-32 in favor of

York with just over two minutes left, the Yeowomen went into a full-court press to force Carleton to cough up the ball, and they scored six points in the last moments to win by seven.

The next game is Saturday in Ottawa when Yeowomen play a rematch with Carleton.

MEETING

A General Meeting of the York NDP Club will be held today at 6 PM in the Clubs Room, Central Square. The topic of discussion will be York NDP participation in the CYSF Elections.

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Cummings sets new record

Graduate student Mark Cummings in his first ever race as a York Yeoman established a new varsity record in the 50-metre hurdles in the first indoor track meet of 1979 held Saturday at the CNE. Cummings' time was 7.9 seconds over the barriers, and he also ran in the 200 metre event, clocking 25.7 seconds.

York student Noel Grant would have tied a six-year-old varsity

record in the 50-metre dash where he clocked 5.8 seconds, but Grant chose to represent his club, the-Uxbridge Optimists, rather than the University and as a result forfeited his chance at a varsity

Andy Buckstein set a new varsity record in the 200-metres (23.1 seconds) and Steve Caws in the high jump (1.80 metres).

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For information contact Rosemary Mackin, Rm. 125, B.S.B. - 667-3213.

COUPLES **GROUP**

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Starts January 17, 1979 4-6 For information call: 667-2304 or 667-2363.

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Harbinger **Community** Services

Harbinger is recruiting new volunteers. If you are interested in being of service to others as a peer counsellor, come and fill out an application form. Drop by Vanier Res. room 214 or call 667-3632.

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