

### The Three Staple Flavors---LEMON, VANILLA and

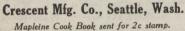
# MAPLEINE

(The Flavor de Luxe)

For every recipe that calls for a flavoring you will find that Mapleine is exquisite and delicious.

To make homemade syrup, dissolve white sugar in water and add Mapleine to taste.

Grocers sell Mapleine, 2-oz. Bottle cents. If not, write







Benger's Food, prepared with fresh new milk forms a dainty and delicious cream, rich in all the necessary food

If half Benger's Food so prepared, is mixed with half freshly made tea or coffee, cocoa or chocolate, its highly nourishing and digestive advantages are added with great success to the refreshing qualities of the beverage.



also mixes agreeably with stimulants when these may be medically recommended.

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t John, N.S., London, Ont. Winnipeg, Man,

# Music in Nova Scotia

(Concluded from page 11.)

songs of her native land of Scotland.

The club requires its 300 members to do definite work, and maps out a rather strenuous course of study. For two years it has been engaged in a critical study of German music from the earliest times down to the great modern masters. The club will soon take a step forward by offering prizes for sight-reading to young people. The first examination will be held next spring. The plan proposed will in time cover the whole Province.

Mrs. C. Aubrey B. Bullock, better known under her maiden name of Miss Beatrice B. Whidden, has brought to the club an inspiring influence. Her natural musical gifts have been trained to a high point of excellence, first at the Halifax Conservatory, then as pupil for six years of Herr Prof. Hans Becker at Leipsic, and as his efficient assistant. Mrs. Bullock is a graduate of the Royal Conservatory of Music, Leipsic.

Music in the Churches.

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The Church music of Halifax is good.
Nearly all of the best soloists have been trained in St. Paul's, where the late Samuel Porter, an English organist, set a high standard. He was succeeded by Mr. W. J. Hutchins, one of the best concert organists we have had in Canada. Mr. F. N. Clarke is keeping up the best traditions of the Church, and is a most accomplished musician. He has the advantage of a very fine instrument for his work. The Dean of Nova Scotia, Dr. Crawford, is a musician of a high order himself, and possesses a most sympahimself, and possesses a most sympa-thetic tenor voice. The Cathedral organ is an excellent instrument, and Mr. Ausis an excellent instrument, and Mr. Austen the organist is a man of fine musical culture. Mr. E. C. Helsby, organist of St. Mary's Cathedral, does good work. Mr. Harry Dean is a very capable organist. Mr. Herbert Logan is a splendid musician. Mr. Samuel Crawford has few equals as a choir leader, and although a veteran in service, possesses still a tenor of fine quality. Mrs. McD. Taylor is the outstanding singer in historic St. Matthew's. Mrs. Osborne Bowser is the leader in St. Paul's, and the favourite soprano of Halifax. Mr. Bayard Haddock is our best baritone

and a most inspiring teacher. Captain and Mrs. Slayter are always favourites. Professor Currie uses his fine voice to advantage. Dr. Beekwith is one of our best tenors. F. M. Guildford is a general favourite. Mr. W. E. Hebb does excellent work. Mr. Fritz Schaefer promises to be as great in singing as in athletics. There are few greater favourites, and no greater enthusiast than Mr. Abbott Cumming, a man who has left all the churches under a debt of gratitude. Mr. George Boak possesses a fine bass voice.

The list is a long one, but could be made much longer, for doubtless some most useful singers are omitted, but it at least serves to show how rich we are in singing talent.

Musical Centres in Nova Scotia.

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There are a number of natural musical centres. For instance, Lunenburg, although it has no special institution for training, has always kept in touch with musical life. Its Church work is good, and its band one of the best in the Province. New Glasgow is usually thought of as a commercial town, wholly given to material things, yet it rejoices in a splendid club, which is doing good work under Mr. Mackay. Windsor, the oldest university town in the Dominion, has in Edgehill, a fine educational institution, in which the musical course is one of the best in the country, under most efficient English mistresses. Wolfville, also a university town, the seat of the Baptist institutions, has done much for the musical life of the Province. We owe a debt to Sackville, in the neighbouring Province of New Brunswick, for the excellent musical education given there. The Halifax Conservatory of Music has had twenty-five years of uninterrupted success, and does good work in every department, preparing for the degree of Bachelor of Music in Dalhousie University. The convents of Mt. St. Vincent and the Sacred Heart give special attention to music. The addition of Mr. F. N. Clarke to the staff of the Sacred Heart has greatly added to its strength. Miss Ada F. Ryan and Mr. Bayard Haddock are doing much to advance vocal culture. There are a number of natural musivance vocal culture.

#### Championship Regina's Rugby

Regina's Rugby

F IVE points, scored singly, won the Western Canada rugby championship for Regina in Winnipeg a few days ago, the Winnipeg Rowing Club, champions of Manitoba, failing to score. In spite of unfavourable weather conditions, the game was a good one and the crowdlarge. Also the game was clean, Referee Dumoulin and Umpire Thompson proving very efficient officials.

The teams lined up as follows:
Regina: Full back, White; halves. Townsend, Stringer and Rogers; quarter, Ritter, captain; line men, Crapper, Dale, Styles, Robins, Urquand, Hanbridge, Merrick, Lount, Page; spares, Stomart, Wilson, Abbot, Beach, Brown, Palmer, and Croswell.

Winnipeg: Full-back, Aldous; halves, O. Grady, Rogers and Stephens; quarter, Belcher; line, Riley, Pennoyee, Crowe, Muir, captain, Eadie, Hannaford, Davidson, Morrison, Taylor, Belcher.

The Regina team, says the Winnipeg Telegram, showed the results of the schooling and leadership of Captain Ritter, who had the men in hand all the way through the match. The team worked like a machine, and, although they lacked a good yard gainer, they made up for it by their wonderful defensive playing. Every man on the champions can tackle under any circumstances, and they go at them hard, right at the knees. The ends followed down under the kicks well, and had their man before he had taken a dozen steps.

The Rowing Club lost because of the weak kicking and loose handling of the ball. Until Jack Aldous started booting, the punting of the Winnipeg stars was very poor, and Regina took every possible advantage of it. Almost every time the ball went from the hands of the Oarsmen to their opponents it was because some one had fumbled it. This was a big factor in the cause of their defeat, for if they had only held onto the ball they would have been able to take it right into the red and black

territory. On the attack the Scullers showed up best, as time and again they gained their yards only to lose possession of the pigskin by a mad muff. The back division were, if anything, superior to the visitors, and the line only permitted the Regina team to gain their yards once.

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The stars of the match were Captain Ritter, Styles (the former Winnipegger), Art Muir, Jack Aldous and Rogers. Ritter's work at quarter-back was without fault, while his runs were the big gains for the westerners. Above all, the command he displayed over the team on the field was the brightest twinkle. Styles was the best bucker of the visiting aggregation.

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Art Muir played the game of his life, and displayed more speed than any man on the field. He was the first man down under all the kicks, and, although Regina bucked continuously, they seldom sent one in his direction. Jack Aldous was the best man of the Winnipeg squad. His catching and dodging returns were responsible for the safety of the red and white goal more than once. When he relieved Stephens of the kicking job he started things in the opposite direction and Regina had to hustle for a while. Rogers shone particularly in tackling, although several times he broke away for brilliant 20-yard dashes. That dribbling stunt of his in the second half outclassed anything that happened in the game and had he but lifted it over the last man's head, a touchdown would have been the result.

it over the last man's head, a touchdown would have been the result.

Regina brought with them one of the biggest and noisiest bunch of rooters that has ever graced the River Park grounds, and all through the match they made things lively with their yelling. When at last the whistle blew, assuring them of victory, they joy knew no bounds and they fairly went mad with happiness. Surging on the field, shouting and dancing, they lifted Captain Ritter on their shoulders and bore him from the field.

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