

PILFERING HITS OTHER PORTS AS WELL AS HERE

Estimated Loss of London
Alone £3,500,000 a Year

Cost Australian Liner £2,000
to Replace Stolen Linen on
one Voyage—On Same
Trip Stewards Charged
£2,582 for Overtime—Stewards
Blame Souvenir Collectors for Loss.

London, Feb. 16.—(Associated Press, by Mail).—A great outcry has arisen in the shipping world over the heavy losses that are incurred through the depredations of thieves, many of whom it is suspected are in the employ of the companies that are the victims.

Lord Alkith states it has been estimated that in transport through the port of London alone, through pilfering in various forms, there is a loss of £3,500,000 a year.

One shipping company says that whereas, before the war its losses on cargo attributable to thefts amounted to one shilling and four pence per ton, it now amounts to 25 shillings and six pence per ton.

Increases of wages, it is asserted at

Don't Use Drugs for
Constipation

Bathe Internally—The One Natural Way

Did you ever know of any person who was permanently cured of constipation by taking drugs of any kind? Drugs simply force Nature, and larger doses are required from time to time until the trouble becomes chronic.

Internal Bathing with the J. B. L. Cascade is the only permanent relief from Constipation. It keeps the Colon, or large lower intestine, free from all accumulation. Soon the system performs its regular functions, and there is no further trouble.

Mr. P. Rabin, proprietor Alexandria Hotel, Ottawa, writes: "The J. B. L. Cascade has made a new man of me. I would not sell it for all the money in this world. I could not get another. Through my recommendation I know of a number of my friends who have been using it with the same satisfaction. For people troubled with Constipation, I say it is a godsend, and can heartily recommend it."

The J. B. L. Cascade is the only perfect appliance for Internal Bathing ever devised. It is endorsed by over half a million enthusiastic users. Ask to have it explained to you at Clinton E. Brown's, F. W. Munro, Druggists, St. John, N. B., or write for booklet to J. B. L. Cascade Institute, 183 College Street, Toronto.

CURED
HIS PILES

Now 88 Years Old but Works at Trade of Blacksmith and Feels Younger Since Piles are Gone.

The oldest active blacksmith in Michigan is still pounding his anvil in the town of Homer—thanks to my internal method for treating piles.

Mr. Jacob Lyon, Homer, Mich.

I wish that you could hear him tell of his many experiences with ointments, salves, dilators, etc., before he tried my method. Here is a letter just received from him:

Mr. R. R. Page, Marshall, Mich.
Dear Sir: I want you to know what your treatment has done for me. I had suffered with piles for many years and used suppositories and all kinds of treatments, but never got relief until I tried yours. Am now completely cured. Although I am 88 years old, and the oldest active blacksmith in Michigan, I feel years younger since the piles have left me. I will surely recommend it to all I know who suffer this way. You can use my letter any way you wish and I hope it will lead others to try this wonderful remedy.

Yours truly,
J. B. LYON.

There are thousands of afflicted people suffering with piles who have never yet tried the one sensible way of treating them.

Don't be cut. Don't waste money on foolish salves, ointments, dilators, etc., but send today for a Free Trial of my internal method for the healing of Piles. No matter whether your case is of long standing or recent development—whether it is occasional or permanent—you should send for this free trial treatment.

No matter where you live—no matter what your age or occupation—if you are troubled with piles, my method will relieve you promptly.

This liberal offer of free treatment is too important for you to neglect a single day. Write now. Send no money. Simply mail the coupon—but do this now—TODAY.

Free Pile Remedy
E. R. Page,
1650 Page Building, Marshall, Mich.
Please send free trial of my method to:

Vapo-resolene

A Vapor Treatment for Coughs and Colds.

The time for Vapo-resolene is at the first indication of a cold or sore throat. It is simply to use, you just light the little lamp that is provided, and the pleasant vapor makes the throat easy, relieves the chest, loosens the bronchiae and congestion, and protects the throat from further attack.

Send for free trial of Vapo-resolene. Write to: Vapo-resolene, 142 Mutual St., Toronto.

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FREE TO ASTHMA SUFFERERS

Free Trial of a Method That Anyone Can Use Without Discomfort or Loss of Time.

We have a method for the control of Asthma, and we want you to try it at our expense. No matter whether your case is of long standing or recent development, whether it is present as occasional or chronic Asthma, you should send for a free trial of our method. No matter in what climate you live, no matter what your age or occupation, if you are troubled with Asthma, our method should relieve you promptly.

We especially want to send it to those apparently hopeless cases, where all forms of inhalers, douches, opium preparations, fumes, "patent smokes," etc., have failed. We want to show everyone at our expense that our method is designed to end all difficult breathing, all wheezing, and all those terrible paroxysms.

This free offer is too important to neglect a single day. Write now and begin to breathe easier. Send no money. Simply mail coupon below. Do it today—you do not even pay postage.

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Let Cuticura Be Your First Thought Always

When the first signs of pimples, redness, or itchy skin appear, you must apply Cuticura Ointment to soothe and heal, then bathe with Cuticura Soap and hot water to cleanse and purify. Finally dust the itching Cuticura Talcum, a delicately medicated exquisitely scented powder, to soothe and prevent further trouble.

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CHAMBERLAIN'S

For That "Croupy Cough"

Most mothers of young children prefer Chamberlain's Cough Remedy to any other, because they know it to be prompt and effective, and to contain no opium or other narcotic. Keep Chamberlain's Cough Remedy in the house—it is a real friend in need.

Send for free trial of Chamberlain's Cough Remedy. Write to: Chamberlain's, 142 Mutual St., Toronto.

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WANT ROCKWOOD GROUNDS OPENED

Playgrounds Association to Urge Completion of Athletic Field For Use This Season—Other Plans For Summer Discussed.

A committee was appointed by the Playgrounds Association, at its regular meeting yesterday afternoon, to wait upon Commissioner Frink and ascertain from him what the city proposes to do in regard to the running of the new athletic grounds at Rockwood Park, which, it is expected, will be ready for use about June 1. The arrangements for the opening of the playgrounds in the summer were considered at the meeting, which was held in the Y. M. C. A. with W. K. Haley, the president, in the chair.

The report of the superintendent of the Boys' Club, Miss Heffer, showed that there had been an average of from fifty-five to seventy boys in attendance and a maximum of 110 boys in one evening. A discussion took place relative to the members of the association pledging themselves to take charge of the Boys' Club on a fixed evening each week and it was arranged that this should be done. The evenings were allotted as follows: Monday, A. M. Belding; Tuesday, A. W. Covey and W. K. Haley; Wednesday, Mrs. A. C. D. Wilson and Mrs. J. H. Doody; Thursday, to be allotted; Friday, Captain A. J. Mulcahy and Hon. R. J. Ritchie.

Miss Heffer outlined her plans for inaugurating a teacher training class for supervisors and assistants for the summer playgrounds. This class, she said, she hoped to open in April. She spoke of the desirability of having a male teacher for the three playgrounds, Carleton, Aberdeen and Alexandria. She thought that besides instructing the boys in games, a male teacher might take care of the grounds. On motion the ladies' committee, with Mrs. A. C. D. Wilson as convener, was authorized to make arrangements for the opening of the playgrounds and to appoint the teachers.

A. W. Covey spoke of the new grounds at Rockwood Park. He said they were now practically all filled in and only wanted a top dressing. With the East End grounds needed for the games of two baseball teams, he thought the Rockwood grounds would be used as practice grounds. Mr. Haley said he hoped that the Rockwood grounds would be opened with a big field day and would be in shape for sports for outside competitors as well as city competitors.

He explained that verbal permission from the local military authorities had been secured to permit the use of the grounds for the purpose of the association. G. F. Fisher suggested that it would require large expenditure to operate them in the beginning. A. M. Belding said that the playgrounds Association represented all interested organizations and, unless the city felt able to take care of the running and put a director in charge, the association should be responsible. Judge Littlefield said that he had been freely given, the various organizations represented in the association would be able to get sufficient money to put the whole of the grounds in order and to erect a suitable grand stand. A. W. Covey thought that the grounds should be self-supporting and could be made the home grounds of one of the three city teams. The most serious difficulty, he felt, would be the natural grand stand on the hill. On motion, Messrs. Covey and Haley were appointed a committee to interview Commissioner Frink regarding this matter.

Mr. Haley reported having received from the city the remainder of the grants for the improvement leagues and the Playgrounds Association. He said that it had been agreed that the association should submit a monthly budget for the approval of the commissioner and that, in future, the city payments would be monthly. To assist the treasurer, Mr. George Doherty, in the financial work of the association, Mr. Shortt and G. F. Fisher were appointed as members of the finance committee.

Communications were received from Major Lawson, of the engineering department of the militia, to the effect that the former Y. M. C. A. hut in the South End owned by the association might have to be moved or bought by the militia and that, in any case, encroachment

papers must be signed for the use of military land on which it stood. It was explained that verbal permission from the local military authorities had been secured to permit the use of the grounds for the purpose of the association. G. F. Fisher suggested that it would require large expenditure to operate them in the beginning. A. M. Belding said that the playgrounds Association represented all interested organizations and, unless the city felt able to take care of the running and put a director in charge, the association should be responsible. Judge Littlefield said that he had been freely given, the various organizations represented in the association would be able to get sufficient money to put the whole of the grounds in order and to erect a suitable grand stand. A. W. Covey thought that the grounds should be self-supporting and could be made the home grounds of one of the three city teams. The most serious difficulty, he felt, would be the natural grand stand on the hill. On motion, Messrs. Covey and Haley were appointed a committee to interview Commissioner Frink regarding this matter.

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