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Scientific and Useful.
BAKED QUINCES.—Wash and core ripe quinces, fill with sugar and bake in a baking dish with a little water. May be eaten hot or cold with cream and sugar.
SAUCE FOR GINGER PUDDING.—One cup sugar, half a cup of butter (less will do), two tablespoons of flour, made smooth with cold water, then stir in enough boiling water to make a quart of sauce. Let boil two or three minutes, and flavour with vanilla.
FROZEN PEACHES.—Pare and divide large, fresh, ripe and juicy peaches, sprinkle over them granulated sugar, freeze them like ice cream for an hour; remove them just before serving, and sprinkle with a little more sugar. Canned peaches and all kinds of berries may be prepared in the same way.

CHOICE FIG CAKE.—Take a large cup of butter and two and a half cups of sugar, and beat well together, one cup of sweet milk, three pints of flour with three teaspoonfuls baking powder, the whites of sixteen eggs, a pound and a quarter of figs well flavoured, and cut in strips like citron; no extra flavouring.

HAMBURG CREAM.—Stir together the rind and juice of two large lemons and one cup of sugar; add the well-beaten yolks of eight eggs; put all in a tin pail and set in a pot of boiling water (if you have no double boiler); stir for three minutes, take from the fire, and the well-beaten whites of the eggs, and serve when cold in custard glasses.

BEEF TEA.—A quick way to prepare this is to chop a pound of lean beef fine, and put it in a bowl, covering with a little cold water. Let it stand for fifteen minutes onward—that is, longer if you have time. Then boil inside of a bottle from fifteen to thirty minutes. Strain off the liquid and season slightly with salt. It is better to let it cool and take off the fat; also to let the beef soak a long time, as that draws out the juices. Soak in cold water.

TOMATO CATSUP.—A lady of taste and experience sends the following receipt: Take four gallons of ripe tomatoes and stew until perfectly soft, then strain through a sieve, and put it on to boil again with three tablespoonfuls of black pepper, three of cloves, three of ginger, three of horse-radish scraped up, four onions chopped fine, three spoonfuls of salt, two quarts of strong vinegar, one pound of sugar—all to be boiled to the consistency of batter and bottled.

GINGER PUDDING.—Two eggs, half a cup of sugar, one cup New Orleans molasses, one tablespoonful butter, one cup warm milk, one teaspoon soda (if sour milk is used, use two large teaspoons of soda), one tablespoon of ginger. Eat with warm sauce. If it is not convenient to bake this at meal time, it may be baked in the morning and heated at noon, or even the next day, by setting it in the oven when dinner is ready. Have the sauce made fresh.

FOOD.—A good complexion never goes with a bad diet. Strong coffee, hot bread and butter, heated grease, highly spiced soups, meats or game, hot drinks, alcoholic liquors, fat meats, are all damaging to its beauty. Strong tea used daily will after a time give the skin the colour and appearance of leather. Coffee affects the skin less, but the nerves more, and a healthy nervous system is necessary to beauty. Late suppers, over-eating at meals, eating between meals, candies, sweetmeats, pastry, preserves, etc., produce pimples and blotches.

DANDELION TEA.—Pull up six or eight dandelion roots, according to size, and cut off the leaves; well wash the roots, and scrape off a little of the skin. Cut them up into pieces and pour on one pint of boiling water. Let them stand all night, then strain through muslin, and the tea is ready for use. It should be quite clear, and the colour of brown sherry. One wine glassful should be taken at a time. The decoction will not last good for more than two or three days, and therefore it must only be made in small quantities. Good for bile, malaria, and skin diseases.

WATERING PLANTS.—Unless one has an abundant supply of water, so that its use, when once begun, can be continued, it is better, as a general thing, to not water at all. In the drought which we so generally have this month, a mere sprinkling of the leaves is worse than no watering at all. Still, we all may have, in the vegetable as well as in the flower garden, certain plants that we would like to favour. In such cases, instead of watering the plant, the water should be applied to the soil; draw the earth away from the plants, forming a sort of basin around them; then pour on water gradually, and let it soak in around the roots. Afterwards return the removed dry earth to its place, and this will act as a check to keep the roots moist.—*American Agriculturist for July.*