DAILY PAGE FOR ADVERTISER WOMAN READERS

Main & Collyer Fresh Vegetables

Celery, fancy, per head, 5c

lvered same afternoon; noon to 6 m., following morning.
Minimum charge 25c. Mall orders solicited. P. O. Box 275. Telephone 2831.

Tomorrow's Meals

BREAKFAST BLACKBERRIES AND CREAM CRISPED BACON

COFFEE TOAST DINNER COLD PRESSED BEEF ESCALLOPED POTATOES

LETTUCE AND EGG SALAD LEMON PIE SLICED TOMATOES

ROCK CAKES RIPE CHERRIES

BREAD AND BUTTER

Recipes. Rock Cakes-Half a cup butter, 1 cup sugar, 2 eggs, 2 cups flour, 1 cup walnut meats chopped, 1 teaspoon baking

buttered pan. Cup Custard. Break 1 egg into coffee cup, add 2 teaspoons of sugar, a pinch of salt, beat all together until very light and foamy. Fill cup with milk. Grate a little nutmeg over top. Butter another cup, turn custard into it. Set

in a pan of water reaching almost to

top of cup. Set in the oven and cook

custard and if it comes out clean custard is done. Remove from oven and pan of water. Cool slowly. is dainty and beneficial for an in-

GIRLS AT SUMMERHOLME.

Quite a number of improvements have been made at "Summerholme," the Young Women's Christian Association summer cottage on Orchard Beach, Port Stanley, since last seahas now been piped into the yard, quantity of flesh you have, but give the stuff wouldn't mix! and other conveniences have been attention to your figure. Is it well that it is having good effect. added this year. The board of management also congratulates itself on procuring an excellent cook, and the ideal holiday resort for London's figure, and a good figure expresses at the sides, and, keeping the feet ideal holiday resort for London's region for London's light, list a good, freedom. You together, slowly raise the legs with young business women. The cottage poise, list a good freedom. You together, slowly raise the legs with out bending the knees until the body is situated on Orchard Beach, within might not be able to change out bending the knees until the body forms a right angle. Slowly lower is situated on Orchard Beach, within might not be able to 200, or from easy reach of the lake, and is very easy reach of the lake, and is very inviting with its hammocks on the lake, and is very easy reach of the lake, and is very easy to 100 pounds, but you can have inviting with its hammocks on the lake, and is very easy to 100 pounds of flesh so when the muscles are too tired to veranda, and lawn tennis court-a that 100 or 200 pounds of flesh so new feature this year. able to indulge in a vacation, avoirdupois.

the pleasures of "Summerholme," possible to them by the low boarding rates. Stewed Tomatoes. Put 12 ripe tomatoes to boiling water. (Use a long-handled wire scoop and exorable. If you slouch or hold put them into tea kettle of boiling yourseelf like a rod you can't expect Allow to remain until you

are delighted to take advantage of

the peel will slip off easily. When stem-end slice. Put tomatoes in granite pan with 1/2

cayenne, just before serving. Coffee Stains .- Put a basin under-

cold water, then in boiling water.

THING LOCUST TRIBE DOES



HE BEATS HIS DRUM AND CALLS HIS FAMILY TOGETHER

gins to tire of good behaviour. He golden wheat. heats his drum-you know there's a Down they swoop. The whole fam swarming about Big Brother Locust, leaving ruin in their wake. and they hold a mighty council of war. So now you know why farmer folks
They decide that they have behaved talk about the "locust plague" and you

make a great army, every little locust and off over the swamps until they

drum, or buzzer tucked away under the ily together, and with appetites pretty ing of every locust-and he calls his well sharpened by the long journey family together. All of his brothers, through the air they fall to gobbling up his sisters, his aunts and uncles come the grain, destroying field after field,

themselves just about long enough and see why Mr. Locust and his hungry it's time for them to cut loose and have family are so very unpopular in some parts of the country.

OLD SONGS AND POEMS

THE SCOTCH BRIGADE. The following song was requested some time ago, and the words are sent through kindness of J. A. G.

On the banks o' the Clyde, stood a lad and his lass, The lad's name was Geordie, the lassie's was Jean.

She flung her arms around him, and cried do not leave me. For Geordie was going to fight for his Queen. gave him a lock of her bright

golden tresses, She kissed him and pressed him once more to her heart, his eyes spoke of love that his lips could not utter, And the last word is spoken, they kiss and they part.

CHORUS-Over the burning plains of Egypt, Under the scorching sun, He thought of the stories he'd have

to tell. When the fight was done. He treasured with care that dear lock For his own darling Jeanie he of hair.

prayed, But his prayer was in vain, For she'll never see again. Her lad in the Scotch Brigade.

Though an ocean divided the lad from his lassie. Though Geordie was forced far away o'er the foam, His roof was the sky and his bed

was the desert, But his heart with his Jeanle was always at home. Drop off a spoon onto a The morning that dawned on the day of the battle

Found Geordie enacting a true hero's part, Till an enemy's bullet beweight with And buried that dear lock of hair in his hart.

On the banks of the Clyde dwells a sorrowing mother, They told her of how the great victory was won, till custard is set. Put long pin in But the glory of England to her

brought no comfort, For glory to her meant the loss of her son. Served with spoon of whipped cream But Jeanie is with her to comfort and shield her.

Together they weep and together they pray, And Jeanie, her daughter, shall se while she lives,
For the sake of the laddie wha died far away.

CULTIVATE GOOD FIGURE

proportioned? It is proportion that counts, but board being extemely rea- that is not all. Whether you weigh

distributed that neither you nor your Many girls, who would not other- friends will give a thought to your Begin by standing properly, walking properly, and sitting properly. Then run, pose, poise, reach, and writhe-it won't matter much what

else you do; in a few months you should have a graceful figure.

The first three commands are in. If you slouch or hold

to be graceful, for grace is freedom count ten.) Turn cold water on and directed. Remember that undirected All the muscles must be free, but peeled cut them into slices, reject the the mind must have absolute con-

trol over them. Find your own na-tural freedom. No one can deterteaspoon of salt, 1 teaspoon of white mine it for you. Keep it in mind all Stew 20 minutes. Add a the time that you are working for tablespoon of butter, and a dash of harmony of line, and movement and freedom, properly directed, will come

As a last word every one thin or neath, and pour hot water through the material.

* * * *

stout ought in youth to learn the rudiments of singing and dancing and practice them all the days of Tea stains must be washed first in one's life. Singing induces you to keep the chest up and abdomen in and cultivates the habit of deep Egg stains on table linen should be breathing, while dancing keeps the soaked out in cold water, not hot, be- muscles elastic and body and mind on the qui vive.

A BUG YOU OUGHT TO KNOW.

MOWING CROPS VERY BEST



For 17 years at a stretch Old Man | So they swarm together until they He hangs around home in the swamps beating his drum, and with the bigand damp places, never molesting his gest, buzziest locusts at their head they neighbors nor giving much trouble to march, or rather fly, up into the air On his seventeenth birthday he be- come to a nice big field of waving,

EVERYBODY'S DOINGIT! THE AGE OF THE POWDER PUFF



ever think of you being a man?

cally. Thanks for the bit of blarney.

Yes, Madeline.

My cousin, who is in prison, wished

me to write him. Would I be allowed

Thanking your so much, I am your

Ans.-Yes, write to him in care of

safely. I am quite sure that he

wherein her correspondents

offer advice to "Lover of

of a fault-finding husband.

the prison, and the letter will reach

will be allowed to answer in return.

OUR FOLKS' CORNER

DO YOU Kind Words"-a woman who

THINK? is the unfortunate possessor

To my mind there is much food for

thought in the several letters received,

but I was particular struck with what

An English Boy had to say. Your remember that he rather took the side

of the defence, intimating that many

unhappy homes were caused through

the wife's ignorance regarding house-

hold matters-that girls were too fond

of dress to fit themselves to become

One cannot but feel that there is a

ing question out of which might grow

care for anything but dress; they don't

salary; I'd like to marry, but, and so

The girl says: We have got to dress

the men won't pay any attention to us.

It is the smartly dressed girl that has

of woman. The girls say if they don't

change at Toronto . . .

Wouldn't it be fun to thrash out this

CLIP THIS OUT.

[Margaret Gray.]

Upon the blotted record of lost years;

But turn the leaf, and smile, O smile,

The fair white pages that remain for

all the beaux.

workingmen's wives.

MADELINE.

My Dear Miss Grey,-Possibly

to do so and could he answer?

devoted reader,

Yours. FARMER'S WIFE.

The girls tay they simply have to in the luxurious tonneau of her milthis hot weather. Anyhow, everybody's doing it! Gwendolyn, seated at her typewriter—Gertrude and Baby kicks his pink toes a little to the powder puff habit. Even Master doubt—everybody's doing it these

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No lettters can be answered privately.]

LETTER FROM BETTY "Betty" writes:--In issue of June 30, a girl, Peggie, feet 71/2 inches, asks how much she should weigh. If she were half an inch taller she should weigh ever, I am glad, Farmer's Wife, that difficult to cut newer bread in fine 155 lb. I have weight for all heights. you can take your troubles philosophi-Isn't it nice writing for a paper. have done a little. Can tell character by handwriting and also lines in hand. Success to you, and the paper

you write for. Ans. Glad to hear from you, Betty, Don't worry so much about the and hope this catches your eye. So Hope though

Here are two exercises recommended for reduction. They may help you:-Before you get up in the morning sonable, "Summerholme" affords an 200 or 100 you ought to have a good lie out flat on the bed, put the hands You together, slowly raise the legs with-

> raise the legs any more, stop your exercises for the day. After you have kept this morning exercise up, howseveral weeks, then you over, will find your strength increasing. WHAT Raise the body to a sitting posture without any other help than that from the muscles of the back. Keep the hands at the sides. Lower the body again and repeat until you

Then get out of bed, stand erect, raise hands over head, and, bending body from the waist only, try to touch the floor with the tips of the fingers. Raise and repeat.
Stand erect with the hands on hips

and feet together. Bend body back as far as possible from the waist, and then bend forward from the waist as far as possible, alternating in this fashion for the five minutes. which And were you surmising

young woman was my humble self? None of them,-for you see they have just the good-looking ones in the business office, and relegate ordinary bodies like myself to rear, upstair re-Glad you thought the others looked nice, anyway.

As to the writing, yes, it certainly has its compensations. Dear me, Betty, what a clever little woman you must be to read "hands and things like that." Feel like sending you an mpression of mine. Thanks for good wishes.

For Falling Halr.

Dear Miss Grey,-Would you please give me a remedy for falling hair. I had rheumatism fever about three on. months ago, and my hair has been in stylish clothing and be up-to-date or line events in which girls figure. Money coming out ever since. Thanking you for any advice given, I am, A TROUBLED ONE.

Ans .- A fine tonic to use when the And there you are! The men say the hair commences to fall is this: Get the girls dress too extravagantly—they druggist to make up only a quarter of want a plain little "Jenny Wren" sort the quantities given below: Sulphate of quinine, 11/2 drams; tinc- dress in style they live and die "old

ture of cantharides, 2 drams; alcohol, maids." Which is right? 2 ounces; glycerine, 1/2 ounce; oil of anise, 12 drops; witch hazei, 8 ounces. distracting question right here in Our If your hair is coming out, apply this Folks' Corner? I should like to hear tonic every night for two weeks, then the opinion of Our Folks, young and wash the hair in suds made from a old. Is it too hot, do you think, for solution of green soap; omit treatment such an exciting controversy? for four days, and then return to the tonic for another two weeks. Keep up this treatment until your hair becomes glossy and full of life, and ceases to fall out.

Pickled Walnuts.

SIDE week! Dear Miss Grey.-Please furnish me with a recipe for pickling green walnuts, MRS. G. A.

Ans .- Gather when young enough to be readily pierced. Put the nuts in strong brine and leave them seven days, cucumbers and dressing. Butter?-On, changing it every other day. Take them out, wipe dry, and pierce them with a large needle in a number of places. red hair is Cynthia Grey."
"Says she won't go bac Cover for eight hours, or over-night, with cold water; then drain and put in Take enough cider vinegar to cover, and to each gallon allow 12 blades and a pink sash, but dear me. 36 cloves, 1 tablespoon alispice. Boil the first innings." five minutes and pour hot over the nuts. Repeat twice, three days, apart, then

Dear Miss Grey,-In Monday's Advertiser in reply to Lover of Kind Words, in regards to her cranky, faultfinding husband, my sympathy goes to her. For really I have one also. I have been trying to solve the problem what is best to do, for (to use the rude expression) it seems to be the nature of the heast. He gets up in the morning grumbling and goes to bed grumbling. But as the old saying is, you can get used to anything. It runs down my back

Some New Sandwich Kinks

Now is the season of the sandwich | these is needed and in some cases maker. Here are but a few of the they are merely used for seasoning fillings she may try: Meats, in slices or minted, and Homemade meat paste may be athighly seasoned; salads of various tractive if the meat is put through

sorts; cheese, plain or in combination; green things like lettuce, nasgreat help day by day. Who should turtium, and cress leaves; fruits and be pounded with a little soft butter sweet things. When chopped cucumber or chopped tomato are used Finely minced or pounded chicken The prettiest sandwiches are made may have butter, red sweet pepper, Ans,-I'm afraid if many more faultfinding husbands are discovered the girls will want to remain single. How- of bread which is a day old. It is siices. Any bread can be cut thinner Roquefort cheese and add whipped with a hot knife than a cold one, but, as heating by fire is not good for a fine stee! bread knife, it may be made hot by letting the hot water from the faucet run over it every question will be unanswerable, but I'm few minutes. Be sure to keep the

cut bread in paired slices. If the mixture is such that it cannot be put in until the last minute, slice and | blend in half a cupful of finely chopand cover with a damp napkin. The butter should be taken from the refrigerator and allowed to soften before it is used to spread the bread. mayonnaise or cooked salad dressing, with softened butter make acceptable fillings for little tea

Lettuce leaves, nasturtium leaves, sandwiches cut in strips, little wiches, chop very fine two cucum-squares, or even in crescent shape. The anchovy and other pastes put and one mint leaf. Let marinate in p in tubes make a convenient French dressing one hour. Drain Without doubt many of Our Folks up in tubes make a convenient will be reading with interest the various though not economical filling for carefully and lay with mayonnaise letters in Cynthia Grey's Mail Box, sandwiches. A thin layer of any of on white bread.

The Horoscope

MONDAY, JULY 20, 1914.

to astrology the planets exercise a sway

The rule is held to be exceedingly un-

supposed to be more common than un-

There is a sign interpreted as sinister

for women. Loss of prudence and mod-

ling events in which girls figure. Money

is likely to be sought recklessly in all

crease of salary or promotion.

adverse aspect.

ative.

Boy says; yet here arises an interest- for sustenance should be cautious.

famous query, "Which came first the and avoid worry.

withstanding a Boston professor has attention while it prevails.

The man says: Girls nowadays don't der better influences.

declare.

grows." Good and ill balance today. According Ancient lore found this aspect lucky for the hiring of men servants. By this sign the day is auspicious for engaging male employees of higher rank.

that is strongly controlled by Saturn in Remarkable scientific discoveries will fortunate for journeys or removals. It be helpful in safeguarding life. is not a lucky time for any sort of initi-Owing to the malefic power exercised by Saturn, miners, real estate dealers, They are warned against false friends. great deal of truth in what English farmers and all who depend on the earth prosperous.

Children born on this day may be Old persons are under an especially lacking in independence and initiative. controversies as animated and earnest sinister influence, which threatens their as those excited by the now world- health and well-being. They should rest ories and changeable natures. hen or the egg?" To my knowledge As the rule interferes with concentrawell as Cancer. this thought-provoking question has tion and has a bad effect upon physical never been satisfactorily settled, not- conditions routine duties should engage

paper Syndicate.) just announced that "of course the hen The seers believe that new entercame first or how could there have been prises begun under this government will

any egg?" And I dare say this new last long enough to cause regret. Delays, CAROLINE COE'S perplexity will be equally as difficult to reversals and limitations of all sorts are Late in the afternoon it is read as a FRIED EGG PLANT. know how to keep house on a small fairly favorable time for asking for in-

Cut egg plant in slices one-third of an inch thick, peel, sprinkle with salt and pile them one upon the other. Put a plate with a weight on top of them. Let stand an hour, remove plate and wipe slices dry. Beat 1 egg, 1 tablespoon of water, 1/2 teaspoon of salt and dash of paprika until well blended. Dip slices of egg plant in the egg. Then in fine breadcrumbs. Fry in deep fat.

BROILED EGG PLANT.

Prepare sauce as above. When ready o broil, wipe perfectly dry, season with salt, and paprika, and brush each slice with olive oil. Sprinkle with a few fine breadcrumbs. Baste while broiling. Serve with slices of lemon. ICY FRUIT DRINKS.

Fruit juices are easily prepared and are most welcome on hot days, combined with ice or spring water. The juicy fruits are easiest to prepare, such as cherries, currants, raspberries and blackberries. The simple syrup must be prepared first. Boil 1 quart of sugar with 1 pint of water until it spins a thread when allowed to drip from fork Add juice of any small fruit in proportion to 1 quart of juice to 1 pint of syrup. Boil together 7 minutes, bottle Cherries must first be pitted. Then

allow to stand 10 hours in cool place. add to simple syrup in proportions given, heat and seal. Mix currants with twice as many raspberries, crush, allow to stand 4 hours, add to simple syrup in amounts given and boil 5 minutes. Seal while

HASHED BROWN POTATOES WITH GREEN PEPPERS. Peel and slice three cups of cold boiled

potatoes. Cut six slices of bacon into bits. Place in skillet and fry a golden brown, being careful not to scorch the fat. Have fat hot, put in potatoes, stir until well mixed, but not broken. Put over slow fire and allow to brown nice ly. Add bacon bits and three tablespoons of chopped sweet green peppers. Heat up thoroughly, and serve.

RASPBERRY AND CURRANT PRESERVES. Pick over, wash and drain six pounds

currants. Put them in preserving ket-tle and mash thoroughly. Allow to stand half an hour, then drain through cheesecloth bag. Put over fire, mix 6 great deal for any one who can suggest a cure. Cheer up, Lover of Kind Words, there are brighter days ahead. You are not the only one paddling that cance.

Thank you, Dear Miss Grey, for your

Thank you, Dear Miss Grey, for your

The finding comes the model for any one who can suggest a cure. Cheer up, Lover of Kind with black satin, and the girdle is of black and white voile. Any of the substitute for soap when the hands have sticking on a clay plug when he wanted and pans. Rub a little potato well into soft white fabrics lend themselves to this fashion.

From London comes the model for this charmingly simple white organutes. Skin, add 2 quarts of raspherries. When Murrdock, the inventor, first used his gas on trial, he just let it gave a better light than the solid flame escape from the end of a small pipe, soft white fabrics lend themselves to this fashion.

From London comes the model for this charmingly simple white organutes. Skin, add 2 quarts of raspherries. When Murrdock, the inventor, first used his gas on trial, he just let it gave a better light than the solid flame escape from the end of a small pipe, solid the inventor, first used his gas on trial, he just let it gave a better light than the solid flame out borling point, count 40 very slowly. Skim of black and white voile. Any of the solid point, count 40 very slowly. Skim of black and white voile. Any of the solid point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point, count 40 very slowly. Skim of black and white voile and point slowly in the intervent of the inventor of the point of the inventor

Extra good quality of Embroidered and lace trimmed. Open front, low wash materials, splendid colcollar and short sleeves. All orings; black and white, sizes. Regular \$1.50, to blue and white, and gray and

Midsummer Specials

HOUSE DRESSES.

MIDDY BLOUSES.

NET CORSETS.

white stripes. All sizes, to

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Latest styles, raglan

sleeves, set-in sleeve with

sailor collar, also white with

colored collars. All sizes 14 to

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Extra well made corset.

long hip and four hose sup-

porters; cool and comfort-

embroidery trimmed, four

BATISTE CORSETS.

POROUSKNIT COMBINA-TIONS. Fine quality—the coolest

LADIES' BLOUSES 89¢.

underwear for July weather. On sale50¢ LACE TRIMMED COM-BINATIONS.

45¢, 50¢, 75¢, LACE TRIMMED VESTS. All sizes. Special .. 15¢ JAPANESE KIMONOS.

Made of good quality crepe material; all Japanese patterns. Regular \$1.00 for**59¢** Figured Batiste Corset, BLACK COTTON HOSE. With cashmere feet; fast hose supporters 89¢ dye. All sizes, pair ... 25¢

PARASOLS ALL TO BE CLEARED TODAY

\$4.50 Parasols for ..\$3.00 \$1.50 Parasols for ..\$1.00 \$3.50 Parasols for .. \$2.75 \$1.25 Parasols for ... 99c \$3.00 Parasols for ...\$2.00 \$1.25 Parasols for ...75c \$2.25 Parasols for. \$1.50 75c Children's for ...49c

Big Sale of Summer Silks BLACK HONAN SILK 59¢ | 20-INCH MESSALINE

Ten pieces only of fine black raw silk; Lyons dye. 27 inches wide, to clear 59¢ ALL WOOL SERGES.

500 yards of all wool serge in navy, black and cream, 42 inches wide.

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Made with wide flounce of lace insertion and having lace yoke. On sale ... 98¢ KIMONO GOWNS.

Extra fine cambric fin-

SILKS. In fine hairline stripes. A beautiful soft silk for summer dresses, to clear

WHITEWEAR SPECIALS. Nightgowns made of fine quality of cambric with yoke or fine tucks and embroidery insertion, finished at neck and sleeves with embroidery. On sale \$1.00

CORSET COVERS. Special value, made with lace yoke; back and front ished with embroidery and finished with peplum. On linen lace. On sale.... 75¢ | sale

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Advertiser Patterns Wightman and



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chambray, kindergarten cloth, khaki

linene, or linen may be used for this

design. The front closing is especially

practical. The model may be finished

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ADVERTISER.

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Province

Age (if child's or misses' patterns)

Measurement-Bust..... Waist.....

CAUTION-Be careful to inclose the

above illustration, and send size of patern wanted. When the pattern is bust measure you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's patern write only the force representing

tern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of order. The price of each

WHAT A WOMAN'S THIMBLE DID.

the world have been the result of acci-

dent, other inventions might have prov-

ed worthless had not some simple de-

made the whole failure a success after

Some of the greatest inventions in

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Please send above-mentioned pattern,

Child's Rompers.-Galatea, gingham,

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W. R. LUTZ North End Druggist, New Flowered Crepes, 15c White grounds, with floral effects, in white, sky and mauve, 27 inches wide, suitable for waists, dresses or trimming.

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BRATED CONDUR Tungsten Lamp, in 25, 40 and 60 watts. Sold everywhere at 35c each. Our price, 29c each. Every lamp guaranteed. Come and get your supply.

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Eat More Bread-It is the most nutritious and most econon cal of all foods. The best bread is made wi Fleischmann's Yeast

vice, perhaps only the accidental shift- not find his plug, and, being fearful of ing of an unimportant bit of machinery an explosion, hastily searched for some substitute, finally grandly the pipe, thimble. This he closed over the pipe, thimble being perforated by substitute, finally grabbing his wife's Not many people know that a but the thimble being perforated woman's worn-out thimble played an constant use, the gas escaped from the important part in our modern illuminat. small needle holes, and to his amaze-

South side, near Wellington street.

I just wonder if any of Our Folks are responsible for the following bits of conversation? They are honest-to-goodness lines of real talk, HEARD over-heard here and there in ON THE the city during the past "He don't know how to act when he gets among a bunch of girls.' "We have to take the 2:36 train and "Slice the bread thin and spread with "I am sure that tall woman with the if she doesn't pass the entrance." "The sweetest flowered crepe dress "If we don't get this car, we'll miss THE NOMAD. Build on resolve, and not upon regret, The structure of the future, Grope Not among the shadows of past sins, The light of truth shine on the path And dissipate the darkness. Waste no

For "Roquefort Ryes" take fresh cream enough to make a spreading paste, add a dash of red pepper and spread on thin buttered slices of rye bread, cut heart shape, and garnish with cress.

cream-cheese for sandwich filling.

a fine meat-chopper and then sea-

soned carefully. Chopped ham may

and then mixed with a little jelly.

etc., mixed with it.

For sardine sandwiches, remove the skin and bone from eight large sardines, mash them to a paste and trim the bread, butter, pile closely, and cover with a damp napkin. The a lemon, six chopped olives and one finely minced hard boiled egg. If the mixture will not spread easily, add a few drops of olive oil and use as a filling between thin slices of whole and blossom, and water cress, with wheat bread that have been spread

For cucumber and onion sand-

ciasses of society. This prognostication is of special significance to women in New York and San Francisco, the seers There is a prophecy that a political

leader will rise where "much wheat

be announced before autumn. These will Persons whose birthdate it is have a rather unfortunate augury for the year. Those who are employed should be fairly

They are likely to have retentive memmay partake of the qualities of Leo as Copyright, 1914, by the McClure News.

TESTED RECIPES

LINGERIE FROCK FOR SUMMER DAYS

