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LONDON, MONDAY, MARCH 26.

Niagara Power. 'A meeting of municipal representatives at Galt last week adopted a resodistribution, of Niagara power. It was the feeling of the meeting, however, unjustifiable exactions by the power companies, or their inability or unwill-

uirements of the Canadian market, housed. The Guardian adds: power in sufficient quantity at the Falls at \$12, it is not likely that anything more will be heard of public competition, but there is no hint of inv such good fortune in the contracts the Cataract Power Company, The Toronto Street Railway Company will pay \$40 for Niagara power delivered at Toronto, which is very little improvement on existing conditions. It s said that the Toronto Street Railway Company is controlled by the group of capitalists behind the Toronto and Niagara Power Company, so one, designed to promote some financial scheme. The report of the municipromised for this week, and later the report of the Ontario hydro-electric commission, may give the public reliable data as to the cost of producing and transmitting Niagara energy, and until the fullest information is forthcoming the Government and the municipalities will do well to move

The municipal meeting at Galt declared in favor of government ownership and control of transmission lines, failing which the municipalities should build and maintain the lines, and distribute the power within their own tirade in the city yesterday against boundaries. The distribution, which is newspaper men. Some newspaper men the last link in the chain between the are known to be kind fathers and husproducer and consumer, is the least bands, and they pay their rent and difficult factor in the prob- grocery bills. They even take up the 1em. If the electricity is delivered at church collection, and occasionally get Its doors a municipality should be elected to Parliament. Sometimes, able to deliver it to local customers. It however, they use the blue pencil on is one of those public utilities most peripatetic preachers. adapted to municipal ownership, because it involves comparatively little employment of labor, the bulk of the has built transmission lines to Toronexpenditure being for plant and equip- to, and another company intends buildment. Whether any municiplaity could ing lines through Western Ontario. undertake the reduction and distribu- The idea of government ownership of tion of Niagara power without first transmission lines has been sprung acquiring existing power plants, under somewhat late in the day, but it may the provisions of the Conmee act, is a be a case of better late than never if

A combination of municipalities, too greedy, however, to build and maintain transmission lines from the Falls, would seem to be impracticable. Municipalithes are not so successful in governing themselves as to warrant the belief that a number of them could conduct s great enterprise in common. Obviously government control of transmistion, as distinguished from production native province, and is, perhaps, the end distribution, would be more feasible than joint municipal control, but Dominion. Irish agriculture, from all even government control would be a accounts, would profit by following mercial standpoint. Every municipal- Mr. Dryden. ity within the reach of Niagara power would clamor for the same privilege as its neighbor. The rush for normal schools would not be a circumstance To live for common ends is to be comto the scramble for transmission lines. The highest faith makes still the highest Phose portions of the Province outside For we grow like the things our souls the favored region might also object helieve, And rise or sing as we aim high or low. the fixing of rates for the various And love, faith.

Despite the resolutions passed by But they believe in what they love and municipal conventions and boards of All else is accident—this is the soul of life, and lifts the whole man to itself. Like a keynote which, running through of the ministry, it will be a surprise if the Government, in view of the many difficulties it would be required to face, decides to enter the field except as an estreme or last resort. However. the agitation may have a moral effect liever in early marriages, and he queen at Osborne. Bright's first objec-They may be more disposed to be press his convictions upon young men. transferred by the footman at the door

Western Ontario are convinced that finding some fault with each one. But age of Niagara power, because of corporate rapacity.

Travelers and Local Option

The Travelers' Club of this city has een making strong representations upon the local option question, claiming that the traveling fraternity has been put to great inconvenience in lution calling for government develop- licensees have given up hotel-keeping, ment and transmission, and municipal or are not providing decent accom- is almost smart. What is so tiresome modation. They ask for some statutor is the vapidness of the talk, first on procession of the talk, first on protection against this state of affairs. one transitory fad, and next season on It is a difficult matter, and while the that government development should Government may be excused for not be resorted to only in the event of attempting to deal with it in the new license bill, some responsibility rests upon the no-license municipalities or the temperance people. The Christian ingness to furnish an adequate sup- Guardian says the matter must be By of electrical energy within the area faced, seriously and promptly, by the In which it may be profitably transmit- temperance advocates and organizations. In many of the smaller places The statement is made, though the their support from the sale of liquor. Thority is not given, that Niagara They gave accommodation to travelers somewhat as a side line, but in the has been sold or contracted for across main such accommodation was fairly reasons we believe the barmaid is exthe terms of their charters, are obliged these houses cannot live, and yet the to reserve half their output for the re- traveling public must be fed and

> is coming into force the temperance take a sacrifice to do it. And the entertainment should not only be as good as, but better than, under the old conditions. This means thoroughly organized and well-planned work in some localities, but it will

well as rights, and it is well the re- appeal to Paris, where the slur and the minder should come from an influential and friendly quarter.

over some alleged story of corruption her cook one morning and said: source, are usually found to be wind and whisky in equal parts.

for speaking four hours on the budget. so talented a speaker has been so diffident about exercising his gift.

A peripatetic preacher delivered a

One of the Niagara power companies the power companies show themselves

Every Ontario farmer will feel honored by the honor conferred upon Hon. John Dryden, who has been chosen by the Imerial Government as a member of a royal commission to investigate agricultural problems in Ireland. Mr. Dryden has done a great work in his most representative farmer in the serious from a political than a com- organization introduced in Ontario by

The Soul of Life. [Bishop Spaulding.]

to the expenditure of provincial funds No mirror shows such likeness of the for the advantage of one section of As faith we live by of the heart and Ontario. Another difficulty would be mind. We are in very truth that which we love;

Upbears them all in perfect harmony.

. Jefferson's Idea.

[Everybody's Magazine.] Joseph Jefferson was a strong bepon the Magara power companies. never missed an opportunity to imtion arose when his carpetbag was May hearts of native proof be reared

different young women he had known, it appeared that all of them had mar-

up before it is too late.'

'Oh,' said the bachelor, 'there just as good fish left in the sea.' "'I know that,' I said, 'but the bait -isn't there danger of the balt becoming stale?"

Manners in Modern Babylon.

[Saturday Review.] There is nothing specially wicked about modern London. The fashion of vice has passed away, and monogamy another. The upper class are losing their hold on the mind of the nation through sheer frivolity and lack of

The Barmaid.

[Ottawa Citizen.] Hon, Mr. Hanna's liquor license bill the employment of barmaids ported into Canada from England on several occasions, but, unlike the Eng- contributed one of the latest of these the hotels hitherto received most of lish sparrow, they never seemed to thrive in this country. If they were solemnly that "wealth lessens rather not good looking they drove away cus- than increases human happiness." tom and if they were good looking the customers married them. For these

The Donkey Vindicated.

those localities where local option patient suffering, was driven in a mo. his entire sincerity. ment of fury to write on the copybook Temperance people have duties as tain obstinacy of his own, carried his damages were alike quashed.

The Reporter Excluded.

[Cleveland Plain Dealer.] A good woman of Cincinnati called in the Dominion bye-election, involv- "Mary, come and take the parrot out

No Apprentices.

In such centers of industry as Shefit is true, a surplus of unskilled doubtful plumbing. Mr. Harcourt is one of the handful of laborers and incompetents, but the public men in this country who can be supply of skilled and first-rate men is of causes of pain; but wealth opens

An Assisted Proposal.

[Cleveland Plaindealer.] "You are a coward," said the man's wife. "You are afraid to venture anything without somebody at hand to help you along." guess I had courage enough to pro-

pose to you." "Yes," said the wife, "and wasn't I there to help you along?"

Mining for Fish. [Spare Moments.]

The natives of India are in the habit every year, in the summer, of digging the dry river banks for fish, which they dig out by hundreds, just as they would potatoes. The mud lumps are or 10 inches long, will always be found own voice. This is a point which a intense labors squeezed into a short comalive, and often frisky, as if just realive, and often frisky, as if just removed from its supposedly native element-the water.

Good Neighbors.

[Buffalo News.] It is unmistakable that no two nations in the world are more friendly in their feeling toward each other than the American and the Canadian. While there is no talk or suggestion or thought of annexation, the very fact that that entire movement is dead is leading to a recognition of each other's perious undertaking-perhaps more some of the methods of education and merits as neighbors, and of such interchange of courtesies, social and otherwise, as are promising the happiest results in each country.

Familiar Humbug.

[Ottawa Journal.] "The very wealthy," says Mr. Carnegie, "are not happy."-Exchange. No end of stuff of this kind is talked by some rich men and by some men Or lips move tunefull who are not rich. Some of the very wealthy are not happy. Some of the very poor are not happy. Some who are neither rich nor the reverse are not happy either. Money does not necessitate either happiness or unhappiness. But the cold fact which every sensible person knows in his heart is that most people have a much better chance for happiness with a fat purse than a lean one.

John Bright and the Queen,

[From London Letter.] Lord Granville himself, in a letter to Mr. Gladstone, gave a most amusing And fearless there the lowly sheep account of Bright's first visit to the They may be more disposed to be In an address at Yale, he said:

It a man in an apron. "If I had known the fellow was too fine to take it I would have carried it myself."

Then Its country and its Count

I was talking to one and I comes a very human touch. "He told asked him why he did not marry. He us he only informed his wife two parried the question by telling about days ago of his visit here, and of her almost reproachful answer: 'It seems strange you should be going where I can not follow." At dinner the queen was very shy at first, until Lord Gran-'You are in danger of getting left,' ville helped Bright to break the ice by I said to him. You had better hurry repeating to the queen a remark of his brother's: "Where, considering what charming things children were, all the queer old men came from." After that the queen got on famously with Bright, and she asked to see him again next morning. So the Tadpoles and Tapers turned out to be very

ARE THE RICH

much off the scent that time!

[From the Montreal Star.]

listen petpetually to the lachrymose maunderings of certain rich men, with a tendency to talk about the sorrows of wealth and the joys of poverty. Mr. Andrew Carnegie, who always has "pin pricks" to poverty by telling us Then, in the name of all conscience

why doesn't Andrew dump his saddening burden? There is this great indifference between the rich man and the poor man-the rich man has constantmoment, while the poor man seldom has any choice but to remain as he is. The donkey has just been vindicated Now the poor man is usually perfectly in the French courts, according to the willing to change his condition; and "The problem may not be as seri- London Tribune. It has been decided he says so frankly. When the rich ous as some would have us believe, that it is not libelous to call anyone man professes a similar willingness, and we doubt not that the liquor in- an ass. The case came from the de- and yet does not make the change terests will throw as many obstacles partment of the Arlege, where a school which is so ridiculously easy for him, in the way as possible. But in all master, after, one supposes, years of cynics must be pardoned if they doubt

The simple truth is that the banishpeople have a duty to see that the of one of his pupils, "This boy is an ment of poverty does banish many wants of the traveling public are ass." The boy took the book home causes of unhappiness. Mr. Carnegie provided for, even though it may to his father. who seems to nave re- mentions that wealth provides a comsembled him in some respects, for he petence for old age. How many poor promptly began an action for libel raen would feel that their greatest against the schoolmaster. What is werry was dispelled if they could be more, he won it in the local courts, and certain of just this one thing: Insure the asses of France suffered under the a poor man against want when old age wrongful imputation until the school- or sickness shall have slackened his master, who evidently possesses a cer- power of labor; and he will see more brightness in the sunshine and lean tack to a far greater enjoyment of the passing hour. The rich man has probably been free from the wearing pressure of this trouble for so long that he has forgotten the relief that came when it was lifted.

Then there is the shadow of sickness. Ill-health will come, of course, to the rich as well as to the poor; but ing a large sum of money. No facts of the bedroom at once. The master with what a difference? The rich man ean carry his wife at the first thought of danger to the best physicians and field, Leeds, Birmingham and Man- Then the last word on sanitation is at chester complaints of scarcity of work- the disposal of wealth; while poverty men are constantly heard. There is, may mean cramped quarters and

> These instances are only the removal expand, the shortage of skilled work go beyond that him go beyond that him men is likely to be a matter of seriousness. The difficulty appears to have the rich man forces himself so far beone shilling, and bounded up the steps one shilling, and bounded up the steps one shilling. pleasure, he is a fool; and rich men are of the house. "Ere, I say, miss," called cabby, "kin no more likely to be fools than poor I ask you a question? men. Still it is probable that the pleasures of the poor bring nearly as much enjoyment as those of the rich. The rare holiday in the country-the long anticipated visit to the great city-are fuller of delicious emotion than the

> > costliest pleasures of the rich. Then there are the enjoyments to be gained from the exercise of the nobler sentiments of man. The millionaire can obtain for himself the double blessing which falls upon him who gives; while the poor man must at times suffer the real pain of receiving. The rich and poor alike have their high ideas and their winged plans for the of facilities that will make a man sucbetterment of mankind. The rich man cessful in any other line of business-and can do much to make his effective, while the poor man finds his agitation in plenty, ought to appreciate,

Wealth may have disappointed many a man; but that is no good reason for imagining that he would have found poverty any more satisfying.

POEMS THAT LIVE

The Homes of England. [Felicia Dorothea Hemans.]

stately homes of England, How beautiful they stand! Amidst their tall ancestral trees, O'er all the pleasant land. The deer across the greensward bound, Through shade and sunny gleam, And the swan glides past them with the Of some rejoicing stream.

The merry homes of England!
Around their hearths by night.
What gladsome looks of household love
Meet in the ruddy light!
The ruddy light! There woman's voice flows forth in sons Or childhood's tale is told

That breathes from Sabbath hours! n, yet sweet, the church-bell's Floats through their woods at morn;

All other sounds, in that still time, Of breeze and leaf are born.

The cottage homes of England! By thousands on her plains, They are smiling o'er the silvery brooks, And round the hamlet-fanes. Through glowing orchards forth they peep, Each from its nook of leaves,

To guard each ha

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These are new weaves and innumerable new patterns and color effects that you will want to see. Coats are cut a trifle longer and lapels a trifle wider, shoulders wide and graceful; fit as perfect as a tailor can give. Let us introduce you to our famous lines. Our prices give promise of greatest value ever known. Prices...\$7.50 to \$18

Are arriving daily. While the stock is not as yet complete, it is sufficiently broad and varied to meet the tastes and requirements of any who may elect to buy now. Even those men who are the staunchest adherents of the custom. tailor idea will be surprised at the character, tone, individuality and excellent fit of our new spring garments.

The most exclusive knacks and innovations are incorporated, and those elements that give distinction and expression to the high-class custom product are so pleasingly blended that one is impelled to ask-is it possible to touch a higher standard in the making of men's clothing?

Spring Style Top Coats and Overcoats.

The major portion of our stock of new Topcoats and Overcoats, purchased for the coming season's selling, is now on our tables. It's your best time to look them over carefully. Drop in and see them.

Short three-quarter and full drape lengths in Topcoats and rain-or-shine Overcoats. All the newest material. Prices...... \$8.50 to \$15

"Progress Brand" the Most Prominent

"Progress Brand" is the most widely known clothing in Canada, and its popularity is increasing at a phenomenal rate. Men who buy this clothing are our most satisfied customers. The new spring stock should be inspected.

the sort of food that the "general doc-alone. The multiplication of pleasures Then the last word on sanitation is at J. H. Chapman & Co., 126, 128, 128; Dundas St.

A Domestic Treasure.

Sir Squire Bancroft, in proposing the below the demand. A short while ago many of the doors of pleasure. Here health of the Bishop of London, told a 1,700 persons applied for work to the we are, perhaps, on less certain story in his inimitable way. A charm-Sheffield relief committee, and that ground. Man cannot live by pleasure ing young damsel came to London to large number did not include a single tor" around the corner has ordered. visit an aunt, who probably came origintrained mechanic. Should the engi- ceases automatically at a certain ally from Scotland, for when the young neering and metal trades continue to point; and the wealthiest man cannot lady was leaving in a cab for an evening expand, the shortage of skilled work- go beyond that limit. But the major- party she said: "Now, mind, don't you

"No," she cried, indignant, "I'm not." "Well, well, somebody's agoin' to get a treasure, for I never seen a gal as could make a bob go further or do more work nor you, miss!"—London Mail.

About Entering "Journalism."

Almost every day some person comes to see the editor or writes to him asking what is necessary in the way of preparation to "become a journalist." Everything is necessary.

The newspaper business is the most ex acting on earth. It requires the exercise more. First, the beginner must have a strong body. He must have a reservoir

pass of time.
Second, the beginner must have what is known as "the nose for news." It is difficult to describe this faculty—usually born in one. It is the ability to see "a story" where other stumble over the opportunity, unseeing. These are fundamentals. To these must be added untiring industry the tenacity of a sleuth to folindustry, the tenacity of a sleuth to follow a lead, accuracy in judgment, ability to make and keep friends, patience, in-itiative, polse, a personality that begets onfidence, unswerving loyalty to orders. What? you say. What about the ability

Any graduate of the schools can write be easy to get on if one needed only that accomplishment.
Of course, if one has the writer's tem perament, so much the better. By this is not meant literary genius, but the ability

to write plain, strong English on the run. And these things are necessary, mind you, if you would get your foot on mind you, it you would get your 100t on the first rung of the ladder. They must be backed up by years of experience and trial under daily difficulties.

Is it to be wondered at that the veteran warns the unknowing from the field?

Young man! Don't try to be a newspaper man.

paper man—
Unless you feel that you were predestined from all eternity to fill the place, or Unless the stern requirements are like a bugle call or challenge to your best endeavor.—Des Moines News.

THE ALIMENTARY CANAL. I. Lower end of esophagus (meat-pipe) which conveys the food from the throat to the stomach; 2. Cardiac end of stomach; 4. Duodenum; 3. Gall blader; 6. 6. 6. 8 mail intestines; 7. Cæcum; 8. Vermiform appendix; 9. Ascending colon; 10. Transverse colon; 17. Descending colon; 12. Signoid flexure; 13. Recuum; 14. Anus. The duodenum is continuous with the small intestines. The small intestine empties into the

tum; 14. Anus. The duodenum is continuous with the small intestines. The small intestine empires into the large intestine or colon at the excum. The arrows indicate the direction which the contents of the bowels must take in passing through the alimentary canal. OU have thirty feet of Intestines! What makes food travel through them? A set of Muscles that line

the walls of these Intestines or Bowels. When a piece of Food rubs the walls of the Intestines these Muscles tighten behind it, and thus it starts a Muscle-wave which drives it through the whole length of the Bowels.

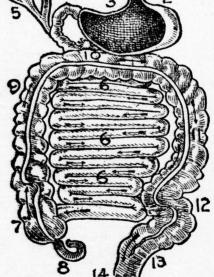
It should take about 12 hours to do this properly, so that nutritious parts of the tood may have time to be digested and

But,-if it takes twice or three times that period the food spoils in passing, and becomes as poisonous as if it had decayed before being eaten.

Now, the cause of delay (Constipation)

Bowels is simply Weakness, or Laziness of the

Your Thirty Feet of



Want of Exercise, Indoor Employment, weakens these Bowel-Muscles, just as it

weakens Arm and Leg Muscles. Castor Oil, or Glycerine, will grease the passages for one load of Food at a time. but these lubricants can't help the Causa

"Physic" like Salts, Calomel, Jalan Phosphate of Soda, Mineral Waters, simply flush-out the Bowels for the one occar

precious Digestive Fluids, in the flushing process, that it takes a bigger dose every succeeding time to move the Bowel load. But it is different with Cascarets.

Cascarets act on the Muscles of the Bowels and Intestines. They act just as Cold Water, or Exercise act on a Lazy They act like exercise.

A Cascaret produces the same sort of Natural result that a Six Mile walk in the country would produce.

The Vest Pocket Box is sold by all Druggists, at Ten Cents. It should be carried constantly, because a Cascaret should be eaten v

you first suspect you need one. Be very careful to get the genuine, made only by the Sterling Remedy Co., and never sold in bulk. Every tablet stamped

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