A Legend of the Holy Family.

The desert way was hard and long. The desert way was wild, And Joseph feared lest harm should

come To Mary and the Child.

The evening shadows nearer drew No refuge was in sight: Where should he get them food and

drink To stay them for the night? When, lo! the dry palm where they atood

Burst forth in living green, With branches laden down with fruit The fairest ever seen.

And from the roots there bubbled

forth A spring of water clear, While soft clouds like a shelt'ring

All star-flecked, gathered near. And softest music Joseph heard Round Mary and her Lord, /

Kept loving watch and ward. AVE MARIA.

MARY F. NIXON-ROULET in Ave Maria.

From the earliest Christian times Candlemas Day has been observed the Parification of the Blessed Virgin. Some say that the feast was first instituted to take the place of the old Roman februation, or purification of the people of pagan Rome, which took place at that season; but there is no proof of this, although it policy of the early Church.

The festival was, however, de-

believed the burning of the candles at the procession of early Mass brought good fortune,-the best to those whose burned longest; and that pieces of the candles, if preserved during the year, would keep 25.—Father Assene Turquetil, an away evil spirits. An old rhymer says:

Each man bis cardle lighte, Where chiefest seemeth he, Whose taper greatest may be se And fortunate to be,

bright: A wondrous force and might Doth in these candles lie; And if at any time they light, They sure believe that neither storn

Nor tempest doth abide. Nor thunder in the skies be heard Nor any devil espied,

Nor fearful sprites that walk by night.

Nor hurts of frost or hail. When England apostatized many of the ceremonials were retained. Even Henry VIII. could not release himself from the customs of the prophesy, as it is read in the Church." Even as late as the days of King Charles II., when lights were brought in at nightfall the people would say, "God send us the light of His heaven!"-a pious lifting of the heart to Gol which it would be well for us of the twentieth century to

On Candlemas Eve it is customary to remove every bit of the Christmas decorations; and good old Herrick says:-

Down with the rosemary and bays, Down with the mistletoel Instead of helly now upraise Tae greener box for show. The holly hitherto did sway: Let box now domineer, Until the blessed Ess'er Day

Or Easter Eve appear. In Scotland, Candlemas Day was attended with a custom very agree. able to the school-teacher; for the pupils all made presents to him of money, supposedly to buy his candles for the year. Each child gave, according to the ability of his parents, to provide the necessary sum; and the boy and girl giving the largest amounts were called "Candlemas King and Queen," The teacher then made a bowl of punch. and "treated" his scholars to a gererous goblet with which to drink the health of the King and Queen; andall repaired to the edge of the town. where took place the "Candlemas Bleeze,"*-i. c., the conflagration of any bit of fuiz, bushes; or failing

their presence, made a bonfire, Another Scotch custom of the day was to hold a football match, all the young men taking part,- be ur married men against the Benedict . or one parish against another. "Can dlemas Ball" was looked forward to all the year by the village athlate; nd on one occasion a mer y party Fromer, with a short of "Put on the Caudlemas light !" led the whole

ball game down a steep hill, into a

Aching Joints In the fingers, toes, arms, and other

parts of the body, are joints that are

inflamed and swollen by rheumatismthat acid condition of the blood which affects the muscles also. Sufferers dread to move, especially after sitting or lying long, and their condition is commonly worse in wet weather.

weather.

"I suffered dreadfully from rheumatism, but have been completely cured by Hood's Sarsaparilla, for which I am deeply grateful." Miss Frances Smith, Prescott, Ont.

"I had an attack of the grip which left me weak and helpless and suffering from rheumatism. I began taking Hood's Sarsaparilla and this medicine has entirely cured me. I have no hesitation in saying it saved my life." M. J. McDonald, Trenton, Ont.

Hood's Sarsaparilla Removes the cause of rheumatism—no outward application can. Take it.

stream of shallow water, and there fought out the battle, to the amusement of the spectators.

It is difficult to arrive at the reason for the popular idea that the weather upon Candlemas Day determines the length of the winter and the condition of the crops; yet While hosts of angels from on high such is the firm belief of the husbandmen of many countries, Protestant as well as Catholic. Sir Thomas Browne, in his poems, quotes an old Customs for Candlemas Latin distioh:

Si Sol splendescat Maria purificante, Major erit glacies post festum quam fuit ante.

And a free translation of this occurs in a Scotch ballad. on the 2nd of February, the Feast of If Candlemas Day be dry and fair The half o' winter's to come an mair; If Candlemas Day be wet and foule,

The balf o' winter's gane at Yule. In Germany there is a proverb The shepherd would rather see the wolf enter his stable on Candlemas Day than the sun;" while in Russia coincides well with the sensible they say, "The badger peeps from bis bole on Candlemas Day, and, when he finds snow, walks abroad; signed in honor of the Purification but if he sees the sun shining, he of Our Lady: in bonor of the exquis- draws back into the hole." Similar ite humility with which she, though to this is the negro superstition of immaculately preserved from the our own South as to "Ground-hog law of sin, made herself subservient Day;" and even in the far lands of to the laws of her land and people, the North the same ideas prevail as The lighted candles of the day are to the weather. In the Islands of the in honor of the words of Simeon Hebrides the people watch eagerly when he took in his arms the In- for the weather of Candlemas Day, fant Christ, proclaiming Him "a assured that the welfare of their light to lighten the Gentiles;" and crops depends upon it; and the first many facts and fancies cluster snowdrops, blossoming ever on that around the celebrations of Candle- day, were taken as emblems of good fortune, and were called "Purifica-In Catholic England, the people tion flowers" or "Mary's enowflakes."

A Perilous Journey.

Oblate, has begun a remarkable journey to keep a remarkable tryst with a remarkable Ecquimo named Nyrimayok. He left St. Peter's Mission, at the northernmost point of Reindeer Lake, in Athabasca, on Whose candle burneth clear and or about Jan. 1, and expects to reach Lake Garry, between Mackenzie and Keewatin, at 66 degrees north latitude, early in March, There a conference will take place upon which depends the Christianzation of one of the largest tribes of E-quimos in the world-a tribe whose uncounted thousands roam the wilds of the frozen north from Hudson's Bay to the Beaufort Sea. Over these strange people Chief Nyrimayok reigns as powerful as any other earthly king, and his conversion to Christianity means the conversion of all his people. Bishop Church he despised, and in 1539 he Pascal, of the Catholic Church, under proclaimed: "On Candlemas Day it whose direction Father Turquetil is shell be declared that the bearing of working, considers the task which candles is done in memory of Christ, be has undertaken as important as the spiritual light whom Simeon did any which has ever come before the missionary branch of the church.

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time showing open hostility toward would not permit it. Father Gaste and listen to their patient explans. English. pearance of having been at all af-

vide snatenance for him.

This was another of several

lined his plans to the Bishop, after

rimayok.

an unusual amount of skill as a huntcaused him to be proclaimed chief. Father Alphonse Gaste, Father Turnuetil's predecessor at the Reindeer ake Mission, who has done much work in the far north and has known Nyrimayok well for several years, says that Nyrimayok, like the Esquimos' neighbors to the south, the Montagnais Indians, was impressed with the suffering which the priests underwent for the sake of the natives-for endurence of physical pain is the test of superiority among

the uneducated, un-Christianized Rank of Sainte-Beuve. red men. Father Turquetil, elated over this latest evidence of the friendliness of the powerful leader of so large a race, and glad of the eighteenth century, few of those comunprecedented opportunity him that he would meet him at a he has set out to keep the tryst.

Father Gaste, now Vicar-General bleak, rocky shores of Reindeer Lake, once made a trip into the terand was the first white man to traverse that country. Since then parties of surveyors are the only whites known to have ventured into these barren wilds. Father Gaste mede the trip with the whole tribe of Montagnais Indians which folowed the reindeer when they began their northward run at springtime. killing them by thousands. There-

fore the venerable vicar-general's statement has peculiar weight. A PORTABLE ALTAR.

One of the most important and cher-Father Turquetil has taken with nim erished blood, needs a proper the north—a portable altar. In a box stand and to appreciate men and fertilizer. A chemist by analyz- II-2 feet long, one foot wide and one women wholly unlike himself, and ing the soil can tell you what deep, there is packed every article sympathy Sainte Beuve had, al from which may be contructed an though his share of this quality is fertilizer to use for different exact prototype of a large church al- not so full perhaps as his share of If your blood is impoverished and water cruets, the brievary, missal great office. your doctor will tell you what wine and altar bread and vestments. you need to fertilize it and give The larger articles are in several tury in the body and substance of it the rich, red corpuscles that pieces, and very compact. There is his work. His contribution to litera the four colors arignating the four need a concentrated fat food, Whenever in his travels the Father with the play of his keen intelligence and fat is the element lacking should meet a human being who has and all illuminated by his intellectual altar-it takes but two or three minso easily digested and assimi- utes to do it—and say mass, weather open, wind swept prairie, or on the Scott's Emulsion and each day, whether there be novelists of his own time and of his it and his guides be alone, the cer Century, emony will be offered with the same elaborate service and earnest deotion that is characteristic of the Catholic Church

Father Gaste tells of incidents of his service in the far north which illus trate the difficulties and hardship under which Father Turquetil will have to perform the service. He says that in the House. he has said mass out in the open when it was so cold that the wine. Be sure that this pio-ture in the form of a label is on the wrapper of every bottle of Emulsip, and the cup became so cold that Bros. This is one of the best from them when he removed it. We hate to sell them at the There is no variation, he says, out in price; but they are yours for the wilderness from the office of just half value-and rememthe church. During the reading from be they are all this seasons the missal the priestkeeps his bands Coats, Stanley Bros.

Chief Nyrimayok's conversion, it extended some times when the cold is believed, is assured. Last summer so intense that they take on that numb-Father Turquetil was in Prince Al- pess which indicates no further ability bert, coming from the mission on to receive the sensations of pain. Reindeer Lake, and at that time out-

IS A YOUNG MAN.

telling the interesting story of Ny-The man who is making this remarkable journey and will conduct for One day last spring, Father Tur- the church this important conference nuetil reported, just before the car- with the Esquimo chief, is but 28 bou began their northward migra- yearr old. He was born in France tion, the E-quimo chief went to the Completing his rhetorical courses he mission and with some ostentation, became a novtiate. After a year as though with his usual chieftain dig. such, and with full knowledge of the ity altered by his apparent sincer- step he was taking, he joined the or ty, asked Father Turquetil to visit der of the Oblates, taking the four scamp 1,000 m l s nor h sethe orow vows of poverty, chastity obedience flies. Furthermore the father re- and perserverance. Then he was ported, Nyrimayok asked him to sent to the scholasticate, where he make his home among his people finished the philosophical and theoland offered to build a hut and pro- ogical studies. Soon after he became a priest he was sent to Canada, and ac he immediately took up the work tions of the E gimo chief which ill- among the Indians at the mission on ustrated his friendly disposition to. Reindeer Lake, working with Father ward the religion taught by the Gaste. In 1091 Father Gaste dauntless, self-sacrificing priests became ill and was brought along the who are devoting their lives to perilous route to Prince Albert and missionary work in the far north, taken to St. Boniface hospital, near For many years Nyrimayok with Winnipeg, where, although 73 year the reserve and suspicion character- old, he survived a most dangerous istic of his race, had soowled at operation. He begged for permission very mention of Christianity; at no to return to his mission but the bishop

tions. Then he would grunt and Father Gaste has met Nyrimayok stalk off into the woods with no apon several occasions. He describes him as a type of the best men of the feeted by the lesson story. But it oorthland—apparently about 45 years is probable that in his long walk- old; tall, strong, spuare shouldered, in the forests when in search of agile, a crack shot with the rifle, a game and in his long rides across spearsman of seemingly infallibl arm the prairies and frozen lakes and and eye, and a fisherman of rare skill. sees of the north, he pondered much His face has a not unkindly expresand deeply, for he is a thinking man, sion, though it is always grave. He possessing an unusual amount of in- knows not only the secrets of the telligence for an Esquimo, as well as beasts of the forest and field and the finny-folk in rivers, lakes and seas er and fighter, which qualities had but also the secrets of the lives of his hnman subject. His mind, though slow acting in affairs not native to him is keen and penetrating, and in the judgments which he makes disputes among his people (for whom he i arbitrator in all matters of importance) he is surprisingly wise and just. His authority is complete and is never questioned. The Esquimos obey bim out of respect for his power and for

If we might credit Goethe to the to petent to judge would hesitate to preach the gospel of Christ among call Sainte-Beuve the foremost critic these pagane, accepted the invitation of the nineteenth century. The extended by Nyrimayok and told qualifications of a critic are fourfold. First, he must have insight-acudesignated place near Lake Garry men, the essential gift of the critical early in the month of March. Now faculty-and this Sainte-Beuve possessed abundantly. Second, he must bave an abondant equipmentof the Vicariate of Prince Albert, scholarship, knowledge of many who for more than forty years was things, so that he may compare one in charge of the mission on the thing with another, comparison being a chief necessity of criticismand Sainte-Beuve had an equipment ritory into which Father Turquetil unapproached by other writers of is goirg. That was in 1868. He bis century, and his erudition was went 700 miles north of the mission as wide as it was deep, for he no only knew many things, but he also knew all about each one of them Thirdly the critic must have disinterestedness, he must love veracity for its own sake, he must insist or setting forth the truth, the whole truth and nothing but the truth, and here was Sainte-Beuve's standard o honor, that as a critic he refused to be swayed by any of the social appeals to which most critics are only too ready to yield. He had a rigid independence, a sturdy individuality Dandruff. a resolute freedom from party bias, although he is not always absolutely ished articles in the outfit which devoid of personal prejudice. And, in the fourth place, a critic needs is a remarkable contrivance which is sympathy, or at least he must have the product of the vast winderness of enough of it to enable him to under

tar. There are the chalice, paten, wine the three other qualifications for his He is the foremost critic of his cen but one robe, but it in are combined ture looks big on the library shelves -some three score volumes, more or robes worn by priests in a church. less, all solidly documented, all alive become a Christian, he will erect his integrity. A thin book of poems and a stillborn novel must not be neglected, for in them it is possible to it be in a snow-filled forest, out in an perceive the reason for Sainte-Beuve's occasional lapses from justice in his estimate of some of the poets and a congregation or not, Father Turque- own language-Brander Matthews, in

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