having been reached as to what old forms of work are to be better done, and what new forms of work are to be taken up.

Wednesday Evening—The mid-week prayer-meeting, with the special topic of The Young. An unsurpassed opportunity to enwrap the young and their instructors and leaders in the sympathies and prayers of the whole congregation. As one practical "aside," plans for Teacher Training may be considered.

FRIDAY EVENING (perhaps the most interesting of all)—Boys' Rally; with the object of "organizing" the boys in their Sunday School classes, or in some form of Society or Club. As the boy is shaped, will be the man. This one simple statement should arouse all in the congregation who care for the boys to give much time and thought to planning something practical and attractive to launch at this gathering of the boys.

AND AFTER

This is everything; for a Rally Week unfollowed up is almost worse than no Rally Week at all. Rally Week should mean a new consecration of all leaders. It should mean a fresh start in zeal and activity for all Schools and Societies. The standards set in Rally Week should be the objectives for the whole year. With a view to this after work, it will repay Schools and Societies to get a copy of the Report of the S. S. and Y.P.S. Board to the General Assembly (Address Rev. J. C. Robertson, B.D., General Secretary, Confederation Life Building, Toronto); and having got the Report, to study it out, and to seek to realize its ideals. They are such as these: A Sabbath School and a Young People's Society in every preaching place; every School and every Society to attend to the standards of Excellence set for these by the General Assembly; a Graded School, and where possible Graded Lessons; a Teacher Training Class; a mission study, missionary activities, missionary givings; our own Lesson Helps and Illustrated Papers in every School and Society.

A good start is half the race; and Rally Day and Rally Week carefully planned for and diligently observed will set Schools and Societies a long way on the road to a successful year.

A sufficient number of copies of the Order of Service for Rally Day, which contains also on the cover the programme for Rally Week, are sent Free to all Sabbath School Superintendents. If any have not received them, they will be supplied by writing to R. Douglas Fraser, Presetterian Publications, Church and Gerrard Sts., Toronto.

"From the Sunrising"

"From the sunrising,"—it was from this spring of light and hope that John, in one of his Patmos visions, saw a divine messenger ascending with his gospel of good cheer. And that messenger is ever coming, with his shining wings, to the comfort and succor of God's sorely tried people.

The night of trial is often dark and gloomy. Its hours are leaden of foot, and drag their slow length wearily along. But the sun rising is sure to come, and with it the angel of divine consolation.

There is wealth of promise in the sunrising. The first faint flush of dawn will soon grow into a flood of glory overspreading the eastern sky. By and by will come the splendor of noonday, and at evening time the western horizon will be lit up with the gorgeous hues of sunset. The brightness of noon and the varied tints of evening were all in the sunrising. And there is solace for every grief, there is soothing for every care in the messages of God's angel "fron the sunrising."

The promise of the sunrising is for every trusting soul. God's messenger of joy and gladness is ever coming to those who look for Him. And there is no darkness which cannot be dispelled by the divine illumination.

Opportunity

By Rev. F. H. McIntosh, M.A.

After many grievous declensions and dire disasters, the children of Judah were guilty of one more declension and became subject to one more disaster eclipsing all before. In the providence of God the Assyrian was