This Summer

keep your

Canvas and



home-made racks to dry, covering with a netting to keep off the flies. About a week will make them brown About a week will make them orown and dry enough to keep. If there is an empty upper room in the house with plenty of sunlight the cherries and apples could be dried in it.

Of course, neither cherries nor apples must ever be left out in the rain if dried out of deeps.

if dried out of doors. Beans Preserved For Winter Use In

String green beans and cut up as

if preparing for the table. Have them perfectly dry. Never pick on a wet day. Spread the beans out on platters and give a good covering of salt. Let them stand overnight. The next morning pack in glass jars, or in Nuys bemoaned the fact that her resources had been limited.

"Never mind, auntie dear," was Pat's consoling remark, when the discussion finally terminated. "I have promised that I will get money to carry on our charities—and I'll do it by hook or crook."

"But you must not let your tender heart, impel you to do reckless and foolish things, my child," said Mrs. Van Nuys protestingy.

For several weeks after Pat's ad.

Fresh Cucumbers in Salt. Peel and slice the cucumbers thin



Dr. J. W. Edwards, M.P. W. F. Montague,

W. F. Campbell, J. H. Bell, M.D., Grand Organizer, Grand Medical E. HAMILTON . ONTARIO

SPORT SHOES

SPORT CLOTHES

That's the vogue, this year — to have one's shoes in harmony with

the sport suit, or outing

skirt and sweater.

show that not infantry alone have made the football field and the field of nor one: the field of the air must considered also.
t seems, indeed, that the air service preceded the land service in employ ing a football against the enemy. A least a certain audacious aviator, whose biplane bore his nickname of know with whom they had to deal,

April, 1916.

The town of St. Quentin, held by the Germans, knew him well; it lay in his beat or district, and he flew over the place almost daily to observe what was going on and to upset as many plans as possible. The first of April was perfect flying weather, and the townsfolk-all of them that remained-and their conquerors were equally on the lookout. At last a speck appeared in the western sky, growing rapidly larg-

An English Airman Created a Sensa tion at St. Quentin Not long ago, The Youth's Comed by football during the battles on the Somme, when the British troops actually kicked their ball before them

across the battlefield to victory dur-ing a charge upon the German trenches. Now comes Mr. William coper Stevenson, in the Outlook, to

er and larger.

"C'est le bon Syd!" eried the Frenchmen. "Schweinhund!" growled the Germans, and "Good morning!" boomed the anti-aircraft guns, filling the sky with white puffs like halos. And on came the Englishman, casual

when directly over the hotel de ville the visitor let fall a large, round object. There were frightened shrieks. "Attention!" "La bombe!" and hasty bolts indoors. But Germans and Frenchmen vilke who were served. botts indoors. But termans and Frenchmen alike who were away from the danger zone watched it descend in hypnotized silence. It landed in the middle of the street. And then—sap-

Up higher than the roofs of the buildings it bounced; and then drop-ped to bounce again. The Germans, waiting to hear the awful crash that did not come, muttered, "Some more of that American ammunition!" and stuck out their heads—but only to spy the bouncing apparition and pull them in again with exclamations of fright At last, however, the thing gave a final little bob and rolled peacefully into the ditch.

And then what shouts of laughter echoed through the streets of St. Quentin! The English airman had dropped a Rugby football. The saucy Syd, at the risk of his life, had suc-cessfully April-fooled the enemy.

## Waging War on Pests.

Every housekeeper becomes much concerned at this time of the year about the invasion of the home with such pests as roaches, bedbugs ants, fleas, moths, flies, mosquitoes and other annoying and destructive in-sects. Followinf measures for the extermination of vermin and insects

found in the home are recommended: Roaches—Coal oil is one of the best agents for the destruction of roaches and their eggs. It should be spray-ed freely into the cracks and crevices of the floors and other woodwork where they breed. Powdered borax mixed with a little sugar is also a good remedy. Cracks and crevices which are their hising places should be closed up with putty or paint. All foodstuffs should be kept under cover and crumbs carefully swept from the floor. The kitchen sink should be kept scrupulously clean, while the kitchen closets should be thoroughly

Ants-These can easily be destroyed by tracing them to their nests and pouring into them gasoline, benzine

r coul cil.

Fleas—The larvae of fleas live in floors. Cats and dogs should be kept thoroughly clean. Hot water, soap thoroughly clean. Hot water, soap and the scrub brush are very effective in destroying the pests, which hide in the crevices of the floors. Gasoline is one of the best destructive agents. Bedbugs—Spray their hiding places with a solution of corrosive sublimate (one ounce to a pint of alcohol). This substance is poisonous and should be so marked. Gasoline should be spray-

so marked. Gasoline should be sprayed freely in cracks and crevices.

Moths—Thoroughly brush and clean clothing before it is put away for the summer. Fack it in large paper bags or boxes, which should be made airtight by sealing the edges with strips of paper. Wardrobes should be free of dust and thoroughly cleaned. Naphthalene or tar balls should be freely distributed in trunks, closets and in the pockets of clothes. (Flies—Keep the garbage pail cov-

Flies—Keep the garbage pail cov-ered tightly. Fly paper freely dis-tributed will be a great help in des-troying them. A solution of potas-sium bichromate (one teaspoonful to two ounces of sugared water) or a few drops of formalin in sweetened water will kill flies, when placed where they an drink.

on drink.

Mosquitoes — Burning pyrethrum powder or sulphur will stupefy them. They fall to the floor and can be burned with the sweepings. Do not allow any water to accumulate.

3

When washing spinach put a handful of salt in the second water, which will cause the sand to sink to the bottom of the pan. Thus only three waters will be needed.



'Pat' Emerged From the Retiring day.

For several weeks after Pat's adventure at the Cafe Chic, the newspapers were filled with reports of various robberies that were baffling the authorities. The disappearance of the Jakobski pearls had been the first of a long series of unsolved mysteries. Sphinx Kelly had discussed the affair at Cafe Chic with his assistants, and reluctantly admitted that the crime had completely baffled him.

(To be continued.)

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NUGGET White Cleaner

white shoes, belts, helmets, etc. Best for bables' shees

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## Artificial Coloring of Sugar Prohibited by the Government

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The Fleet Foot trademark goes on shoes for

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Ask your dealer to show you the Fleet Foot lineyou'll find exactly what you want-and the prices

are a half, a third and even less, than equally

OR many years the Ganadian Public has been eating Artificially Colored Sugars. Government reports show that some refineries have used Ultramarine Blue to make their granulated sugar look better than it actually is. Others made use of Aniline and Vegetable Dyes to give a brilliant appearance to their soft or yellow sugars.

a notification sent to all refiners by Adulteration of Foods Act. the Dominion Government prohibit-

The use of dyes or coloring matter ing the coloring of sugar, and in cases of any kind is unnecessary in refining where it is found, prosecution pro-Cane Sugar. This is emphasized in ceedings will be entered under the

We Wish the Public to Know that we Have Never Used Coloring Matter in Lantic Pure Cane Sugar and Never Will

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others.

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Sugar NO ANILINE DYES ARE USED NO VEGETABLE DYES ARE USED

To be absolutely certain of get-ting Lantic Pure Cane Sugar, see that the Red Ball Trade-mark is on every bag or carton. It is our guaranty to you of Canada's Purest Sugar.

Trade-mark

Your grocer has Lantic Sugar in stock or will get it for you if you insist.

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