

Save your Horse

BY USING
FELLOWS' LEEMING'S ESSENCE.
IT CURES
Spavins, Ringbones,
Curbs, Splints, Sprains,
Bruises, Slips, Swellings
and Stiff Joints on Horses.
Recommended by prominent Horsemen
throughout the country.
PRICE FIFTY CENTS.

T B BARKER & SONS, LTD
ST. JOHN, N. B., Sole Props.

1840. 1903
During this period
Painkiller
(PERRY DAVIS)
Has cured millions of sickness than
any other medicine. It's the best
remedy in the world for
Cramps,
Colic,
Diarrhoea, Etc.
A household remedy.

DR WOODS NORWAY SYRUP
PINE

Heals and Soothes the Lungs and
Bronchial Tubes. Cures **COUGHS,**
COLDS, BRONCHITIS, HOARSE-
NESS, etc., quicker than any reme-
dy known. If you have that irri-
tating Cough that keeps you awake
at night, a dose of the Syrup will
stop it at once.

USED FOR EIGHT YEARS.
I have used **DR. WOOD'S NORWAY**
PINE SYRUP for every cold I have had
for the past eight years, with wonder-
ful success. I never see a friend with a
cough or cold but that I recommend it.
M. M. Ellsworth, Jacksonville, N.B.
PRICE 25 CENTS.

CONSIDER
Why it is that three students of other
schools doing similar work, have applied
to us to secure their employment. It is
simply this: They find that maritime
qualification is the standard in most
offices.
MORAL:
Attend our school and get a good
training.
KAULBACH & SCHURMAN,
Chartered Accountants.
MARITIME BUSINESS COLLEGE,
Halifax, N. S.

Beware
of the fact that
White Wave
disinfects your clothes
and prevents disease

INDIGESTION
CONQUERED BY K. D. C.
IT RESTORES THE STOMACH
IT CURES THE COLIC AND THE STOMACH DISTRESS

The Home

A TRAP TO CATCH MOTHS.

Has any housekeeper found the so-called
moth exterminators efficacious? I never
have. There are certain remedies that will
kill the older pests, but the eggs remain to
emerge from their hiding places with new
vigor in the next spring.

Why not set a trap for them, and give
them the things they like best to eat? That
is what I do, and this is my way.

I take strips of soft, old woolen dress waist
skirts, or anything old and soiled (for that is
what they like best.) Of these strips I make
soft very loose balls, and scatter them about
the room in the spring months.

They much prefer this to my carpets and
furniture, both to eat and lay their eggs in.
Try it, if you doubt it, and look at the balls
in a few weeks, they will tell their own story,
and it is no loss in pocket to drop these into
the fire.—Ex.

DO YOU KNOW

That silver, when put away, if wrapped in
unbleached muslin, will not tarnish as readi-
ly as when wrapped in other material?

That cayene pepper used around closets or
sinks is a preventive for red ants; used in
moderation in food is a help to digestion, and
used in cookies adds to their snap and tooth-
someness?

That you can make buns or rolls as fresh
as when first baked by heating them in the
oven in a paper bag?

That you have a scissors and knife sharp-
ener right at hand? Sharpen scissors by
carefully and firmly trying to cut off the
neck of a strong bottle. This sounds
ridiculous, but try it. Sharpen carving or
other knives on a stone crock or jar, back
and forth, just as you would sharpen a razor
on a strop.

MAKE THE CHILD'S PUNISHMENT FIT HIS OFFENSE.

The punishment should be proportioned to
the offense and grow out of it as a natural
consequence. A child who is lazy in the
morning and persistently late for break-
fast should be deprived, not of a proper
amount of food, but of something he particu-
larly likes and might have had if he had
been in time, as sugar on the oatmeal, or
syrup on the griddle cakes. If he has been
promised that he should go for a drive or
a walk, or some expedition, and is not ready
at the time for starting he should be left be-
hind. The bitter disappointment will teach
him, as nothing else can do as effectually,
the value of punctuality. If he is sent on an
errand and does not return promptly he
should not be allowed to taste the nice things
made with the sugar or eggs he was so long
in bringing. If his errand were of some other
nature he should be made to stay alone in
his room for as long a time as he has kept
his mother, or any one else waiting.—Nov-
ember Ladies' Home Journal.

WHERE WOMAN'S EDUCATION FAILS.

Most girls leave school lamentably igno-
rant of all that it is essential for them to know
if they are to fill in any proper fashion their
places as wives and mothers, and they find
themselves possessed of a great deal of knowl-
edge of a more or less superficial kind, which
they do not know how to turn to any prac-
tical use. Meantime little children—not
only the children of the poor and the
inevitably ignorant—are dying in great num-
bers every week because their mothers and
their nurses have not got the most elementary
knowledge which would help them to feed
them properly. The London city council and
the board schools are taking the matter up
and the latter are providing special train-
ing for girls in the feeding, clothing and
general care of young children; but so far as
I know none of the private or better schools
for girls give place to such subjects. In boys'
schools consideration is given to the proba-
ble position in life, the profession or trade
which the boy is likely to follow. It is hard
to see why, in the education of a girl her
probable future as wife and mother and mis-
tress of a home should be so entirely ignored.

Whether a woman fulfils her destiny in the
good old fashioned way or not. It is to
women that the care of the young must al-
ways be relegated, and surely they ought to
have the chance of fitting themselves for so
important a sphere.—Marguerite, in London
Sunday School Chronicle.

WILLING TO ECONOMIZE.

It is very commendable in a young daugh-
ter to be willing to help her parents by
making little sacrifices in dress and millinery
etc., when she sees that it is necessary to do
so, and to do it cheerfully and graciously
makes your parents so much happier. You
ask me to send to the Herald a few ideas
regarding the true economy, as so many
differ in the matter of dress. Is it better you
say to buy the better material and have
fewer clothes, or buy more clothing and have
them pretty, but not expensive or so good a
quality, etc. My experience is that even if
you have to economize ever so closely, you
save money in the end by getting good ma-
terials, and it is especially so in millinery. I
have made silk, velvets, plumes, flowers and
feathers do for seven years. The milliners
would freshen them up, clean them, and no
one would ever know that the trimmings
were several years' old. Get you a becoming
serviceable hat, have the material of the best
quality and economize elsewhere. It can be
done and I am sure you will save money by
this practice. One good black plume will
last for years. You ask how to clean jet
ornaments. You can clean them to look
like new with equal parts of alcohol and
water and steel ornaments with sweet oil
and dry on flannel. You can clean laces
(white laces) in a warm suds of pearline, but
baste it on a piece of cotton cloth first, and
secure it tightly around a bottle, then drop
it in the suds and rinse it in clear water and
dry it in the sun. Clean silver buckles with
liquid ammonia.—Religious Herald.

Turnover collars, dainty with fine embroi-
ery and drawn work, often with cuffs of the
same, continue to be in high favor.

The heavy laces, such as Irish crochet,
guipure, cluny, venise and others, are taking
the lead over those of lighter make for the
decoration of costumes and cloaks.

String beans, Brussels sprouts, cabbage,
asparagus and all such vegetables that are a
little wilted, are much freshened by standing
in cold water for an hour or two before cook-
ing.

HOW TO STOP CRAMP IN THE LEGS

People who are subject to cramp in the legs
should always be provided with a good strong
piece of cord, especially in their bedroom.
When the cramp comes on take the cord,
wind it round the leg over the place where
it is cramped, take an end in each hand and
give it a sharp pull, one that will hurt a little,
and the cramp will cease instantly. Peop-
e much subject to cramp in bed have found re-
lief from wearing on each leg a garter of wide
tape, on which several thin slices of cork (cut
off a wine bottle cork) stitched on to it.

The need of a lead pencil caused a lady
who rode in a Cambridge car the other day
no small embarrassment. She sat running
over her shopping-list, when suddenly she
thought of something to add to it. She look-
ed in her pocket-book and ransacked all its
divisions, card-case and all, but no pencil did
she find. Modestly she hesitated about ask-
ing her neighbors, but with a quick resolve
she finally leaned toward a gentleman seated
by her and, holding up her list, said loud
enough for those in adjacent seats to hear:
"Excuse me, sir, may I borrow your necktie a
moment?" The gentleman's astonishment
was expressed in his silent facial contortions,
until the lady reddened deeply. "My necktie,
madam?" he replied, with arched eyebrows.
"Didn't I say 'pencil'?" she asked. And then
everybody, grinning behind newspapers, knew
what the lady added to her list.—Exchange.

FIRST AID TO THE INJURED
POND'S EXTRACT
FOR BURNS, SPRAINS, WOUNDS, BRUISES OR ANY SORT OF PAIN.
Used Internally and Externally.
CAUTION! Avoid the weak watery Which
Herald preparations, represented to be "the
same as" Pond's Extract, which easily sour
and often contain "wood alcohol" an irritant
externally and, taken internally, a poison.

Isaac Pitman's Shorthand
The Best and Fastest in Existence.

Exclusive use of the two best and most
up-to-date systems of business practice—
one of them devoted to advanced account-
ing methods.

Everything else tuned up to the same
standard of excellence.

The fact that we have never made a
promise we have not kept.

These are some of the reasons for our
success.

No summer vacations.
Students enter any time.
Send for Catalogue.

THE ST. JOHN BUSINESS COLLEGE
S. Kerr & Son
Oddfellows' Hall

—A—
BRECHE A MANON
LADY
TELLS OF HER EXPERIENCE
WITH

DOAN'S KIDNEY PILLS
The Great and Well-Known Kidney Specific
for the Cure of all Kidney
and Bladder Troubles.

Mrs. P. Bertrand, Breche A Manon,
Que., writes:—I think it nothing but
right for me to let you know what
DOAN'S KIDNEY PILLS have done for
me. For five months I was badly troubled
with a sore back, and such severe pains
in my kidneys that I could scarcely walk
at times. I got a box of **DOAN'S KID-**
NEY PILLS, and before I had them half
taken I was greatly relieved, and with
another box I was completely cured. I
cannot help but give them all the praise
I can, and will never fail to recommend
them to all kidney sufferers.

DOAN'S KIDNEY PILLS.
are 50c. box, or 3 for \$1.25; all dealers or
The Doan Kidney Pill Co., Toronto, Ont.

COWAN'S
Cocoa and Chocolate.

They are the choicest of all.
Try them

MILBURN'S
HEART
AND
NERVE PILLS
FOR
WEAK
PEOPLE

These pills cure all diseases and dis-
orders arising from weak heart, worn out
nerves or watery blood, such as Palpita-
tion, Skip Beats, Throbbing, Smothering,
Dizziness, Weak or Faint Spells, Anæmia,
Nervousness, Sleeplessness, Brain Fog,
General Debility and Lack of Vitality.
They are a true heart tonic, nerve feed
and blood enricher, building up and
renewing all the worn out and wasted
tissues of the body and restoring perfect
health. Price 50c. a box, or 3 for \$1.25,
at all druggists.