## MESSENGER AND VISITOR.

## The Farm.

### Plenty of Good Food.

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There is no mistake about it, but people who work on a farm must have plenty of well cooked food. Their exertions are so great that the repair of their bodies will not exceed the waste if this is not the case.

The meanest farmer's wife I ever knew (and she did'nt know she was mean, for she thought she was doing her religious duty in helping her husband save) half cooked the food, so the farm hands wouldn't eat so much. Her bread must not be too light or flaky, or it disappeared too fast, and it was such economy to oversalt the butter, as it not only added to the weight, but made it impossible to use so much on the bread. All the milk drank must be skimmed, and if the meat and vegetables are underdone they, were not tender enough to be eaten up too fast.

Well, it so happened that one summer this woman had taken sick and had to farmer's wife in nice house-keeping, but she was a good cook.

The first day the men drew their chairs around the accustomed fare for Mondaycorn bread and butter, boiled salt pork, potatoes and fried apples-and the way those men ate told how much they were enjoying their meal. Nearly everything was swept clean, but the men left the table in an hilarious mood and attacked the afternoon's work as never before. And so it was with everything Mary cooked. Her greatest trouble was to cook enough to supply the demand. When the farmer's wife got so she

could come out into the kitchen she watched the cooking going on in some surprise, and in a burst of confidence that night told her husband that they would surely go to rack and ruin, as Mary was the most extravagant cook she ever knew.

"Oh no, I guess not," said her husband, soothingly. "She never throws anything away, but makes it over in some inviting I really think she has the art of way. cooking down fine, though she can't come anywheree near to you in giving those dainty touches to everything that makes life so comfortable and homelike."

"But, James," pleaded his wife, "I actually caught her frying apples in butter and sifting sugar over them, and she puts eggs and shorteniug in cornbread and boils and boils the pork until there is scarcely any left of it."

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Well, never mind, wife ; I guess we can afford it. We raise nearly everything ourselves, and I never got so much work out of the men in my life before, and not one has mentioned leaving since Mary has been here. We would consider it very poor policy to half-feed our stock ; then how much more so to underfeed human beings. "

"Well, just as you say, James; but you'll see how we will come out of the small end of the horn at the end of the year."

But strange to relate, when the day of reckoning came, and the farmer's wife said they were \$200 out of pocket on account of her sickness and the hiring of a girl. the farmer declared that he had never had such good crops before, and that he was a good \$500 in pocket. "And, Anna," he continued, "I think we had best keep that woman another year. There is too much work for you. We've been a little stingy about feeding our hands heretofore, but it doesn't pay. Our hired girl has taught us the lesson."-(Mrs. A. E. C. Maskell.

#### \* \* Scrub Diarymen.

We hear much of scrub cows and scrub stock of other kinds, and farmers are urged to get rid of such with all possible speed, as though this were all that is necessary to improve our herds. But is it not a fact that scrub cows result from scrubby treatment? If so, we need to improve our methods of handling cows before we can expect to make much progress in improving them.

Whether a diaryman is a scrub or a pure bred will be told by his herd. If he is a 

## Cattle Disease in Argentina-

The authorities in Argentina are natural-ly much concerned at the outbreaks of foot are adopting vigorous measures for its and porcession. Herds are being slaughtered and burned in some cases, and isolated in others, and movements of animals are feared, however, that the disease is too yind the chances are that it will run all over beared, however, that the disease is too yind the chances are that it will run all over beared, however, that the disease is too yind the chances are that it will run all over beared, however, that the disease is too yind the chances are that it will run all over beared, however, that the disease is too yind the chances are that it will run all over beared in some cases, and the disease of the disease for fear of the loss that a de-plant and and the the statement of the states that as long ago as been account states that as long ago as been acle were suffering the disease. -(how Standard. The authorities in Argentina are natural-

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Watch the Skin and Eves!

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that guarantee a long and happy life. No other remedy in the world has ever done such a true and noble work for suffering

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