

portions, one of which I gave every eight hours for three days. I then altered the diet of my patient, which, up to this time, had been very abstemious, to one more nourishing, and in a very few days he was perfectly free from rheumatism. From the many experiments which I have made in this manner, on the disease in question, I am fully convinced that if the Caledonia Spring Water is not a specific for acute Rheumatism, it is a most powerful agent in freeing the system from that disease. I kept my patient clothed in flannel.

I am myself subject to acute Rheumatism, and cure myself exactly by the means above mentioned. I would here remark that in thirteen cases this mode of treatment has succeeded to the perfect satisfaction of both patient and physician.

*“Dyspepsia.”*—In five cases of Dyspepsia, what I conceived to be the occasional cause being first removed, I gave a blue pill at night. Fifteen hours after, I gave a bottle of the Saline Water, which cleared the “prima via.” During the day, the patient took light diet only. At night I gave another blue pill, and followed it in the morning with another bottle of the Saline Water; after which, I gave a dose of sulphate de quinine, once in eight hours, with half a tumbler of the Gas Spring Water between each of the doses of quinine. Under this mode of treatment, I had the pleasure of seeing my patients all recover rapidly. As soon as they could ride in a carriage, I encouraged them to do so almost constantly.

“I am now trying the water on seven different diseases, and I think with great advantage, the success of which