The Spectator.

ST. LAURENT COLLEGE, near Montreal, January 18, 1892.

----0----

Published semi-monthly during the session, contains select Poetry, Essays, Biographical Sketches; also short articles on Periodicals, New Publications, Art, Science, Literature, Editorials on the current topics of the day, Notes of the local items of the College, also Personals relative to the whereabouts and business of the Alunni. Students, parents and graduates are carnestly requested to contribute to the financial support of The Spectator.

Terms per annum, \$1.00 in advance. Postage pre-

paid.

All communications must be addressed to The Spectator, St. Laurent College, Montreal.

(Subscribers who do not receive their papers regularly will please notify The Spectator.)

Examination is drawing near, and in one week, at most, will be ushered in the much dreaded hour. Yet, in those few days it is surprising what progress may be made in preparation for the coming trial. Urged on by fear to a certain extent, and by a praiseworthy emulation, the student concentrating all his energy accomplishes more in those few remaining days than he would otherwise do in months. That this review is extremely advantageous is a fact undoubted; but it is certainly, much more profitable to some than to others. There are many, many more than there should be, who fail, even in this last opportunity, to apply themselves cheerfully to study. These not only do themselves injustice, but they likewise do their parents and the college a wrong. Let then all, and particularly these, use the few remaining moments well; for those who have spent hours idly may regain, in a measure, their lost time, while the others who have always worked conscientiously will be better pleased with themselves. Let every one, then, work earnestly, that, after the examination is past, he may be able to felicitate himself on his success.

How few there are who think of the great advantages of early rising, of the influence which it exerts over our lives, of the health and strength that it gives us, and of the pleasure which it affords to every lover of nature. To rise in the early light of the dawn and see the blushing aurora usher in the newborn day surrounded by all the gorgeous tints of a thousand rainbows, to behold the flowers

opening their dewy potals under the nourishing influence of the sun's warm rays, and to breathe the fresh, perfume-laden air in sweet tranquillity,-what great happiness for us, poor children of Eve? The mental stimulus and bodily vigor which this practice imparts to men cannot be too highly appreciated. The mind freshly roused from repose is unoccupied, and can be devoted, with the greatest readiness, to almost any task. Those only who have accustomed themselves to this useful habit are aware of the vast amount of labor that can be accomplished before the rest of the world has awakened from its slumber. Many of the greatest personages in the world's history have been early risers, and as an instance of the high estimate that was formed of them we have only to quote the words of Voltaire when asked why he did not make much headway against the Jesuits: "What can I do," said he, "against men who get up at four in the morning?" Poor Richard has a maxim that runs.

> "Early to bed, early to rise, Makes a man healthy, wealthy and wise."

Health which once in jeopardy leaves you at the tender mercies of the physician, wealth for which men toil on year after year, and wisdom, the gift of the Omnipotent, are blessings of inestimable value. Yet all these can be obtained by strict adherence to a simple and useful practice which will act for you the part of a never-failing beacon light that will guide you onward over the pathway of life, if not brilliantly, at least successfully, so that in after days, when perhaps advanced in years, you can look back at an active and industrious career well spent in the service of your Maker and your fellow-men.

Of the immense number of professional men now practicing in America a great many, and, we may say, the greater portion, have never devoted their attention to philosophical studies; and have commenced their careers, deficient in the sound principles of that noblest and grandest part of laical learning. To this, in a great measure, must be attributed the fact that there are so many men ill-adapted to fulfil well and faithfully the duties incumbent upon their spheres of life, and wofully ignorant of their own incapacity to labor successfully. A few brief years spent in acquiring a superficial knowledge of Latin and Greek, a still shorter time passed in gathering together a learned yet confused mass of technical terms, and our confident and voluble American student is prepared to receive the admiration of this world. This is not as it should be;