HOME READINGS.

Mission of John the Baptist. Mark 1, 1-11,

Mission of John the Baptist. Mark 1, 1-11 Porgiveness and healing. Mark 2, 1-12, Parable of the sower. Mark 4, 10-20. The timid woman's toucn. Mark 5, 25-34. Jesus the Messiah. Mark 8, 37-43. The child-like spirit, Mark 9, 33-41. Carist's love to the young. Mark 10, 13-22.

GOLDEN TEXT.

And be not drunk with wine, wherein is excess; but be filled with the Spirit. Eph. 5. 18.

LESSON HYMNS.

No. 3, Dominion Hymnal.

Come, let us join our cheerful songs With angels round the throne.

No. 253, Dominion Hymnal

Let him to whom we now belong His sovereign right assert.

No. 239, Dominion Hymnal

See, the Church of Christ arises. Smile or frown of man despises,

TIME .- 64 A. D.

PLACE,-Written at Rome. RULER. -Nero, emperor.

CIRCUMSTANCES. -Paul a prisoner.

DOCTRINAL SUGGESTION. -Self-control.

QUESTIONS FOR SENIOR STUDENTS.

1. Wise.

What advice concerning conduct does the apostle give to the Ephesian Christians? Where was Ephesus?

What connection had Paul bad with it in the past?

Acts 19, 1-19. Against what evil did Paul have to repeatedly warn

Against what evil did Fail have to repeatedly warn Roman Christians or those in cities under Ro an sway? What made the days of Paul's imprisonment in Rome evil days? (See any history of persecution under Nero.)

2. Temperate.

In what way did he counsel to show wisdom?

On what ground does he put his opposition to drunk enness?

Has the condition of things changed at all? Why ought all Christians now to advocate temper-

ance as a duty? Does the apostle imply that there can be no such thing as spiritual fullness where excess from drinking

3. Thankful.

How was temperance as a principle to affect their conversation?

In place of songs to Diana and Bacchus in drunken revels what does he counsel?
What was to be the constant attitude of their heart?

Through whom was their thanksgiving to be rendered?

How was it to manifest itself in their mutual life?

Practical Teachings.

A man is known by his walk in the street, as well as A man is known by his walk in the street, as well as by his word. The dranken man shows it in his walk; old age is shown by its walk cle.

So accurate is the word it becomes a figure for conduct, A man's character is known by his conduct. Walk therefore wisely.

The attitude of all morality is against excess. The attitude of all morality is against excess. The attitude of God sword.

The attitude of God sword.

QUESTIONS FOR INTERMEDIATE SCHOLARS.

t. Wise, v. 15-17. How should Christians walk? What is it to redeem the time? In what should we be wise?

How may we know the will of the Lord? 2. Temperate, v. 18, 19.

What are contrasted in this verse? Against what are we warned? What reason is given for this warning? What is said of drinking in Rom. 13, 13? Name some evils from the use of strong drink. With what should we be filled?

3. Thankful, v. 20, 21.

How may we show our thankfulness? For what should we give thanks?

What is said in Phil. 4, 6? What does Isa, 63. 7 tell us to mention?

Teachings of the Lesson.

Where are we told in this lesson-

1. How to live?

3, What to give?

Home Work for Young Bereans.

Find the first instance of drunkenness in the Bible. What is said of the drunkards of Ephraim? How we know that John the Baptist was a total abstainer.

QUESTIONS FOR YOUNGER SCHOLARS.

What is it to walk circumspectly? To walk carefully. Who show themselves foolish? Those who live careless lives.

What is time given us for? To use for God.
Whatare we told to do? To redeem the time.
What does this mean? To make the most of our opportunities What must we try to understand? The will of the

Lord. aat will hinder our understanding God's will? The

drinking of wine. What does this lead to? Evil of all kinds.

With what should we be filled? With the Spirit. How may we praise our God? By singing and speaking our joy.

For what should we give thanks? For all things.
Whom should we thank? Our Father, in the name of Jesus. What will the right spirit lead us to do? To be obe-

dient to rightful authority. Who may be filled with the right spirit? All who desire and ask it.

Words with Little People.

The Spirit of Alcohol makes people foolish, careless, reckless, and evil. The Spirit of Jesus makes people thoughtful, wise, reasonable, and good. "Take not thy Holy Spirit from me."

ANALYTICAL AND BIBLICAL OUTLINE Model Christians.

I. THOUGHTFUL CHRISTIANS.

Walk circumspectly ... us wise. v. 15.

Ponder the path of thy feet." Prov. 4. 26.

II. ACTIVE CHRISTIANS.

Redeeming the time. v. 16:

"Must work while it is day." John 9. 4. III. INTELLIGENT CHRISTIANS.

Not unwise, but understanding. v. 17.

"In all wisdom and understanding." Col. 1, 9.

IV. TEMPERATE CHRISTIANS.

Be not drunk with wine. v. 18.

"Take heed to yourselves ...drunkenness." Luke 21, 34,

V. SPIRITUAL CHRISTIANS.

Be filled with the Spirit. v. 18.

Heavenly Father give . . . Spirit." Luke 11. 18. VI. HAPPY CHRISTIANS.

Singing and making melody. v. 19.

"My heart is fixed . . . I will sing." Psa. 57. 7, 8.

VII. THANKFUL CHRISTIANS. Giving thanks always. v. 20.

"I will bless the Lord at all times." Psa. 34.1.

References. FOSTER'S CYCLOPEDIA. Ver. 15: Prose, 300, 301, 1845, 3510, 3511, 4250, 7302, 8128, 8132, 9895. Ver. 16: Prose, 260, 1786, 3142, 4146, 4809, 4810, 4812. Ver. 18: Prose, 1669, 3342, 5483: 5484. Ver. 19: Prose, 425, 4512, 4515, 4694, 7060, 11052, 11657, 11659, 11728.