Everybody knows that Cod Liver Oil is a wonderful

flesh producer, IF you can take it. Nobody doubts that Iron is the greatest enricher of

the blood, IF you can digest it. It is well known that Phosphorus is the ideal nerve and brain tonic, IF it is properly administered.

"IF." ah! there's the rub. But everybody does not know that Cod Liver Oil, Iron and Phosphorus have at last been combined in an emulsion so palatable that anybody can take it, so easily assimilated that the smallest infant can digest it without difficulty and so perfectly and scientifically prepared that the value of the original ingredients is enhanced fourfold.

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"FERROL" is the only perfect emulsion of Cod Liver Oil, because it is the only one that contains IRON and no emulsion is perfect without it. That is why FERROL is an unequalled system

FERROL'is not a patent mystery. The formula is freely published. It is prescribed by the best Physicians. It is endorsed by the most eminent Medical Journals. It is used in the prominent Huspitals, Sanitariums, etc.

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HEWSON BANNOCKBIRNS are all pure wool, what wears. You will be pleased with our new Scoth designer's efforts. Insist on seeing the Hewson trade mark on every piece you by.

# Always Remember the Full Name Laxative Bromo Quinine Cures a Cold in One Day, Grip in Two.

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Ladies' and Gents' CLOTHS "You are really very clever, Mr. Jenks," said Iris, with childlike candor.

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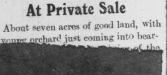
OVER COCHRANS SHOE STORE.

EMPIRE LINIMENT CO. Sirs,-This is to certify that I have used your EMPIRE LINEMENT

histemper, and found it to do excellent work in reducing the welling and removing all inflammation from head throat, making a complete in a few days; and I wo EMPIRE LINIMENT

the market.
HOWARD L. ABBOTT. Hantsport, N. S.

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three years preparation, "Revolutionizes the" ing of Shorthand." "Only forty (40) lessons. Words and sentences in first lesson. Businletters in seventh lesson. Our students are delighted with it and are making





The Wings of the Morning By Louis TRACY
Copyright, 1963, by Edward J. Clode

TER VI.—Continued. He mapped the locks and squifted "You will like my father when you down the barrels of balf a dozen to test them. These he laid on one side. meet him. He is the very best man alive, I am sure."

Then he rapidly constructed a small raft from loose timbers, binding them roughly with rope, and to this argosy he fastened the box of tea, the barrels of flour, the broken saloon chair and other small articles which might be of use. He avoided any difficulty in launching the raft by building it close to the water's edge. When all was ready the rising tide floated it for him. He secured it to his longest rope and gave it a vigorous push off into the lagoon. Then he slung four rifles across his shoulders, asked Iris to carry the remaining two in like manner and began to maneuver the raft landward.

"While you land the goods I will "Please be careful not to slip on the rocks," he said. "I am concerned about the rifles. If you fell you might damage them, and the incoming tide will so hopelessly rust those I leave behind that they will be useless."

"I will preserve them at any cost, though with six in our possession there is a margin for accidents. However, to eassure you, I will go back quickly." Before he cold protest she started off at a run, jumping lightly from rock to rock. Disregarding his shouts, she per-severed until she stood safely on the

sands. Then, saucily waving a farewell, she set off toward the cave. Had she seen the look of fierce despair that settled down upon Jenks' face as he turned to his task of guiding the raft ashore she might have wondered what it meant. In any case she would certainly have behaved dif-

By the time the sailor had safely landed his cargo Iris had cooked their midday meal. She achieved a fresh culinary triumph. The eggs were fried! "I am seriously thinking of trying to boil a ham," she stated gravely. "Have you any idea how long it takes to cook "A quarter of an hour for each

"Admirable! But we can measure neither hours nor pounds."
"I think we can do both. I will Then, with a ham slung to one end and a rifle and some cartridges to the other, I will tell you the weight of the ham to an ounce. To ascertain the time I have already determined to fashion a sundial. I remember the requisite air of authority, the very way you divisions with reasonable accuracy,

and a little observation will enable us to correct any mistakes." "You are really very clever, Mr. "Have you spent several years of your life in preparing for residence on a

a queer kind of existence, full of useess purposes. Fate has driven me into a corner where my odds and ends of knowledge are actually valuable. Such accidents make men millionaires." "Useless purposes!" she repeated. "I can hardly credit that. One uses such a phrase to describe fussy people, alive my would not place you in such a

"My worst enemy made the phrase "You mean that he ruined your ca-No person shall shoot roose on Cape reer?"

scribes the position with fair accura-The neck and four lgs shall be

rought in with the more meat that "Was he a very great scoundrel?" Caribou and Det. No person shall kill . Cazibou o Deer before October 4, 140.

The Game Lws.

Breton Island before Octoer.1, 1915.

Beaver.

Rabbits, Hare

Birds.

Woodcock, Snipe, Teal, Be-winged

Partriages, close season Nyember

8550 OME

Duck. Wood Duck, close sean Marc

to August 20.

is to be sold.

ember 1.

"He was and is."

Jenks spoke with quiet bitterness. The girl's words had evoked a sudden flood of recollection. For the moment he did not notice how he had been trapped into speaking of himself, nor did he see the quiet content on Iris' Cannot be killed at anytime: penal face when she elicited the information that his chief foe was a man. A certain tremulous hesitancy in her man-Close season from Math 1 to No ner when she next spoke might have warned him, but his hungry soul caught only the warm sympathy of her No snare for rabbits tall be set words, which fell like rain on parched rom February 1 to Novemer 1.

"You are tired," she said. "Won't Mink. you smoke for a little while and talk Close Iseason March 1 o Novem

He produced his pipe and tobacco. Other Fur Bearing Annals. "That is a first rate pipe," she de-clared. "My father always said that a Close season April 1 to Nyember 1 There is no protection fo the Bear, straight stem, with the bowl at a right Wolf 'Loupcervier' Wild Ct, Skunk, Mesquash' Raccoon, Fox, loodchuck angle, was the correct shape. You evi-"dently agree with him." and Weasel. , Di d bi wisks.

## **CURED HIS WIFE** of LA GRIPPE ill October 1; so partridge can be hot only in October in each ear.

Quebec Man tells how the Great Consumptive Preventative was an all-round Benefit

"My wife took La Grippe when she was in Ottawa," says R. N. Dafoe of Northfield Farm, Que., in an interview. "She got a bottle of Psychine and after using it for a few days she was quite well. I took a cold and am using it and am getting all right. I think Psychine is one of the best tonics on the market to-day." on the market to-day."

There you have the whole matter in a nutshell. La Grippe and colds are among the forerumers of consumption.

This manhad one, his wife had the other. Psychine not only cured both but it ruilt them up so that their bodies are strong enough to resist disease. All seeds of comsumption are killed by

50c. Per Bottle Larger elzes it and 82-all drugglets. DR. T. A. SLOCUM, Limited, Toronto,

"You two are great friends, then?" "Great friends! He is the only friend I possess in the world."

"What! Is that quite accurate?"
"Oh, quite. Of course, Mr. Jenks, I can never forget how much I owe to you. I like you immensely, too, although you are so-so gruff to me at times. But-but-you see, my father and I have always been together. I have neither browner nor sister, not even a cousin. My dear mother died some horrid fever when I was quite a little girl. My father is everything to me."

"Dear child!" he murmured, apparently uttering his thoughts aloud rather than addressing her directly. "So you find me gruff, eh?" "A regular bear when you lecture me. But that is only occasionally. You can

be very nice when you like, when you forget your past troubles. And pray, why do you call me a child?" "Have I done so?" "Not a moment ago. How old are you, Mr. Jenks? I am twenty-twenty

last December." "And I," he said, "will be twentyeight in August." "Good gracious!" she gasped. "I am very sorry, but I really thought you were forty at least."

"I look it, no doubt. Let me be equally candid and admit that you, too, show your age markedly." She smiled nervously. "What a lot of trouble you must have had to-toto give you those little wrinkles in the ners of your mouth and eyes," she

"Wrinkles! How terrible!" "I don't know. I think they rather suit you. Besides, it was stupid of me exposure to the sun creates wrinkles, and you must have lived much in the open air."

"Early rising and late going to bed are bad for the complexion," he declared solemnly manage to exist," she said. "They never seem to get enough sleep, in the east at any rate." "So you assume I have been in the army?"

"I am quite sure of it." "Your manner, your voice, your quiet

walk, all betray you." "Then," he said sadly, "I will not attempt to deny the fact. I held a commission in the Indian staff corps for nine years. It was a hobby of mine Miss Deane, to make myself acquaint ed with the best means of victualing my men and keeping them in good "Something of the sort. I have led health under all sorts of fanciful conditions and in every kind of climate, especially under circumstances when ordinary stores were not available. With that object in view I read up every possible country in which my regiment might be engaged, learned the local names of common articles of food and ascertained particularly what provision nature made to sustain life. ing the Sudan campaign, it was really

"Tell me about it." "During some operations in the desert it was necessary for my troop to fol-"Well-er-yes. I suppose that de- low up a small party of rebels mounted on camels, which, as you probably know, can go without water much longer than horses. We were almost with-in striking distance when our horses completely gave out, but I luckily noficed in cartons which showed that there was water beneath a portion of the plain much below the general leve was right. We took up the pursuit

I got my captaine "Was there no fight?" He paused an appreciable time be-fore replying. Then he evidently made up his mind to perform some disagree-able task. The watching girl could see the change in his face, the sharp

transition from eager interest to angry "Yes," he went on at last, "there was a fight. It was a rather stiff affair, because a troop of British cavalry which should have supported me had turned back owing to the want of water already mentioned. But that dir not save the officer in charge of the Twen ty-fourth lancers from being severely

reprimanded." "The Twenty-fourth lancers!" cried Iris. "Lord Ventnor's regiment!" "Lord Ventnor was the officer in Her face crimsoned. "Then you

know him?" she said. "I do."

"Is he your enemy?" "And that is why you were so agitated that last day on the Sirdar, when poor Lady Tozer asked me if I were

"Yes." "How could it affect you? You did not even know my name then?"
"It affected me because the sudden mention of his name recalled my own disgrace. I quitted the army six months ago, Miss Deane, under very painful circumstances. A general court martial found me guilty of conduc

unbecoming an officer and a gentle-man, I was not even given a chance to resign. I was cashiered."

He pretended to speak with cool truculence. He thought to compel her into shrinking contempt. Yet his face blanched somewhat, and, though he endily kept the pipe between his eth and smoked with studied unconcern, his lips twitched a little. And he dared not look at her, for the girl's wondering eyes were fixed upon

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him, and the blush had disappeared as quickly as it came. "I remember something of this," she said slowly, never once averting her gaze. "There was some gossip

You are Captain Robert Anstruther?"

"Who was to blame?"

"And you publicly thrashed Lord Ventnor as the result of a quarrel about a woman?"
"Your recollection is quite accurate."

"The lady said that I was." "Was it true?" Robert Anstruther, late captain of Bengal cavalry, rose to his feet. He preferred to take his punishment stand-

"The court martial agreed with her, Miss Deane, and I am a prejudiced witness," he replied.
"Who was the—lady?" "The wife of my colonel, Mrs. Costo-

Long afterward he remembered the agony of that moment and winced even at the remembrance. But he had decided upon a fixed policy, and he was not a man to flinch from consequences. Miss Deane must be taught despise him, else-God help them both-she raight learn to love him as he now loved her. So, blundering toward his goal, as men always blunder where a woman's heart is concerned, he blindly persisted in allowing her to make such false deductions as she chose from his words.

measure of self control.
"I am glad you have been so candid, but he broke in abruptly:

wouchsafe in reply. He started vio-lently, seized the ax lying at his feet and went straight among the trees, that she might not see the tears in his

As for the girl, she began to scour ergy and soon commenced a song. Considering that she was compelled to constantly endure the company of a degraded officer, who had been expelled surprise for the next day by preparing some tea, provided she could surrepti-

CHAPTER VII.

EFORE night closed their third day on the island Jenks managed to construct a roomy tent house, with a framework of house, with a framework of sturdy trees selected on account of their location. To these he nailed or tied crossbeams of felled saplings, and the tarpaulins dragged from the beach supplied roof and walls. It required the united strength of Iris and himself to haul into position the heavy sheet that topped the structure, while he was compelled to desist from active building operations in order to fashion a rough ladder. Without some such contrivance he could not get the topmost supports adjusted at a sufficient

however, is painfully leaky and drafty oncoction of that tree there."

"Because it is quinine, not made ap in nice little tabloids, but au naturel. It will not be a bad plan if we prepare a strong infusion and take a small quantity every morning on the excellent principle that prevention is better



package of Scott's Emulsion The man with a fish on his back for it. Nothing better for lung throat or bronchial troubles in

We'll send you a sample free.

made these two much better friends. With more complete acquaintance

there was far less tendency toward certain passages which under ordinary conditions could be construed as nothing else than downright flirtation.
Thenceforth for ten days they labored finding the long hours of sunshine all ical exertion of scrambling over the too short for the manifold tasks demanded of them, yet thankful that the their normal relations. night brought rest. The skilor made out a programme to which he rigidly adhered. In the first place, he com- selves in a delightfully secluded and pleted the house, which had two com- tiny bay, sandy, tree

sign on Summit rock, the small cluster | the sea. If you look at the smooth riof bowlders on top of the cliff. His band of water out there you will pering shear-legs he at last succeeded in lifting the masts into their allotted receptacles, where they were firmly se- ceived traces of the turtle which cured. Finally he was able to swing into air, high above the tops of the neighboring trees, the loftiest of which he felled in order to clear the view on

fashioned in six foot letters nailed and

spliced together in sections and made from the timbers of that ill fated ves-

Meanwhile he taught Iris how to

weave a net out of the strands of unraveled cordage. With this, weighted

each morning amid the ashes of any

the rock behind which he placed her

for shelter while he searched for water.

For a moment the recollection of their

enfortunate companions on board ship

brought a lump into her throat and

at a full cup of the pitcher plant which had so providentially relieved their

"Oh, why did you do that?" pouted

"Very well," he answered, "you can

plant of its kind on the island."

of most useful nails.

by bullets, he contrived a casting net

Iris was the first to regain some

"Jenks, if you please, Miss Deane; Robert Jenks. "Certainly, Mr. Jenks. Let me be equally explicit before we quit the subject. I have met Mrs. Costobell. I do not like her. I consider her a de ceitful woman. Your court martial might have found a different verdict had its members been of her sex. As for Lord Ventnor, he is nothing to me. It is true he asked my father to be permitted to pay his addresses to me, but my dear old dad left the matter wholly to my decision, and I certainly never gave Lord Ventnor any encouragement. I believe now that Mrs. Costobell lied and that Lord Ventnor lied when they attributed any dishonorable action to you, and I am glad that you beat him in the club. I am quite sure

Not one word did this strange man

from the service with ignominy, she was absurdly contented. Indeed, with quickly threw all care to the winds and devoted her thoughts to planning a

and caught a lot of small fish in the lagoon. Among the fish caught they hit upon two species which most resembled whiting and haddock, and these turned out to be very palatable and wholesome. Jenks knew a good deal of botany and enough about birds to differentiate between carnivorous species and those fit for human food, while the salt in their most fortunate supply of hams endered their meals almost epicurean From the rusty rifles on the reef Jenks brought away the bayonets and secured all the screws, bolts and other small odds and ends which might be serviceable. From the barrels he built a handy grate to facilitate Iris' cook-

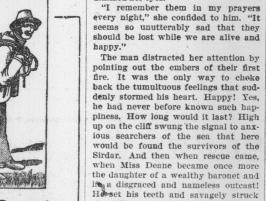
Although the edifice required at least

ately. This the sailor would not hear of. time they had given names to all the chief localities. The northerly promonof.

"In the cave," he said, "you are absolutely sheltered from all the winds solutely sheltered from all the winds solutely sheltered from all the winds solutely sheltered from all the winds ape; the western, Europa point; the portion of the reef between their habsolutely sheltered from all the winds ape; the western, Europa point; the first wild rush to steady the vessel after the propeller was lost. Masts, after the propeller was lost. Masts, after the propeller was lost. at present. When asleep, the whole body is relaxed, and you are then most reef. The flat sandy passage across the open to the attacks of cold or fever, in island, containing the cave, house and which case, Miss Deane, I shall be re-luctantly obliged to dose you with a the extensive stretch of sand on the southeast, with its guard of broken

He pointed to a neighboring cinchoreefs, was at once dubbed Turtle na, and Iris naturally asked why he selected that particular brand. mmense number of green turtles were paying their spring visit to the island to bury their eggs in the sand. The two began their tour of inspec tion by passing the scene of the first desperate struggle to escape from the

The girl laughed. Curiously enough, the lifting of the



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we place this label on every is our trade-mark, and it is a guarantee that Scott's Emulsion will do all that is claimed infant or adult. Scott's Emulsion is one of the greatest fleshbuilders known to the medical

SCOTT & BOWNE, CHEMISTS.

A harmless incide t, a kindly and Jenks' unwonted il humor-for the passage of days had driven from his face all its harshness and from his unceasingly, starting work at daybreak and stopping only when the light failed.

At last they reached the south side

partments—an inner room, in which Iris on three sides by cliffs and rocks. slept, and an outer, which served as a shelter for their meals and provided a lovely spot, a perfect Smugglers' cove!" bedroom for the man.

Then he constructed a gigantic sky the answering comment, "but open to

chief difficulty was to hoist into place | ceive a passage through the reef. A the tall poles he needed, and for this purpose he had to again visit Palm no place for sharks, Miss Deane, but no place for bathers." Tree rock in order to secure the pulley.

By exercising much ingenuity in devisting the coral strewn south beach, with its

swarmed in the neighboring sea.
"Delicious eggs and turtle soup!" he announced when Iris asked him why he was so intently studying certain all sides, the name of the ship Sirdar, marks on the sand, caused by the great Its to the breeding ground.

"If they are green turtle," he continued, "we are in the lap of luxury. They lard the alderman and inspire the poet. When a ship comes to our assistance I will persuade the captain to freight the vessel with them and make my fortune."

"I suppose, under the circumstances. you were not a rich man, Mr. Jenks,"

said Iris timidly.
"I possess a wealthy bachelor uncle who made me his heir and allowed me four hundred a year, so I was a sort of Croesus among staff corps officers. When the smash came he disowned me by cable. By selling my ponies and my other belongings I was able to walk out of my quarters penniless, but free

"And all through a deceitful wo

"Yes." She ventured a further step. "Was she very bad to you, Mr. He stopped and laughed-actually

roared—at the suggestion.
"Bad to me!" he repeated. "I had othing to do with her. She was humougging her husband, not me. Fooi hat I was. I could not mind my own

So Mrs. Costobell was not flirting with the man who suffered on her account. It is a regrettable but true statement that Iris would willingly have hugged Mrs. Costobell at that mo-

eyes were fixed on their immediate surroundings, but Iris gazed dreamily ahead. Hence it was that she was the "A boat! See, there! On the rocks!"

There was no mistake. A ship's boat was perched high and dry on the north side of the cape. Even as they scrambled toward it Jenks understood how it had come there. When the Sirdar parted amidshins the after section fell back into the

depths beyond the reef, and this boat

must have broken loose from its davits and been driven ashore here by the force of the western current Was it intact? Could they escape? Was this ark stranded on the island for their benefit? If it were seaworthy,

whither should they steer-to these is lands whose blue outlines were visited on the horizon? These and a hundred other questions ing operations, and a careful search coursed through his brain during the burned wreckage accumulated a store race over the rocks, but all such wild lie yet ac- | when they reached the craft for the

two more days of hard work before it would be fit for habitation Iris wished to take up her quarters there immeditely reached the cast line. By this limit they reached the craft, for the world hard the whole of the lower time to devote one afternoon to a complete survey of the coast line. By this But there were stores on board. But there were stores on board. Jenks remembered that Captain Ross sails, oars, seats—all save two water casks—had gone, but Jenks, with eager hands, unfastened the lockers, and here he found a good supply of tinned meats and biscuits. They had barely recovered from the excitement of this find when the sailor noticed that behind the rocks on which the craft was full of salt water, replenished and freshened by the spray of every gale-and completely shut off from all sea-

## A Woman's Back

ward access.

clutch of the typhoon. Iris would not be content until the sailor showed her weaknesses and falling, or other displaceweaknesses and falling, or other displacement, of the pelvic organs. Other symptoms of female weakness are frequent headache, dizziness, imaginary specks or dark spots floating before the eyes, gnawing sensation in stomach, dragging or bearing down in lower abdominal or pelvic bearing down in lower abdominal or pelvic region, disagreeable drains from pelvic organs, faint spells with general weakness. If any considerable number of the above symptoms are present there is no remedy that whigive quicker relief or a more permanent over than Dr. Pierce's Favorite President It has a record of over forty years of cure. It is the most potent invisorating tonic and strengthening nervine known to medical science. It is made of the glyceric extracts of native medicinal roots found in our forests and contains not a drop of alcohol or harmful, or habit-forming drugs. Its ingredients are all printed on the bottle-wrapper and attested under oath as correct.

ap on the cliff swung the signal to anxious searchers of the sea that here would be found the survivors of the Sirdar. And then when rescue came, when Miss Deane became once more the daughter of a wealthy baronet and the bottle-wrapper and attested under oath as correct. Every ingredient entering into "Favorite Prescription" has the written endorsement of the most eminent medical writers of all the several schools of practice—more valuable than any amount of a propriet section of the sea that here would be found the survivors of the sea that here would be found the survivors of the sortion of the survivors of t

ributed voluntarily by grateful patients in numbers to exceed the endorsements given to any other medicine extant for the cure of woman's ills.

You cannot afford to accept any medicine Iris. "Poor thing; it was a true friend in need. I wish I could do something for it to make it the best and leafiest of unknown composition as a substitute for this well proven remedy or known composition, even though the dealer may make a little more profit thereby. Your interest in regaining health is paramount to any selfish interest of his and it is an insult to voy intelligence for his and it is an insult to voy; intelligence for his an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an insult to voy; intelligence for his and it is an in gratify your wish. A tinful of fresh water from the well applied daily to its roots will quickly achieve that end."

The moroseness of his tone and manner surprised her. For once her quick intuition failed to divine the source of his irritation.

to any selfish interest of his and it is an insult to your intelligence for him to try to palm off upon you a substitute. You have a possible to palm off upon you as authority to palm off upon you as authority. You have a possible to palm off upon you as authority to p much imitated but never equaled. Little sugar-coated granules—easy to take

"You give your advice ungraciously."

killing thirst.