

WOMAN SUFFERED TEN YEARS

From Female Ills—Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Another Woman Recovers. Auburn, N. Y. I suffered from nervousness for ten years, and had such organic pains that sometimes I would lie in bed for days at a time, would not eat or sleep and did not want anyone to talk to me or bother me at all. Sometimes I would suffer for seven hours at a time. Different doctors did the best they could for me until four months ago I began giving Lydia E. Pinkham's Vegetable Compound a trial and now I am in good health. — Mrs. WILLIAM H. GILL, No. 15 Pleasant Street, Auburn, New York.

The above are only two of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which show clearly what great things Lydia E. Pinkham's Vegetable Compound does for those who suffer from women's ills.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be answered by a woman and held in strict confidence.



Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY.

Subscription—\$1.00 per annum in advance. \$1.50 in arrears. Advance to the United States.

ADVERTISING RATES.

Space—One Year Half Year 3 Months

One column 50c 25c 12c

Half column 25c 12c 6c

One fourth column 12c 6c 3c

10 insertions per month 10c

Advertisements will be allowed a change of matter very few weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

Local Advertisers—First insertion per line, 10c; subsequent insertions 4c each time per line; extra message 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00.

Locals—10c per line each insertion. Minimum charge 25c.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS

WATFORD, JANUARY 16, 1914.

HOME HINTS

Never in the history of the world has there been such substantial progress in liberty in humanity, and in education as today. Science has added immensely to the world's progress. So that taking men in the mass it may be said that they are freer, more enlightened and better cared for now than at any time in the world's history. So that if we have our occasional sorrows, we are more than compensated by the attendant joys.

Love is often blotted out by a hard answer. What a dream of happiness our home lives would be if every angry retort could give place to a soft answer. The divorce problem would not be agitated as it is today, if a soft answer had prevailed. The angry spirits of children are not curbed in their infancy but are allowed growth. Without doubt it is a difficult problem and therefore requires great strength of endeavor to solve the best

Na-Dru-Co Laxatives are different in that they do not gripe, purge nor cause nausea, nor does continued use lessen their effectiveness. You can always depend on them. 25c. a box at your Druggist's. 178 National Drug and Chemical Co. of Canada, Limited.

mode of managing the individuality of each child. Let us all strive to attain that great control over our spirits, which will enable us to give a soft answer in return for an angry taunt. Then when this goal of perfection is reached, how peaceful and happy our influence in our journey through life.

It is as easy to say kindly things as it is to make unpleasant remarks. Watch yourself a bit as you move about your home—is it a hard word and a frown? yourself up short—your kindness may be your ill humor words before the Stifle bitter though. Be considerate, town.

There is a great making homes young people will er away from the private opinion express, that being done for the well to do coddled and h places, while t rough ones, come to be lo orbit, while the moves and ha kitchen.

We all owe cheerful smiles we can bestow, make it, and s nesses, a wor heals a much tender remon the giver. Ne expected guest or upsets you, and a word of be surprised will roll away noonday me how much ple afternoon chat to think abou present. Nev of maliciously it is easy to s all a habit. I not as a dream

We offer our ward for any be cured by H F. J. Che We, the undie J. Cheney for lieve him perfe iness transactio carry out any c firm.

NATIONAL Hall, s Catarrh acting directly ous surfaces of sent free. Pr Sold by all Dr Take Hall's ation.

Dampness

At this ti the rains ar getting colder ing in their f the poultry r that dampne must have s dust and roo house shot Where earth dug around

with stones will give effective drainage. To commence the winter with rheumatism or colds in a flock of poultry will be disastrous. The first indications of a cold should be attacked and cause removed. A cold may lead to one or all of the diseases that poultry are heir to. Let all poultry keepers be reminded in time of the dangers resulting from dampness and make provision accordingly. A dry, well-ventilated house is the one that brings good results. It adds greatly to the birds' comfort to keep a deep litter on the floor, and to their health to feed the grain ration in that litter, it keeps them busy, and the busiest hen in the flock lays the most eggs.

The Dance at Michael Snyder's O, there was lots of fun. The crowd was on the run; You could dance the bunny hug, And think you were a "big bug"; Or even get on a jag; But you couldn't dance the tango.

Worms feed upon the vitality of children and endanger their lives. A simple and effective cure is Mother Graves' Worm Exterminator.

THE MILKMAKER.

Milk the leaking cow three times a day. Is your barn prepared for the cold wintry weather? Put a little bran in the bottom of the pail when the calf has drunk his milk and he will readily learn to eat it. You cannot expect a cow to give large quantities of milk unless she has plenty of feed and

with the same care they will frequently weigh 50 per cent more at nine or twelve months old."

The Horse Grower. Breed horses to some definite purpose—that is, go in for drafters, coachers or saddlers. A finished animal of any one of these breeds will always bring more than a mixture of all. Watch For Sheep Ticks. When you see the sheep nibbling at their sides take a good look at them. There is something wrong. See if you

NO HOSPITAL FOR MR. LAWLER

There is something wrong. See if you

SUPPLEMENT TO The Guide

WATFORD, ONT.



IT'S ABOUT TIME

to think of getting your first pair of glasses when the lines begin to mix and the type begins to blur.

WE ARE HERE WAITING

Carl A. Class JEWELER, ISSUER OF MARRIAGE LICENSES

HOCKEY

The Watford Junior hockey team journeyed over to Alvinston Monday night and in a very fast game succeeded in winning by a score of 8 to 3. The Alvinston youngsters could not stand the pace and they also showed lack of combination. M. Hagle did good work for the Watford team. The time-up:— R. Tremouth, goal; B. Ryan, C. Roche, defence; Pennington, V. Auld, rover; P. Leach, M. Hagle, centre; M. Roche, T. Roche, wing; T. Code, V. Johnston, wing; A. McEachren.

Rex vs. Healey

Inspector McCallum, of East Lambton, at the request of the Petrolia Magistrate, laid a charge against Wm. J. Healey, of Plympton, of being in an intoxicated municipality, between Nov. 30 and Dec. 9th. The hearing came on before P. M. McKenzie on Dec. 23rd, the prosecution of Watford, and F. W. Wilson appeared for the defendant. After somewhat lengthy evidence and argument judgment was reserved for a week, and the defendant was then found guilty and fined \$20 and costs. The defendant is making a motion to the Court at Osgoode Hall, Toronto, to have the conviction quashed on the ground that the Magistrate had no jurisdiction and on some eight or nine other grounds.—Petrolia Advertiser.

Harper—Preece

The home of Mr. and Mrs. John Stanger, Watford, was the scene of a pleasant event on the evening of Dec. 24th, 1913, when a young Alvinston couple, Miss Mary Blanche Preece and Mr. Wm. Clarence Harper, nephew of Mrs. Stanger, were united in marriage by Rev. H. E. Curry, of Watford. Only immediate relatives and friends were present. The bride was attended by Miss Mary Stanger, of Watford, and Wm. Bruce, also of Watford. After the usual wedding meal the bride and groom left on a short honeymoon trip and on their return will reside in Alvinston.

pictures I saw here yesterday! (Attendant (dryly)—Countryman—Then the hotel is an awful I me that the pictures daily in all the les houses.—London Opini

Not Too Impo "I hear Brown's b again."

"That's splendid! He must be quite an important member of the concern now."

"Oh, I guess not. The office boy still calls him by his first name."

The Largest Theatre. The largest theatre in the world is the opera house in Paris. It covers three acres of ground, its cubic mass is 4,287,000 feet, and it cost about \$25,000,000.

Cities Have Grown. A century ago there were in all Europe only 22 cities with more than 100,000 inhabitants.

Shiloh The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1870.

Carl A. Class JEWELER, ISSUER OF MARRIAGE LICENSES

At the Mansie, F January 7th, 1914 Lavarie, Mr. S second daughter all of Bosanquet Thursday, Jan. Dr. R. I. Warner Thomas, uncle of Rev. A. I. Th Rev. D. J. Bama Frank Edward B Lillian Mabel, et and Mrs. E. S. D Grove, Bosanquet

fields here in this great west, ing twine garters, shirt sleeves garters, hat band and suspenders, all of the same material, binding twine, they would think he had gone clean through his senses and came out like Samson of old, all tied up with binding cords.

There is no poisonous ingredient in Holloway's Corn Cure, and it can be used without danger of injury.

The county of Middlesex will enter an appeal from the verdict of \$1000 given Geo. Weston for injuries received by his sleigh being upset.

No man is as clever as his own conceit tries to make him out.

The man who does most has the least time to talk about what he does.

Children Cry FOR FLETCHER'S CASTORIA

Children C

CAS

The Kind You Have All in use for over 30 y

Dr. H. Fletcher

All Counterfeits, Imitations, Experiments that trifle Infants and Children

What is

Castoria is a harmless, gentle, Drops and Soot contains neither Opium substance. Its age is and allays Feverishness, Colic. It relieves Teething and Flatulency. It a Stomach and Bowels, The Children's Panacea

GENUINE CA

The Kind You In Use For

THE CENTAUR COMPANY

WHAT IS

RO

- A POLISH. A REMARKABLE of uses. A FURNITURE all furniture. A FLOOR POL a good col. A LINOLEUM ens its life. ECONOMIC results. LABOR SAV of floors a splinter, c HYGIENIC

Give RONUK a tr

T. DOD

Commence

TURN over a new customers, start now you will find us a

BUILDERS' SU

CHO

If you are a message

Watford Planing M

Established 1870

Government Warns Against

Of Headache Powder

A bulletin issued by the inland department on "headache powder" public attention to the fact that can be no doubt that harm is done indiscriminate use of headache powder. After noting that headache is the symptom of something wrong, an self a disease, that can be treated "cure," the bulletin adds: "The drugs to which the efficient these headache powders is due are full heart depressants, and are under certain conditions of fatal results, while under most of they must do harm."

Nearly all of the 171 samples contained acetanilide, or phenacetin are so marked under the regular regard to the patent medicine a amount of acetanilide present