

Cynthia Grey's Answers
Helps for Every Woman
Follow the Bill-o'-Fare

A PAGE FOR WOMEN

Daily Hints on Styles
Women at Work and Play
Stories for Children

This Is Next Season's Theatre Cap



Here is the new headress which will make its appearance this fall. It is called the "nun's cap," but its shape is the only thing in which it resembles the headress of the gentle nun. The girl out in the world makes her ing.

The Poets' Corner

SOLSTICE.
The ant is busy with its house,
He lends us; but when love is grown
To ripeness, that on which it thrives
Falls off, and love is left alone.

The butterfly is on its flower;
The weep is at its clay;
The wind to bramble lane and bower
Whispers of yesterday.
The afternoon goes to its close,
With bright attendant states,
Like some vain queen who seeks repose
Behind her palace gates.
Oh, look, my heart, your pining cease!
That way, at last, you shall find peace.

The cricket thrills; the beetle booms;
The mole leaves at its mound;
Pale moths come forth like ghosts of
blooms;
The firefly goes its round,
The eve puts off her gown of gold,
And for a moment stands
Before her couch, a lamp of old,
The new moon, in her hands.
Oh, heart, go follow where it gleams,
And find again your world of dreams.

The life that wakes at dark comes out;
The spider nimbly weaves;
The bat flits silently about;
The drowsy owl grieves.
The night goes stealing to her tryst,
Breathing a fragrant sigh;
One jewel from her starry wrist
Drops down the quiet sky.
Heart, let it be a sign to you
Of love behind the bending blue.
—Madison Cawell.

Love Fancies

"God gives us love. Something to love
He lends us; but when love is grown
To ripeness, that on which it thrives
Falls off, and love is left alone.

Should a woman be unfortunate
Enough to lose her wedding ring, her
nearest male blood relative should provide
her with another, and not her
husband.

To dream of a basin denotes many
lovers to a maiden.

To find out how long you have to
wait for the wedding day, pull a hair
from your head, and thread it through
a borrowed wedding ring. Then hold
the ring on the hair as steadily as
possible, just below the top of a half-
filled tumbler of water. You will soon
find that the ring will swing gently
until it touches the glass. And as many
times as it sounds against the tum-
bler so many years will elapse before
the wedding day.

When there is love in the heart,
there are rainbows in the eyes, which
see every black cloud with gorgeous
hues.

What a beautiful thing is love! How-
ever poor our circumstances, the humble
homes, mean and uncultivated our
facilities, or limited the number of
our friends, love can make a heaven
in the breast.

The girl who dreams of a peacock
will marry a handsome and vain young
man.

Sea Bathing Not Good For Everyone

According to medical authorities only
persons with a good nervous system and
sound heart and lungs should indulge in
sea bathing when the water is really
cold, or at any rate the dip should be of
short duration.

The shock of going into the cold sea is
first felt by the skin, but the nervous
system and the heart and the lungs are
adversely affected by staying too long
in the water when the temperature is
low.

Authorities say that as a rule persons
can tell for themselves whether bathing
suits them. It is not a good thing for
them to stay in the water if they shiver
violently and find a difficulty in getting
their breath. This is a sign that the
shock has reached the inner organs and
bathers should avoid the water after a
meal. The best time to bathe is just
before lunch, or midway dinner, when
breakfast is thoroughly digested.

If dinner is taken in the evening a late
afternoon bath is permissible. In warm
weather most healthy persons can safely
bathe for persons who are not robust
to do so, especially if the sea is cold.
Persons who find that they do not get
warm after a sea bath, even after a vig-
orous rub, will do well not to bathe, as
their system cannot stand it. It is a
great mistake for most persons to stay
long in the water. The cold water lowers
the temperature of the body and induces
a severe chill.

AS SEEN IN PARISIAN SHOPS.

The last word in parisian shops has
indeed arrived. They are now to be seen
on the streets of Paris, and in the leading
shops.

These parisian shops are fashioned to re-
present the owner's favorite flowers,
and variety of material and style alike
make for them an excellent place in
Parisian fashion.

One seen on the leading street in the
French capital, was of the palest pink
satin, designed and tinted to resemble
a June rose. The tip of the parasol
was of wood with a covering of rubber,
the exact shade of a rose stem, in
addition to the rubber were thorns of a
dull reddish-brown tinge. The handle
was of carved ivory, pure white in
color, and indeed it completed the pa-
rasol admirably.

One of these carried with a dress in
a corresponding shade would make a
most novel and artistic picture, and as
the one mentioned was carried by a
pretty young girl of about 18 summers,
everyone was at once attracted by the
lovely sight. The leaves or petals of
the rose were of the exact shape and
color of the real flower.

Upstanding Collar

After a series of Roberpierre collars,
fluffy frills and flat collars of many
sizes and shapes the new upstanding
collar comes as a novel change. It is
very dainty, very feminine and makes
a pretty finish to a V-necked or
square-cut gown or bodice.

It is modeled on the familiar Medici
design and has an upstanding ruff in
back, which comes around in front in
soft frills. Usually it is of sheer, deli-
cate lace, of valenciennes, chantilly or
other kindred weaves. Though rather
high in back, comparatively, these new
collars terminate rather low in front.

To keep the new collar up in back it
is cleverly wired and held in place.
These collars are used not only on the
dark silk and cloth frocks for street
and afternoon wear, but they are also
used to adorn the thinner summer
gowns as well.

For the Tea Apron

Daintiest among afternoon tea
aprons is the one made of a half-yard
wide, finished at the lower and side
edges with cotton lace picot bordering
that is scarcely more than a series of
long, loose loops, and at the top
slightly gathered into a waistband of
narrow ribbon, decorated at both ends
with bow-knots, from which fall half
a dozen or more ends in quarter-inch
wide ribbon, bow-knotted midway of
the length. The centre of the apron is
ornamented with two insets of em-
broidered flit lace. One of these,
placed six inches below the waist-
band, is a four-inch square, and the
other, placed six inches above the
lower edge, is a two by four inch ob-
long. Of course, lace of any other
substantial sort could be employed and
white net, soutache embroidered, is
equally as pretty as flit.

Daily Menu

BREAKFAST.

Blueberries.
Cereal with Cream.
Muffins. Tea.

DINNER.

Cream of Lettuce Soup,
Roast Lamb.
Riced Potatoes. Stuffed Tomatoes.
Apricot Pie. Cafe Noir.

SUPPER.

Scrambled Eggs on Toast.
Blueberry Cake. Cocoa.

Cream of Lettuce Soup.—Chop finely
the outside leaves of a head lettuce and
cook in two teaspoonfuls of butter for
ten minutes. Add one quart of soup
stock, one-half onion, two cloves, one-
half teaspoonful of sugar, one-half
teaspoonful of salt and a few gratings
of nutmeg. Cook slowly one hour, and
add three tablespoonfuls each of but-
ter and flour, which have been rubbed
to a paste. Cook five minutes, add one
cupful of rich milk, let boil up at once,
season to taste, rub through a sieve,
and serve at once.

Real Fashions On Real People--The "Natural Figure" Style.



Here is the new silhouette, on a real
woman, Mrs. Leonard M. Thomas, who
was formerly Miss Blanche M. Oel-
rich.

The silhouette, as Mrs. Thomas
shows it, is graceful and natural look-
ing, but, as in all fashions some woman
tries to "go one better." We are al-
ready seeing protruding abdomens and
rounding backs until women are get-
ting as far away from the form na-
ture intended them to have as when,
with the straight front, they were sup-
posed to have no abdomen at all.

KATHERINE LESLIE'S HOME CHAT



Coolness and the Closed-Up House or the Open Windows All Day Long.

Is coolness in summer to be desired when it is had at the expense of breathing exhausted air? I employ this every time I employ the usual method in summer of closing all the windows and drawing all the blinds after the coolness of the early morning passes into the heat of the day. It is true that one gets coolness by this plan, but it is an oppressive coolness—oppressing because of the shut-in air that cannot purify itself until sun-down. Perhaps it is that one is so accustomed to fresh air, that one is unduly sensitive to the stagnant air that the closed-up house yields with its coolness. One goes into such a house out of the bright warmth or heat of the out-of-door world, and immediately upon entry, one is conscious of the all-pervading coolness that comes hand in hand with the undeniable coolness and darkness. So soon that coolness becomes trying, and then almost unendurable to the out-of-door being. "Can't we go out into the verandah?" is the usual way out of the difficulty, for one does not like to express what one is so acutely

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impos-
sible to give replies within a stated time, as all letters have to be
answered in turn. No letters can be answered privately.]

He Is Bashful.

Dear Miss Grey: I have read your very interesting column quite often, and would be pleased if you will answer my tiresome questions.

1. I am 17 years of age. Do you think me too young to talk to the girls?

2. Could you recommend me a suitable hair lotion?

Does toilet or talcum powder darken or injure the color or surface of the skin?

4. Is ordinary rock-salt especially essential for removing pimples, etc.?

5. What do you think of my writing and letter formation?

6. Upon seeing a girl you are acquainted with at night, and you ask her if she is homeward bound, and she says "Yes," should you escort her home?

Hoping I have not tired or tried your patience too severe, if I have, I am truly sorry. I am,

1. I don't believe that if you were to speak and be sociable to the girls they would hurt you. It wouldn't hurt to try. Don't be bashful and avoid them altogether.

2. As I do not know the condition of your scalp or hair I could not recom-
mend any particular tonic. Would
advise you to see a scalp specialist.

3. The promiscuous use of talcum
powders is injurious to the skin, as it
clogs and enlarges the pores and en-
courages blackheads.

4. A weak solution of salt and water
is said to be healing to an eruption of
the skin. If you are bothered with pim-
ples, probably your blood is to blame.
Procure a tonic from your family phy-
sician.

5. Your writing is very neat for a
boy, but too small.

6. Ask permission to walk with her
if she is alone.

He Is Angry.

Dear Miss Grey: Would you kindly
answer the following questions:

1. What is the meaning of Alice,
Mary, George and Peter?

2. Is it proper for two girls to go to
a carnival alone, providing they each
have steady gentleman friends?

3. What do you think of a boy that
gets sore over the same and doesn't
call around any more?

4. Would you advise a girl to go
back with a boy that acted as stated
above?

5. Should a girl visit the same boy's
house when invited by parents?

6. What do you think of my writ-
ing?

Hoping I haven't given you too much
trouble, I remain,

A. J. ALEXANDER, READER.

A.—1. Alice, a princess; Mary, bit-
ter; George, a landholder; Peter, a
rock.

2. Providing they have escorts.

3. He is rather childish to get
angry over such a trifle, if you have
not offended him in any other way.

4. That would depend on whether
you like him or not.

5. It would be permissible for you to
call.

6. Your writing is neat.

Better Let Him Do the Proposing.

Dear Miss Grey: I have read some
of your excellent advice in the paper,
and would like to profit by it. I am
28 years of age, tall and slender, with
light blue eyes and reddish hair. I am
good-looking and love a young
school teacher, short, and with brown
eyes and light brown hair. Please tell
me how I may win his affections.
Thank you in advance.

A. ST. MARYS READER.

A.—So you are good-looking and in
love with a young man. You are 28,
and quite old enough to know that if
he likes you he will let you know it.
Do not attempt to win his affections,
as he will consider that his duty if
he cares at all for you. Let the man do
the courting and the winning, and per-
haps in the long run you will get him.
Do not forget to be womanly in your
affections and you are sure to be
sought for.

It is thy duty to order thy life well
in every single act; and if every act
does its duty, as far as is possible, be
content, and no one is able to hinder
thee so that each shall not do its duty.
Nothing will stand in the way of thy
acting justly and soberly.—Marcus
Aurelius.

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on account of the near approach of our
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Garden of Paradise

AS TOLD BY AUNT GERTIE.

CHAPTER VI.

"I am so sorry, Mother of the
Winds," said the young prince, "Him,"
said the old woman. "I expected you
would do just as you have done. The
very first evening you did as you were
told not to do. You deserve to go
back into the sack."

"He shall go," said a grim-looking
old man with a long scythe over his
shoulder. "Who is that?" cried the
young prince in great fear. "Don't let him
put me in the sack!"

"That is Death," said the old wo-
man. "He shall die," said Death, scowling
at the young prince. "He has done
wrong!"

"But I will give him a chance to
have forgiveness for his wrongdoing.
If his heart is not all bad, he shall
live a while yet. If he grows better,
I think he can still be a good man. If
so, I will take him to the Star of

Heaven when his life on this earth is
over.

"But if he grows worse, he shall fall
lower than the Garden of Paradise!"

"I hope he will decide to be good. I
hope that the next time he is told of
something he should not do, he will
be more careful. I hope he will
change his ways."

"I would much rather take him up
to the beautiful star when he leaves
this earth."

"You see, that star is just as lovely
a place as the Garden of Paradise. In
fact, I believe he will find the Garden
there if he goes."

"The young prince was very humble,
and very much obliged to Death for
another chance."

He thanked him three times and
then turned away toward home.

He knows, now, where the beautiful
Garden of Paradise is. He also knows
that the GOOD are the only ones who
may stay there!

The End.

Get a Hobby

Have you a hobby? If you haven't,
you should have, for a hobby is the
short-cut to health.

So says a woman with a hobby, and
she ought to know.

The woman who broods on her
troubles, who broods on her poverty,
who broods on her wealth or her health
is likely to suffer for it. Poor health
becomes the poorer for thinking of it.

Poverty becomes the harder to bear
when it is continually contrasted with
somebody else's plenty. A hobby will
give the mind something else to dwell
on and so will avert all health-break-
ing worries.

If you pursue a hobby faithfully it
will help you out of all your troubles.

Moreover, a hobby produces results
of actual money value, sometimes, or
of artistic or scientific value, which is
better.

A woman who had always
been interested in genealogical mat-
ters suddenly realized this fact. She
had gone about from graveyard to
graveyard making impressions of old
tombstones; she had copied records in
old churches and courthouses; she
had questioned old inhabitants of all
the towns she had ever visited. Her
ancestors gave a point to her
travelling, and an interest to her life.

And finally she found that she had
copies of records which no one else had,
well sorted and classified, which was
of real value.

Have a hobby. Stick to it, and it
will bring you happiness. Candlesticks
or cook books, puppies or primrose,
anything will do. Only—have a hobby.

THE VICTORIOUS CAPTAIN.

The captain was an eccentric of the
first order, and numbered among his
peculiarities the fact that he never
gave the desired answer to a direct
question. An amusing instance of
this evasive habit is related.

One morning four of his friends who
were aware of this trait in his char-
acter observed the captain going to
market, and after some bantering,
entered into a bet as to the pre-
cise time of his return from his pur-
chase. They accordingly settled the preliminaries,
and, stationing themselves at differ-
ent points along the street which he
had to pass on his way home, awaited
his coming.

Very soon the bluff old salt made
his appearance with several pigeons
dangling from his hand.

As he approached the first ques-
tioner accosted him with, "Good-
morning, captain! What did you give
for your pigeons?"

"Money!" responded the captain,
bluntly, as he continued his journey.

The second gentleman, a little
farther on addressed him, "How go
you?"

OH, THOSE GIRLS!



"John dear, I want to ask you a ques-
tion. You'll answer me truthfully,
won't you?"

"Yes, dear. What is it?"

"If you had never met me, would
have loved me just the same, wouldn't
you?"



Lodger—But you advertised that one
could see for miles from this room!
Landlady—Well, so you can. You
can see the moon through the skylight,
and ain't that miles away?



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