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## SIDE TALKS.

By Ruth Cameron.

### BE TIME TO BABY ONESELF.



There are just as many who veer to one side of this course as to the other. I met a friend of mine the other day at a committee meeting who was evidently just coming down with a bad cold. She was taking pills for it and announced her intention of gargling when she got home. I suggested that she also take to her bed for 24 hours to keep out of draughts and get the proper rest. (She is one of those lucky mortals who could do that, if she would.) "Oh no, I couldn't think of doing that," she said. "I hate staying in bed, and besides I don't believe in so much fussing over oneself." Three days later I met this woman again. Her cold was at its height. She was as thoroughly miserable as a head cold can make anyone. Another member of her family has a cold (in my youth we used to think it the strangest coincidence, not being as well acquainted with germs as we are now, that colds seemed to run through families). No one knows how many other people at the functions she persisted in continuing to attend because she didn't believe "in giving in and

babbling oneself" were also sharing in her misery.

### Would Save in the End.

If I were an employer of labor and had a staff I could trust not to abuse the privilege, I should ask them to take 24 hours in bed if they felt a cold coming on. I should also see that they were provided with a good remedy and gargle which it would be part of their job to use. I believe I would save myself hundreds of dollars worth of labor by thus preventing violent colds from going round the office.

### We Hate to Give Up Any Plan.

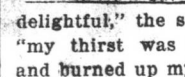
Most of us have lives so chockablock full of plans that to fight off a cold or other minor illness by rest, as well as drugs, always means giving up some plan. And some people hate giving up a plan once they have made it almost as much as having a tooth pulled. And so they talk about the folly of "babying oneself."

There is a time to baby oneself and a time to forget oneself. Let us not confuse the two simply to justify what we feel like doing.

### THE GOOD TURN.

One day I saw a ditcher, who feebly plied his spade; I took him out a pitcher of kickless lemonade. His name was Peter Leary—and that's his handle yet—and he was hot and weary, and longed for something wet. "That drink was most delightful," the steaming Peter cried; "my thirst was something frightful, and burned up my inside." Long years have passed since Peter poured down that lemonade, and watched me calmly feasting back to my fig-tree's shade. The other day while driving my corrugated car, it sunk, despite my striving, in mud as thick as tar. There I was mired completely, in glue-like gumbo stuck, and I orated sweetly about the dad-blamed luck. Then came a whiskered stranger who drove two sort of mares; "Wilt pull me out, O stranger?" I cried, between my sweats. He pulled me from the wallow—his team was strong and smart; I knew what was to follow—a bill to break the heart. For I've had farmers haul me from mud-holes now and then, and always they'd appall me, by their demands for yen. He said, "You make me weary! No money shall be paid! For I'm the Peter Leary who drank your lemonade!" I've often helped a fellow who groaned beneath his pack, and ne'er found one so yellow he wouldn't pay me back.

WALT MARON



Do not suffer another day with itching, bleeding, or protruding piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. See a box at dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample Box free if you mention this paper and enclose 2c. stamp to pay postage.

## PILES

### Sunday Services.

C. E. Cathedral—8, Holy Communion; 11, Morning Service—Canonical Sermon, "Stewardship of Influence"; 3, C.M.B.C. in Synod Building; 3.15, Children's service; 6.30, Evening Service.  
St. Michael's and All Angels—8 and 11 (choral); Holy Communion; 3.15, Children's Service; 6.30, Evensong.  
St. Thomas—8, Holy Communion; 11, Morning Prayer and Sermon, preacher, Rev. C. A. Moulton; 2.45, Sunday Schools and Bible Classes; 4.15, Holy Baptism; 6.30, Evening Prayer and Sermon, preacher, the Rector, subject, "The Four Sowingings".  
St. Mary the Virgin—8, Holy Communion; 11, Matins; 3, Children's Service; 4, Holy Baptism; 6.30, Evensong.

### METHODIST.

Gower Street—11, Rev. C. H. Johnson, B.D.; 6.30, Rev. E. W. Forbes, B.D.; subject, "Judging by Tendencies".  
George Street—11 and 6.30, Rev. R. E. Fairbairn.  
Rector Street—11, Rev. E. W. Cochran, B.D.; 6.30, Rev. C. H. Johnson, B.D.  
Wesley—11 and 6.30, Rev. W. B. Bugden, B.A.

Gospel Mission—3.30 p.m., Rev. R. E. Fairbairn.

St. Andrew's Presbyterian Church—11 and 6.30, Rev. Robert J. Power, M.A.; evening subject, "The Religious Awakening in Scotland".

Congregational (Queen's Road)—11 and 6.30, Rev. B. T. Holden, D.A.; morning subject, "Is it wrong to be rich?"; evening subject, "The duties of a congregation".

Adventist (Cookstown Road)—6.30, instead of the usual preaching service, the Sabbath School Anniversary programme will be rendered. The offering will go to Foreign Missions. All are cordially invited.

S. A. Citadel (New Gower St.)—7 a.m., Knee Drill; 11 a.m., Holiness Meeting; 2 p.m., Praise Meeting; 7 p.m., Great Salvation Meeting conducted by Col. and Mrs. Martin. A hearty welcome to all.

Bethesda Pentecostal Assembly—11, public service; 2.45, Sunday School and Bible Class; 7, Evangelistic Service.

International Bible Students' Association (Victoria Hall)—8, Studies in the Divine Plan of Ages; 7, Discourse, "In My Father's House are many Mansions".

George Street A.B.C.—Regular session. Five minutes talk and Lesson Study. Visitors welcome.

## A Hypercritical Critic.

### "SCRUTATORS" IDEAS CONTESTED

Editor Evening Telegram.

Dear Sir:—I beg to take issue with Scrutator upon the subject of State Schools which appeared in your paper on the 11th inst., under the heading of "Men and Things." Scrutator has chosen a rather unfortunate pseudonym for the word means to scrutinize, to examine closely, whereas he passes over the subject very lightly using very superficial arguments, which he himself admits, for he says they "pass in quick review." Scrutator says,—"Take, for example, the case of the United States. There we see in operation the most perfect secular system in existence." To what system does Scrutator refer? The United States are composed of 48 States, all of which are divided into a number of districts, and every district has a separate system, no two systems being alike. Thus (perhaps Scrutator will enlighten us) "the most perfect system?" Again Scrutator says,—"Religion is an excellent thing, an indispensable article, something, in fact, that we can hardly have too much veneration for. But still it must not be forgotten that upon the intelligence of the people depends, in a great measure, the prosperity of the State." Now that paragraph appears to have been written by a person who has no religion, or by one who is incapable of understanding the meaning of it; but who wishes his readers to think that he has a great respect for this intangible, inexplicable thing, which he imagines to be religion. Now I would like to point out to Scrutator that Religion and Education are not two separate entities, as he appears to think.

### WHAT IS EDUCATION?

This is a question which needs to be answered before we can go any further. Education is not cram. To cram a child's mind may enable it to pass an examination, but it will not make it an educated man or woman. By "Cram" I mean just getting so much knowledge into a child's mind that it can answer questions in an examination. Cram is much more common in schools of all kinds than is often supposed. Education again is not the same as instruction. "Instruction" means "putting in." "Education" means "drawing out." To educate, means to draw out and develop to their best all the different parts of the child's nature; so that the boy or girl may go out into the world with each part of his or her being as fully developed as possible. Now every child has four great parts in its being, body, mind, heart and soul or spirit. Education if it is to be of any real value, must take account of each of these four parts and develop them in their due proportion. If you simply cultivate the mind and neglect the body you may very likely get a clever invalid; or the neglected body may seriously injure the mind. Half-starved and weakly children cannot possibly do the same mental work as strong, well-fed children. If you think chiefly of the body, you may get a man with plenty of bodily strength, but who is otherwise a fool. If you develop body and mind but neglect the heart and the spirit, you will probably get a man strong and clever, but with no character and utterly selfish—a clever devil, not a good and God-fearing man. As a living writer has recently said, "the greatest service we can do to a human being is to give him a right Education, Physical, Intellectual, Moral and Religious. Our duty is to labour that no child of God may live with an unenlightened body, or a darkened mind, or a hard heart, or a perverted conscience." Education then in its highest and truest meaning is the forming of character. This at once brings us to the point where the great difficulty comes in. For if Education is the drawing out of all the powers of a child, those of the heart and soul as well as of the mind and body, it is plain, at least to a Christian, that Religion must have its place in the work of Education—and that that place must be a very large and definite one; for the heart and the soul, or in other words, the religious side of the child's nature are not distinct or separate from the body and mind, but are closely connected with them and have an enormous influence upon them. Therefore Education if it is to be in any sense complete must be Religious Education. I shall, with permission, continue this subject to-morrow.

Yours Truly,

L. CULLEN.

Fed. 16, 1922.

## The Biggest Sailing Ship Afloat.

The biggest sailing ship afloat has just arrived in Surrey Commercial Dock from New Zealand. It is a steel barque named France, and the Evening News reports an interesting talk with its captain.

"A day or two ago, I had the pleasure of meeting Captain Lepart, master of the France, which has just arrived in a London dock after a three months' voyage from Wellington, New Zealand.

"I found Captain Lepart a sturdy French sailor, Breton, of course—all the big French sailmakers are Bretons—rather short, very broad, with a jolly bearded face lit up with the blue eyes of the sea.

"I am very glad you like my boat," he said, "but what can I say about her? I am her captain. I might as well talk about myself. You see, she is of 5,633 tons, and she is 418 ft. long. She carries a great cargo. We had 11,000 bales of wool and 8,000 casks of tallow this voyage. She is very handy, and a fine sea boat.

### The Ship's Speed.

"This last voyage coming up from the Horn we struck what I think was the very worst hurricane I have met, and we only had one big wave on board—it is true that that wave smashed up some of our ironwork, and I am sorry to say carried off two

of my crew—but it was the only wave that reached the deck. Of course, you will have noticed that the France has a very big sheer; her figurehead just under the bowsprit is forty feet above the waterline.

"How does the speed of a big sailing ship compare with that of the average steamer?" I asked.

"Well," continued Captain Lepart, "when the breeze is favourable we do well. We had a fine run from Wellington to Cape Horn, and ran 286, 240, 274, 322, 286, 243 knots in consecutive days, but if you have heard winds what are you going to do? In thirty days we had come halfway from Wellington to London, but then we had head winds or no winds, and it took up two more months to complete the voyage."

"Is 322 knots the best run you had a day?"

"No! One day we did 420 knots, but then the hurricane was blowing. 322 was our best weather record this trip."

"420 knots in 24 hours? That's something what are you going to do?" said I.

"Yes, yes," said the captain, "but you must remember that it was blowing very hard. In fine weather she

has sailed at 14 knots for six consecutive days—that is good."

"I suppose with these five huge masts and yards you carry a big crew, captain?"

"There are 54 of them—plenty to do the work. You see, all the hoisting of sails and yards is done by derrick winches. We hoist 30 sails, and two more if the weather is perfect. We have 38 miles of Manila rope and 42 of wire rope in the standing and running rigging."

Hand-made Sails.

"How about sails?" We make them all on board. I cut the sails

myself. I like them to sit flat, and I always find that you can make sure that the stitching is perfect. I am of the opinion that for hard work hand work is preferable to machine sewing. It is more reliable."

"I suppose you are not leaving us just yet, Captain?"

"No, it takes some time to get unloaded and most of my crew have to go across to France, and I hope to get home also for a few days. It was curious on the voyage out to New Zealand. I ran down to the French coast and found myself within half-a-mile of my own home, the first time my wife had ever seen the France under sail, and then we tacked out, not to see each other again for ten months."

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A cape-wrap of black silk crepe is inset with white crepe.

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