

Side Talks by Ruth Cameron

WHEN ENVIY IS BETTER THAN PITY.



Here is a new specific for self-pity suggested to me by a very wise friend of mine. Perhaps you think I have had good deal to say about self-pity and ways to fight it lately. I have. And not because I couldn't think of anything else to write about it. I couldn't think of anything more important to write about.

The older I grow, the more I am coming to see that the little recognized habit of pitying oneself causes more unhappiness, more inefficiency, more ill-health even, than many well recognized bad habits.

Can't Succeed Without Courage.

Self-pity is the negative of courage, and the life lived without courage is the life doomed in advance to failure and unhappiness.

To return to my specific. Said my friend: "When I find that I am inclined to pity myself, I just make up my mind to right about face and envy myself instead."

"Isn't it hard when you are in that mood to find anything to envy yourself for?" I asked.

"Not once I get myself right about face," she said. "That's rather a jolt—but once it's done, the rest is easy. Of course there are things other people might well envy me, just as there

are things I envy other people, and I try to put myself in the place of the people who envy me and envy myself instead of pity myself."

What She Envyed Herself For.

"I envy myself for having a husband who was brave enough to want to go to war when he didn't have to, and for having him come back with only a little wound, and for having two perfectly healthy children, and for not having to do my own washing (instead of pitying myself for not having a maid, you see) and for having our dear little silver, and oh a whole lot of things, like that. It's really perfectly easy."

I don't agree with her that it is perfectly easy. But it certainly is perfectly possible.

"But," someone objects, "aren't there some people who really have such a hard time that they have nothing to be envied for?"

I doubt it.

Not Those Who Have the Hardest Time.

Or if they do exist, they are such an infinitely small class that they are not worth considering in this connection.

Besides, have you not noticed that it is not the people who have the hardest time who are the most apt to pity themselves? On the contrary, the worst self-pity I know is a man who has more to be thankful for than 90 people out of a hundred.

Envy isn't supposed to be as desirous an emotion as pity, but when you add "self" to both of them you certainly change their relative positions.



AT HOME.

I've trudged life's highway up and down, I've watched the lines of men march by, I've seen them in the busy town, And sent them under country sky, I've talked with toilers in the ranks, And walked with men whose hands were white, And learned, when closed were stores and banks, We're nearly all alike at night.

Just find the wise professor when He isn't lost in ancient lore, And he, like many other men, Romps with his children on the floor.

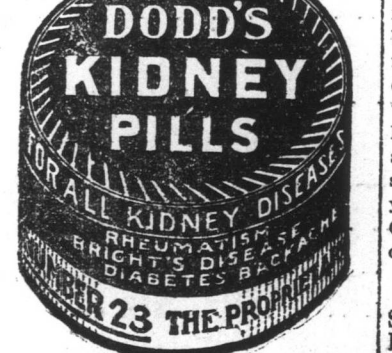
He puts his gravity aside To share in innocent delight, Stripped of position's pomp and pride, We're nearly all the same at night.

Serving a common cause, we go Unto our separate tasks by day, And rich or poor or great or low, Regardless of their place or pay, Cherish the common dreams of men—A home where love and peace unite.

We serve the self-same end and plan, We're all alike when it is night.

Each for his loved ones wants to do His utmost, Brothers are we all, When we have run the work-day through, In romping with our children small.

Real men and poor delight in play, When care and caste have taken flight, At home, in all we think and say, We're very much the same at night.



"REG'LAR FELLERS"



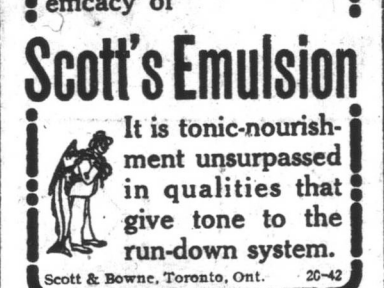
"No-To-Bac" has helped thousands to break the costly, nerve-shattering tobacco habit. Whenever you have a longing for a cigarette, cigar, pipe, or for a chew, just place a harmless No-To-Bac tablet in your mouth instead, to help relieve that awful desire. Shortly the habit may be completely broken, and you are better off mentally, physically, financially. It's so easy, so simple. Get a box of No-To-Bac and if it doesn't release you from all craving for tobacco in any form, your druggist will refund your money without question.

Rehearsed His Own Funeral.

Charles V. king of Spain and emperor of Germany in the sixteenth century, was a pious ruler. Toward the end of his life he conceived the curious idea of rehearsing his own funeral, not because he wished to have the event go off without a hitch when the time should come, but because he thought the performance of the ceremony would redound to the credit and well being of his soul in the after world. His friends sought to dissuade him, but deeming it a holy act, the ruler went ahead with his preparations. A catafalque was erected and the service performed. The high altar, the catafalque, and the entire church shone with wax lights; the friars were all in their proper places and the household of the emperor attended in deep mourning. "The pious monarch himself was there, attired in sable weeds," according to the monkish historian, "and bearing a taper, to see himself interred and to celebrate his own obsequies." While the mass for the dead was sung, he came forward and gave his taper to the officiating priest as a symbol of his desire to yield up his soul. Not only once, but for many years until he finally died in 1558, Charles V. performed this strange ceremony annually.

Try our Special Cambridge Sausages. Made fresh daily at ELLIS.—adv10.11

Nearly Always your next door neighbor can give you an interesting fact-story about the efficacy of



The Premier Duke
of Great Britain.

The late Duke of Norfolk, who died on Sunday, February 11, 1917, in his 70th year, was premier duke and earl of Great Britain, and Hereditary Earl-Marshall and Chief Butler of England. The earldom of Arundel, which supplies the courtesy title of the eldest son of the Dukes of Norfolk, dates back to 1139. The Howards are one of the great Roman Catholic families of England, and the duke was always ready to fulfil the many obligations that were laid on him as the leading English Catholic layman. One of his treasures was a crucifix, which was given to him in his childhood by Pope Pius IX, and he held the Papal Order of the Golden Spur. The keen interest that he took in the original Volunteer movement was extended to the Territorial Force, with which he was closely associated both in Sussex and in the West Riding. He served with the Yeomanry in the South African War. In the Unionist Government of 1895 he was Postmaster General. He had been Mayor of Sheffield, where he owned exceedingly valuable property and also of Westminster; and was Chancellor of the University of Sheffield from its foundation. The office of Earl-Marshall involved a great deal of hard work at the Coronation of King Edward and King George, the duke being responsible for every detail of the ceremonial. For many months he worked early and late, and was physically an imposing figure in the pageants. In ordinary life he was reputed to be the most shabbily dressed man of any standing in London, and in his own grounds he had once been mistaken for a servant. On occasions, however, notably on his visits to Rome, he could assume a very considerable state. The duke's heir by his first marriage was, unfortunately a permanent invalid, and died in 1902. He married a second time in 1904, his bride being the Hon. Gwendolen Constable Maxwell Barons Herries in her own right, and a member of a northern Catholic family. The son of this marriage, who has succeeded to the leadership of the English peerage, was eight years of age at the time of his father's death, which caused a vacancy in the Order of the Garter.

Lloyd George's Vocabulary.

According to a recent dictionary advertisement, "Lloyd George knows one hundred thousand words."

That, says a contemporary, seems amazing if we take the statement at its first apparent value, for it indicates a vocabulary which is far in excess of the average first-class vocabulary.

We do not know how many words are supposed to be at the command of an average well-educated man at the present time. The vocabulary of Shakespeare is considered as exceptionally large, and undoubtedly it is much larger than the average man's vocabulary to-day.

Still, the modern whose education enables him to use all or nearly all of the words in Shakespeare probably has a vocabulary more extensive than the great Elizabethan's, for there are a great many words in common use to-day that Shakespeare never heard of. Anyway, we feel safe in asserting that Shakespeare did not know one hundred thousand words, or even half that number.

Perhaps it may be assumed that Mr. Lloyd George does not have a vocabulary of one hundred thousand words because most of us know a great many words that we are not in the habit of using.

One's vocabulary comprises the words at one's command for employment. It does not include very many words which one may understand when heard or read, but which are never in any circumstances used in one's own speech or writing.

The Good in D'Annunzio

(From the London Chronicle.)

While reprobating D'Annunzio's many foolish and criminal acts, the later features of which leave one doubtful of his continued sanity, we would enter a protest against using the occasion, as some do, to bespatter him and his countrymen with ridicule. It ought not to be forgotten that in his own line he is one of the two or three greatest men of letters now living in Europe; that in 1915 he did more perhaps than any other individual to bring Italy into the war on the side of the Allies; and that during the war he displayed signal courage and enterprise as an aviator at an age when very few other men have ventured flying at all. The discredit of his Flamingo adventures must be shared to no small extent with last year's Supreme Council, whose deplorable inability either to make up its own mind or to deal promptly with those who tried to jump claims was a standing invitation to follies of this kind.

Earl Haig Tells a War Story.

The Freedom of Brighton was conferred upon Field-Marshal Earl Haig at a special meeting of the Town Council. Acknowledging the honor, his lordship again pleaded the cause of the ex-servicemen. He told a story of a battalion of the Royal Sussex Regiment, near St. Quentin in September, 1918, which having gained its objective was heavily counter-attacked by a superior body of Germans. Something had to be done, and done quickly. A single company moved out with their Lewis guns in front of the trenches they held, and then, under cover of these Lewis guns, they charged four hundred Germans with the bayonet and completely routed them. "If any of the supporters of the Government think I am a nuisance," he added, "let them think of these difficulties, let them think of these."

"Cumshaw," Magic Word.

"Cumshaw," which has long been a term in shipping circles for the giving of tips to purchasing agents for steamers, is a common word in the far East, where it holds a certain position in society. Every newspaper must be initiated into its mysteries

Over-Eating is the root of nearly all digestive evils. If your digestion is weak or out of kilter, better eat less and use Ki-Moids

the new aid to better digestion. Pleasant to take—effective. Let Ki-Moids help straighten out your digestive troubles.

MADE BY SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

and know when to demand it. It falls upon the just and the unjust. Your richshaw man expects it for delivering you safely at the door of a shop, and you give it to him or he will lift his voice in lamentation. The owner has several prices, and upon your ability to bargain and bluff depends the price which will be paid. When the details are settled at 8 p.m., and he wraps up the shirt, you mention "cumshaw." This stamps you as one who knows what he wants. Without further discussion a necktie will be thrown in as "cumshaw," or so much to boot.

Brick's Tasteless is the best preparation known for children who are delicate. Taken in half to one teaspoonful doses it works marvelous results. Try a bottle and convince yourself.—Jan27.11

Patching the Czar's Trousers.

In his recently published memoirs Count Witte, a member of the old Russian regime, relates that Alexander III's prudence in Government expenditure was matched by his personal thrift.—Alexander III. was extremely economical with his wearing apparel. I had a curious proof of this when I accompanied the Emperor on one of his railway trips. Since I found it impossible, on account of my responsibility, to sleep of nights, I would often catch glimpses of his Majesty's valet mending the Emperor's trousers. On one occasion I asked him why he didn't give his master a new pair instead of mending the old so often. "Well, I would rather have it that way," he answered, "but his Majesty won't let me. He insists on wearing his garments until they are threadbare. It is the same with his boots."

Weigh yourself the day you commence to take Brick's Tasteless, then weigh yourself two (2) weeks later and note the increase.—Jan27.11

An Exceptional Opportunity For THRIFTY SHOPPERS.

Special cut prices are the marked features of every line of this advertisement.

ARROW BRAND LINEN COLLARS.
30 dozen Arrow Collars. Regular Price 40c. Sale Price 25c. each.

AMERICAN SPRING BLINDS.
2 Dozen White Linen Spring Blinds, with fittings. Reg. Price \$1.20 each. Sale Price 45c. each.

AMERICAN BLINDINGS.
20 pieces Cream and Green Blinding, 32 in. wide; can be cut to narrower widths if necessary. Reg. Price—Cream, 50c. yd. Sale Price, 28c. Reg. Price—Green, 60c. yd. Sale Price, 30c.

CHILD'S WOOL JERSEYS.
A few odd sizes in Child's All Wool English Jerseys. Reg. Price \$3.00. Sale Price \$1.50 ea.

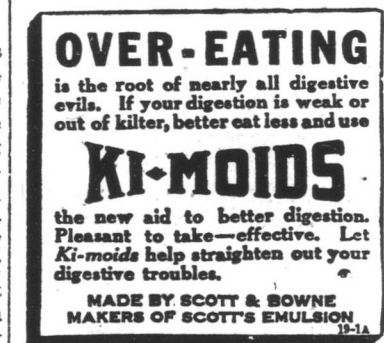
WHITE SHIRTING.
5 pieces only very fine White Shirting. Reg. Price 65c. yard. Sale Price 52c. yard.

WHITE PIQUE.
A few pieces White Pique. Reg. Price \$1.00 yard. Sale Price 70c. yard.

SILENCE CLOTH.
1 end only of Silence Cloth, about 30 yards. Why spoil your nice mahogany table when you can get a length of Silence Cloth to protect it from hot dishes, etc. Reg. Price \$2.60 yard. Sale Price \$2.00 yard.

EMBROIDERIES.
We are continuing our Embroidery Sale for another week. Great variety of dainty goods from 3c. per yard up.

Marshall Brothers.



THE CRIME WAVE.

I know not why this world has struck so wild and fierce a gale, but well I know men run amuck, and seem inspired by hate; and for a knock or a buck they'll kill you while you wait.

When darkness shrouds the city streets men fear to leave their flats, lest sundry lawless sand-bag beasts should smash their treasured hats, or pull some other strong arm feat, or shoot them up with gate. The daily papers I peruse, to mark the wide world's game, and nearly half the current news relates to deeds of shame, and as I don my overshoes a shudder shakes my frame. No more I see the "Household Hints" I used to think sublime; where once they stood my paper prints a narrative of crime, of how some dame, arrayed in chintz, was butchered for a dime. The "Gems of Thought" are crowded out, and in their place I find the story of some madman's rant with base and evil mind, who robbed a widow of her kraut, and left no card behind. "The Poets' Corner" once appeared where he who ran might read, but now that space has stories told of gents who die and bleed, of how some ruffian with a beard performed a hold-up deed. And Kaiser Bill, who caused it all, is saving elm and oak; behind a humble Holland wall the burghers watch his smoke; some say his bank account is tall, and others say he's broke.

Mr. W. T. Charlton of Waterville, P. O. restored his frozen feet to health after doctors had advised him to have them amputated because mortification had set in. Use Egyptian Liniment, either for Cuts, Burns, Scalds, Bruises, Chilblains, Sore Throat and Chert, Neuralgia, etc.

DOUGLAS' EGYPTIAN LINIMENT
AT ALL DEALERS
Agent for Newfoundland
GEORGE NEAL
Box 313 St. John's

For Interior Painting
During Winter Months
TRY C. P.

PAINT INSURANCE
IS WHAT YOU NEED

EVERY wise property owner insures his buildings against possible damage by fire.

And yet we find many a man failing to insure his building against the certain deterioration of unprotected wood of iron, exposed to the constant wear and tear of the weather.

Keeping your buildings regularly painted is insurance against deterioration. Good paint protects and beautifies the surface to which it is applied—it keeps wood from cracking and checking—it keeps iron and steel surfaces from rusting.

We sell and recommend Canada Paint because it is made of pure materials thoroughly mixed and ground. Come and talk to us about your paint problems.

AYRE & SONS, Ltd.,
STORE DEPARTMENT.
AGENTS FOR
CANADA PAINT

EYES TESTED FREE
BY THE MOST MODERN METHODS.
Glasses Supplied
AT SHORTEST NOTICE.

Having made some change in our OPTICAL DEPARTMENT we are better equipped than ever to attend to your wants. BROKEN LENSES DUPLICATED AND FRAMES REPAIRED.

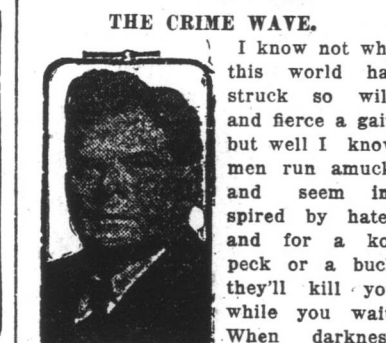
We have a full stock of Repair parts, including Bows, Springs, Bridges and Screws, which enable us to give prompt service.

R. H. TRAPNELL, Ltd.
Jewellers and Opticians.

No Matter How the Fall
is Caused
if you're not insured you're
loser. Take time to see about
your policies. We give you the
best companies and reasonable
rates.

PERCIE JOHNSON,
Insurance Agent.

Forty-Two Years in the Public
Service—The Evening Telegram



Mr. W. T. Charlton of Waterville, P. O. restored his frozen feet to health after doctors had advised him to have them amputated because mortification had set in. Use Egyptian Liniment, either for Cuts, Burns, Scalds, Bruises, Chilblains, Sore Throat and Chert, Neuralgia, etc.

DOUGLAS' EGYPTIAN LINIMENT
AT ALL DEALERS
Agent for Newfoundland
GEORGE NEAL
Box 313 St. John's

For Interior Painting
During Winter Months
TRY C. P.

PAINT INSURANCE
IS WHAT YOU NEED

EVERY wise property owner insures his buildings against possible damage by fire.

And yet we find many a man failing to insure his building against the certain deterioration of unprotected wood of iron, exposed to the constant wear and tear of the weather.

Keeping your buildings regularly painted is insurance against deterioration. Good paint protects and beautifies the surface to which it is applied—it keeps wood from cracking and checking—it keeps iron and steel surfaces from rusting.

We sell and recommend Canada Paint because it is made of pure materials thoroughly mixed and ground. Come and talk to us about your paint problems.

AYRE & SONS, Ltd.,
STORE DEPARTMENT.
AGENTS FOR
CANADA PAINT

EYES TESTED FREE
BY THE MOST MODERN METHODS.
Glasses Supplied
AT SHORTEST NOTICE.

Having made some change in our OPTICAL DEPARTMENT we are better equipped than ever to attend to your wants. BROKEN LENSES DUPLICATED AND FRAMES REPAIRED.

We have a full stock of Repair parts, including Bows, Springs, Bridges and Screws, which enable us to give prompt service.

R. H. TRAPNELL, Ltd.
Jewellers and Opticians.

No Matter How the Fall
is Caused
if you're not insured you're
loser. Take time to see about
your policies. We give you the
best companies and reasonable
rates.

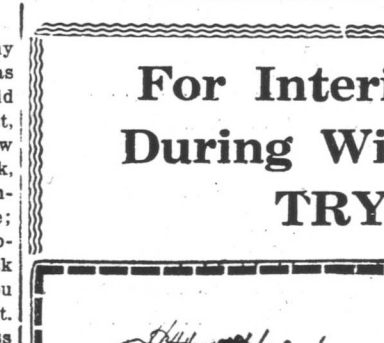
PERCIE JOHNSON,
Insurance Agent.

Forty-Two Years in the Public
Service—The Evening Telegram

No Matter How the Fall
is Caused
if you're not insured you're
loser. Take time to see about
your policies. We give you the
best companies and reasonable
rates.

PERCIE JOHNSON,
Insurance Agent.

Forty-Two Years in the Public
Service—The Evening Telegram



Mr. W. T. Charlton of Waterville, P. O. restored his frozen feet to health after doctors had advised him to have them amputated because mortification had set in. Use Egyptian Liniment, either for Cuts, Burns, Scalds, Bruises, Chilblains, Sore Throat and Chert, Neuralgia, etc.

DOUGLAS' EGYPTIAN LINIMENT
AT ALL DEALERS
Agent for Newfoundland
GEORGE NEAL
Box 313 St. John's

For Interior Painting
During Winter Months
TRY C. P.

PAINT INSURANCE
IS WHAT YOU NEED

EVERY wise property owner insures his buildings against possible damage by fire.

And yet we find many a man failing to insure his building against the certain deterioration of unprotected wood of iron, exposed to the constant wear and tear of the weather.

Keeping your buildings regularly painted is insurance against deterioration. Good paint protects and beautifies the surface to which it is applied—it keeps wood from cracking and checking—it keeps iron and steel surfaces from rusting.

We sell and recommend Canada Paint because it is made of pure materials thoroughly mixed and ground. Come and talk to us about your paint problems.

AYRE & SONS, Ltd.,
STORE DEPARTMENT.
AGENTS FOR
CANADA PAINT

EYES TESTED FREE
BY THE MOST MODERN METHODS.
Glasses Supplied
AT SHORTEST NOTICE.

Having made some change in our OPTICAL DEPARTMENT we are better equipped than ever to attend to your wants. BROKEN LENSES DUPLICATED AND FRAMES REPAIRED.

We have a full stock of Repair parts, including Bows, Springs, Bridges and Screws, which enable us to give prompt service.

R. H. TRAPNELL, Ltd.
Jewellers and Opticians.

No Matter How the Fall
is Caused
if you're not insured you're
loser. Take time to see about
your policies. We give you the
best companies and reasonable
rates.

PERCIE JOHNSON,
Insurance Agent.

Forty-Two Years in the Public
Service—The Evening Telegram

No Matter How the Fall
is Caused
if you're not insured you're
loser. Take time to see about
your policies. We give you the
best companies and reasonable
rates.

PERCIE JOHNSON,
Insurance Agent.

Forty-Two Years in the Public
Service—The Evening Telegram