

Rich Red Blood



Any doctor will tell you that the ingredients of Vinol, as named below, will enrich the blood and banish anaemia and create strength. When the blood is pure, rich and red, the body is strong and robust.

Rich Red Blood
Cod Liver and Beef Peptides, Iron and Manganese Peptides, Iodine and Ammonium Citrate, Calcium and Sodium Hypophosphites, Nux Vomica and Wild Cherry.

Your money back if it fails
Get Vinol at leading drug stores
CHESTER KENT & CO. WINDSOR, ONT.
THE ARTIST SALES CO., TORONTO

Why We Raise Our Hats.

Do you know how it came about that a man takes off his hat when he meets a lady he knows?

In the olden days, when a knight arrived at a neighbouring castle, he took off his helmet to show his face and friends that he did not suspect them of ulterior motives, and did not anticipate a bang on the head with a sword or a lance! To enter helmeted amounted to saying that he preferred to run no risks. From this has come the custom of a man baring his head as greeting.

That a man should take off his right glove before shaking hands with a woman comes from the same period, when travellers wore iron gauntlets, which were removed to avoid injuring an uncovered hand.

The custom of firing artillery salutes came to us from the time when guns were first used. It was then considered polite and courteous to any great personage who happened to arrive at your castle to load all your guns with shotted rounds—not blank—and to fire them off as he arrived at your threshold. The reason for doing this was to show how you trusted your guest by emptying all the guns just before he came into their range.

This practice was not kept up very long. Blank rounds were soon fired instead of real ones. They were not so dangerous!

The origin of saluting the quarter-deck when one boards a man-of-war is that in days gone by, when a crucifix was always placed at the stern of the vessel, it was, of course, saluted by all who came on board. Though the crucifix has disappeared, the custom remains, and men still salute the place where it used to be.

The custom of offering the right hand is the same practice, as that of baring the head or of firing salutes. When one man met another in long-ago times, he held out his unarmed sword-hand to show that his intentions were not evil.

The habit of mounting a horse on the near side came about because as a man wore his sword on the left he could not very well mount his horse on that side. This must be a comparatively recent custom, for swords were worn quite short and on the right side even in the first years of the Christian era.

The wearing of trousers is also a recent custom. Even to this day the greater part of the human race—when it is not unclothed—wears skirts or draperies of some sort. The casack or soutane, as worn by Roman Catholic priests, was the dress usually worn by gentlemen up to more or less recent times.

Syrup of Figs Child's Laxative

LOOK AT TONGUE! REMOVE POISONS FROM STOMACH, LIVER AND BOWELS.



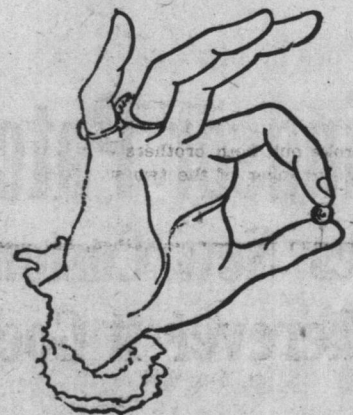
Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most powerful laxative or physic for the little stomach, liver and bowels. Children love its delicious fruit taste. Full directions for children are on each bottle. Give it without fear.

The Disaster of the "Jena."

The 12,000 ton French battleship "Jena," Rear-Admiral Manceron's flagship, was blown up in Toulon Harbor, at half-past one on the afternoon of March 12, 1907. The "Jena" was lying in the Marseilles dry dock No. 2, where her engines had been repaired and her bottom scraped. The workmen at the Arsenal and on board the "Jena," had been to lunch, and were just returning to work. Some of the men had already resumed their duties, when suddenly there was an explosion—apparently in the magazine of the after 12-in. gun barbette. At first the men thought that only a slight accident had happened, and that the noise and shock had been caused by the "Jena" slipping over in the dock. A moment's terrible pause, and then there was a second explosion—many times more powerful than the first—which literally ripped up the after-deck, and hurled her crew into the air. Those who had escaped instant death were seized with wild panic when they saw smoke-rolling out of the after part of the vessel, and amid shrieks of "Sauve qui peut!" they tumbled down and up from every part of the great battleship to the dock. The explosion shook Toulon to the foundations, broken glass being showered down in all directions, and the walls and roofs of the various buildings in the Arsenal yard collapsed. A rain of steel fragments from bursting 12-in. melleite shells fell over the dockyard and town, killing a number of people. The fire on the "Jena" burnt fiercely until nearly three o'clock, and the flames spread to the workmen's barracks alongside the docks. Rear-Admiral Manceron was severely wounded, and the commander Capt. Achard, was burnt to death, while at least a hundred persons were killed, and double that number injured.

WITH FINGERS! CORNS LIFT OUT

Freezone is magic! Corns and calluses lift right off—Doesn't hurt a bit



A few cents buys a tiny bottle of the magic Freezone at any drug store. Apply a few drops of Freezone upon a tender, aching corn or a callus. Instantly that troublesome corn or callus stops hurting, then shortly you lift it out, root and all, without any pain, soreness or irritation. These little bottles of Freezone contain just enough to rid the foot of every kind of corn, soft corn, corn between the toes and the calluses on bottom of feet. So easy! So simple. Why wait? No humbug!

Mainly About People.

Mrs. George J. Gould has a wonderful collection of pearl ropes and tiaras, but she cares but little for making a display of them. She has given her daughters, Lady Decies and Mrs. Anthony J. Drexel, Jr., some of her most important gems. She has a swinging diamond stomach-acher and a pear-shaped diamond tita, that create a sensation when worn.

Mrs. J. B. Williams of Fort Fairfield, Me., is the "potato queen" of New England. She owns the largest potato farm in New England, and personally attends the planting and harvesting of her immense potato crop. She sends out thousands upon thousands of barrels of potatoes. The crop is bought before it is planted.

Clara Morris, in her time one of the greatest Camilles of the stage, is now nearly 78 years of age. During her career she acquired the habit of late hours and her neighbors at Tuckahoe, N. Y., call her home the lighthouse, because there is a bright light there nightly until 4 o'clock in the morning, during which she is reading or writing or studying. She has regained her lost sight.

Mrs. William B. Leeds, daughter of William C. Stewart, of Cleveland and noted for her distinguished appearance, was Mrs. Nancy Stewart Worthington, when she married Lewis, who made a great fortune in the plate industry, leaving her \$14,000,000. She is engaged to be married to Prince Christopher of Greece, marry Prince Christopher of Greece, who is the son of a King and brother of a King. The royal family has had its fortune very much curtailed by the war.

Unpleasant Superstition.

Woman of the English Fen County Boycotted as a Witch.

We constantly hear it said that "this is the twentieth century; superstition and all that sort of thing died out long ago." Yet there is hardly a person in the country without his pet belief—that misfortune follows stooping over a baby or spilling salt, or that a black cat brings good luck, for example. Hence, too, the universal practice of wearing mascots "for luck."

These, however, are not very serious beliefs, being merely personal fads. Superstition of a deeper rooted and more unpleasant type is still common in the more backward rural areas, however. Only a few weeks ago an old dame in the Fen county was boycotted by the whole countryside because she had the reputation of being a witch and of throwing spells over people's children, stock and crops. No one would go near her or let her have food or clothing, and she nearly starved to death.

The cold, legal atmosphere of the courts would be thought unfavorable to belief in witchcraft, and yet a farmer—by no means an ignorant man—stood up the other day in Norfolk court and informed the bench that someone had bewitched his cows. He cured the evil spell by thrusting a red-hot poker into his churn, when the evil spirit vanished in a bright flame.

Years ago an old crone who was cross grained with the neighbors stood a good chance of being tried (and burnt) for witchcraft, and cases are even known where animals were solemnly brought into court and tried on a similar charge.

A tough old cock at Basle, in Switzerland, was accused of laying eggs—a most serious offence, as such eggs were used only for making witches' ointment. The unhappy bird was haled before the justice, and one of the eggs produced as proof of guilt. In the face of such evidence the rooster's case was hopeless. He was convicted and he and his miraculous eggs solemnly burnt at the stake in the town square.

A sow and six young pigs were accused of witchcraft towards a child, and were brought, protesting loudly, before the "bench." Amid great sensation, the sow was found guilty and publicly executed, but the porkers were acquitted on the ground of extreme youth. As late as 1740, a cow was accused of possessing a "devil," and, after a long hearing, was found guilty and condemned to death. "Rats and mice and such small deer" have been summoned on numerous occasions, but almost invariably failed to put in an appearance at court.

In the fifteenth century, the peasants of a village in the south of France took legal proceedings against a plague of locusts which trespassed on their fields and devoured their crops. As the case was still being fought nearly half a century later, the modern gardener can sympathize with the unlucky plaintiffs, but would probably prefer the more up-to-date application of lime or mustard.

Another action was brought against a pest of leeches swarming in the ponds and streams of another country district of France. The judge issued a decree against the leeches trespassing further on the disputed territory, but history is silent as to whether the injunction was obeyed or ignored, with resultant punishment for contempt of court.

Animals have even been admitted

T. J. EDENS.

HALIFAX SAUSAGES.
KIPPERS.
BLOATERS.
No. 1 SALT HERRING.
FRESH CODFISH.
BONELESS FISH, 1 lb. boxes.
SHREDDED FISH.
No. 1 SALMON—Tins.
No. 1 LOBSTER—Tins.
SKIPPER SARDINES.

200 Pairs FRESH RABBITS.

WHIGLEY'S GUM.
EXTRA—Sifted June Peas, 20c. tin.
KEILLER'S MARMALADE.
GRAHAM FLOUR.
MOIR'S CANDY, 1 lb. and ½ lb. boxes.
MOIR'S CAKE, 1 lb. cartons.
150 sacks AMERICAN GRANULATED SUGAR.

200 Sides
BEECHNUT BACON.
FIDELITY BACON.
SWIFT'S BACON.
WILSON'S BACON.
MCLAREN'S CHEESE.
KRAFT CHEESE.
LAZENBY'S ESSENCE OF RENNET.
CHEF SAUCE.

T. J. EDENS.

151 DUCKWORTH ST.
(Next to Custom House.)

Save the Coupons They are valuable



Imperial Tobacco Co.
Newfoundland & Labrador

21 cents a package
at all stores
Positively
none
better

Boy Scout Magazine.

We thank the Editor of the Fleur de Lis, for a copy of the first number of that journal, which is designated the Official Journal of the 1st St. John's Troop of Boy Scouts. The initial number is excellently made up, the printing and assembly being exceptionally attractive. The Executive control of the Fleur de Lis is vested in the Editor, Mr. R. S. Furlong and Capt. J. J. O'Grady, Business Manager, and as it increases in age so may it also increase in value to the Boy Scout Movement in this Dominion. The launching has been very successful. May the voyage over the literary sea be equally so.

Repairs to Portia.

S. S. Portia is now at the dock pier and general repairs have begun on her. She will likely go on dock in a few days. The Prospero is continuing the Western service in the meantime.

For Chest Colds, Head Colds, Grip, Influenza and Pneumonia

A few external applications of GROVE'S O-PEN-TRATE SALVE will be found very helpful. It opens the pores and penetrates the skin. Its Stimulating and Healing Effect is very comforting. Price 35c. per box. If your Druggist hasn't any, send 25c. in postage stamps to Paris Medicine Co., 183 Spadina Ave., Toronto, and a full-size box will be mailed to you promptly.

Newfoundlander in London

HAD LEG AMPUTATED.

A message was received by Lieut. W. Clare yesterday, from London, informing him that his brother, Corporal Robert Clare, of the Royal Newfoundland Regiment, who has been in hospital suffering from wounds for the last three years, had recently successfully passed through an operation in which his left leg was amputated below the knee. The message further stated that the patient was doing well. Corporal Clare is an old C.C.C. boy, and left with "the first five hundred" in October 1914, on the S. S. Florizel.

We have just finished a line of

Smokers' Chairs, Upholstered Arm Chairs

Also some very nice

Secure one for the home

SIDEBOARDS, only \$35.00

SMOKERS' CHAIRS, Black Morocco Covering.

Special Price \$22.50

ARM CHAIRS, Fancy Tapestry Covering.

Special Price \$39.50

COUCHES \$14.50

LOUNGES \$22.50

BUREAUS and STANDS, only \$25.00

MORRIS CHAIRS \$25.00 and \$35.00

Also BEDSTEADS and SPRINGS, MATTRESSES of all grades.

The C. L. March Co., Ltd.,

Corner Water and Springdale Streets.

Cynicisms.

Luck is only a short way of spelling pluck.
High words are apt to consist of low language.
The least straw usually gets blamed for the whole load.
Marriage will happen in the best regulated families.
A "duck of a man" often makes a goose of a husband.
Don't pick a quarrel before it is ripe—and then let it "drop."
If ignorance is really bliss what a happy world this should be!
It is easier to provide for the inner man than for the outer woman.
Kissing would be quite a healthy pastime if it didn't cause heart-trouble.
Beauty may be skin-deep, but that's quite deep enough for the average man.
Flattery is the best cure for a stiff neck. There are few heads it won't turn.
Before you ask a man to feel at home, consider what kind of a home he has got.
Some people's idea of taking life easy seems to be making it hard for the rest of us.
Some husbands give their wives kisses by the bushel; others are content with a "peck."
Love is like debt—the satisfaction of getting out is only less than the fun of getting in again.
Don't gamble unless you can afford to lose. If you can afford to lose you don't need to gamble.

Cynicisms.

Luck is only a short way of spelling pluck.
High words are apt to consist of low language.
The least straw usually gets blamed for the whole load.

Marriage will happen in the best regulated families.

A "duck of a man" often makes a goose of a husband.
Don't pick a quarrel before it is ripe—and then let it "drop."

If ignorance is really bliss what a happy world this should be!
It is easier to provide for the inner man than for the outer woman.

Kissing would be quite a healthy pastime if it didn't cause heart-trouble.
Beauty may be skin-deep, but that's quite deep enough for the average man.

Flattery is the best cure for a stiff neck. There are few heads it won't turn.
Before you ask a man to feel at home, consider what kind of a home he has got.

Some people's idea of taking life easy seems to be making it hard for the rest of us.
Some husbands give their wives kisses by the bushel; others are content with a "peck."

Love is like debt—the satisfaction of getting out is only less than the fun of getting in again.
Don't gamble unless you can afford to lose. If you can afford to lose you don't need to gamble.

MINARD'S LINIMENT RELIEVES NEURALGIA.