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**A POSSIBLE DANGER**

Though the law requires that the Board of Education should have a medical man to visit the schools and look after the children, and though it also permits other expenditures that may or may not be necessary, it is nevertheless a waste of public money for a municipality the size of St. Catharines to engage two medical health officers, one for the city generally and the other for the schools. One man should be able to do the work and a thousand dollars a year of the people's taxes thereby be saved.

In providing other features for the schools the Board is doing what it no doubts feels to be modern and requisite for the welfare and advancement of pupils, but is there not a danger that the boy and girl of today may be unconsciously taught that there is an easy and pleasant road to learning? Is it not possible that the old principle that hard work and again hard work was the only key to academic success may be supplanted with the notion that moving pictures, and other frills will do the trick?

Times may have changed but in earlier days education was not made a luxury.

**EDITORIAL NOTES**

The appointment of Sir Hamar Greenwood to be chief Secretary for Ireland is another example of the way in which Canadians forge ahead when they go abroad. Sir Hamar is an old Whitley boy, a former student at the University of Toronto, and an aggressive publicist. The problem he has now undertaken needs a strong heart and mind.

The letter from Hon. Dr. Reid, Minister of Railways and Canals, published in The Journal this week, should be the basis of some kind of action on the part of the City Council. Whether the Hydro takes over the N. S. & T. or not, now or in the distant future, St. Catharines needs railway extensions and can get them at no direct cost to the citizens. More rails and a new station, three hundred more houses and a close study of the city's economic condition are three of the outstanding problems with which an organization such as the Chamber of Commerce should deal.

**PROTECTING HUMAN LIVES**

The Ontario Safety League continues to place a large amount of literature in the hands of motorists, school children, industrial workers, and others throughout the Province. In the first three months of 1920 the League has distributed an enormous amount of safety material, including 35,000 industrial safety bulletins; 32,400 school safety bulletins; 8,500 special bulletins; 8,500 traffic bulletins; 2,700 electric railway bulletins; 150,000 motorist's safety book-marks; 10,200 health bulletins; 6,500 news letters; 9,000 safety calendars; 12,000 leaflets to the "new man;" 125,000 gummed seals; 3,000 safety cards and posters.

The League will hold an annual meeting in Toronto, beginning Tuesday, April 13th at the King Edward Hotel.

**EASTER CANDY**

**JUST RECEIVED**  
Huyler's  
Page & Shaw's  
and Neilson's

A delicious Assortment up to  
**\$3.00 a Box**

**Abbs & McNamara**  
Quality Druggists  
30 Queen Street Phone 102  
Agents for Huyler's, Page, Shaw  
and Neilson's Chocolates; Bitro  
Phosphate, Vivol, Nuxated Iro,  
and Tyrrell's Cascades.

**Spring Impurities Mean Weak Blood**

A TONIC MEDICINE IS A NECESSITY AT THIS SEASON.

Dr. Williams' Pink Pills are an all year round tonic, blood builder, and nerve strengthener. But they are especially valuable in the spring when the system is clogged with impurities as a result of the indoor life of the winter months. There is no other season when the blood is so much in need of purifying and enriching. In the spring one feels weak and tired—Dr. Williams' Pink Pills give strength. In the spring the appetite is often poor—Dr. Williams' Pink Pills improve the appetite, tone the stomach and aid weak digestion. It is in the spring that poisons in the blood most often find an outlet in disfiguring pimples, eruptions and boils. Dr. Williams' Pink Pills speedily clear the skin because they go to the root of the trouble in the blood. In spring anaemia, indigestion, neuralgia, rheumatism and many other troubles are most persistent because of weak watery blood and it is in this time when all nature takes on new life that the blood most seriously needs attention. Among those who have proved the value of Dr. Williams' Pink Pills is Mr. Archie D. Carmichael, Tarbet, N.S., who says:—"For a number of years I was bothered with pimples which would break out on my face and body. The trouble was always worse in the spring, and although I tried different treatments it was without much success. In the spring of two years ago, the trouble was worse than usual, and although I was taking medicine it did not help me until I finally decided to try Dr. Williams' Pink Pills. Under this treatment the pimples disappeared, and there has since been absolutely no return of the trouble."

Dr. Williams' Pink Pills can be obtained from any dealer in medicine or by mail at 50c. a box, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**PAINT LENGTHENS LIFE OF BUILDINGS AND MACHINES**

Many an old ship has stood the racket of ocean travel for years main

ly on the strength of the tar or paint applied to her sides, but sailors do not wait for the ship's hull to become weather beaten before applying the first coat of paint. Farmers, on the other hand, seem much inclined to let their buildings reach a state of partial decay before making any special effort to safeguard them against the play of wind and water. As a matter of fact, nothing pays better than paint applied immediately after the building is constructed, in lengthening the life of the structure. The same applies to farm machinery parts especially the wooden parts and it will always pay to paint such repairs to machinery wagons, etc., as have to be made before the work season for these articles commences.

Good paint applied to farm buildings and machinery, not only prevents the good management employed in serving them, but calls attention to running the farm, a fact that helps greatly in case the owner wishes to sell either the farm or some of its products. Many farmers have paid so much attention to the economic value of their farm that they have neglected an important side of farm life. There is no reason why the farmer and his family should not have as attractive a home as attractive as the city dweller has. The farmer's neighbors as well as the passing observer, will judge him largely by the care he takes of his stock, his machinery, and his buildings.

Painting is the easiest and least expensive way of making sure of neat clean surroundings, and is the best way of preserving the lumber in buildings, implements or machinery. With spring approaching, the time has arrived for going the rounds of the machine shed to lick out these articles that can be moved to a warm building for retouching with paint in addition to their annual overhauling and repair.

The theatres were all crowded yesterday afternoon and evening.

**Heart Fluttering Easily Corrected**

GOOD ADVICE TO FOLKS WHO ARE BOTHERED WITH PALPITATION, WEAKNESS, ETC.

If your heart flutters, be careful. An attack is liable to come on at any time. Excitement, over-exertion or emotion may cause it.

If blood rushes to the head, if palpitation and short breath are noticeable, there's cause for alarm. If you want a good honest remedy for heart trouble, we recommend Ferrozone because we know it's just right for heart trouble. It cured A. F. Beattie, who lives at Allen Hotel, Bay City, Mich. See if your symptoms resemble these:—

- Some Symptoms of Weak Heart.
  - Nervousness, Palpitation
  - Trembling, Dizziness
  - Sinking Feeling, Heart Pain
  - Short Breath, Weakness
- Mr. Beattie says:  
"I was weak and miserable. I was subject to heart palpitation and dizziness."  
"As I grew worse I began to have trembling and sinking sensations. Ferrozone strengthened my heart, gave vigor to my nerves, soon made me well. It's a great builder."

By strengthening the muscles of the heart, giving proper circulation and causing a general rebuilding of the whole system, Ferrozone is bound to do grand work in heart trouble: try it, 50c. per box or six boxes for \$2.50 at all dealers, or direct by mail from The Catarhzone Co., Kingston, Ont.

**BIGGEST SUMMER HOTEL IN CANADA**

On a 1200 acre-island in the Lake-of-Bays, "Highlands of Ontario," has just been completed the "Bigwin Inn" with accommodation for 600 guests. It will open for reception of guests, on June 26th, 1920. Unexcelled boating, bathing, fishing, dancing, golf. Hay fever unknown. 145 miles north of Toronto. Write any agent Grand Trunk for free literature or apply to

**MAINE GOVERNOR TO USE STATE MONEY TO FIGHT RHODE ISLAND WETS**

AUGUSTA, ME., April 3—Chief Justice Cornish of the main supreme court today denied a motion for a temporary injunction to restrain Governor Milliken from opposing the plea of Rhode Island in the states action to test the constitutionality of the prohibition amendment in the United States supreme court.

The finding was in the suit of Winifred S. Reed of Bangor, a member of the legislature, who sought to prevent the use of state funds by the governor in the employment of Charles E. Hughes of New York as counsel in opposition to the Rhode Island proceedings.

**HUGE STILLS GRABBED**

NEW YORK, April 3—Two fully equipped 50-gallon stills, three with a capacity of 500 gallons each, two tons of mash, and fifteen barrels of whiskey were seized by Captain Wm. Allen, Jr., federal prohibition director for Brooklyn, and a squad of six men in a raid on a house in the borough of Queens yesterday.

Captain Allen said the condition of the stills indicated they had been in operation for more than a year. Dominico Pippie and Mareuri Dominello were arrested and held on a charge of violating the Volstead act.

"There's all kind of ice," say officials of Toronto ice companies, when they were asked as to the supply for the coming year. One company estimated that 20 per cent. more was harvested this year than a year ago. It was a mighty cold winter for the men whose duty it was to gather in the harvest. It does not require much imagination on the part of the average citizen to understand that. The employees went out to work took a whirl at the harvest field, began to shiver, and rushed back to the fire. As a consequence, though much more ice was harvested, the cost of getting it into the ice company's warehouses increased, so officials say. So probably reductions in prices are not to be looked for.

**THE STERLING BANK OF CANADA**

**Save Because--**

Prosperity such as you enjoy now may be made permanent by systematic saving.

**Security Loan & Savings Company**  
26 JAMES STREET ST. CATHARINES

Capital authorized . . . . . \$1,000,000.00  
Capital paid in . . . . . 52,300.00  
Assets 31st December, 1919 . . . . . 1,105,955.00  
Reserve Fund . . . . . 100,000.00  
Surplus . . . . . 713,977.00

3 1/2 per cent. interest paid on Deposits.  
Trustee and joint Deposit Accounts received.  
Debentures issued at higher rates for one to five years.  
Money to loan on real estate at current rates and on other terms of payment.  
Mortgages purchased.

**Farmers' Sales Notes**

This Bank attends to the collection of Sales Notes. Business entrusted to us will receive our careful and prompt attention.  
Do not fail to consult us. Our years of experience, and the many services we are able to render, are carefully offered for your assistance.

**THE DOMINION BANK**  
Deals on Foreign Countries sold on favourable terms  
B. B. MANNING, Manager,  
CORNER KING & QUEEN STS. OPPOSITE POST OFFICE

**THE CANADIAN BANK OF COMMERCE**

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager  
Thorold Branch—S. H. Falkner, Manager  
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

ST. CATHARINES BRANCH: E. A. Fox, Manager.  
RESERVE FUND \$1,500,000.00  
PAID UP CAPITAL \$1,000,000.00

**THE CANADIAN BANK OF COMMERCE**

**BUSINESS LARGE AND SMALL**

This Bank is equipped to render complete banking facilities to individuals, partnerships and companies, both large and small. With branches throughout every province of Canada, and correspondents in all parts of the world, your banking business will be handled with promptitude and at the minimum of expense.  
Our facilities are at your disposal.

**600 BRANCHES**

**The Royal Bank of Canada**

Farmers Sons and Daughters Have Opportunities To-day

They never had better chances to make and save money.  
Now is the time to lay the foundation of future prosperity by cultivating the habit of thrift.  
There is a Savings Department at every branch of this Bank. The staff will be glad to show you how to make the first deposit.

Capital and Reserve . . . . . \$1,350,000,000  
Total Resources . . . . . \$500,000,000

**Ford**

**WE ARE Ford Dealers in this district and have formed an estimate of the number of cars we will require to meet the needs of this territory. We cannot get enough cars to fill that estimate because there are not enough cars being made to fill all dealers' estimates throughout Canada.**

The number of cars we can get depends upon the number of orders we send in and the early date at which we send them in, as the Ford Shipping Department follows the principle, "First Come, First Served."

Cars ordered now will not be delivered until March, and deliveries will be uncertain throughout the year. If you do not want to wait for summer or autumn delivery, come in and reserve your car by signing an order today.

**LINCOLN MOTORS - DEALERS - ST. CATHARINES**

**Doan's**

**CASTOR OIL**

The Properties of Doan's Castor Oil  
Ave of the Food by Regulating the Stomach and Bowels

**INFANTS CHILDREN**

Thereby Promoting Digestion and Health  
Prevent the Occurrence of Colic  
and other ailments of Infants  
and Children

A helpful Remedy for Constipation and Diarrhoea  
and Febrile States  
and Loss of Sleep  
resulting therefrom

Doan's Castor Oil  
The Castor Oil Company  
ATLANTA, GA.

**3 MAGNIFICENT**

**BUFFALO - Daily**

Leave Buffalo . . . 8:00 P. M.  
Arrive Cleveland . . . 7:00 A. M.  
Connections at Cleveland for Ohio tickets reading between Buffalo and New York  
Mobile Rate—10c Round Trip  
Low rates. Always for our 25-cent round-trip

The Cleveland & Buffalo Transit Company  
Cleveland, Ohio

"SPEEDY SERVICE"  
—the largest and most complete passenger steamer on inland waters of the world. Sleeping capacity, 1500 passengers.

Do not fail to file

Dominion of Department

**Forms**

the 30th of ALL IND farmers an Form T 1. FARMER must use F CORP stock comp T 2.

**Penalty**

Every person fails to do so subject to a penalty of the amount. Any person, who fails to mention duly required by the Act, shall be liable to a penalty which the def making a false any information be liable, on not exceeding \$ ment or to bot