

INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-tives"

ROUCH, P. Q. "I suffered for many years with indigestion and constipation. A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-tives'."

THE EVENING JOURNAL

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THE WINNIPEG LESSON

That the strikers of Winnipeg have already lost considerably in their efforts to upset authority and to gain their ends by drastic means is becoming more and more evident. They may secure what they set out to get so far as concessions from employers is concerned but they have lost in any attempt to establish a Soviet form of Government. Canada neither wants nor will it tolerate such revolutionary tactics. If a few of the leading trouble makers could be shipped back to the countries from which they come perhaps the industrial and domestic quiet of the country would again be resumed. So long as labor is fair and reasonable in its demands it has not the strength of public opinion directed against it but when it resorts to foolhardy and desperate policies the solid citizenship of the country solidly stands against it. History has shown that movements seldom succeed that are backed by idlers, visionaries and rebels.

A WRONG CONCEPTION

A Hamiltonian has entered an action for damages against an inspector and a police constable claiming that they did fraudulently and maliciously conspire to induce her by false pretenses to deliver them a bottle of whiskey and that they subsequently pressed a charge against her of breaking the Ontario Temperance Act. This sounds very much like a revelation of what is said to be frequently done by officers of the law in order to entrap somebody. The propriety of such acts are open to serious question. A conspiracy is no more justified because it is engineered by men in the pay of the Government than when conducted by other people. In case of offences of a seriously criminal nature there might be some excuse in order that the perpetrators of crime might be brought to justice, but to lead

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A Guaranteed Internal Treatment for the Cure of Eczema

Price \$1 a bottle

Money Refunded if not Satisfactory after using two bottles.

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Quality Druggists

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Agents for Vinol, Nuxated Iron, Bipro Phosphate, Tyrrell's Cascades.

PREPAREDNESS

Money in the Bank means preparedness to meet income taxes and make contributions to patriotic funds and purchase of war bonds. We recommend an account in OUR SAVINGS DEPARTMENT where interest is added to principal twice a year at the rate of 3% per annum.

THE DOMINION BANK

Drafts on China sold at favourable rates. Temporary premises, 34 St. Paul Street.

people into evil ways by wittingly exercising influences over them for the purpose of getting a conviction against them for liquor handling is a false conception of the law.

EDITORIAL NOTES

Though wishing him every success in his new Government position the departure of Mr. Thomas Holden from the staff of our contemporary is to be regretted. He is a capable and well trained newspaper man with a conscientious sense of the ethics of journalism. The profession, for such it is to all those who appreciate its responsibilities can ill afford to lose men who have his sense of fairness and his gift for racy writing.

WHAT EXCHANGES SAY

THEATRE MANNERS
Peterboro' Examiner: The Belleville Ontario has been doing good service by publicly calling attention to a number of objectionable personages who persist in making nuisances of themselves during performances at the theatre. A glance at the article reveals the fact that Peterboro' can duplicate the people complained of, and that local audiences are annoyed by the same actions as those referred to by our Belleville contemporary. Peterboro, too, has the late comer who arrives half way through the first act and whose noisy entrance exasperates both actor and audience.

FEED CANADA FIRST

Victoria Daily Times
If Canada has a food shortage instead of a food surplus obviously the export of food should be limited, if not prohibited, until the domestic situation has been relieved. The paramount duty of the State is to attend the necessities of its own people first. It is usually obvious that taxes and other restrictions on food should be removed. Some parts of Canada are heavy importers of foodstuffs from the United States. On these a duty is levied plus a war tax of 7 1/2 per cent. Thus Canada, with no food surplus, and in many cases with a production considerably less than the domestic consumption, not only is exporting food in large quantities, but is maintaining taxes and restrictions against food imports.

AN ADDED GRACE

M. Anatole France, who celebrated his seventy fifth birthday yesterday delivered all the instalments of a story at once to a newspaper before going on a holiday, writes The Liverpool Post. Returning to Paris and looking up the files of the journal, he was amazed to find that by some misadventure the instalments had been

HAVE ROSY CHEEKS AND FEEL FRESH AS A DAISY—TRY THIS!

Says glass of hot water with phosphate before breakfast washes out poisons.

To see the tinge of healthy bloom in your face, to see your skin get clearer and clearer, to wake up without a headache, backache, coated tongue or a nasty breath in fact to feel your best day in and day out, just try inside bathing every morning for one week.

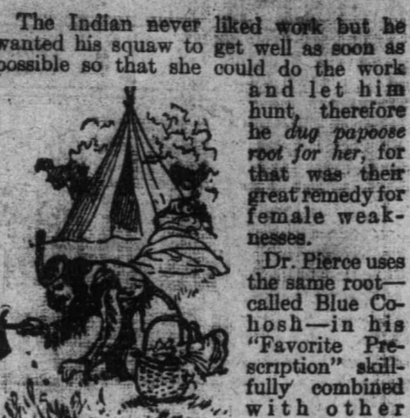
Before breakfast each day, drink a glass of real hot water with a teaspoonful of limestone phosphate in it as a harmless means of washing from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases and acidity and gives one a splendid appetite for breakfast.

A quarter pound of limestone phosphate will cost very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the blood and internal organs. Those who are subject to constipation, bilious attacks, acid stomach, rheumatic twinges, also those whose skin is sallow and complexion pallid, are assured that one week of inside bathing will have them both looking and feeling better in every way.

THE DOMINION BANK

Drafts on China sold at favourable rates. Temporary premises, 34 St. Paul Street.

Nature and the Indian



The Indian never liked work but he wanted his squaw to get well as soon as possible so that she could do the work and let him hunt. Therefore he dug papoose root for her, for that was their great remedy for female weaknesses.

Women who are worn out, who suffer from pain at regular or irregular intervals, who are nervous or dizzy at times, should take that reliable, temperance, herb tonic which a doctor in active practice prescribed many years ago. Now sold by druggists in tablets and liquid, as Dr. Pierce's Favorite Prescription. It is a fully combined with other agents that make it more effective.

Send 10c. to Dr. Pierce's Invalids' Home, Buffalo, N. Y., for trial package.

WOODBRIDGE, Ont.—"I cannot say enough in praise of Dr. Pierce's Medicines. I had nervous prostration and was completely 'down and out.' I was so bad the doctors considered mine a hopeless case. I was given up when I began taking the 'Favorite Prescription' and the 'Golden Medical Discovery.' These medicines put me on my feet again and gave me the only real relief. Being a nurse I have recommended Dr. Pierce's Medicines to many, especially the 'Favorite Prescription.' I know of many a young mother to whom I have recommended 'Favorite Prescription' that has been wonderfully helped."

I am glad to lend my name in connection with Dr. Pierce's Medicines, knowing that they are—Mrs. A. L. MILLER, 813 John Street.

reversed and the story printed backwards! Well, it made no difference, said the editor; nobody noticed anything wrong, and it made the story no less charming.

THE PASSING JEST

So your chief symptoms are a high fever and constant thirst. Yes, doctor, but if you'll cure the fever I'll take care of the thirst.—Boston Transcript.

Wealth does not bring happiness. Maybe not, replied Mr. Dustin Stax. Maybe the feeling I had the other day when I made a couple of million in the market wasn't happiness, but it was something that answered the purpose very closely.—Washington Star.

Pass the Salt!

From London Tit-Bits. Two reporters were boasting of the speed of their shorthand writing.

"Whenever I am reporting I'm sitting on a warm evening, all the people try to get near to my table."

"Why?" asked the other. "Because," said the penpusher, "my hand goes so fast that it creates a current of air like a fan."

"A mere nothing," said No. 2. "I always have to report on wet paper, or else the current of air, caused by the movement of my hand would blow it away. Besides the paper has to be wetted every few minutes."

Because the friction caused by the rapid movements of my arms would set fire to it in no time."

THE CANADA SOUTHERN RAILWAY COMPANY

St. Thomas, Ont., May 10, 1919
The Annual General Meeting of the Shareholders of The Canada Southern Railway Company for the election of Directors, and other general purposes will be held at the Company's Head Office in the City of St. Thomas, Ontario, on Wednesday, the 4th day of June, 1919, at 11 o'clock in the forenoon.

DWIGHT W. PARDEE

Secretary
m. 31.3.2

A SNAP—\$300 will buy my nice building lot, or will exchange for auto in good condition. Lot 35x111 feet. No. 2 Sunnyside Gardens. Facer street. Clear deeds. Address KNOWLES

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Also Sand and Gravel. Machinery moving a specialty.

CHRISTY, ARTIST, GETS DIVORCE

Zanesville, O., June 2.—Howard Chandler Christy, artist, was granted a decree of divorce here yesterday from Maybelle Christy, at the close of a brief hearing in common pleas court.

CITY OF ST. CATHARINES TAXES YEAR 1919

Under the authority of By-law No. 3200 passed on the 25th day of March, 1919, notice is hereby given that all taxes for the year 1919 are now due and payable but may be paid in three instalments as follows, subject to the following exceptions and conditions.

Taxes which are not payable by instalments
Taxes in Income Assessment, Arrears of Taxes and charges collectable as taxes for any work done or services rendered by the Corporation are due and payable in bulk on or before the 25th day of June, 1919 (and not by instalments.)

Payments by Instalments
1st. Instalment—due and payable on or before the 25th June 1919. One-half of the taxes will be the amount of the 1st. Instalment.

2nd. Instalment—due and payable on or before the 25th September 1919. One-quarter of the taxes will be the amount of the 2nd. Instalment.

3rd. Instalment—due and payable on or before the 25th November, 1919. One-quarter of the taxes will be the amount of the 3rd. Instalment.

Taxes not paid when due.
If default is made in the payment of any instalment on the above dates, the privilege of payment by instalment becomes cancelled and the whole of the taxes or the balance unpaid, as the case may be, at once becomes due and payable together with percentages in addition, as follows:

Upon default in payment of taxes in the dates appointed,
Penalty On amounts paid within ten days of time of such default, a percentage charge of one per cent. will be collected.

Penalty On amounts paid within twenty days of time of such default, a percentage charge of two per cent. will be collected.

Penalty On amounts paid within thirty days of time of such default, a percentage charge of three per cent. will be collected.

Penalty On amounts remaining unpaid after thirty days of time of such default, a percentage charge of five per cent. will be collected.

Failure to pay the above instalments of taxes as they become due not only forfeits the right of settlement by instalments, but brings the parties under the penalty of the Assessment Law, which mandates that in case any party shall REFUSE OR NEGLECT to pay the taxes imposed upon him for the space of fourteen days after demand, the Collector shall levy the same, with costs, by distress and sale of the goods and chattels of the party who ought to pay the same.

1. Ratepayers who do not receive their tax bills by the 1st. day of June should notify Tax Collector's Department of the fact.

2. Cheques tendered in payment of taxes must be "marked" by bank and made payable at par to the City of St. Catharines.

3. Taxpayers sending amounts by mail for payment of taxes should also enclose the tax bill and a self-addressed and stamped envelope for the return of receipted Tax-bill.

4. Taxes are payable at the office of City Tax Collector.

STUART K. WATT,
City Treasurer.

CITY TREASURER'S OFFICE, ST. CATHARINES, 17th May, 1919.
m1919313614/1821

FINANCIAL
The Canadian stock markets were all closed on Saturday. Speculation is increasing on the New York Stock Exchange.

The Royal Bank of Canada

HEAD OFFICE, MONTREAL
SAVINGS DEPARTMENT

It is a Natural Duty That You Should SAVE

The Manager invites you to open a Savings Account. If you cannot bring your deposit, send it by your wife, by mail or messenger.

Joint Accounts
An account in the joint names of two members of a family, either of whom (or the survivors) may operate it, will be found convenient.

Capital Paid Up.....\$ 15,000,000
Reserves.....\$15,000,000
Aggregate Assets.....\$30,000,000

St. Catharines Branch St. Paul and Queen Streets

STERLING BANK'S PROFITS \$213,632

Were at Rate of 17.51 Per Cent. on Average Paid Up Capital.
ASSETS WERE \$19,430,884

The profits of the Sterling Bank of Canada, after making all necessary deductions, amounted to \$213,632.114 in the year ending April 30th, 1919, as compared with \$186,120.72 in the previous year. The earnings for the past year were at the rate of 17.51 per cent. on the average paid up capital, so that after paying a dividend of 6 per cent., amounting to \$73,146.06 and placing the sum of \$50,000 in the reserve fund, (bringing this fund up to \$400,000), there was left a substantial amount to follow out the bank's usual policy of writing down its assets in a conservative way. For this purpose the sum of \$70,000 was set aside—\$30,000 of which will be used for general depreciation and \$20,000 for reduction of bank premises account, which this year stands at \$374,471.83. This left a balance of \$40,969.27 in profit and loss to carry forward.

The directors feeling that the results of the past year's business warranted some recognition being now given to the shareholders, it has been decided to increase the dividend on the capital stock of 1 per cent., making it 7 per cent. to date from May 1st, 1919.

"Our total assets," said Mr. G. F. Sowers, the president, in his remarks to the shareholders "now stands at \$19,430,884.52, and have been actively but conservatively employed. In this connection I want you to observe our cash assets, which amount to \$3,790,579.80, equal to 21 per cent. of our liabilities to the public.

"Our total readily available reserves stand at \$12,354,919.98 or 75.48 per cent. of our deposits and more than 68 per cent. of our total liabilities including our capital and reserves, a position of strength and stability which induces confidence and to which I attribute the successful position we find ourselves in today.

"Amongst these assets we hold the large sum of \$8,108,906.16 in bonds of which \$6,883,258.45 are bonds of the Dominion, Provincial and British Governments; the balance being almost entirely Canadian Municipal Bonds. A large proportion of these are of the War Loan Issues; and at present prices would provide a very substantial advance in the value of these securities.

"Our total current loans amount to \$6,486,249.16, a little higher than last year. This is not due to reluctance on our part to make advances, as we have sought to encourage loans for productive purposes, but rather to the general prosperity. Our surplus funds have therefore been invested in first class and easily marketable bonds, and we now find ourselves in the excellent position of being ready to take advantage of new business offerings, as conditions readjust themselves.

"I need hardly point out that as these moneys become employed in this way the yield on our funds will materially increase.

"Our deposits have increased by more than \$3,000,000; \$1,300,000 consists of saving bank accounts. This is remarkable in view of the heavy withdrawals made for subscriptions to the Victory Loans. These withdrawals have all been made up and the deposits stand higher than ever."

THRIFT

Thrifty, personal and national, is the greatest need of the hour. "Waste not, want not" is the lesson every Canadian must learn and practice. Start now! Make your first contribution to Thrift, and your country's welfare—a Savings Account in this Bank. Interest paid at current rates.

UNION BANK OF CANADA

HEAD OFFICE WINNIPEG, MAN.
ST. CATHARINES BRANCH
FENWICK BRANCH
SMITHVILLE BRANCH

R. H. KILLALY, Manager
F. E. PAGE, Manager
H. G. PARROT, Manager

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager
Thorold Branch—S. H. Falkner, Manager
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

Banking Service

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

THE CANADIAN BANK OF COMMERCE

ST. CATHARINES BRANCH
THOROLD BRANCH
NIAGARA-ON-THE-LAKE BRANCH

R. G. W. CONOLLY, Manager
S. H. FALKNER, Manager
F. W. WILSON, Manager

Security Loan & Savings Company

26 JAMES STREET, ST. CATHARINES

CAPITAL AUTHORIZED.....\$1,000,000.00
CAPITAL SUBSCRIBED AND PAID.....523,200.00
RESERVE.....145,000.00
ASSETS OVER.....1,100,000.00

Pays 8% Per Cent. on Deposit 4 and 4% Per Cent. on Debentures

Trustees and Joint Deposits Received. No Notice of Withdrawal Required

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Save Because

You can always trust your bank account to help you out of difficulties.

The CANDY Cathartic

THE WHOLE FAMILY SAYS "FINE"

Cascarets

FOR CONSTIPATION
THEY WORK WHILE YOU SLEEP



Four-footed Actors Help Gaining Circus Profits

The management of the circus program full well the importance of having this year imported from a sensation.

The acts imported from the circus include equine drill and pyrotechnics that is said to be the most sensational of the circus. The circus manager, Louis L. Mansour, heretofore thought lions will also hold an important account of the wonderful circus man-killing beasts.

The extensive menagerie interest to those who are fond of many new specimens hitherto. Besides the trained animals, acrobats and equine stunts that are to be seen in the grand opening spectacle, in effect, the program will give the most critical audience a new show.

The Sparks Shows will Monday, June 7th at the

NATIONALIST MOVEMENT TO BE STARTED

Paris, May 31.—Constantin vices received are to the effect the Turks are greatly aroused over the proposed partition of the Turkish territory, and that a nationalist movement has started in the old Turkish and the young have joined. The advice of the Russian Bolshevik, under this nationalist movement, is an agitation of their

BRITAIN STRIKES OIL IN HARDSTOFT, DREIF

London, May 31.—In the Commons Dr. Kellaway stated that the Government had



Agricultural Soldier

A Soldier's Committee

(a) (b) (c)

BUY WAR SAVINGS STAMPS

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The in agricu specially by practi and other machiner farm bla tion of cr the mark business

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After of which

