PARALYSED AND HELPLESS

Prominent Merchant Restored to Health by "Fruit-a-tives"

BRISTOL, N.B., July 25th, 1914.

"I had *a stroke of Paralysis* in March, and this left me unable to walk or help myself and the Constipation was terrible. Finally, I took 'Fruit-a-tives' for the *Constipation*. This fruit medicine gradually toned up the nerves and *actually relieved the paralysis*. By the use of 'Fruit-a-tives' I grew stronger until all the palsy left me. I am now well and attend my store every day."

ALVA PHILLIPS.

Fruit juice is nature's own remedy and 'Fruit-a-tives' is made from fruit juices.

50c. a box, 6 for $2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Cutten.
2nd Vice President—Mrs. R Reid.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. O. Taylor
Cor. Secretary—Mrs. L. E Duncan son.
Treasurer—Mrs. H. Pineo.

SUPERINTENDENTS.

Labrador Work—Mrs. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Evangelistic—Mrs. Purves Smith.

The Sea Is His.

The sea is His; He made it,
Black gulf and sunlit shoal;
From barried bight to where the long
Leagues of Atlantic roll;
Small strait and ceaseless ocean
He bade each one to be,
The sea is His; He made it—
And England keeps it free.

By pain and stress and striving
Beyond the nation's ken,
By vigils stern when others slept,
By many lives of men;
Through nights of storms, through dawnings
Blacker than midnights be—
This sea that God created,
England has kept it free.

Count me the splendid captains
Who sailed with courage high
To chart the perilous ways unknown—
Tell me where these men lie!
Tell me a path for ships to come
They moored at Dead Man's Quay;
The sea is God's; He made it—
And these men kept it free.

A little land of England,
O mother hearts too brave,
Men say this trust shall pass from thee
Who guardest Nelson's grave.
Ay, but these braggarts yet shall learn
Who'd hold the world in fee,
The sea is God's—and England,
England shall keep it free.

—R. E Vernede, in London Eve'g Star.

The Charlottetown Guardian regards the latest amendments to the Prince Edward Island prohibitory law as "a splendid commentary on the growing temperance sentiment of the Province." They make illicit rum-selling much more hazardous.

The booze business has certainly fallen on hard times. The medical authorities have taken away from alcohol its standing as a drug. Big business has conspired against it, and has declared that sobriety is essential for business efficiency. And now it is being successfully attacked in its last stronghold—social custom. At a recent meeting of the Associated College News held in New York it was decreed that henceforth no liquor advertisements will be carried by any paper within the Association. This does not mean that wines will be barred from college functions in all cases, but it does mean that social customs are beginning to feel the effect of the temperance crusade. Already at social functions the absence of intoxicants is becoming more frequent. The action of these college journals is a good indication of the direction of the prevailing wind.

Drink and Crime.

The following is from the Pioneer:

"A Grand Jury sitting in Chicago a short time ago made a deliverance upon the liquor question which ought to have the careful consideration of everyone who seeks the welfare of his fellows. It said:

"We find that a large percentage of the crime brought to our attention is caused directly by drinking malt or alcoholic liquors, and we call the attention of the public to the need of more stringent regulation of this traffic. We find that a large percentage of those charged with crime are from seventeen to twenty-five years old and that in nearly every case they drank malt or alcoholic liquors before or during the commission of the crimes for which they were indicted.

"'We seriously question the wisdom of the state entering into a partnership with these interests for the sake of an apparent profit (through the license system), but which is really a dreadful economic loss, and through this partnership feeding drink to these boys with one hand while with the other hand it metes out punishment for wrongs in which the state is really a particidant.'"

H. Armott, M. B., M.C.P.S.

Minard's Liniment Cures Garget in Cows.

CANADA'S BLACK WATCH

Battalions of Montreal Regiment Affiliated With Historic Corps

The 5th Regiment Royal Highlanders of Canada, Montreal, has a special attraction for Scotchmen because of its connection with the Black Watch (Royal Highlanders), the oldest regiment in the service, to which the King himself is Colonel-in-Chief, and which has had a good deal to do with the history of Canada. The regiment was formed early in the 18th century by Highland chieftains who were commissioned to raise bodies of their clansmen to keep order in their different districts. Around the standard of these chieftains there gathered the strongest and bravest young men of the Highlands.

About 1756 the regiment, then known as the 42nd landed in America, and from this date began its connection with the making of our history. In various parts of the world this regiment won such glory for its courage and brilliant achievements that there was no difficulty in securing recruits for it at any time. In fact the Black Watch was held in such respect in the Highlands, and young men so readily enlisted into it, that recruiting parties of other regiments in order to allure the Highland youths, frequently assumed the black tartan of the old Highland regiment, for which they affected to be recruiting.

The old Highland regiment whose past was so glorious used to consist of the 42nd and 73rd battalions, the former moving to Nova Scotia in 1783, where it remained until 1879. When the present conflict broke loose the 5th R.H. of C. immediately sent out the 13th Battalion whose deeds of valor and chivalry at the front are, as we know, above description. It supplied 410 men and 7 officers to the 24 Battalion, then they raised the 42nd and 73rd Battalions which were among the finest bodies of men that left Canada. It will be seen therefore that there is a special significance for Canadians in the 42nd and 73rd Battalions owing to their historical connection and affiliation with the old Black Watch.

GIFTS TO MOTHERLAND

Canada Set Ball Rolling For All Colonies

Mr. W. E. Dowding says: "Canada's gift of flour heads a record that encircles the globe. There have been given to the Old Country to help her in the struggle, cheese from Quebec (four million pounds of it), potatoes from New Brunswick, salmon from British Columbia, coal from Nova Scotia, oats and hay from Prince Edward Island, horses from Saskatchewan, apples from Ontario, sheepskins, butter, rabbits, beef, condensed milk, arrowroot, port wine, treacle, preserved fruits, sugar, jam, biscuits, and many other things from Australia; eggs from New Zealand, tea from Ceylon, bullocks from East Africa, fruit from the Straits Settlements, apples from Tasmania, sugar from Barbados and Mauritius, rice grown by East Indian colonists in British Guiana, and sent to the Indian troops in France, cocoa from the Windward Islands, limes and oranges and cocoa from Trinidad, arrowroot from St. Vincent, guava jelly from Montserrat, citrons and jams from the West Indies generally." All the characteristic products of the Empire given without stint. And what a list it is! Enough to make a poor hungry Hun's mouth water.

Austrian Brutality

An Austrian soldier is here shown being punished for speaking disrespectfully to his superior officer. He is strung up by the wrists, his feet being allowed barely to touch a stone which rocks from side to side under his weight, thus throwing a frightful strain upon his wrists, arms and shoulders.

PILES Do not suffer another day with Itching, Blind, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as certainly cure you. 60c. a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

Rescue Home Testimony.

The matron of the Children Rescue Home of Indiana says that only three per cent. of the children in her care are actually orphaned; the other ninety-seven per cent. are made orphans through drink and divorce. She says; "The father, drunk, drives his children from home, or creates conditions incompatible with a proper culture of the child, while the divorce evil renders the care of the child by the wife impossible, and by the father impractical, and the only thing left is to pump them upon the State" What a commentary on our "Christian civilization!" The legalized saloon makes brutes of husbands and fathers, breaks up the homes, and the helpless mothers being unable to provide for the children, they are dumped into the orphanage!

AUSTRALIA'S NOVEL CONSCRIPTION SYSTEM

Compulsory Service For Every Fit Youth Over Long Period Produces Hardened Marksmen

In Australia they refer to the product of their new defense system as the "C.M.F." That means the Commonwealth Military Forces. Politically, the outstanding feature of the "C.M.F." is that it was called into being by a Labor ministry. The Australian Prime Minister who promulgated the Defence Bill upon which the present system was built was an ex-coal miner; the Minister of Defense was a carpenter.

The Australian system is of comparatively recent growth. In 1870 all Imperial troops had been withdrawn and in their places were formed small groups of permanent professional forces around which it was intended to build an organization of citizen soldiery. An effort was made to operate this scheme successfully by means of a partly-paid militia. In conjunction with this militia there was tried a scheme for military instruction in school for boys.

The step was taken at the close of the Boer War of opening opportunity for military training for any citizen of proper age and physical condition who desired it. Whether because of poor administration or lack of incentive, the system established in 1903 was found to be so unsatisfactory that in 1909 a law was passed making military training compulsory. This law did not become operative until June 30, 1911. During the intervening time enlistment continued to be voluntary.

Few Exempt; All Surprised

When the new law went into effect in 1911, even with the preparation that had been made for enforcing its provisions, the departure from the old theories of national defence was a most radical one. The male citizens of Australia awoke to the fact that from the age of eighteen to the age of sixty, they were members of the army defence and bound to military service should war come, but only within the limits of Australia. Those citizens between twelve and twenty-six years of age, except those who could take advantage of the exemptions in the Defence Act, found themselves compelled to undergo certain prescribed periods of military training in the several branches of service.

Must Pass All Tests

From the time that he reaches July 1st of his twelfth year, every Australian youth who has been found to be morally, mentally and physically fit is forced to give strict attention to this matter of muscle-fitness. At the time that he enters the ranks of the twelve-year-old cadets, he receives from his government an outfit of soldier's clothes. Ninety hours out of each year for two consecutive years he devotes to military training. If he passes the prescribed test at the end of each of the first two years, he is allowed to become a senior cadet. His senior cadetship lasts for four years. Each year he must receive not less than four 4-hour drills, twelve 2-hour drills, and twenty-four 1-hour drills. His equipment is extended to include a cadet rifle and belt, and if his marksmanship develops to a stipulated point he is allowed to take part in target practise with a service rifle. During the senior cadet's four years his instruction progresses from the manual of arms and close-order drill into open-order exercises and the study of minor tactics. Through the periods of both his junior and senior cadetships his natural tendencies are watched, and he is encouraged toward the branch of the service in which he seems to take the strongest interest.

At nineteen provided he has passed successfully each year's examination, the Australian cadet becomes a member of the citizen army. He is supplied by the Government with a complete war outfit. Each year, until he is twenty-six, he must present himself for not less than sixteen days of training, of which eight must be in camps of continuous instruction. Attendance at one muster parade is all that is required of him during his last year. Then he is discharged from active service. His discharge at twenty-six depends upon his ability to present twelve annual certificates of proficiency. Failure at examination in any one year means that the year's work must be repeated until the examination is successfully met. He is liable for service until he is sixty and severe punishment is provided for reprisals or hindrances to serve.

That is the Australian system. Already it has produced soldiers in large numbers so superior in body and in military knowledge as to be selected for service where the fighting has been the most violent. It is expected that the system, under normal conditions, will maintain constantly a defensive force of 150,000 cadets and 120,000 citizen soldiers. The annual cost in the neighborhood of $15,000,000.—Harper's Weekly.

MINARD'S LINIMENT Co., Limited.

Gentlemen,—Theodore Dorais, a customer of mine, was completely cured of rheumatism after five years of suffering, by the judicious use o MINARD'S LINIMENT.

The above facts can be verified by writing to him, to the Parish Priest or any of his neighbors.—A. COTE, Merchant, St. Isidore, Que.

12 May, '08.

Read THE ACADIAN in 1916.

OPERATIONS for APPENDICITIS

And How They Can be Avoided

Operation Ordered

For Appendicitis—Used Dr. Chase's Kidney-Liver Pills and Was Completely Cured.

Mrs. J. [illegible] Gillantyne, [illegible] Falls, Ont., writes: "My husband was treated for appendicitis and the doctors ordered an operation. But he would not consent to an operation and began the use of Dr. Chase's Kidney-Liver Pills. Since doing so he has had no need of an operation or even of a doctor, as the trouble has completely left him. I cannot find words to speak our gratitude for his cure. Dr. Chase's Medicines have proven of wonderful benefit in our home, as the Ointment cured my little girl of a severe burn, when nothing else would bring relief."

Dr. David H. Reeder writes as follows of appendicitis:—"In considering the treatment of any condition of sickness it has always been my rule to first find the cause. To my mind, it's the only logical way. Many people seem to think that if they have had an operation for appendicitis they are forever immune, and need have no further fear along that line, but I say emphatically, and I think you will agree I am right, that after an attack of appendicitis, even though you have been successfully operated upon and the appendix removed, your troubles have only just begun unless you remove the cause. What was the cause of the appendicitis?

"The thoughtless will say inflammation in the appendix. No, inflammation in the appendix is appendicitis, but what caused the inflammation? Constipation, yes, that is the prime cause. If you were never constipated you would forever be safe. Appendicitis is only one of the results of the retention of fecal matter in the colon for too long a period."

There is no longer any question that the real cause of appendicitis is constipation. By keeping the bowels regular you not only prevent appendicitis, but also a host of other ills, some of which are even more dangerous than appendicitis. Dr. Chase's Kidney-Liver Pills are recommended to you in this connection, not as a mere relief by effecting the movement of the bowels, but rather as a positive cure for constipation. As is well known, the bile secreted by the healthful action of the liver is Nature's cathartic. So long as the bile flows freely into the intestines there is no constipation of the bowels and no clogging of the excretory organs. Hence the wisdom of using Dr. Chase's Kidney-Liver Pills to ensure regular working of the liver, kidneys and bowels. You thereby save yourself much inconvenience from the minor ills of life, and ensure against such fatal diseases as appendicitis and peritonitis.

Dr. A. W. Chase's Kidney-Liver Pills

Dr. Chase's Recipe Book, 1,000 selected recipes, sent free, if you mention this paper.

REWARD.

Town of Wolfville.

A reward of $10.00 is offered by the Town of Wolfville for information that will lead to the conviction of any person or persons committing any of the following offences:

Theft, breaking into houses or buildings, trespassing, destroying public or private property, the use of profane or abusive language on the street or in public buildings, the illegal selling of intoxicants, incendiarism or any criminal offences.

33. M. BLACK, Town Clerk.

Fine Property for Sale.

Consisting of a Large, Convenient House with big Veranda; House almost new. Also Barn with Carriage House, Stable and Manure Shed and Pig Pen combined. Two and one half acres of Land, in good order; all set with Fruit Trees, including Pears, Plums and Apples. 10 minutes walk to Acadia University, Schools, Station or Post Office. For further particulars and terms apply to

E. L. PORTER,
Box 192, Highland avenue, Wolfville.

Even If War Is On You Must Have Clothes

And we are well prepared to serve you in this line.

Our work in

MEN'S CLOTHING OF ALL KINDS

Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.

We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville.

McKenna Block WOLFVILLE

Is the place to get your
SHAMPOOING
MANICURING
CHIROPODY
MASSAGE

Scalp and Face Treatment a specialty
All promptly attended to.

MRS. B. MELANSON

TO RENT

Earnscliffe Residence—lower flat. Ready for occupancy after Nov. 8. Rent required monthly. Enquire of R. S. CRAWLEY, Esq.

Professional Cards.

DENTISTRY.

Dr. A. J. McKenna
Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.
GAS ADMINISTERED.

C. E. Avery deWitt
M. D., C. M. (McGILL)
One year post graduate study in Europe.
Office hours: 8—10 a. m.; 1—3, 7—9 p. m. Throat work a specialty.
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BARRISTERS, SOLICITOR NOTARIES, ETC.
KENTVILLE - - N. S.

M. R. ELLIOTT
A.B., M.D. (Harvard)
Office at residence of late Dr. Bowles, Telephone 23.
Office Hours: 2-4 p.m., 1-3, 7-9 p.m.

M.D. ...burgh
OCULIST.
Consultation Hours: 10 a.m.—12 noon, 2 p.m.—4 p.m.
Monday Excepted. Telephone 163.
Westward avenue, Wolfville, N. S.

Wolfville Time Table

DOMINION ATLANTIC RY
& STEAMSHIP LINES
TO ST. JOHN via DIGBY
AND TO BOSTON via
DOMINION ATLANTIC RY to YARMOUTH thence Steamers of the BOSTON & YARMOUTH STEAMSHIP CO. to BOSTON
YARMOUTH LINE
LAND OF EVANGELINE ROUTE

Corrected to Sept. 29th, 1915.
Service daily, except Sunday.

LEAVING.

Express for Halifax and Truro	6.15 a m
Express for St. John and Yarmouth	9.54 a m
Express for Halifax and Truro	4.15 p m
Express for Kentville	5.54 p m
Accom. for Halifax	12.50 p m
Accom. for Annapolis	11.35 p m

Express trains leaving at 9.54 a.m. daily, except Sunday, and 5.54 p.m. on Saturday only connect at Kentville with C. V. Branch train for Kingsport.

ARRIVING

Express from Kentville	6.15 a m
Express from Halifax & Truro	9.54 am
Express from Yarmouth	4.15 p m
Express from Halifax	5.54 p m
Accom. from Annapolis	12.50 p m
Accom. from Halifax	1.35 p m

ST. JOHN AND DIGBY

Daily Service (Sunday Excepted)

Canadian Pacific Railway S. S. 'Yarmouth' leaves St. John 7.00 a.m. arriving Digby about 10.15 a.m. Leaves Digby 1.50 p. m. arriving St. John 5.00 p.m., making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.

Boston Service

Express train leaving at 9.54 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S S. Co., Ltd., sailing Wednesdays and Saturdays for Boston.

Buffet parlor cars run each way, daily, except Sunday, on Mail Express trains between Halifax and Yarmouth.

R. U. PARKER
General Passenger Agent,
George E. Graham, General Manager.
Kentville, N. S.

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

Burgess & Co.

Town of Wolfville.

OFFICE OF TOWN CLERK AND TREASURER.

Notice is hereby given that the assessment roll of the town of Wolfville, upon which the rates will be levied in and for the said town for the present year 1916, has been filed in the office of the undersigned, the town clerk, and that the said roll is open to the inspection of the rate-payers of the town.

And further take notice that any person, firm, company association or corporation assessed in such roll, who claims that he or it should not be assessed, or who claims that he or it is over assessed on such roll, may on or before the tenth day of February next give notice in writing to the undersigned, the town clerk, that he or it appeals from such assessment, in whole or in part, and shall in such notice state particularly the grounds of objection to such assessment.

And further take notice that if any person assessed in such roll claims that any person, firm, company association or corporation has been assessed too low; or has been omitted from or wrongfully inserted in such roll, he may, on or before the tenth day of February, give notice in writing to the undersigned, the town clerk, that he appeals in respect to the assessment or non-assessment of the said person, firm, company, association or corporation, and shall in such notice state particularly the grounds of his objection.

Dated at Wolfville this 1st day of January, 1916.

W. M. BLACK,
Town Clerk.

On the last day of school prizes were distributed at Peter's school. When the little boy returned home the mother was entertaining callers.

'Well, Peter,' asked one of the callers, 'did you get a prize?'

'No,' replied Peter, 'but I got horrible mention.'

FURNISHED HOUSE TO LET in convenient locality. All modern improvements including hot water heating. Possession at once. Apply to THE ACADIAN.

Peep again in your oven.
See those loaves, those *pleasing* loaves you've made.
How *fat—rounded—substantial.*
No, they *wont* fall when colder,
Because the *Manitoba strength that* is in FIVE ROSES will hold them up till eaten.
This sturdy *elastic* gluten has kept them from dropping *flat* in the oven.
No unsightly holes 'twixt crust and crumb—*never.*
All risen *evenly*—to *stay* risen.
Never heavy—sodden—soggy—indigestible.
Yours are the FIVE ROSES loaves—
Crinkly and *appetizing* of crust,
Golden brown and tender,
Snowy of crumb—*light* as thistledown.
FIVE ROSES helps a lot.
Try it *soon.*

Five Roses Flour

Not Bleached Not Blended

LAKE OF THE WOODS MILLING COMPANY, LIMITED, MONTREAL

FOR SALE BY T. L. HARVEY.

JOB PRINTING!

Neatly and Promptly Executed at

THE ACADIAN

We print Wedding Invitations, Calling Cards, Letter Heads, Note Heads, Statements, Bill Heads, Envelopes, Shipping Tags, Business Cards, Receipt Forms in all the latest styles of type.

Building Repairs.

We manufacture and keep in stock building finish necessary for repair work or new buildings.

Ask for our prices on soft and hardwood flooring, sashes, doors, verandah stock, sheathing, gutters, mouldings, frame stock, shingles and laths.

Ask for our Furniture Catalogue.

J. H. HICKS & SONS

Furniture and Builders' Materials

Factory and Warerooms, - BRIDGETOWN, N. S.

R. J. Whitten & CO.

HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

PUBLIC NOTICE.

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.

EVANGELINE D. BOWLES.

Wolfville, 1st 10th, 1915.

Advertise in "THE ACADIAN."