## CATARRH COLDS BRONCHITIS

CURED WITHOUT DRUGS



It is really impossible to treat Catarrh, unless by inhaling the soothing germ-killing vapor of Catarrhozone. Its rich fragrant essences are breathed from the inhaler to every sore, disquased spot in the breathing organs. Not a single germ can escape the healing tumes of Catarrhozone which acts on the infected lininger, which acts on the infected lininger. You see Catarrhozone soothes, cleanses, heals. It cannot fails to reach and cure Catarrhi; it's simply a wonder on weak throats, bronchial coughs, deafness, buzzing ears, and all other, symptoms of Catarrhal coid.

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toms or Catarran
cold.
Get Catarrhozone
to-day. Complete
outfit costs \$1.00
and is sufficient for
three months' use. Small sizes 50c,
all dealers or the Catarrhozone Co.,
Kingston, Ont., Canada.



CHEESEMAKING VERSUS BUTTERMAKING.

Milk from cows kept on poor land is deficient in fatty matter and is, therefore, better adapted for cheesemaking than for buttermaking. Again the more exercise an animal takes the greater will be the waste or breaking up of the tissue of the body, and as this is the source from which the curd in milk is derived, milk produced on land where herbage is scanty will contain a larger proportion of curd than milk produced on land whose herbage is abundant. Thus the milk of unduly exercised cows, in whatever manner the exercise is brought about, whether in search of food on poor land or in any other way, will likewise have a large proportion of casein in it and a small one of butterfat.

In the heated summer term during which cows are tormented by files, the evening's milk is always poorer in butterfat than the morning's milk, and on the same principle the bulk of cows fed in the barn is richer in fats than that of cows which roam at large in pastures. The composition of the milk may change in the com-Milk from cows kept on poor land



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position of the food of the animal producing the milk. This is a prin-ciple fully established by the results of both experience and experiment. Within certain limits the milk can be made poor or rich by supplying poor and watery or rich food-

FOUNDATION MUST BE SOUND. It is a very serious mistake to breed mares that are unsound or have de-

Dr. Martels Female Pills For Womens Ailments



and, besides, they are uncertain as breeders. A mare with fool is a heavy eater. The colt must be kept growing and her own body must be properly sustained. The diet should be oats, bran and shorts, clover, alfalfa and timothy hay. Straw is too bulky, and besides does not contain the right kind of nutrients in proper amounts to be desirable, especially as a single food. It is possible for the mare to go through the winter on straw, but it will be at the expense of the colt and her own body. No wonder so many colts are lost overy spring.

Mares that are not working can be kept in fine condition and produce strong colts on a ration of two or three quarts of oats, or equal parts of bran and shorts, per day, together with 12 or 15 pounds of alfalfa or clover and timothy hay. Some straw may be fed with such a mixture of grain and hay, but if the grain is omitted only the best hay should be given. Alfalfa or clover should be mixed with the timothy, and only half or two-thirds of the amount they will consume should be allowed. It is equally as bad to feed too much hay as too little.

EXERCISE MUST BE PROVIDED.

It is important that the mare have plenty of exercise either by work or in a pasture. If well fed and carefully worked up to the time the colts are born, mares will breed better and produce better colts. Severe pulling or strains of any kind, however, must be avoided. There may be more injury coming from muddy pastures and barnyards than from ordinary work. Mares allowed to be idle all winter are more apt to lose their colts when put to work in the spring than are those that have been steadily in harness. If they are idle all winter they must be very carefully handled when put to work in the spring than are those that have been steadily in harness. If they are idle all winter they must be very carefully handled when put to work in the spring than are those that have been steadily in harness. If they are idle all winter they must be very carefully handled when put to work in the spring than are those that have be

Resis, Reireskes, Soelhes, Heals—Keep your Eyes Strong and Healthy. If they Tire, Smart, Itch, or Burn, if Sore, Irritated, use Murine often. Safe for Infant or Adult. At all Druggiats in Canada. Write for Free Eye Book. Murine Cempany, Chicage, U. S. &

stallions are destroyed for breeding purposes by indifferent care. They must be properly fed, groomed and worked every day from the close to the opening of the breeding season. This strengthens the power of reproduction. The hay and grain ration mentioned for mares will also be suitable for the stallions, giving only enough to keep the body in good thrifty condition, by



judicious feeding and plenty of exercise, avoid excess of fat. If given proper treatment, many so-called victous stallions now penned up like wild beasts will change their natures and become doctle. When working a stallion see that he has a collar that fits, and give only a little work at first, but gradually and carefully increase the amount of work until he becomes hardened, after which he will be able to do as much as any horse.

Minard's Liniment for sale every

Venetian Gondolas.

It was not until the end of the seventeenth century that the Venetian gondola assumed its present simplicity and sombreness of color. A vain attempt has been made to introduce it in other countries, but it has apparently resisted all efforts at acclimination.

# TIRES! TIRES!

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AN IRISH LEGEND.

When O'Donohue Drives His

Horses In Killarney.
When the surface of the Killarney
lakes is ruffled by a gale into foamy
whitecaps your boatman will tell you
that O'Donohue is driving his horses
hard this day.

whitecaps your boatman will tell you that O'Donohue is driving his horses hard this day.

If you ask him what he means by that he will tell you that many years ago, when Ireland was still ruled by Irish kings, a large and beautiful city stood in the place where the lakes are now. O'Donohue was the ruler of the region, of which this city was the capital, and his whole domain was blessed with a most exceptional prosperity. It was said that no one in those parts was ever sick or sad.

This remarkable presperity depended upon a simple thing. Just outside the gates of the city there was a sacred well which had to be covered every night else it would be angry.



At least twice a week, economical and wise housekeepers serve "Clark's" Pork and Beans either with Tomato, Chili or Plain

# W. CLARK, Limited

Manufacturers of Clark's Pork and Beans and other good things.

Beans and other good things.

For many years this thing was faithfully done. But one night, when O'Donohue was away everyone in court went on a spree and the well remained uncovered.

No sooner had the sun set than the waters in the well began to rise. They reached the well-curb and poured out over the sleeping city which lay in a deep valley.

When O'Donohue returned to his capital he saw nothing but rippling blue waters. Lashing his team of white horses to a run he plunged into the lakes and perished.

The natives say that when the lakes are clear you may look down and see roofs and spires and that when the wind blows you may hear the muffled ringing of church belis, while every Many day O'Donohue may be seen driving his white horses in a scud of foam and spray across the surface of the lakes.

Minard's Liniment Relieves Neuralgia \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

## A Chateau of Dark Memories

St. Germain-en-Laye, the scene of the peace negotiations with Austria,



by, but the famous Pompe of Marly that disturbed her rest with its clanking chains has been replaced by a modern contrivance. As one walked through the streets making mental notes of architectural features, the importance of cod taste in building matters made a forcible impression on the mind. There was a cycle repair shop with a yloreated ceiling in the manner of Loius XV., and almost every building now devoted to busi-

ness contains substantial evidence of former giory.

"If the streets and avenues are charming, the cipect of the custant is grim and forbidding. It is to some extent erminiscent of the Bastille, but the buttressed wans and giant articulations afformed rener to the sombre mural treatment. As far back as the twelfth century St. Germain was a favorite summer residence of the kings of France; to-day it is an attractive resort for Parisians, and it is a congenial centre for negists residents. The chateau owes its origin to a fortress built on the ground by Louis le Gros between the years 1108-1137 to command the River Seine at this point. A distinctive feature of the assemblage of stone is the small Gothic chapel, which was completed in 1238 by Pierre de Montereau. The visitor to the present chapel is depressed by the dour expression of the architecture, which makes a striking contrast to the cheerful design of the other chateaus of the period. St. Germain as it stands to-day is a product of the passion of Francis I. for building. "This versatile monarch celebrated here his nuptials with Claude, daughter of Louis XII. The arcticests, who received instructions in all probability direct from the king, employed brick for the building, which stands to-day shorn of the speciaus gardens which Du Cerceau shows in the original drawing, now in the British Museum. Louis XIV. was born under the roof in 1638, and after the death of Anne of Austria returned hither to escape the uncongenial atmosphere and restrictions of Paris. He had no real affection for the place and constantly paid tribute to the merits of the old chateau at Versatiles, finally resolving to employ Mansard to design and erect the grandiose palace. The exiled James II. found an asylum here after the revolution of 1688, and from this year until his death in 1701 numerous plots and intrigues were hatched favoring a second restoration.

Minard's Liniment Cures Burns, Etc.

# ROYAL YEAST CAKES

Royal Yeast has been the standard yeast in Canada for over 50 years, and it is a well known fact that bread made with Royal Yeast possesses a greater amount of nourishment than that made with any other.

# THE MAN WHO WINS

Is Always Full of Life and En-

St. Germain-en-Laye, the scene of the peace negotiations with Austria, is described by a correspondent in the Manchester Guardian. We read:

"The decision of the French Government to house the Austrian delegates in the old Chaicau of St. Germain-en-Laye pending the discussion of the terms of peace with Austria-Hungary shows discrimination as well as an element of poetic justice.

"Those who visited Paris in the days before the war and made pilgrimage to the ring of small towns—Mariy, Maisons, Lapete, St. Germain and Versailles—hold memories of umbrageous avenues, royal forests and lordly chateaus. In this district the splendor of the ancient regime still exists. The pave distrests of St. Germain, the noble houses of stone, jeweled with equisite windows and delicate balconies, curious lamps and richly decorated interiors, speak eloquently of the entertainment and delicate balconies, curious lamps and richly decorated interiors, speak eloquently of the entertainment and delight of the eighteenth century aristocrat. Richmond and Hampton Court are the English equivalents of this aristocratic quarter. St. Germain stands high above the Seinc.

"It is a rare jewel in a setting of old chestnut trees. Below, the sparking river describes an immense semictrice. Louveclennes, the former home of Mme. de Pompadour, is near-look and in the proposition of the ciphton of the compound.

\*\*Cook's Cotton Root Compound\*\*

\*\*The Cook's Cotton Root Comp

Minard's Liniment Cures Dandruff.

Wigg—I don't see how that fellow Skinnum can be laughing all the time when he's so crooked. Wagg—Yes, he's so crooked he can't even keep a straight face.

ISSUE NO. 35 1919

#### FARMS FOR SALE

F YOU DESIRE TO SELL. YOUR farm send me full particulars und have description published in my new Catalogue and my new whatever to you unless I effect a same J. D. Baggar, and Clyde Block, Hamilton, Ont.

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640 ACRES FOR SALE-34 MILES from Wolseley, Sank; on main line C.P.R.; 52 miles east of Regina; good district; 14 miles from school; 450 acres; all fenced and cross-fenced; good stone house, also frame house for hired help; implement shed barn and additions price \$40.00 crash, balance annual payments, with interest at 7 per cent; possession in fall. M. G. Croome, Drawer E. Wolseley, Sask.

200 ACRES. FINE STOCK AND grain farm, in Township of Arthur County of Wellington, with bank barn 56 x 60, stone house, good orchard, well watered and fenced, 20 acres hardwood bush, and 189 acres under cutivation, for Apply to Jas. McMillan & Sons, Mount Forest, Ont.

100 ACRES IN THE TOWNSHIP OF Arthur, County of Wellington, Lot 17, Concession 7, all cleared and in good state of cultivation, new bank barm 56 x 66, log house, two good wells, one mile from Kenilworth, church, sehool, and good market. For particulars, apply to owner, Mrs. Lynch, 600 Crawford St., Toronto, Ont.

FOR SALE—96 ACRES, NORTH HALF lot 5, concession 5, Beverly, 5 miles cas of Galt, good buildings, well fenced, well watered, in first class condition. Bell phone, rural route, school, convest in A. F. Allan, Galt, Ont., R.R. No.

FARM FOR SALE—50 ACRES, NORfolk County; 14 miles from Simcoe;
close to electric railway; soil sandy loanall clear, natural drainage. France house,
two barns, two good wells, spring cree,
two barns, two good wells,
two good wells,
two good wells,
two good wells,

#### MISCELLANEOUS

DOMINION EXPRESS MONEY ORDers are on sale in five thousand offices throughout Canada.

FOR SALE-FIFTY SHARES ANZAC Gold Mines at sixty cents each. W. Hyland, 217 George street, Toronto.

FOR SALE—THREE GASOLINE EN-gines, 3-5-7 h.p., also drag saw and double unit milker. Will sell lot or sep-arate; all new. P. O. Box 343, Montreal.

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frame stable, 18 x 22, and one acre of
and, with garden and vegetables; situated in village of Seguin Falls. Also 200
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