

per on a plate. On this the name "Gjoa."

# HN LUOKS DIRTY

Collins, While on His lidays, Attended a

pot, returned yesterday from oringing back an opinion of es very creditable to the fed

down and roll on them and ice any dust on your clothes," ollins. "and they are as level whose white uniforms re the street, and the least of dirt does not escape their pearance of Ottawa with eight years ago. Then, under of Bytown, it was a dirty agine held such possibilities. ns was in Ottawa to be pres e wedding of a niece of his took place on Tuesday last of the affair was his meeting Mr. Armstrong or 35 years, and has become cessful business man in Torhe and his old school friend

ERST, N. S. ept. 19.-The farm own as the Burton Embree at Amherst Point, occupied by ears, was totally destroyed by night, together with all the including clothing. The famwakened by the choking of ngest child and found the house ees. Mr. Sears' loss is a seri-

#### **VOUS DISORDERS**

otly Cured by the Use of Williams' Pink Pills

our hand trembles or is unemember that this is a sure fault. The mischief may dea worse stage. You feel unaclose flesh; you turn against suffer palpitations and indiafter eating. At times you are irritable, greatly depressed worried. Sometimes sharp ot down your spine and legs ably neuralgia robs you of ep at night. These are some of es that indicate the presence ous disorders. If these troubles ected they result in complete collapse and possibly paralysis. lliams' Ping Pills have won utation by curing all forms of disease. The nervous system tirely upon the blood supply ishment: when the blood i weak the nerves are affected ed. Dr. Williams' Pink Pills increase the supply of good red ed, strengthen and tone the enable them to perform their

"About two years ago I sufmuch from nervous prostration was a helpless wrack, I sufm headaches and a constant of dizziness. The least unusual ould startle me and set my alpitating violently. I had little petite, and grew so weak that ardly able to drag myself about ald not do my housework. In av I was in a depiorable concis the medicine I had been takmed to do me no good, my hus-ot a supply of Dr. Williams' Pink had only been taking the Pills uple of weeks, when I seeme d me to continue the treatment. hat on my strength gradually more weeks I was once more woman, able to do my own rk and feeling better than I well and feel that I owe my ealth to the healing powers of liams' Pink Pills."

other weak, sickly, worn out, person should follow the f Mrs. Ward and give Dr. Wil-Pink Pills a fair trial. These the veins and bring brightne ergy to the weak and despond-ld by all medicine dealers, or by 50 cents a box from The Di

# COOK'S ARCTIC WINTER; FOUR MONTHS NIGHT

Waiting Through Terrible Cold and Darkness for the Polar Dash

Fourth Chapter of Explorer's Thrilling Story of His Adventures Told in New Brunswick for News Readers Alone

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building and repairing sledges, mak-

hold down the unruly deep for so

many months thickened and closed.

THE LAST LOOK AT THE SUN.

During the last days of brief sun-

shine the weather cleared, and at noon

on October 24th everybody sought the

freedom of the open for a last glimpse

There was a charm of color and

glitter, but no one seemed quite happy

as the sun sank under the southern

ice, for it was not to rise again for

The Eskimos took this as a signal

to enter a trance of sadness, in which

the bereavement of each family and

the discomfort of the year are enact-

But to us the sunset of 1907 was an

inspiration for the final work in di-

which to begin the conquest of the

peditions have had the advantage of

the liberal hand of a government or

of an ample private fund. We were

a cargo of misfits devised by home

dreamers nor was the project handi-

capped by the usual army of novices,

for white men at best must be re-

garded as amateurs compared with

the expert efficiency of the Eskimo in

his own environment. Our food sup-

ply contained only the prime factors

of primitive nourishment. Special

foods and laboratory concections did

not fill an important part in our lard-

Nor had we balloons, auto, motor

sleds or other freak devices. We did,

however, have an abundance of the

all the raw material for the sled and

its accessories which was henceforth

The sled was evolved as the result

of careful study of local environment

and of the anticipated ice surface

Clintock sled, with its wide runners,

but which has been used by most ex-

plorers for fifty years, Nor did we

WHAT A POLAR SLED SHOULD

The conditions which a Polar sled

must meet are too complex to outline

here. In a broad sense it seemed that

the best qualities of the best wood

the local fitness of the Eskimo craft,

with tough hickory fibre and sealskin

lashings to make elasttle joints. With

plenty of native ingenuity to foresee

durance the possibilities of our sled

For dog harness the Eskimos' pat-tern was adopted, but canine economy

s such that when rations are reduced

traces were out from cotton log line.

A boat is an important adjunct to every sled expedition which hopes to

venture far from its base of opera-

when following the new coast line, as

is shown by mishap of Mylius Erick-

sen: for if he had had a boat he would

himself have returned to tell the story

of the Danish expedition to East

Need for a boat comes with the changed conditions of the advancing

several months for a chance use in the last stages of the return, but since

food supplies are necessarily limited,

delay is fatal. Therefore, when open water prevents progress a boat be-

comes in the nature of a life preserver.
Foolish indeed is the explorer who

imagines this detail of the problem. Transport of a boat, however, offers objections. Nansen introduced the

Kavak and most explorers since have

adopted the same device. The Eskimo

canoe serves the purpose very well, but to carry it for three months with-

out hopeless destruction requires an

amount of energy which stamps the

SELECTING A BOAT.

polar venture with failure.

Things must be carried for

and provide for adaptability and en

factory were very good.

Yukon sled could be combined with

abandon the old fashioned iron shoc

for German silver strips.

northward. We did not copy the Mc

to be linked with our destiny.

hickory suitable material, and

recting the shaping of the outfit with

ed in dramatic chants or dances.

one hundred and eighteen days.

of the dying day.

denied both favors.

Synopsis of Previous Chapters In the first instalment of his thrilling story, "The Conquest of the Pole," printed in the St. John Sun, on Wednesday, September 15th, Dr. Frederick A. Cook told of the start from Sloucester on the Bradley, of the voyage to the Polar seas and of the over hauling en route of the equipment needed for the dash to the Pole. In a graphic manner the discoverer wrote a story of Eskimo life that never has been excelled for human interest. He comedy that mingled in the dreary exstence of the dwellers in the Arctic and of the childlike eagerness of the natives to trade their valuable furs and ivories for the simplest things of The yacht, her owner, Mr. John Bradley, the explorer and his ary work for the final dash. Finally after describing the various places visited in Greenland in search guides and information as to condi-tions further north, Dr. Cooke wrote of the trip across Inglefield Gulf, past Cape Auckland and on towardd Cape tobertson. Here the discoverer closed the first part of his narrative with looming in the icy distance. the second instalment, published in the St. John Sun on Friday, Sept. 17. Cook described the journey to Etah and then on to Annotook, the place of plenty, which he selected as the base for his dash to the Pole. In the third instalment the explorer de-

#### The Conquest of the Pole

scribes the work of preparing his win-

ter quarters, closing with a graphic

description of a narwhal hunt.

By Dr. Frederick A. Cook

Fourth Instalment

Storms now came up with such force and frequency that it was not safe to venture out in hayaks. A few walruses were captured from boats, then sea hunting was confined to the ques of seal hunting through the young ice. A similar quest was being followed at every village from Annotook to Cape York. But all sea activity would now soon be limited to a few open spaces near prominent headlands. The scent of the real hunt changed from the sea to the land. We had as yet no caribou meat. The little auks gathered in nets during the summer and eider ducks, bagged later, disappeared fast when used as steady diet. We must procure hare, ptarmigan and reindeer, for we had not yet learned to eat with a relish the fishy liver-like substance which is characteristic of

all marine animals. Guns and ammunition were distribut ed, and when the winds were easy enough to allow one to venture out every man sought the neighboring hills. Franke also took his exercise with a gun on his shoulder. The combined results gave a long line of ptar-migan, two reindeer and sixteen hares As snow covered the under slopes the game was forced down near the sea, where we could still hope to hunt in

the feeble light of the early part of NO ANXIETY FOR WINTER.

With a larder fairly stocked, and we were spared the usual anxiety of winter without winter supplies, and Franke was just the man to use this game to good effect, for he had a way of preparing our primitive provisions that made our dinners seem quite equal to a Holland House spread. In the middle of October fox skins were prime, and then new steel traps were distributed and set near the many caches. By this time the Eski-mos had all abandoned their sealskin tents and were snugly settled in their winter igloos. The ground was covered with snow and the sea was nearly rozen over everywhere. Everybody was busy preparing for

ne coming cold and night. The temperature was about 20 degrees below Severe storms were becoming ess frequent and the air, though coldr, was less humid and less disagree able. An ice fort was formed and the winter sledging was begun by short excursions to bait fox traps and gather ing dog harness and shaping new win-

All these pursuits, with the work of .

portation. It seems rather odd that the ordinary folding canvas boat has not been pressed into this service. We found it to fit the situation exactly, selecting a twelve foot Eureka shaped boat with wooden frame. The slats, spreaders and floor pieces were utilized as parts of sleds. canvas cover served as a floor cloth for our sleeping bags. Thus the boat did useful service for a hundred days When at last the craft was spread and covered, in it we carried the sled in it we camped, in it we sought game, the meat of which took the place of

oo, would not have returned THE FOOD SUPPLY.

Preparation of the staple food supply is of even greater importance than means of locomotion. To the success of a prolonged Arctic enterprise in transit successive experience is bound to dictate a wise choice of equipment but it does not often educate the storr

From the published accounts of Arctic travellers it is impossible to select a satisfactory menu for future explorers and I hasten to add that perhaps our experience will be equally unsatisfactory to subsequent victims. Nor is it safe to listen to scientific advice, for the stomach is the one organ of the body which stands as the autocrat over every other human sense and passion and will not easily yield to foreign dictates. The prob-lem differs with every man, It differs with every expedition, and it is radically different with every nation. Thus when Dr. Gerlache forced Norwegian food into French stomachs he learned that there was a nationality in gas ter clothing, kept up a lively interest while the great crust which was to

DEPENDING ON ESKIMO FOOD.

In this respect as in others, I was nelped very much by the people who were to line up my forces. The Eskima is ever hungry, but his taste is normal. Things of doubtful value in nutrition form no part in his dietry. Meat and fat is entirely in favor as a steady diet without other adjuncts. His food requires neither salt nor sugar, nor is cooking a matter of necessity. Quantity is important, out quality applies only to the relative proportion of fat. With this key to he gastronomies of our lockers, pemican was selected as the staple food, which also served equally well for the dogs. We had an ample supply of pemican made by Armour, of pounded dried beef, sprinkled with a few rais-ins, some currants and a small quantity of sugar. This mixture was cemented together with heated beef tallow and run into tin cans containing six with His Lordship when he sails on pounds each. This combination was invented by an American Indian. It has been used before as part of the long list of foodstuffs in Arctic products, but with us it was the whole bill of fare when away from game haunts. Only a few palate surprises were carled and these will be indicated in the

narrative of camp life. The entire winter and night were pent with busy hands under direction of Eskimo and Caucasian ingenuity n working out the clothing and camp omforts without which we could not nvade the forbidden mystery of the Polar basin. Although we did not folow closely either the routes or methods of our predecessors. We are nevertheless doubly indebted to them, for their experience, including their failures, were our stepping stones to

End of fourth instalment.

(To be continued.)

OTTAWA, Sept. 20.-The Minister of Labor has appointed Jas. H. Gilmour of Brockville, and Aaron C. R. Mosher, Halifax, as members of the board conciliation and investigation, which has been established to inquire into the points at issue between the Board of Management and the Intercolonial Railway and the round house employees at Halifax. The two commissioners are now in communication for the purpose of selecting a third member of the board to act as chairman.

> KNOW NOW And Will Never Forget the Experience

to workable limits the leather straps disappear as food. To overcome this The coffee drinker who has suffered disaster the shoulder straps were made of folds of strong canvas, while the and then been completely relieved by changing from coffee to Postum knows He or she has no doubt about it. A

California lady says: "I learned the truth about coffee in a peculiar way. My husband who has for years been of a very bilious temrament decided to leave off coffee and give Postum a trial and as I did not wan: the trouble of making two bevrages for meals I concluded to try Pos'um, too, and the results have been that while my husband has been grently benefited, I have myself re-

"When I began to drink Postum I was thin in flesh and very nervous. Now I actually weigh 16 pounds more than I did at that time and I am strenger physicially and in my nerves, while husband is free from all his ails. "Ve have learned our little lesson Pos um steadily for the last three years and we shall always continue to

"We have no more use for coffee the drug drink. We prefer Postum Look in pkgs for the famomus little book, "The Road to Wellville." There's

Sectional boats, aluminum boats, skin floats and other devices have one appears from time to time. They been tried, but to all there is the same fatal objection of impossible trans-

### ANNUAL SWIM THROUGH THE CITY OF LONDON.



The distance is over fourteen and I In the last race there were twenty-

One of the real aquatic events of the one-half miles. All of the best swim-mers in London at one time and another have taken part in the event. In fact, no swimmer is thought to have qualified as a long distance com-petitor without having hinde the tants not one failed to make the dis-

four male competitors, and, in addition to them, eight women. There has been remarkable advancement in swimming by women in England within the last without having made the tants not one failed to make the dis-

about three and one-half hours. Jar ninth in the race. Not one of the con

### STRATHCONA IS 7 ENTHUSIASTIC

Thinks the West is a Magnificent Country

WINNIPEG A WONDER

And Vancouver's Future the Brightest--Good Class of Immigrants Coming

Lord Strathcona's special train reached the city from Halifax last evening at 9.15 o'clock, having beaten out the regular passenger train rate for the distance by over three hours. The special left Halifax at three o'clock yesterday afternoon and left Moncton at 7.19 o'clock last evening. Accompanging the High Commissioner are his grandchildren, miss the Hudson Bay Company. Miss Howard and Mr. Howard will also be

During the five minutes in which ocomotices were being changed here, Lord Strathcona stood upon the rear end of his private car Earnscriffe, and newspaper representatives were able to secure a few words of conversation from him. His Lordship explained that he was now somewhat deaf as the result of

Governor General and council.

injury received from the concussion of a cannon near which he had been standing at the time of firing. His Lordship also carried his right arm in a sling. Lord Strathcona stated that his trip had been made purely as a personal

visit to the Governor of Nova Scotia. whom he desired to see before leaving for the old country. During his several weeks' stay in

Canada also he had been through the western country and had been unwilling to go away without a glimpse at the esatern provinces. Asked as to his impression of this section of Canada, the High Commissioner replied that "it seemed to be doing nicely." No Canadian, however, he said, should neglect seeing the Northwest. Winnipeg he regarded as a wonderful city, developed as it had been within his remembrance from a post with one hundred and lifty residents to a magnificent city of fine buildings with a population of 130,000. Vancouver, too, came in for praise

from His Lordship, who remarked upon its growth, in a few years, from nothing to a city of 100,000 souls. "I would not be surprised to see

Lord Strathcona remarked. When inquiry was made as to his plans in resuming the High Commissionership, he intimated that some "One does not tell those things." Immigration from the Old Country to Canada would, he expected, be large quality of the incomers who were now being secured was more a cause for congratulation than their numbers. completely outfitted settlers who were crossing the border from the United

Lord Strathcona has not been in St John since 1906, when he landed here from one of the Empress steamers. "I have often been in the provinces." said His Lordship, "and can remember going over the Intercolonial when it was called a one-horse road."

WEALTHY CHINESE, ARE

ing's train over the I. C. R. were two erara, West Indies. who are returning to Hong Kong to spend their restern-gathered fortunes in the land nterred. They reached St. John by

## MONTREAL SOLID LABOR CONGRESS MUCH INTEREST OPENS IN QUEBEC IN N. B. MINERALS

Fifty Delegates Attend

Overwhelming Vote Against Present System

FOR CIVIC

COUNCIL CUT IN HALF

Board of Control Endorsed by Sweeping Majority

made an attempt today to put an end to the bad methods in vogue at the City Hall as brought out by the Royal Frances Howard and Donald Howard, Commission, by voting in favor of a and C. Co Chipman, commissioner of reduction of aldermen by one-half, from forty-four to twenty-two, and by the creation of a board of control which will perfect the duties formerly in charge of committees of aldermen. hearted one may be seen by the details

of the vote: For reduction of Aldermen, 19,585. Against, 1.640. Majority for reduction, 17,945. For board of control, 18,528. Against, 2,413. Majority for, 16,115. For board of works, 3,050. Against, 14,499.

Majority against, 11,499 The board of works was a substitute proposed by the council for the board of control, performing much the same duties and having much the same powers, its members being the heads of the various civic departments. It would be appointed by the council. The board of control is to be elected by the people and each member will be paid a salary of \$10,000 per year. There

are to be four members. Every ward in the city voted in favor of the change and there were only two polls in which a negative vote was cast, both in St. Mary's ward, which is represented by Ald. Mederic Martin, whose name was mentioned several times before Royal Commission. He held his constituents together better than any of the other aldermen opposed to the board of control, and even he was beaten by nearly two to one, the general proposition throughout the city

being eighteen to one. There were fears in some quarters that the French speaking wards would vote wrong, the allegation having been made that the practical working out of the new system would be to place control of the city in the hands of the English speaking aldermen and con-

trollers. The argument did not have any effect, as the French speaking wards were to all intents and purposes quite as solid as the English. The trades and labor council also condemned the change, but the rethis coming season. The splendid turns do not show that its action had any great effect on the result.

> Children Cry FOR FLETCHER'S CASTORIA OLD-HOME WEEK AT STONY-

Stranger in Their Midst-"This homeoming celebration isn't very much o

success, is it?" Citizen-"Well, ye see, we got pretty cold deal—the only feller, who come home was old Bill Skinner, an most of us was hopin' he'd gone for

ican Chinamen, they have adhered closely to their Orinetal style of dress P. R., but from St. John to Montres they must travel over the I. C. R., as hibited by the state and federal laws The railway is sending a man in While these were the most distin guished they formed only a portion of the strange Chinamen in the city yes-

where every true Chinaman must be terday. A party of ninety Chinks reached, the city by steamer yesterthe steamer Sobo. Each had with him day and are being held here in bone a body-servant, and a varied assort-ment of luggage. The pair conduct the them will be permitted to land. The argest general store in the West In- ninety are bound for Mexico, where dies. Unlike the Canadian and Amer- they are under contract as labore

ORIENTAL LABOR

MacKenzie King Says Those Who Oppose it Will Have a Hearing-Other Speeches

QUEBEC, Sept. 20 .- With over 150 delegates from outside points the twenty-fifth annual convention of the Trades and Labor Congress opened this morning in the private bills comings and will continue until Friday evening next, during which time many will be discussed. The delegaets to the Congress arrived in large numbers on Saturday evening and yesterday and when the convention was called to order this morning by the president, A. Verville, M. P., it promised to be one of the largest in its history to study deeply the educational question so as to know what to ask for

Hon, W. MacKenzie King declared that it was his intention to make or the labor department one of the best organized. He urged the delegates to look at the labor question from a na-

tional point of view. He promised that before the Grand Trunk Pacific was give an opportunity to employ Oriental labor on its western section other interests would be given an opportunity of being

THE PLENARY COUNCIL

Very Successful Function at Quebec--Thousands of Citizens Attend

QUEBEC, Sept. 20 .- The reception tendered by Sir Geo. Garneau, mayor of this city, and aldermen, to the fathers of the plenary council in the City Hall this evening was a grand success and was attended by thousands of citizens. The reception lasted from eight to eleven p. m. and almost every archbishop and bishop, as well as the delegates to the council. were present. The City Hall had been beautifully decorated for the occasion and the reception was held in the council chamber.

Mgr. Sbarretti, papal ablegate, sir Bruchesi, Mgr. Lengevin and Mr. Gauthier remained all evening in the council chamber, receiving the crowds that passed in and as soon as they had shaken hands with the ablegate, the guests passed into the mayor's reception rooms, where they shook hands horse which Peter Clinch purchased with all the other fathers of the council. Tomorrow evening a reception will Martin Chapman was in the saddler

Over a Hundred and Sun's Story of Gas Well Attracts Attention

AT-EXHIBITION

Four Thousand Attend F'ton Fair Yesterday--Livestock Judging Nearly Finished

EXHIBITON GROUNDS, Frederice on, Sept. 20.—The exhibition went along with a good swing today, the weather was all that could be desired and the attendance of the best, some Four thousand passing through the turnstiles. With the large excursions due here tomorrow the record of Fredericton exhibitions should be

The Wild West show gave their first performance this afternon and made a good hit, their specialties consisting show consists of twenty-five men, and previous to the performance they gave again this evening

The awarding of herst made a clean sweep on helfers winning fifteen first and three dip-Wm. Pinkney and Chas. Pink ney of Yarmouth won all the prizes i the Devoushire herds Robert Bros honors for pold Guernseys and H." W. Corning of Yarmouth for young

Judging of cattle was finished this afternoon. All the five stock is now completed with the exception of horses Sir William VanHorne carried of all the prizes for French-Canadian cattle and his stock was highly commented upon by the judges.

St. Mary's band of St. John supplied the music at the exhibition today, and their playing was much appreciated. John E. Stocker of Oromocto is givhall daily on the successful handling of bees. The management at considerable expense has procured for amusement hall this week the noted Balliols, Europe's great equilibrists. and also Marian and Pyser, world renowned acrobats.

At the solicitation of a great number the Alabama troubadours have been induced to remain until the closing of the exhibition.

Dr. Bailey, who is in charge of the New Brunswick mineral display, and most of which has been collected by himself has placed in front of his exhibit the first page of today's St. John Sun describing the great natural gas well of Alberta, and alongside specimens of the oil as well as samples of George Garneau, Mgr. Begin, Mgr. the oil sand. The exhibit attracts much attention.

> As the engine of No. 5 fire st was responding to yesterday's alarm it struck the Kentucky thoroughbred from the provincial government, Neither he nor the horse was injured

## Brighten Up for the Winter Months

The next few months will be spent indoors. You should make your house look as attractive as possible inside. Floors should be repainted or revarnished, wainscoting cleaned and painted, stove pipes enameled, cupboards, shelving, furniture, walls, radiators and everything in and about the house "brightened up." Sherwin-Williams Brighten Up Finishes include a paint and varnish and stain and enamel for every purpose. You will find the operation of "brightening up" not laborious, but interesting, and the improved appearance of your house will delight you. Ask your dealer for

SHERWIN-WILLIAMS Brighten Up Finishes
Made in Canada. The SMERNIN-WILLIAMS CO. Montreal Toronto Winnipes

