

COOK'S ARCTIC WINTER; FOUR MONTHS NIGHT

Waiting Through Terrible Cold
and Darkness for the
Polar Dash

Fourth Chapter of Explorer's Thrilling
Story of His Adventures Told in
New Brunswick for News Readers
Alone

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Synopsis of Previous Chapters

In the first instalment of his thrilling story, "The Conquest of the Pole," printed in the St. John Sun on Wednesday, September 15th, Mr. Frederick A. Cook told of the start from Gloucester on the voyage to the Polar sea and of the over-landed on reaching the equator. In a graphic manner the discoverer wrote a story of Eskimo life that never has been told before. He described the life of the dwellers in the Arctic and the hardships of the journey. He told of the time life, the tragedy and comedy that mingled in the dreary existence of the dwellers in the Arctic and the hardships of the journey. He told of the time life, the tragedy and comedy that mingled in the dreary existence of the dwellers in the Arctic and the hardships of the journey.

building and repairing sledges, making clothing, kept up a lively interest. The great crust which was to hold down the sledge was for so many months thickened and closed.

THE LAST LOOK AT THE SUN.

During the last days of brief sunshine the weather cleared, and at noon on October 24th everybody sought the freedom of the open for a last glimpse of the dying day. There was a charm of color and light, but no one seemed quite happy. The sun sank under the southern horizon, and for it was not to rise again for one hundred and eighty days. The Eskimos took this as a signal to enter a trance of sadness, in which the bereavement of each family and the discomfort of the year are enacted in dramatic chants or dances. But to the sunset of 1907 was an inspiration for the final work in directing the shaping of the outfit with which to begin the conquest of the pole. The last look at the sun was a fitting prelude to the adventures of the expedition. The last look at the sun was a fitting prelude to the adventures of the expedition.

The Conquest of the Pole

By Dr. Frederick A. Cook

Fourth Instalment

Storms now came up with such force and frequency that it was not safe to venture out in kayaks. A few walrus were captured from boats, then sea hunting was confined to the quest of seal hunting through the young ice. A similar quest was being followed by every village from Cape York to Cape York. But all sea activity would soon be limited to a few open spaces near prominent headlands. The quest of the seal hunt changed from the sea to the land. We had as yet no caribou meat. The little seals gathered in nets during the summer and elder ducks, lagged later, disappeared fast when used as steady diet. We must procure hare, ptarmigan and reindeer, for we had not yet learned to eat with a relish the fishy liver-like substance which is characteristic of all marine animals. Guns and ammunition were distributed, and when the winds were easy enough to allow one to venture out, every man sought the neighboring hills. Franks also took his exercise with a gun on his shoulder. The combined results gave a long line of ptarmigan, two reindeer and sixteen hares. As snow covered the under slopes the game was forced down near the sea, where we could still hope to hunt in the feeble light of the early part of the day.

NO ANXIETY FOR WINTER.

With a larger fairly stocked, and good prospects for other tasty meat, we were spared the usual anxiety of a winter without winter supplies, and Franks was just the man to use this game to good effect. He had a way of preparing our primitive provisions that made our dinners seem quite equal to a Holland House spread. In the middle of October fox skins were prime, and then new steel traps were distributed and set near the many caches. By this time the Eskimo and all abandoned their seal skin tents and were snugly settled in their winter igloos. The ground was covered with snow and the sea was nearly frozen over everywhere. Everybody was busy preparing for the coming cold and night. The temperature was about 20 degrees below zero. Severe storms were becoming less frequent and the air, though still cold, was less humid and less disagreeable. An ice fort was formed, and the winter sledging was begun by short excursions to haul for traps and gather food. The sledging was begun by short excursions to haul for traps and gather food. The sledging was begun by short excursions to haul for traps and gather food.

All these pursuits, with the work of

portation. It seems rather odd that the ordinary folding canvas boat has not been pressed into this service. We found it to fit the situation exactly, selecting a twelve foot Eureka shaped boat with wooden frame. The sails, spreaders and floor pieces were utilized as parts of sleds. The canvas cover served as a floor cloth for our sleeping bags. Thus the boat did useful service for a hundred days and was never in evidence as a cumbersome device.

When at last the craft was spread and covered, in it we carried the sled. In it we camped, in it we sought game, the most of which took the place of exhausted supplies. Without it we, too, would not have returned.

THE FOOD SUPPLY.

Preparation of the staple food supply is of even greater importance than means of locomotion. To the success of a prolonged Arctic enterprise, in transit successive experience is bound to dictate a wise choice of equipment, but it does not often educate the stomach. From the published accounts of Arctic travellers it is impossible to select a satisfactory menu for future explorers and I hasten to add that perhaps our experience will be equally unsatisfactory to subsequent victims. Nor is it safe to listen to scientific advice, for the stomach is the one matter of the body which stands as the autoclave over every other human sense and proportion, and will not easily yield to foreign dictates. The problem differs with every man. It differs with every expedition, and it is radically different with every nation. Thus when Dr. Gerlach forced Norwegian food into French stomachs he learned that there was a nationality in gastronomy.

DEPENDING ON ESKIMO FOOD.

In this respect as in others, I was helped very much by the people who were to line up my forces. The Eskimo is ever hungry, but his taste is normal. He is not a gourmet in nutrition from no meat in his diet. Meat and fat is entirely in favor as a steady diet without other adjuncts. His food requires neither salt nor sugar, nor is cooking of necessity. Quantity is important, but quality applies only to the relative proportion of fat. With this key to the gastronomic of our lookers, penicillin was selected as the staple food, which also served equally well for the dogs. We had an ample supply of pemican made by Arctic natives, dried beef, sprinkled with a few raisins, some currants and a small quantity of sugar. This mixture was cemented together with heated fat and run into tin cans containing six pounds each. This combination was invented by an American Indian. It before was used by the Eskimo as a long list of foodstuffs in Arctic portions, but with it was the whole bill of fare. The mixture was carried and these will be indicated in the narrative of camp life.

The entire winter and night were spent with busy hands under the tent of Eskimo and Caucasian ingenuity in working out the clothing and camp comforts without which we could not have survived. Although we did not follow closely either the routes or methods of our predecessors, we are nevertheless doubly indebted to them for their experience, including their failures, were our stepping stones to success.

END OF FOURTH INSTALLMENT.

(To be continued.)

OTTAWA, Sept. 20.—The Minister of Labor has appointed Jas. H. Gilmore of Brockville, and Aaron C. R. Mosher of Halifax as members of the board of inquiry into the conditions of the railway workers. The board of inquiry into the conditions of the railway workers. The board of inquiry into the conditions of the railway workers.

WHAT A POLAR SLED SHOULD BE.

The conditions which a Polar sled must meet are too complex to outline here. In a broad sense it seemed that the best quality of material for a sled should be combined with the local timber of the Eskimo craft, with tough hickory and seal skin lashings to make elastic joints. With plenty of native ingenuity to foresee and provide for adaptability to unforeseen conditions, the possibilities of our sled factory were very good.

For dog harness the Eskimo pattern was adopted, but canine economy is such that when rationers are reduced to workable limits the leather straps disappear as food. To overcome this disaster the shoulder straps were made of folds of strong canvas, while the traces were cut from cotton leg line. A boat is an important adjunct to the sled, and the sledging party hopes to venture far from its base of operations. It is a matter of necessity, even when following the new route, as is shown by mishap of Mylius Eriksen: for if he had had a boat he would himself have returned to tell the story of the Danish expedition to East Greenland.

Need for a boat comes with the changed conditions of the advancing season. This must be carried for several months for a chance use in the last stages of the return, but since food supplies are necessarily limited, delay is fatal. Therefore, when open water prevents progress, a boat becomes in the nature of a life preserver. Poodah indeed is the explorer who imagines this detail of the problem. Transport of a boat, however, offers objections. Nansen introduced the kayak and most explorers since have adopted the same device. The Eskimo canoe, however, is a very well built, but to carry it for three months without hope of destruction requires an amount of energy which stamps the polar venture with failure.

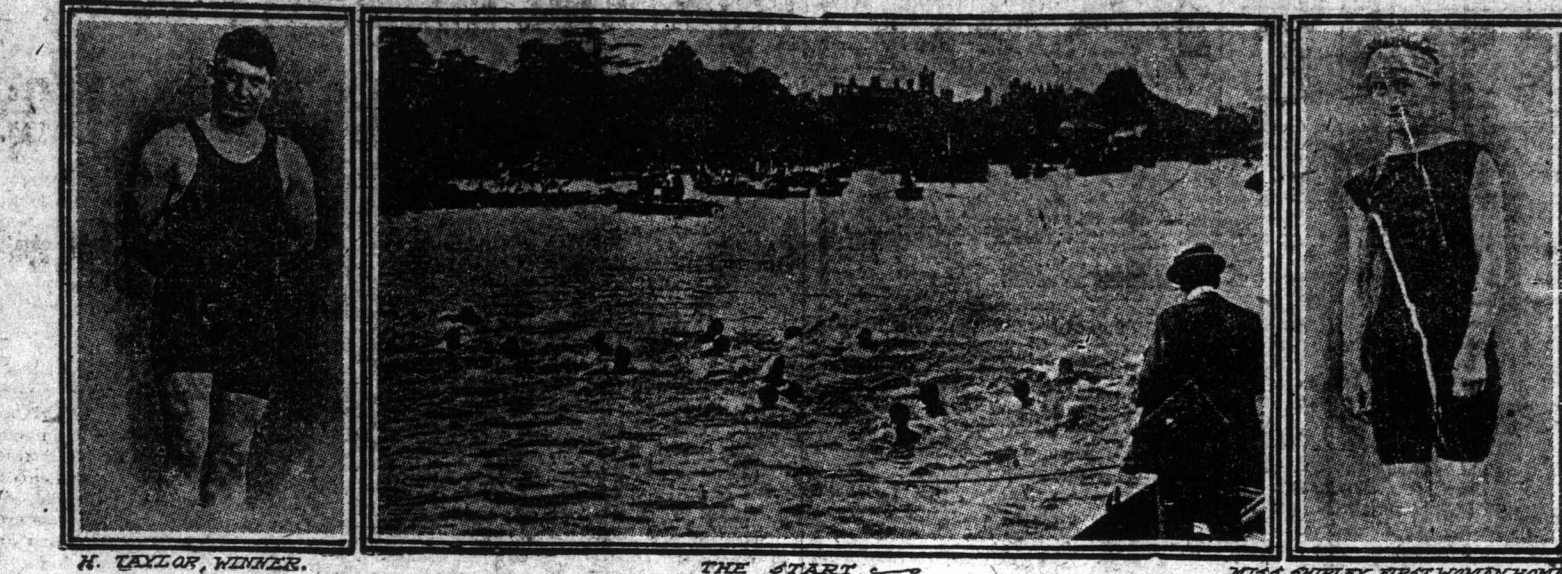
SELECTING A BOAT.

Sectional boats, aluminum boats, skin boats and other devices have been tried, but to all there is the same fatal objection of impossible transportation. It seems rather odd that the ordinary folding canvas boat has not been pressed into this service. We found it to fit the situation exactly, selecting a twelve foot Eureka shaped boat with wooden frame. The sails, spreaders and floor pieces were utilized as parts of sleds. The canvas cover served as a floor cloth for our sleeping bags. Thus the boat did useful service for a hundred days and was never in evidence as a cumbersome device.

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THE NEWS, ST. JOHN, N. B. FRIDAY, SEPTEMBER 24, 1909

ANNUAL SWIM THROUGH THE CITY OF LONDON.



One of the real aquatic events of the year in London is the annual swim through the city in the Thames.

The distance is over fourteen and one-half miles. All of the best swimmers in London at one time and another have taken part in the event.

In fact, no swimmer is thought to have qualified as a long distance competitor without having made the "swim through the city."

The race was won by Mr. Taylor in about three and one-half hours. Jack was a previous winner, was second Taylor, and T. Reeves, who is well known as a billiardist in London, was ninth in the race. Not one of the contestants was greatly distressed when the task was completed.

STRATHCONA IS ENTHUSIASTIC

Thinks the West is a Magnificent Country

WINNIPEG A WONDER

And Vancouver's Future the Brightest—Good Class of Immigrants Coming

Lord Strathcona's special train reached the city from Halifax last evening at 8:15 o'clock, having beaten out the regular passenger train rate for the distance by over three hours. The special left Halifax at three o'clock yesterday afternoon and left Montreal at 7:15 o'clock last evening.

Accompanying the High Commissioner are his grandchildren, Miss Frances Howard and Donald Howard, and C. C. Chipman, commissioner of the Hudson Bay Company. Miss Howard and Mr. Howard will also be with His Lordship when he sails on the special to Vancouver.

During the five minutes in which the locomotives were being changed here, Lord Strathcona stood upon the rear end of his private car. He was surprised to find a number of men standing to secure a few words of conversation from him.

His Lordship explained that he was now somewhat deaf as the result of injury received from the concussion of a cannon near which he had been standing at the time of firing. His Lordship also carried his right arm in a sling.

Lord Strathcona stated that his trip had been made purely as a personal matter. He had been invited to visit the Governor of Nova Scotia, and he desired to see before leaving for the old country.

During his several weeks' stay in Canada also he had been through the western country and had been unwilling to go away without a glimpse at the eastern provinces. Asked as to his impression of the Dominion of Canada, he replied that it was a magnificent country, developed as it had been within his remembrance from a post with one hundred and fifty residents to a city of 100,000 souls.

Vancouver, too, came in for praise. His Lordship, who remarked upon his growth, in a few years, from nothing to a city of 100,000 souls.

"I would not be surprised to see it become the greatest city in Canada," Lord Strathcona remarked.

When inquiry was made as to his plans in resuming the High Commissioner's duties, he intimated that something new was to be done, but added, "One does not tell those things."

Immigration from the Old Country to Canada would, he expected, be large this coming season. The splendid quality of the incoming were now being secured was more a cause for congratulation than their numbers.

The same was true of the thousands of completely outfitted settlers who were crossing the border from the United States.

Lord Strathcona has not been in St. John since 1906, when he landed here from one of the Empress steamers. "I have often been in the provinces," said His Lordship, "and can remember going to the Intercolonial when it was called a one-horse road."

WEALTHY CHINESE ARE HOMEWARD BOUND

Among the passengers by last evening's train over the I. C. R. were two very wealthy Chinese merchants from Hong Kong.

They were the most distinguished they formed only a portion of the strange Chinamen in the city yesterday. A party of ninety Chinamen, who were on the Empress steamers yesterday, and are being held here in boxes until the sailing of the Sobo. None of them will be permitted to land. The party are bound for Mexico, where they are under contract as laborers.

MONTREAL SOLID FOR CIVIC REFORM

Overwhelming Vote Against Present System

COUNCIL CUT IN HALF

Board of Control Endorsed by Sweeping Majority

MONTREAL, Sept. 20.—Montreal made an attempt today to put an end to the bad methods in vogue at the City Hall as brought out by the Royal Commission, by voting in favor of a reduction of aldermen by one-half, from forty-four to twenty-two, and by the creation of a board of control, which will perfect the duties formerly in charge of committees of aldermen. That the decision was not a half-hearted one may be seen by the details of the vote:

For reduction of Aldermen, 19,555. Against, 1,640. Majority for reduction, 17,915. For board of control, 18,223. Against, 2,423. Majority for, 15,800.

The board of works was a substitute proposed by the council for the board of control, performing much the same duties and having much the same powers. Its members being the heads of the various civic departments. It would be appointed by the council. The board of control is to be elected by the people and each member will be paid a salary of \$10,000 per year. There are to be four members.

Every ward in the city voted in favor of the change, and there were only two polls in which a negative vote was cast, both in St. Mary's ward, which is represented by Ald. Mederic Martin, whose name was mentioned several times before the Royal Commission. He held his constituents better than any of the other aldermen opposed to the board of control, and even he was beaten by nearly two to one, the general proposition throughout the city being eighteen to one.

There were fears in some quarters that the French speaking wards were to all intents and purposes going to be sold as the English.

The trades and labor council also condemned the change, but the returns do not show that its action had any great effect on the result.

Children Ory for Fletcher's CASTORIA

OLD-HOME WEEK AT STONY RIDGE

Stranger in Their Midst—"This homecoming celebration isn't very much of a success, is it?"

Citizen—"Well, you see, we got a pretty cold deal—the only fellow who came home was old Bill Skinner, and most of us was hoping he'd gone for good—Puck."

ican Chinamen, they have adhered closely to their Oriental style of dress.

Their transportation is over the C. P. R., but from St. John to Montreal they must travel over the I. C. R., as the C. P. R. is prohibited by the state and federal laws.

The railway is sending a man in charge of the party.

While there were the most distinguished they formed only a portion of the strange Chinamen in the city yesterday. A party of ninety Chinamen, who were on the Empress steamers yesterday, and are being held here in boxes until the sailing of the Sobo. None of them will be permitted to land. The party are bound for Mexico, where they are under contract as laborers.

LABOR CONGRESS OPENS IN QUEBEC

Over a Hundred and Fifty Delegates Attend

ORIENTAL LABOR

MacKenzie King Says Those Who Oppose It Will Have a Hearing—Other Speeches

QUEBEC, Sept. 20.—With over 150 delegates from outside points the twenty-fifth annual convention of the Trades and Labor Congress opened this morning in the private bill committee room of the parliament building and will continue until Friday evening next, during which time many matters of interest to working men will be discussed. The delegates to the Congress arrived in large numbers on Saturday evening and yesterday and when the convention was called to order this morning by the president, A. Verville, M. P., it promised to be one of the largest in its history.

Sir Lester Gwynne urged the delegates to study deeply the educational question as to how to make it a reality. Hon. W. MacKenzie King declared that it was his intention to make of the labor department one of the best organized. He urged the delegates to look at the labor question from a national point of view.

He promised that before the Grand Trunk Pacific was given an opportunity to employ Oriental labor on its western section other interests would be given an opportunity of being heard.

CIVIC RECEPTION TO THE PLENARY COUNCIL

Very Successful Function at Quebec—Thousands of Citizens Attend

QUEBEC, Sept. 20.—The reception tendered by Sir Geo. Garneau, mayor of this city, and aldermen, to the fathers of the plenary council in the City Hall this evening was a grand success and was attended by thousands of citizens. The reception lasted from eight to eleven p. m. and almost every architect and bishop, as well as the delegates to the council, were present. The City Hall had been beautifully decorated for the occasion and the reception was held in the council chamber.

Mrs. Barrett, papal ablegate, Sir George Garneau, Mr. Best, Mr. Bruchesi, Mr. Langevin and Mr. Gauthier remained all evening in the council chamber, receiving the crowds that passed in and as soon as they had shaken hands with the ablegate, the guests passed into the mayor's reception room, where they shook hands with all the other fathers of the council. Tomorrow evening a reception will be held at Spencerwood.

Dr. Bailey, who is in charge of the New Brunswick mineral display, and most of which has been collected by himself, has placed in front of his exhibit the first place of today's St. John Sun describing the great natural gas well of Alberta, and alongside specimens of the oil as well as samples of the oil sand. The exhibit attracts much attention.

As the engine of No. 4 fire engine was responding to yesterday's alarm it struck the Kentucky thoroughbred horse which Peter Clinch purchased from the provincial government. Martin Chapman was in the saddle. Neither he nor the horse was injured.

MUCH INTEREST IN B. MINERALS

Sun's Story of Gas Well Attracts Attention

AT EXHIBITION

Four Thousand Attend F'lon Fair Yesterday—Livestock Judging Nearly Finished

EXHIBITION GROUNDS, Fredericton, Sept. 20.—The exhibition went along with a good swing today, the weather was all that could be desired and the attendance of the best, some four thousand passing through the turnstiles. With the large excursions due here tomorrow the record of Fredericton exhibitions should be easily broken.

The Wild West show gave their first performance this afternoon and made a good hit, their specialties consisting of war dances and various tricks. The show consists of twenty-five men, and previous to the performance they gave a street parade. They performed again this evening.

The awarding of prizes was continued all day. W. W. Black of Amherst made a clean sweep on hollers, winning fifteen first and three diplomas. Wm. Pinkney and Chas. Pinkney of Yarmouth won all the prizes in the Devonshire class. The Devonshire of Charlottetown carried off first honors for old Guernsey and H. W. Corning of Yarmouth for young Guernsey.

Judging of cattle will continue this afternoon. All the live stock is now complete with the exception of horses. Sir William Van Horne carried off all the prizes for French-Canadian cattle and his stock was highly commended upon by the judges. The St. John band of St. John supplied the music at the exhibition today, and their playing was much appreciated.

John E. Stocker of Oromocto is giving information in the agricultural hall daily on the successful handling of bees. The management at considerable expense has procured for amusement hall this week the notable Ballios, Europe's great equilibrist, and also Marian and Pysier, world renowned acrobats.

At the solicitation of a great number the Alabama troubadours have been induced to remain until the closing of the exhibition.

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Brighten Up for the Winter Months

The next few months will be spent indoors. You should make your house look as attractive as possible inside. Floors should be repainted or revarnished, wainscoting cleaned and painted, stove pipes enameled, cupboards, shelving, furniture, walls, radiators and everything in and about the house "brightened up."

Sherwin-Williams Brighten Up Finishes include a paint and varnish and stain and enamel for every purpose. You will find the operation of "brightening up" not laborious, but interesting, and the improved appearance of your house will delight you. Ask your dealer for

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