This life of ours is made up of beginnings. After the rest of the night we have on each succeeding day to begin again our round of work, and then comes the night again, when our work must be laid aside. So, too, does the life of our souls consist in great part of beginnings, though in the great work of saving our souls there should be no such thing as rest. This work must be unceasing, until that night comes wherein no man can work, the night of death, when our great Master shall demand of us an account of our labor. On this day, then, which is the beginning of the Church's year, it is well for us to pause and ask ourselves how we ning of the Church's year, it is well for us to pause and ask ourselves how we are fulfilling the task that is set before us. Are our souls asleep? Have our consciences been lulled into a false security concerning the state of our immortal souls? Are we careless or indifferent about the one thing needful for us—our soul's salvation?

To each and every one of us to-day come the warning words of the Apostle, "Brethren, know that it is now the hour for us to arise from sleep." Now is the time for us to shake off our slothfulness, to rouse ourselves from our dangerous

time for us to shake off our slothfulness, to rouse ourselves from our dangerous state of idleness and inactivity, to cast off the works of darkness and clothe ourselves in the armor of light, to put on the Lord Jesus Christ, and, arrayed on the Lord Jesus Christ, and, arrayed in the strength which He gives, to walk honestly as in the day. "The night is passed," says St. Paul. God grant that for each one of us the dark night of mortal sin may be for ever past and gone; that its terrible gloom may never again settle down upon our souls, shutting out the light of heaven, the pure and radiant light of God's grace. For "the day is at hand," the day of reckoning, the day of wrath and terror, when we shall all stand before the judgment seat of Christ. The Church to

Yes, our salvation if we have been faithful, or our eternal damnation if God's judgment overtake us in the state of mortal sin. Therefore it is that the of mortal sin. Therefore it is that the Church, lifts up her voice to warn us of the coming of our Lord, telling us of His near approach, and bidding us to prepare to meet Him. Will you heed this warning, or will you still put off the day of your conversion to God? Beware! God's warning may be given you to-day for the last time. "Behold, now is the acceptable time;" "it is now the hour to rise from sleep." There is still time for you to turn from your sins and begin again to serve God. Perhaps you have tried before and then have fallen back into old ways and habits of sin. Begin again. We must always be beginning if we would make any progress. We must examine our consciences at the end of you to turn from your sins and begin again to serve God. Perhaps you have tried before and then have fallen back into old ways and habits of sin. Begin again. We must always be beginning if we would make any progress. We must examine our consciences at the end of each day, and find out how we have called the serves of the

lightened it, and the Lamb is the lamp for the edificati thereof.'

CATHOLIC CONVERT LEAGUE

A LAYMAN'S PLEA FOR A UNI-VERSAL ASSOCIATION

Dear Mr. Editor,—Will you allow me through the pages of your valued paper, the CATHOLIC RECORD, to invite the interest of the Canadian Catholics in a movement which is now making headway, not only in Washington, D. C., but which, we trust, will shortly also be widely spread throughout the United States. It is that of an organization of States. It is that of an organization of Catholic Convert League of Washing

It was formed at the Apostolic Mission House on the 8th. December (the Feast of the Immaculate Conception) 1909, and it has now a membership of well-nigh one hundred. It is not an entirely new movement; for a similar league has been in existence for several years in New York City, and is doing excellent work of an Apostolic nature. The history of the inception of the Washington League is of interest: Two or three laymen conferred together upon the project. They were of opinion that Converts to the true Faith were frequently and to a great extent isolated, and that after having for conscience sake bid farewell to their dear of well-nigh one hundred. It is not a

isolated, and that after naving for con-science sake bid farewell to their dear ones and former friends in order to embrace the True Faith of Jesus Christ, found themselves practically strangers in a strange city, with hardly a friend (except the parish priest) or a word of encouragement from those from whom they had hoped would be true friends to they had hoped would be true friends to them in their new environment. And so the project was discussed of forming an organization very much upon the lines of the League of New York. It was felt that such a valuable organization as that which is doing such excellent work in that city, should not be confined within a limited sphere, but should be widely extended all over the United States.

#### IS YOUR SKIN ON FIRE

Does it seem to you that you can't stand another minute of that awful,

stand another minute of that awful, burning itch?

That it must be cooled?

That you must have relief?

Get a mixture of Oil of Wintergreen,
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The very first drops stop that awful burning instantly!
The first drops soothe and heal!
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Take our word on it.
Get a \$1.00 or a trial bottle to-day.
Write the D. D. Laboratories.
Dept. B, 49 Colborne St., Toronto, and they will send you a trial bottle free.
For sale by all druggists. For sale by all druggists.

But the first step was to set the organization running in the Capital. This has now been done. Letters were sent out to interested Catholics in the City inviting them to the preliminary meeting at the Apostolic Mission House. The Very Rev. A. P. Doyle, C. S. P., Rector of the Mission House, came to our assistance, and opened the doors of the Mission House to all those who would interest themselves in the move. uld interest themselves in the move-

Each member shall offer frequently communions and good works for the intentions of the League. Shall particularly pray for and strive to bring about the conversion of one person known to himself or herself and shall recite frequently the "Litany for the conversion of America."

BY THE APONICIATE OF PERSONAL BY THE APOSTOLATE OF PERSONAL

The members shall strive by force of personal example to induce their non-Catholic brethren to acknowledge the truth of the Catholic Faith and whenever the opportunity arises, openly to profess their faith and explain its tenets. INFLUENCE tenets.

of converts, and for striving to bring

THE ENAMEL THAT STAYS WHITE

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tary and durable. All Packages are Full Imperial Measure

INTERNATIONAL VARNISTI (C. TORONTO WINNIPEG

# about a greater spirit of fraternity amongst Catholics generally, as well as

about a greater spirit of fraternity amongst Catholics generally, as well as for the purpose of united prayer and effort to bring the straying multitudes into the bosom of the Catholic Church. At the June meeting of 1910, the question was broached of offering the extension of our methods to all the principal cities of America. The Executive Committee met to discuss the project. It has now in a large measure been carried out. Letters have already been sent to Catholics in twenty-three cities of the United States, inviting them to co-oporate with us, and to help forward the organization of the league in their respective cities, thereby sowing the seeds of what we hope will ere long become a national organization. We are glad to be able to state that an interest has been thereby aroused in a number of quarters, notably in Louisville, Ky., where a League is at present in course of formation under the leadership of one of the best known Passionist Fathers in the country.

Now, dear Catholic brethren of The very first drops stop that awful

in your great cities of Canada in which there is already such a vast field for Apostolic work both by elergy and laity? Your great and magnificent Eucharistic Congress which has just been celebrated with unrivalled splen-dor in Montreal was a marvellous testi-ment of Cathalic faith to nations of the would interest themselves in the movement and with his advice and assistance, and with that of several prominent Catholic laymen and women, our organization was formed, its constitution drawn up, approved and accepted, and the Catholic Convert League of Washington having received the cordial approval of His Eminence Cardinal Gibbons, is now an Apostolic body which bids fair to flourish and to bring forth fruit.

The object of the League is to devise powerful fact, manifest to the eyes of powerful fact, manifest to the eyes of again settle down upon our souls, shutting out the light of heaven, the pure and radiant light of God's grace. For "the day of wrath and terror, when we shall all stand before the judgment seat of Christ. The Church to day warns us of the approach of that time. Year by year, day by day, hour by hour it is drawing nearer. "For now is our salvation nearer than when we believed."

bids fair to flourish and to bring forth fruit.

The object of the League is to devise ways and means of presenting the claims of the Catholic Church in such a light that the work of conversions may be greatly increased.

The methods adopted are as follows:

The methods adopted are as follows:

By MEANS OF THE APOSTOLATE OF PRAYER

Each member shall offer frequently communions and good works for the in the helplace of the ballows.

We would not be the day of the catholic Church, is Love to God and Charity to the neighbor. The Catholic Church, and She alone, teaches the fruits of charity in all its perfection and in all its beauty. She watches over the poor the properties of the ballows. the midst of the barren wilderness of the barren wilderness of the barren wilderness of the midst of the barren wilderness of this tails to the barren wilderness of this tails to the barren wilderness of this tail is to the barren wilderness of this tail word. The barren wilderness of this tail words all who come to the Bosom of the Church are either not called to or not ditted for the highest life of the convent if or frequently and the maken words, and attends to the diseases of the soul. She wilderness of the soul she wilderness of the soul she wilderness of the soul she wilderness of this tails moveld, the one thing that is the midst of the barren wilderness of this faller wilderness of the same that wilderness of this faller wilderness of the wilderness of the wilderness of the wilderness of the wilderness o

we would make approgress. We must examine our consciences at the end of each day, and find out how we have offended God, make carnest resolutions of the morrow, and then begin each day with determination to avoid the faults of the day before. This is a streem and perseverance.

And this eginate of our souls. During Advent the Church brings to our minds the consideration of the four last thing. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day on earth, and on each succeeding day for the east, and appearent even unto the west, so shall also the consideration of the four last things. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day one earth, and on each succeeding day for the west, so shall also the consideration of the four last things. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day one earth, and on each succeeding day for the west, so shall also the consideration of the four last things. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day on earth, and on each succeeding day for the west, so shall also the consideration of the four last things. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day on earth, and on each succeeding day for the works of arkness. We for the source of the construction of the four last things. Death and judgment, heaven or hell are awaiting us. Begin this day, then, as though it were to be your last day on earth, and on each succeeding day for the works of arkness. We for the works of arkness. We for the source of the source of the case of the your day to meet held and the dear of the placing of the placing comet out of the east, and appeared the very the source of the source of the placing of the placing comet out of the works of darkness. We for the source of the source of the Fold, there is nevertheless a difference between them and you. Perhaps most of you have never had the experience of knowing what it is to have left or to have been left by all those whom you hold dear, of knowing that now there is a barrier between you and those of your own kin. It may be that in a number of cases, thank God, there is no emity shown towards the convert and those to whom he has bid farewell in matters of faith, nevertheless there is the barrier, the unmistakable barrier, the great gulf of difference in the matter of the most vital importance of all, that of the relation between the soul and God. The convert and those from whom he has separated are no longer at one on that most vital of all things, Religion and the Soul.

He has been received into the Church. If he has been a notable personage in his previous denomination, he is praised and honored in the Catholic papers.

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### NEVER HAD ITS EQUAL

## Higher! Higher! Higher!

go the prices of meat, eggs and other food products. If you do not believe it, look at your meat bills and grocery bills. If you are going to cut out meat, you will want a good, nourishing, strength-giving substi-tute. Vegetables are too starchy for a steady diet. Try

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through my close connection with the convert league I have found a number of true and devoted friends among the

ROCHESTER, N. Y., MAN FOUND SOMETHING GOOD IN CANADA Mr. Thos. Johnston, whose home is in Rochester, N. Y., is enthusiastic over one Canadian product at least. He says: one Canadian product at least. He says:

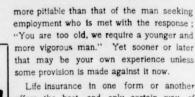
"While visiting in Millbrook, Ont., I was suffering from a sprained knee, and could get nothing to help me until my father gave me a bottle of Egyptian Liniment which relieved me in a few minutes. I never had anything to equal it in my life. I am sure if your Liniment was introduced to the people of Rochester it would sell like hot cakes.

ment is one which is abounding in opportunities for apostolic work by laymen and women. How beneficial a thing it would be if there were a Convert League in every city! If such were the case, no convert need feel isolated any more; for if a member of the League left one city and the League in that city, all that he or she would require would be a letter of introduction from the secretary of the League to which he had just belonged to the secof Rochester it would sell like hot cakes.

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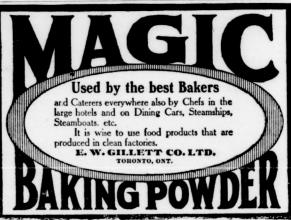
Head Office

A reckless word is like a spent bullet it often injures an innocent party.

The dark corners are everywhere and

The dark corners are everywhere and we depend upon our neighbors at every turn. They build our houses, our bridges, our railroads. They clothe us, furnish ns with food andfuel; our they luxuries, our necessities, depend upon that underworld. Are we to render no service in return?-Esther W. Neill.

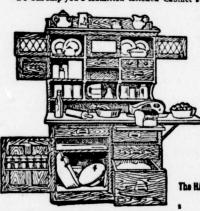




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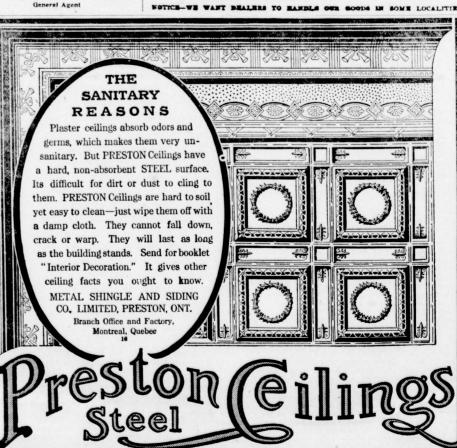
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NOVEMBER 12, 19

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have injured them! to
there do to us, every beevery bit of injury we
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every blow intended for
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A bitter, revengeful
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acter as well as serio his getting-on ability a People little realize w they harbor these happ they harbor these haps success-killing thought Such feelings kill sp the character, and stiff No one can do his be harbors revengeful or thoughts toward other thoughts toward othe only give up their be in perfect harmony. good-will in the heart od work with the he

Hatred, revenge arrank poisons, as fatte noblest in us as arse physical life. Just think how un waiting for an opporanother, or to "get so one! If you wish to yourself, and have per retire at night with toward any one in t forgive. Let not the You can not afford

of these hatred and r your soul. They a happiness-destrovers LOOK YOUR BUS

I know a most ex business has been s and although he is c running down, he courage to look thir face, to find the dise the knife. He simpl ditions, hoping again will change or that s up to improve. He has some ineff

He has some men partments who hav long time and upon pended, and he can a them, although he they are a detrimen There are many le ment which he has take radical measur cause he can not be and so he drifts alor knowing that he is profits, but is con hind. He seems to lyzed at his situation has not the heart of the seems to the seem

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right.