

## Health and Home Hints

After doing work which has made your hands very dirty, rub with olive oil before washing. This loosens the dirt, and they will be far less trouble to get clean.

A want of a sufficient quantity of salt in the foods causes softness and brittleness of the nails. Do not stint yourself of that, nor wash your hands in water that is too warm.

If you have left boiled eggs in the water a little too long, break the top of the shell at once by patting it with a spoon. This lets out some of the heat and hardening process is stopped immediately.

Boiled sweetbreads. Parboil, drain and dry, rub with butter, sprinkle with pepper and salt, and boil over a clear fire. Serve with melted butter.

Glycerine is now recognized as a cure for thickened skin on the feet. Bath the feet in warm water, rub with a rough bath towel, and when dry rub a little glycerine well into the skin.

Stains on muslin made by sewing machine oil can be removed with liquid ammonia if it is applied before the garment is sent to the wash.

Porch or Floor Cushions are better stuffed with very fine excelsior than with feathers. They yield less and keep their shape better.

Collar is the usual name applied in England to a preparation of meat that is only slightly different from one often served here. Equal parts of cold cooked ham and tongue are put through the meat chopper, and afterward pounded to a paste, a little dry mustard added, and the whole heated. When warm press down in a bowl, put on a weight, and let stand to get cold, and pack into form. Slice and serve at luncheon or supper.—Harper's Bazar.

German Doughnuts. Beat four eggs very light, one pint of sweet milk, one small tablespoonful of melted butter, one teaspoonful of lemon extract, a pinch of salt, scald the milk and pour over one pint of sifted flour; beat all very smooth and when the mixture is cool have ready the yolks of the eggs well beaten; add them to the flour and milk, beat them in thoroughly and then add the well beaten whites; then add the salt and lastly sufficient flour to make a soft dough: flour your biscuit board and turn the dough on it, roll it in pieces as thick as your finger and form them into rings, fry in boiling fat. Delicious for breakfast.

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## World of Missions.

### A Japanese Convert.

The following very interesting story is told in one of our exchanges by the Rev. W. W. Clayton, of the London Mission, Canton. It is of a Japanese convert who passed through the city of Canton in July. A few years ago this Japanese went to America. There, through the reading of a copy of St. John's Gospel given to him, he became a Christian. After that, wherever he went, he made a point of distributing as many copies of this book as possible, hoping that that which had brought light to his own heart might bring a similar blessing to others. From San Francisco he worked his way back to Hong Kong, hoping to return to Japan. Owing to the war his ship was detained in Hong Kong. He then determined to tramp across South China to Shanghai. Coming overland to Canton, he met one of the Chinese pastors, and told him of his purpose and of his desire to give away as many goapels as possible on his journey. The pastor introduced him to the agent of the Bible Society, who supplied him with 300 copies of the Gospel of John, and offered him a little money to help him on his way. This he refused for himself, saying he would work his way along, and he was confident the Lord would provide for his needs. The money offered he spent in purchasing 200 copies of the Gospel of Mark. The Chinese Christians gave him a few dollars to help in the first stages of the road.

### The Church in Canada.

Taking the Dominion as a whole, out of every 100 persons we meet 41 of them are Roman Catholics, 17 are Methodists, 16 Presbyterians, 13 Episcopalians, 6 Baptists, 3 belonging to minor denominations, and there are 4 who were not able to tell the Census enumerator what they were.

In Ontario the percentages are different, the largest denominations being Methodists, of whom there are 30 in every 100 of the population, the Presbyterians come next with 22, then 18 Roman Catholics, 17 Episcopalians, 6 Baptists, 4 of the minor denominations, and 3 who profess no religion.

There are 1934 Unitarians in Canada, of which 735 are in Ontario.

There are 1528 Tunkers in Canada, and Ontario possesses them all but 29; who are scattered over the other provinces. What the peculiarity of the Tunker religion is we do not know.

In a village near Ho tsin, Shan-si, China, the village "elder" is a Christian. He has got the people unanimously to consent to his tearing down two heathen temples in order to build a Christian Church out of materials.

The China Inland Mission had on January 1, 1904, in 199 stations in China, 743 missionaries, men and women, besides 15 still engaged in study, and 25 engaged in home work or not yet assigned to stations. 465 of its missionaries are women. The receipts of the Society for 1903 were \$225,458.30. It reports the number of conversions in its stations in China in 1903 in 1,700. Ten years ago the annual number of conversions was about 700. Comparison of the two figures suggests that the powers of evil prepared the way of the Kingdom when they sought to barricade it by that terrible outburst of 1900.

### Emersons Eulogy of Shakespeare.

Some hitherto unpublished notes of Emerson's on Shakespeare are printed in the current issue of The Atlantic Monthly. They are written for the Boston celebration of the three hundredth anniversary of Shakespeare's birth, but apparently never was used. The manuscript opens with the statement that "Shakespeare's fame is settled on the foundations of the moral and intellectual world. Where ever there are men, and in the degree in which they are civil, have power of mind, sensibility to beauty, music, the secrets of passion, and the liquid expression of thought, he has risen to his place as the first poet of the world." It continues: "Genius is the consoler of our mortal condition and Shakespeare taught us that the little world of our heart is vaster, deeper, and richer than the spaces of astronomy. What stocks of surprise and sympathetic powers this battery, which he is, imparts to every fine mind that is born! We say to the young child in the cradle, "Happy and defended against Fate! for here is Nature, and here is Shakerpeare waiting for you!" "His our meter of culture; he is a cultivated man who can tell us something new of Shakespeare; all the criticism is only a making of rules out of his beauties. He fulfilled the famous prophecy of Socrates, that the poet most excellent in tragedy would be most excellent in comedy; and more than fulfilled by it, by making tragedy also a victorious melody, which healed its own wounds. In short Shakespeare is the one resource of our lives on which no gloom gathers; the foundation of joy which honors him who tastes it; day without night, pleasure without repentance, the genius which, in unpoetic ages, keeps poetry in honor, and in sterile periods, keeps up the credit of the human mind.

Net and Celery Salad.—Wash a crisp head of lettuce. Remove the shells from ten English walnuts; turn boiling water over the meats, drain, remove the skins and chop fine. Prepare one head of celery by washing and scraping; cut into very small pieces except three stalks, these to be cut into one and one-half inch pieces, curled, and used with some half walnut meats and garnishing. Mix the chopped nuts and the celery; marinate with French dressing. Arrange on lettuce leaves, garnish and serve with mayonnaise.

A housekeeper who has experienced considerable difficulty in keeping a hard-wood floor in good condition, believes that she solved the problem by a method which is claimed to be much superior to that of rubbing with oil, as it leaves no disagreeable, sticky feeling. The floor is first swept with a soft brush, then carefully wiped with a slightly damp cloth. Afterwards the entire surface is gone over with a mixture consisting of a half a cup of best furniture polish dissolved in a quart of moderately hot water. When dry the boards are said to acquire a fine polish as the result of this progress.

A man in Tsin-ain, Che-Kiang, China, recently reached his fiftieth birthday. The occasion calls for idolatrous festivities. But the man was a Christian, and after some study of his duty in the emergency he contributed to church building the money which the pagan festivity would have cost. That man's conversion has reached every fibre of his being.