

See Page 14 for Simons's Complete List of Offerings for Saturday

OF INTEREST TO WOMEN

MEALS FOR THE WEEK

Saturday. Breakfast. Grapes. Cereal with Milk. Fried Eggs with Bacon. English Muffins. Coffee. Lunch. Noodles with Cheese. Celery Salad Sandwiches. Baked Bananas. Silver Cake. Chocolate. Dinner. Potatoes Souffle. Veal Cutlets. Brown Olive Sauce. Mashed Potatoes. Baked Onions. Apple Tapioca Pudding. Whipped Cream. Fruit. Bonbons. Coffee.

Recipes for Saturday

Celery Salad Sandwiches—Chop four hard cooked eggs fine. Take white portion of a head of celery, chop fine and mix with egg. Season with salt and pepper and spread on thin slices of bread, covering with a layer of mayonnaise. Apple Tapioca Pudding—Cook one-half cupful pear tapioca in four cups of boiling water until transparent. Add one-half teaspoonful salt and grated rind of one lemon. Core and pare eight apples, arrange in a baking dish, fill cavities with sugar and lemon juice, cover with tapioca, bake until apples are tender, adding one tablespoonful of butter before taking from oven.

Canadian M.C.A. Association

A large audience attended the 23rd annual meeting of the Canadian M.C.A. Association, held in St. James' square Presbyterian Church yesterday morning and afternoon.

The morning meeting was opened by an address of welcome from the president, Mrs. Stark, which was followed by the treasurer's (Miss Caven's) report, showing the receipts to be \$2588.77 and expenditures \$2586.82, leaving a credit balance of \$2.95.

Mrs. H. G. Eaton, secretary, then read the minutes of last meeting and Mrs. J. H. McMeekin of London gave an address on "Some Essentials of Missionary Work," in which she declared that many efficient leaders, members and willing helpers, have been secured by the circulation of evangelistic literature, which not only awaked the ranks of the workers but also kept up their enthusiasm.

At the afternoon meeting an address was given by Mme. Bieler of Paris, France, who paid great tribute to the work accomplished by the M.C.A. missionaries in France. Mme. Bieler then traced the history of religion in that country to the present time, and declared that the conditions of the church today is almost as bad as that of the inhabitants of heathen countries.

Mrs. Robert McCall then concluded the meeting by telling many pathetic scenes witnessed in various M.C.A. halls.

During the morning session the following board and officers were appointed: Mrs. Edward Blake, Mrs. Howitt, Mrs. Cowan, Miss Cart, Miss Copp, Mrs. W. Hamilton, Mrs. C. T. Stark, Miss Caven, Mrs. Laird, Mrs. James Campbell, Mrs. C. Dalton, Mrs. Beaty, Mrs. McQuig, Mrs. Elias Rogers, Mrs. McCall, Mrs. Ralph Gibson, Mrs. Kate Burdell, Mrs. Rossar, Mrs. Buchanan, Mrs. Bradshaw, Mrs. H. L. Stark, Mrs. George Caldwell, Mrs. W. B. Short, Mrs. G. M. Wong, Mrs. Jas. Barber and Mrs. H. E. Eaton.

At the close of this meeting the board retired and elected the following officers: Honorary president, Mrs. Edw. Blake; president, Mrs. C. T. Stark; 1st vice-president, Mrs. Cowan; 2nd vice-president, Miss Cart; 3rd vice-president, Miss Copp; 4th vice-president, Mrs. Laird; corresponding secretary, Mrs. W. Hamilton; recording secretary, Mrs. H. E. Eaton; treasurer, Miss Caven; leaflet secretary, Mrs. W. H. Howitt; and E. R. Eaton, recording secretary.

Favorite Trains to Montreal. Leave Toronto C.P.R., 9 a.m., weekdays only, with handsome coaches and cafe car. Night express at 10 p.m. daily, through sleepers for Ottawa and Montreal, with extra roomy berths. 48

Remember the Borden's Baby Contest closes on Saturday night, March 27th. Photographers will take pictures right up to the last minute.

THIS COUPON ENTITLES ONE CHILD TO ENTRY FOR A PRIZE IN THE BORDEN'S BABY CONTEST. BORDEN'S EAGLE BRAND CONDENSED MILK. Name of Child... Weight... Age... Parents' Address... City or Town... Address to "Baby Contest Editor" The Toronto Sunday World.

HOW DEVOTION OF WOMEN HAS EARNED ITS REWARD

Custom of Presenting Tokens in Recognition of Self-Sacrifice Dates From 12th Century.

The decoration of the Royal Red Cross, which King Edward recently conferred upon Queen Elena of Italy for her conduct at Messina, is one of many orders of merit that may be won and worn by women. The oldest of these is the Order of the Ax, established in the twelfth century by the last Duke of Barcelona, Ramon Berenguer. Its establishment was inspired by the devoted courage of the Spanish women in repelling the Moors, a life and death struggle. The personal bravery on the field of battle was founded in Russia. In the battle of Plevna, when the Russian army led the Russian army against the Turks, the Russian seemed almost inevitable. For long the English and the French Empire hung in the balance, and the emperor declared afterward that if he had not been accompanied by the entire army would have been defeated.

Excitement in Amsterdam. AMSTERDAM, March 25.—The entire Dutch nation is waiting momentarily the expected signal from the royal palace, announcing the birth of an heir to the throne. Preparations have been made to announce the event with flags by day and with colored fire by night, and gunners are being held in readiness to inform the public of the event of a prince or a princess by the firing of cannon. Officials are waiting in their homes for the summons to the palace formally to chronicle the birth, while telegraphers have been warned to be in readiness for extra duty. Pictures are being sold on the streets. The favorite American fleet to guarantee the destruction, to the extent that they are now.

RECIPROCAL NAVAL SERVICE

Carnegie Endorses Suggestion of British-American Agreement. NEW YORK, March 25.—The growing tendency towards bigger and more formidable navies throughout the world is being denounced by Andrew Carnegie at the International Peace Festival held at Carnegie Hall under the auspices of the peace society of the city.

AS A WOMAN SAW IT

By Alice Landon. Well, they certainly do know how to arrange things in the Church of England. Everybody had a seat with sufficient room to sit in comfortably; then nearly every woman had sense enough to attend the service without a monstrosity called a "merry widow" hat on, so the view of all that was going on was practically unobstructed. I don't mean it is a pity that all women are not considered as others, in church at least. Last Sunday morning, it was impossible for me to get even a single seat at the choir or organ room on account of those darned coats called hats, worn by those fashionable women.

Services in Nursing. The Royal Family Order of Victoria and Albert for nursing women was founded in 1884 by Queen Victoria. It was the first time that a woman's services in nursing the sick and wounded were recognized by the state.

DR. WOOD'S NORWAY PINE SYRUP

Is without an Equal for COUGHS, COLDS, BRONCHITIS and all Affections of the THROAT and LUNGS. All the most serious affections of the throat, the lungs and the bronchial tubes, are in the beginning but colds or coughs. Too much stress cannot be laid on this fact, and neglect to cure the cold very often causes years of suffering and in the end comes "Consumption." Dr. Wood's Norway Pine Syrup combines all the best ingredients of the Norway pine tree with the most powerful and soothing medicines of recognized worth, and is absolutely harmless, prompt and safe.

PURE MILK

BORDEN'S EAGLE BRAND CONDENSED MILK. is one of the most important requisites for the household, and especially for the nursery. BORDEN'S EAGLE BRAND CONDENSED MILK. (The Original) is prepared from absolutely pure, full cream milk, produced in the richest dairy sections, by the most advanced scientific and hygienic processes. Baby must have the best, you may as well. FOR BABY'S SAKE enter the baby in the Borden Baby Contest. Send photo to the Baby Contest Editor, The Toronto Sunday World. See Coupon in this issue. Est. 1857. Leaders of Quality. W.M. H. DUNN, Agent, Montreal and Toronto.

ARE YOU STAGE STRUCK?

An Opportunity for Toronto Girls to Learn the Truth About the Life That Fascinates and Charms. Now all you girls who really think you want to go on the stage, here's your chance to find out the truth about the life behind the footlights. Successful theatrical stars get so many letters from aspiring Theatians, asking them how they shall go to work to get a start on the stage that The World thought it would be fine if it could arrange to have little Janet Priest, one of the stars of the "School Days" company, receive and answer all such letters during her stay at the Grand all next week.

OBITUARY

At Dedham, Mass.—Mrs. Sally J. White, a pioneer among newspaper women in Boston, aged 83. She was president for many years of the New England Women's Press Association.

At Kansas City—Michael J. Jennings, engineer, a native of Toronto.

One of the city's oldest residents died yesterday, in the person of Anthony Valentine Delaporte, from 1850 until a few years ago prominent as a grain and commission merchant. He was in his 91st year and was a native of the city, founded in 1846, and in 1851 the new church was erected on Jarvis street. For nearly 50 years he held the responsible positions of trustee and member of the church. He is survived by a widow, two sons and three daughters: Anthony, Delaporte, Alex. Delaporte, Mrs. Ed. Delaporte, Mrs. McHenry and Mrs. (Dr.) Thompson.

At London, Eng.—William Landon, M.P., Limerick County East, who was born in Dillinstown, Limerick, 1837, became a teacher of languages, was prominent in the Fenian movement, and spent in the city, founded in 1846, and in 1851 the new church was erected on Jarvis street. For nearly 50 years he held the responsible positions of trustee and member of the church. He is survived by a widow, two sons and three daughters: Anthony, Delaporte, Alex. Delaporte, Mrs. Ed. Delaporte, Mrs. McHenry and Mrs. (Dr.) Thompson.

Death Sentence For Assault. HOPIKENSVILLE, Ky., March 25.—Arthur Wilson, a negro, who was charged with assaulting Mrs. John T. Watson, was found guilty by a jury to-day and sentenced to be hanged.

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FRESH FISH. Bargains For Friday and Saturday. SEA SALMON AND HALIBUT IN STEAKS. 12 1-2c a Pound and in Pieces 10c a Pound. GALLAGHER & CO., Ltd. 107 KING ST. E. Main 7497-7498. 1296 QUEEN ST. W. Park 2569.