in cutting the hair of customers from countries in Africa, Asia and the West Indies and may refuse to cut your hair for this reason. If you have difficulty, ask other students to recommend a barber who can cut your hair.

## (k) POSTAL FACILITIES

Letters: The regular rate for letters within Canada is 5¢ (cents), and such letters are sent airmail when appropriate. For information about rates for letters to other countries, you should inquire at a post-office. Special airmail letter forms (aerogrammes) may be purchased for 10¢ and sent to any country. Every city has a main post-office downtown and a number of district post-offices. Stamps may be purchased in many drug stores and cigar stores. When changing your address, ask at the post-office for a change-of-address card, which will ensure that your mail will be re-addressed to your new address. Such cards are free. You may find it convenient to ask a university official to allow you to have your mail addressed in his care until you have found permanent lodgings.

Telephone: Directions on how to make a call are given in the front of the telephone directory and also on telephones in public booths. Public telephones are to be found in booths on the street, in some drug stores, cigar stores, hotels and restaurants. There is no charge for local calls from private telephones, or limit to the length of the call. The charge for long-distance calls is based on a three-minute call and is lower after 6 p.m. Special reduced rates after 9 p.m. are in operation in Ontario and Quebec. Calls can be made either person-to-person or station-to-station. For the latter, which is less expensive, you agree to speak with anyone who answers; in the former case, you specify the person with whom you wish to talk and you pay nothing if the operator fails to reach that person. It is very expensive to call persons in other countries and you should make certain what expenses will be involved before placing a call.

Telegrams: Within Canada, telegrams are sent over Canadian National and Canadian Pacific lines and can be handed in at railway stations, bus and airport terminals and hotels. If you telephone your message, the cost will be charged to the person whose telephone you use. The basic rate for a telegram within Canada is based on a 10-word message. Charges for night-letters and day-letters, which are cheaper, are based on a 50-word message. Charges for cables sent outside Canada are based on a fixed cost per word, including the address.

## (1) SOME SOCIAL CUSTOMS

Learning the customs of a people takes time, and most of these will have to be learned through association with Canadians. However, the following points may be useful for you to know at the start of your stay in Canada.