The first distinctive unit as such to be mobilized and to go overseas from Nova Scotia was the 17th Nova Scotia Highlanders, which, though it never went as a unit to France, eventually became the 17th Reserve in England, stationed at Bramshott. After them went six separate battalions and the Nova Scotia Highland Brigade, together with countless drafts of artillery and infantry, two complete hospital units (St. Francis Xavier and Dalhousie University) and hundreds of workers in the Red Cross, Y. M. C. A. and kindred patriotic organizations.

The 6th Canadian Mounted Rifles was the second unit of the exclusively Nova Scotia detachments to go overseas after the drafts from the 63rd, the 66th and the R. C. R. Then followed "The Fighting" 25th Battalion (of whose fame in the field Nova Scotia is justly proud), the 40th, the 64th, the 106th and the 112th. The four last named battalions furnished the finest of reinforcements for the older Nova Scotia Battalions, as well as for some of the Upper Canadian units.

In between these came the splendid Nova Scotia Highland Brigade, of which the senior battalion was the 85th and which was made up of three other battalions:—the 185th (Cape Breton Highlanders) the 219th, and the 193rd. Following them went the 246th Battalion, a composite reserve unit. After the 246th went across voluntary enlistment in Nova Scotia practically ceased, for the little Province had by that time sent overseas virtually all of the best of its young manhood who could go.

Also worthy of notice is the splendid work of the Composite Regiment which was formed from drafts of men from the various militia regiments throughout the Province. This unit was stationed at Wellington Barracks to relieve the Royal Canadian Regiment upon its going overseas and to keep safe Halifax Harbor for the transport of troops and munitions. And the men of the Army Service Corps, the Ordnance Corps, and the Hospital Service did their work quietly but non e the less efficiently, handling with credit the many thousands of troops that passed through Halifax.