Wife Cured by Lydia E. Pinkham's Vegetable Compound

Des Moines, Iowa. - "Four years ago I was very sick and my life was nearly spent. The doctors



stated that I would never get well without an operation and that without it I would not live one year. My husband objected to any operation and got me some of Lydia E. Pinkham's Vegetable Compound. I took

it and commenced to get better and am now well, am stout and able to do my own housework.

I can recommend the Vegetable Compound to any woman who is sick and run down as a wonderful strength and health restorer. My husband says I would have been in my grave ere this would have been in my grave ere this
if it had not been for your Vegetable
Compound."—Mrs. BLANCHE JEFFERSON, 703 Lyon St., Des Moines, Iowa.
Before submitting to a surgical opera-

tion it is wise to try to build up the female system and cure its derangements with Lydia E. Pinkham's Vege table Compound; it has saved many women from surgical operations.

Write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice—it will be confidential.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY Subscription \$1.00 per annun in advance. \$1.5

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WATFORD, APRIL 28, 1916

NOTE AND COMMENT

Prof. Albert Bushnell Hart Havard University, predicted in an address before the Navy League at Washington, Monday, that within five years Mexico will be a dependency of the United States.

Officers' casualty lists for the month of February show that the British army lost 263 killed, 597 wounded and 25 missing, a totat of 875. This brings the aggregate loss since the beginning of the war to 23,962, of whom 7420 have been killed or have died of wounds, 14,755 wounded and 1,787 missing or prisoners of war.

Over 25,000 hogs have to be brought weekly into Canada from the United States to meet the demand. Ontario farmers should increase their herds of hogs sufficiently at least to supply our own market. There is every indication the price of hogs will remain high for some time. Hogs and sheep are the most prolific of all live stock and the quickest to stock up with.

The argument that every man in the present great crisis, should be guided by the dictates of his conscience is fully answered by Biship Fallon's declaration: "I make no ap-

BRONCHIAL COLD

Yields To Delicious Vinol

Philadelphia, Pa.—"Last Fall I was troubled with a very severe bronchial cold, headaches, backache, and sick to my stomach. I was so bad I became alarmed and tried several medicines, also a doctor, but did not get any relief. A friend asked me to try Vinol and it brought the relief which I craved, so now I am enjoying perfect health."—

JACK C. SINGLETON.

We guarantee Vinol, our delicious cod liver and iron tonic without oil, for chronic coughs, colds and bronchitis.

Taylor & Son, Druggists, Watford.

peal to conscience. If honor, patriotism, and humanity fail to convince one of his duty, one has no conscience. There rests upon all our young men an obligation, and they should realize it.

Senator Cloran gave notice in the Senate of a resolution asking leave of the Imperial Parliament to amend the British North America Act so as to provide that when the Senate rejects at two consecutive sessions of Parliament legislation having its origin in the House of Commons, the House of Commons at the ensuing session will have power to adopt or pass such a measure without further reference to the Senate. Senator Cloran's resolution was received with applause.

The discovery of a new non-alconolic beer has been made in England the sale of which, it is announced, will be pushed as far as possible in the English public houses. smells like beer; it looks like beer; t tastes like beer—the only difference is in the headache," says the state-ment issued by the Liquor Control Board. In a test case a workman drank twenty pint bottles without becoming intoxicated. The new drink will be placed at the disposal of Parliament, in the House of Commons bar. Thus, for every problem a solution is found and thirst need not go unquenched when prohibition comes into force in Ontario. To have the tangled-leg and headaches extracted from booze is one of the greatest discoveries of the age, which should make this new find universally and instantaneously popular.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and murous surfaces of the the blood and mucous surfaces of the system, thereby destroying the found-ation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they ofter One Hundred Dollars for any case that it fails to cure. Send for list of testimonics testimonials

Address: F. J. CHENEY & CO., Toledo. O. Sold by all Druggists 75c.

Take Hall's Family Pills for constip-

British Women to Work on

Farms A month has now passed since the

English Board of Agriculture appointed ten women organizers to the work of seeing that every county down to its smallest village was organized. Already the work is well on towards completion. Village registers were opened and both women and farmers were made acquainted with them. The fact that farm labor can be "diluted" by unskilled women is being realized—there are openings for both trained and untrained women-and the farmers are better pleased when women do not claim to do everything. There are still men to do the plowing, and walking a furrow is not a woman's work.

In many counties the local education authorities are giving instruction in light farmwork and milking, and in some cases farmers are taking in the women as pupils. In Herefordshire, for instance, suitable women and girls are being taken on a farm for a course of six to 'eight weeks as milkers. A sum of money is allotted to them in the form of an exhibition or scholarship, and this covers the cost of instruction and provides 10s a week each for maintenance. The cowman gets 5s a week for the first pupil and 1s a week for every extra one. Similar ar rangements are being made locally for training in the care of calves, pigs and poultry.

All over the country women are registering for farmwork. Already 15,000 women are at work under the new scheme, and the registered women are forming a big reserve army. The Government armlet, a red crown on a dark green ground, has been authorized. The Government badge will only be given after a definite period of proved service on the land, and is likely to be much prized.

Mr. and Mrs. John Garroch, of Corunna, celebrated the 53rd anniversary of their marriage on Tuesday, April 11th, at their home at the above place.

Wine presses driven by electricity are used in France.

Pointed Paragraphs

A wasted opportunity comes home to A fool and his money make a noise like

good thing.
Air castles are built on a foundation of ssibilities

impossibilities.

Music isn't necessarily broken because it comes in pieces.

People who do things can afford to let others do the talking.

The devil doesn't expect to be invited into the parlor the first time.

However, the less a man talks, the more he doesn't have to apologize.

A man thinks he has many sins of omission and but very few of commission.

There is a difference between keeping

boarders and having boarders keep you.

There is at least one thing women can do that men can't—and that is say "good-

do that men can't—and that is say "good-bye" gracefully.

Some men kick when they have a heavy load to carry and some others kick because they haven't the price of a "load," The longer a man lives in a community the more money his neighbors owe him—or else the more he owes his neigh-

Spring Fires

Midwinter is the most dangerous time in regard to fires in buildings but so far as our forests are concerned, spring is one of the worst periods. The dead as our forests are concerned, spring is one of the worst periods. The dead leaves of last season and the dead twigs and branches on the ground are more brittle and dry in the first few days of spring, just after the snow leaves, than at any other time in the year. Those who go into the woods for any purpose are, therefore, cautioned to be careful with their camp fires and with matches. They should also see that any cigar or cigarette stubs are dead out before they throw them away. Observance of these prethem away. Observance of these precautions will do more for conservation than many meetings and conventions ten years from now and this duty is urged on all patriotic citizens. The fact that Canada is at war makes this duty all the more important.

Miller's Worm Powders work so effec-Miller's Worm Powders work so effectively that no traces of worms can be found. The pests are macerated in the stomach and pass away in the stools without being perceptible. They make an entire and clean sweep of the intestines, and nothing in the shape of a worm can find 'lodgment there when these powders are in operation. Nothing could be more thorough or desirable than their action.

Dickens of a Job

Pasted on the window of a second hand Pasted on the window of a second hand book store was the sign, 'Porter wanted', and within the window against a stack of books the placard, "Dickens' works all this week for \$3." A passerby, out of work, read first one and then the other scratched his head, and remarked grimly "Dickens may take the job. He can work all the week for \$3 if he wants to, but I'm a union man and I won't touch but I'm a union man, and I won't touch it. You'd better stick to Dickens."

Your Asthma, Too. The efficacy of Dr. J. D. Kellogg's Asthma Remedy is not something that is merely to be hoped for; it is to be expected. It never fails to bring relief, and in your own individual case it will do the same. So universal has been the success of this far fared oursether terrors of disease. far-famed cure that every one afflicted with this disease owes it to himself to try it.

A Soldier's Creed

"If you pray for us at all, don't pray so much that we will come back as that we will do our duty bravely, and that we never fail our country or comrades no matter what the odds. In my mind, death with the knowledge of a duty well done, is better than a long life with the recollection that a comrade or cause was lost owing to lack of courage or resourcefulness on my part. With God's help I intend to do my bit.'—Extract from the letter of a Canadian private at the front

Anti-Waste in Britain

The Northfleet (Kent, Eng.) Urban Council has decided not to punctuate the official reports of its proceedings, in order "to save save expenditure in printing," and in their last record not one comma or full-stop is to be seen.

A nut cracker that will crack three nuts at once is a novelty.

Kentucky and Pennsylvania produce early all the cannel coal mined in the

United States. China imports great quantities of old horseshoes and converts the metal into kuife blades.

Including all the movements of the earth, a person travels 85,255 miles in taking a three-mile walk. Don't scold a child for being cross; try

Rexall Orderlies, as the trouble is probably with the bowels. Sold only by Rexall Drug Stores, 15c and 25c boxes.— I. W. MCLAREN.

Holland has a plant for manufacturing illuminating gas from petroleum residue by dry distillation. For the first time in its history the British Royal Astronomical Society has admitted women to membership.

Australia has prohibited the importation of belts alleged to produce a therapeutic effect by electric or magnetic influences.

Pain Flees Before it.—There is more virtue in a bottle of Dr. Thomas' Relectric Oil as a subduer of pain than in gallons of other medicine. The public know this and there are few households throughout the country where it cannot be found. Thirty years of use has familiarized the people with it, and made it a household medicine throughout the western world.

Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his perand has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

In Use For Over 30 Years The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY

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STEELE BRIGGS CO. Packages - 5c and 10c

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5c and 10c

RENNIE'S Packages 5c and 10c

Golden Bantam Corn. American Wonder Peas. Dutch Sets in Bulk at less than catalogue price.

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direct from factory saving dealer's profit

Ready Mixed and | House Paint, inside or Fire Resistant—Barn, Roof, Iron, Priming \$1.25 a gallon \$10 10 gallons for

outside, Flat or Oil Finish, Quarts 45c \$1.50

Our Paints are guaranteed to give satisfaction. MINERAL PAINT COMPANY, LONDON, ONT.

RENOUTH

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

> We Cary Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY. CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL. ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chapping and Rolling Done While You Wait PHONE 39