

SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion." — Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont.—"I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble. "My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated. "I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial." — Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

Guide-Advocate

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HARRIS & CO.
PROPRIETORS

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HARRIS & CO. PROPRIETORS.
WATFORD, JUNE 25, 1915.

NOTE AND COMMENT

In the seventeenth century the pirates of the Spanish Main scuttled the captured ship after all the passengers and crew had walked the plank. Then came the drunken orgy, for they were not cultured. In the eighteenth century the American Indian scalped his suffering victim and otherwise tortured him. Then came the war dance, for they were not civilized. In the twentieth century the Germans torpedoed a merchant vessel on which were hysterical women, helpless children and heroic men, all noncombatants, and a large number foreign to the governments at war. Upon publication of this inhuman outrage in Dresden a half holiday is ordered in honor of the occasion. Germany claims both culture and civilization. — Boston Transcript.

A Just Rebuke

One of the most scathing rebukes administered to the foolish women who met recently at The Hague for an ill-timed discussion of means for bringing the war to an end was administered by a famous French writer, Mme. Juliette Adam. In answering a letter inviting her to attend the congress she stated of the Germans:—"They lie, they loot, they burn, they kill women and children, they take hostages, they assassinate wounded, stretcher-bearers and doctors, they set fire to ambulances, they violate women, young girls and nuns. They destroy, for the sake of destroying, objects which more barbarous centuries have respected. It

would be treachery to those I have lost to seek anything but what is, and ought to be, if God of right and justice, the enemy of the demon, of brute force, of mad pride, is the true God."

And although Mme. Adam did not recount all of the indictment against the enemy of civilization her denunciation should be remembered if again there should be talk of ending the war before Germany can be forced to accept terms which will prevent that nation from again endeavoring to gain world dominion through a path of blood and tears and "frightfulness."

This Rummy World

The longer I linger the more I discern that this world of ours is a darn queer concern. It's a crime to pick pockets, but it's perfectly right to pick a man's wages on Saturday night; for the laws are constructed, wherever I been, that the workers are made for the grafters of skin. If you try to be honest you don't stand a chance; you are sure to be known by the patch on your pants. If you steal a few millions you are a person of note; if you steal a ham bone the police get your goat. If you run around naked, you're sent to the pen; if you swipe some old clothing you go there again. If you murder in war, then your valor is sung; if you privately murder you're doomed to be hung. If a girl sells her virtue she's branded as vile; but the rooster that bought it is met with a smile. If a man tells the truth, then the people get tired; if he tells them a myth, why they say he is inspired. It's a funny old world wherever you turn; it's a devilish twisted and darn queer concern; it's badly balled up and it's all out of tune, and must be a sight to the man in the moon. — Henry M. Tichenor, "Rip Saw," St. Louis.

The Roe of Indigestion.—Indigestion is a common ailment and few are free from it. It is a most distressing complaint and often the suffering attending it is most severe. The very best remedy is Parrole's Vegetable Pills taken according to directions. They rectify the irregular action of the stomach and restore healthy action. For many years they have been a standard remedy for dyspepsia and indigestion and are highly esteemed for their qualities.

Canadian Men

In every kind of trial Canadian resourcefulness, Canadian patience, Canadian fortitude, Canadian cheerfulness shine out nobly. There is no undertaking, no matter how desperate, for which there are not young Canadians to volunteer. What difficulties have been overcome by the indomitable buoyancy of the Canadian soul! Men who come to this land and associate with our native-born in the hardy pursuits and everyday daring that have reclaimed so large a portion of the country from the state of wilderness, soon catch the national spirit, lose their fears and learn to play their part as true Canadians. How readily, how carelessly, how light-heartedly do our fine young Canadians cope with the difficulties and dangers of any situation and blithely overcome them.

Warts are unsightly blemishes, and cause a painful growth. Holloway's Corn Cure will remove them.
The discovery of a considerable deposit of uranium ore in South Australia is believed to indicate a new source of radium.
American cotton mills are now using more than 5,000,000 bales of cotton a year as compared with 1,000,000 bales 45 years ago.

Politeness

Men are naturally inclined to make light of what are known as the feminine virtues. Among these is a virtue of politeness. Yet everyone knows from experience that there is no virtue which commands more respect or which is more essential to commercial success. The man who is reasonable and polite, no matter how decided his opinions may be on any given subject, will advance them with suavity and modesty, and he will also listen with attention and deference to those of the persons who may chance to dissent from him. If the object of discussion is to convince another of the correctness of his opinions, his chances will be ten-fold greater in this way than by the less courteous methods of bluff and bluster.
"Civility," said Lady Montague, "costs nothing and buys everything." Here we have the financial value of politeness to a nicety. If one is not polite to his customers they will go to a more sensible trader who is polite. One would rather pay an enhanced price to an attentive dealer than buy at a low price from a dealer who is discourteous.
Three or four rules every business man should follow: Be polite to customers; be polite to employees; be polite to strangers; be polite even to children.

Paternalism and Liberty

Modern Germany is wholly the product of an empire where Prussia was predominant. The Germans of to-day have been accustomed from infancy to the rule of a parental government and to the regulation of their lives from the moment they became of value to the state to the end. Not only the military power, but the industrial forces of the country were subordinated to the plans of the governing caste and it would be futile to deny the extraordinary foresight with which all were co-ordinated for the purpose of establishing European and ultimately world domination. The result is seen in the way Germany is sustaining not only her own share in the war, but the burden of allies who alone would be of comparatively little account.

No other of the continental nations so labored to prepare themselves for war, and none contemplated aggressive action. They naturally were more or less apprehensive of the German menace, but those under democratic government had not the power, even had they the will, to organize for defence as Germany did for offence. Britain particularly with its long tradition of individualism and personal liberty would have fiercely resented even an approximation to Prussian methods. It has taken ten months of war to bring home to the British people the fact that the whole resources of the nation in men and industry must be subordinated to the higher demands of the state. If that need is new learned, instructed patriotism will do the rest.

Nitrogen From the Air

It is now a well-established fact that nitrogen forms the principal element in plant food. Other things being equal, the growth of vegetation is determined by the amount of nitrogen in the soil in a form available for plant food. The problem of returning to the soil the nitrogen used up in crop growth is one of the most important in agricultural science.

Experiments conducted for seven years at the Central Experimental Farm, Ottawa, show that rain and snow help to restore some, at least, of this nitrogen to the soil. The average annual precipitation in the vicinity is about 34 inches and the average quantity of nitrogen per acre returned to the soil by rain and snow is about 6 pounds, of which about 85 per cent. is supplied by rain. Six pounds per acre is not a large amount, but as it is all in available form, and as for the most part it is supplied at a season when vegetation is active, the action of rain in supplying plants with nitrogen is not without importance.

The nitrogen brought down by rain is, of course, derived from the air, where it is found both in gaseous compounds, such as ammonia, and in dust particles containing nitrogenous matter. The chief source from which these substances are derived is combustion. It has been noted that, after extensive forest fires, rain tends to be unusually rich in nitrogen. Similarly, in the vicinity of cities, rain has a high nitrogen content, and, in some parts of England, a quantity equal to 20 pounds per acre has been observed. Violent storms, particularly thunderstorms, also increase the amount of nitrogen in the rain, probably owing to the stirring up of dust particles, but perhaps also because nitrates may be formed by the electric discharges.

These observations are interesting, but their most important result is to show that rain, though it is of some assistance, does not restore nearly enough nitrogen to the soil. Hence the importance of using nitrogenous fertilizers or of growing leguminous soiling crops to make up the deficiency is emphasized.—P.M.B.

ACTION OF SINGLE SPOONFUL SURPRISES MANY

Watford people who bought the simple mixture of hickthorn bark, glycerine, etc., known as Adler-ika, are surprised at the INSTANT effect of a SINGLE SPOONFUL. This remedy is so complete a bowel cleanser that it is used successfully in appendicitis. Adler-ika acts on BOTH upper and lower bowels and ONE SPOONFUL relieves almost ANY CASE of constipation, sour or grassy stomach. ONE MINUTE after you take it the grasses rumble and pass out. Taylor & Son, druggists.

CONVENIENT—Burns coal, coke, or wood. Large feed doors make firing easy.

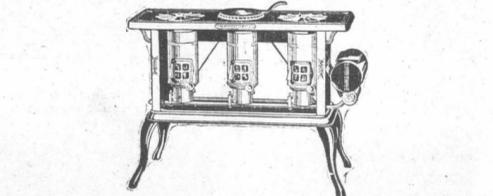
McClary's Sunshine

Furnace Water pan is filled without removing. See the McClary dealer or write for booklet. SOLD BY T. DODDS & SON

Furniture That Satisfies

Is our hobby, and we know that our showing will please you, no matter how exacting your taste may be. We have the very NEWEST DESIGNS in BUFFETS, SIDEBOARDS, CABINETS, AND PARLOR, DINING AND BEDROOM GOODS. If you need a new piece of furniture kindly call and see our spring stock. PORCH AND LAWN CHAIRS are now required. Let us show you what we can do in this line. Our Furniture is a delight to those who admire good goods. Agents for Mason & Rich Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.
PHONE 31.
FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS



OIL STOVES

- Clark's Jewel, 3 Burners and Oven... \$14.50 WITH HIGH SHELF \$1.00 EXTRA
- New Perfection, 3 Burners and Oven... \$13.50
- Hot Blast Oil Stoves... 85 Cts.
- Daisy Kettles... 20 Cts.

SCREEN DOORS, SCREEN WINDOWS, SCREEN WIRE. CALL AND GET A FREE FLY SWATTER.

N. B. HOWDEN ESTATE

WATFORD PLANING MILL

A Busy Plant in a lean year is a sure sign that someone is delivering the goods. Orders never were so plentiful, hence business never was better.

THE REASON FOR THIS IS: We buy in big blocks and we sell at rock bottom prices. We also give a service that cannot be equalled.

Our Satisfied Customers are our Good Assets. We keep an Expert Machinist and specialize all kinds of machine work, especially turning.

GEORGE CHAMBERS

ESTABLISHED 1870. We Do All Kinds of Printing AT THE GUIDE-ADVOCATE



"The Guide-Advocate" THIS is the store in Ch... of supremacy in... Any retailer... tomer is com... cide. The cu... who serve him... newspaper' as... announcements

Keep your eyes do so. Keep ver in The Guide-Advocate

An Honest Man

Out in the young countries of the world they have a pushful way going out of business. Sandy Macfarlane and Patri Hoolan were travelling together one of these "outposts of empire" and at one stage of their wild career took a passage in an old-fashioned coach. "Just like the good old times said Sandy, settling down in the corner for the night. The coach rumbled on peacefully when suddenly the dreamers were awakened by cries from the driver. Looking out of the window, Sandy face came in direct contact with the unsympathetic eye of a highwayman and the muzzle of a long revolver. Sandy sat down again suddenly. "Hands up!" exclaimed the husky robber. But his order was quite unnecessary as all the travellers had their hands well above their heads, with the exception of Sandy, who was already unloading his pockets. "Pat," whispered he, pressing some money into his friend's pocket "here's that gold piece I borrowed yesterday!" — Columbus Evening Dispatch.

Murphy's Vow

"I'll find that sniper and get my own back," vowed Private Murphy, of the South Staffords, in broad Irish, after the sniper had wounded him in the arm. And it was that vow which led Murphy to perform a particularly gallant deed. With a number of his comrades he was on outpost duty, and they were being continually picked off by the sniper. Two nights later Murphy was missing from his post, but the sniping had stopped. Later on search being made for him, he was found lying at the foot of a big tree, close behind the body of the sniper, who was pinned to the ground with Murphy's bayonet. Murphy told the officer that when he located "the blighter" he was high up in the tree. Getting underneath, he threatened to shoot, when the German dropped his rifle and scrambled down. "Then I gave him a good pasting with my fists, and finished off by pinning him down."

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective, is mild. m