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Parlor Restaurant.

The finest lines of Oranges Lemons, Bananas, and Tropical Fruits.

We carry a well assorted stock of choice Confectionery sold by the pound or barrel. Pic-nic parties supplied at lowest rates.

Delicious Ice Cream and Summer Drinks of all kinds.

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E. PEARCE, SOUTH END BAKERY

er Then it GUIDE-ADVOCATE, WATFORD, SEPTEMBER 22, 1911

New Regulations and Course of Studies.

Copies of the new regulations and courses of suidy for Public and High Schools .have, been distributed by the Education Department. An examination of them reveals a number of important changes.

changes, Grammar is no longer on the course of study for the Third Classes of our Public Schools, and the course in this subject for Fourth Classes has been considerably

for Fourth Classes has been considerably simplified. The course in Geography for all classes in the Public Schools has been radically changed, physical commercial and eco-nomic Geography is to receive much greater attention than it has received in the past

greater attention than it has received in the past. An effort is to be made to adapt the course of study in each school to the needs and the special conditions of the **Tomality**. In schools with only one teach-er the trustees may substitute for Art and Nature study one or more of the following unbiedts. Domestic Science Manuel subjects : Domestic Science, Manue

Nature study one of more of the todowing subjects : Domestic Science, Manuel Training, Elementary Agriculture. Physical Culture is obligatory in all classes of the Public schools, and a man-ual will shortly be issued by the Educa-tion Department for the guidance of the teacher in taking up this subject. A two years' course of study is outlined for Fifth Classes. On completing the first year's course of study is outlined for Graduation Diploma, and at the end of the second year's course an ex-amination for a Senior Graduation Dip-loma. Both these examinations will be conducted hy the Education Department and either Diplomas will admit the pupil to a High School.

The character and scope of the Entrance Examination is unchanged, but in future it will be known as the Junior High School Entrance Examination. This examination loses much of its importance amination loses much of its importance from the fact that there are now three other ways of securing admission to a High School, namely: (1) By means of a Junior Graduation Diploma, (2) By means of a Senior Graduation Diploma, and (3) By passing the Senior High School Entrance Examination. The lat-ter arguingtion admits the candidate to ter examination admits the candidate to niddle school of the High School.

With a view to securing more favorable weather conditions, the foregoing exam-inations and also the examinations for admission to the Faculties of Education and the Normal Schools are to be completed by the 30th of June.

Any Chump Can Knock.

Don't criticize your neighbors' faults, no matter what they do; Don't ridicule the mashes, or malign the

chosen few ; Don't think yourself a censor of the silly

human flock— And just remember as you go that any chump can knock.

Don't laugh at those that make mistakes, or stumble by the way, For you are apt to follow them—and

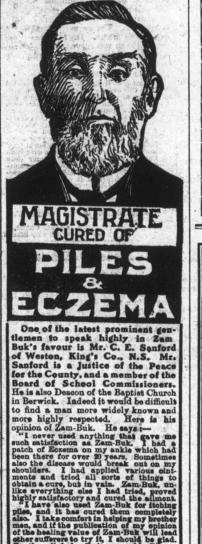
almost any day. Don't think the other's shifting sand while you are solid rock— And don't forget, for heaven's sake, that any chump can knock.

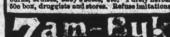
Don't be a puller-down of fame on other men conferred ;

with roast mutton, currant jelly caper With broiled mutton, onion and caper With broiled fowls, bread sauce, onion

with bronc rows, oread sauce, onion sauce, lemon sauce, lemon sauce, cream sauce, jellies. With roast lamb, mint sauce. With roast larkey, cranberry sauce and forcent islue

Currant jelly. With broiled turkey, oyster sauce. With venison or wild ducks, cranberry sauce, currant jelly.











Don't give a parting kick to one who fel because he erred. Don't think that you are perfect and the only size in stock-And now, once more, just bear in mind that any chump can knock !



"Was Fading Away'

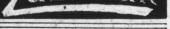
A Young Woman-Scarcely Thirty-Seemed to Be Dying on Her Feet.

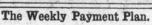
Dr. Hamilton's Pills Cured

Think it should be the duty of the schools to teach children how to keep with the should be the duty of the schools to teach children how to keep with the schools to teach children how to keep the schools to teach children how to keep the schools to teach children how to keep the schools of the schools to the schools of the use of improper remedies destroyed my visor, and led a gift ruddy and strong. Nothing schools to the verge of invalidism. I was as a general failure in strength set in. If i went upstairs my breath hurt. My system was very irregular, and until i went upstairs my breath hurt. My system was very irregular, and until i went upstairs my breath hurt. My system was very irregular, and until i was reading of a very interesting child until the time, wakened in the night. I took the same treatment. It was just right-didn't physic me to day i was reading of a very interesting chils were day have returned to stay. CORNS CURED

IN 24 HOURS You can painlessly remove any corn, either hard, soft, or bleeding, by applying Putnam's Corn Extractor. It never burns, leaves no scâr, contains no acids; is harmless, because composed only of healing gums and balms. Fifty years in use. Cure guaranteed. Sold by all druggists, 25c bottles. Refute substitutes. 3







The weekly payment plan affords wage-earners an easy and sure way of making provision for the time when their earning powers have ceased. For example, if a man at present aged 40 years were to deposit with the Canadian Government \$1 a week until he was 65 for the purpose of buying a Canadian Government Annuity, he would receive \$261 a year for the remainder of his days. And if he died before he was 65 what he had paid in accumulated at 3% compound interest would be refunded to his heirs. Full particulars concerning the scheme may be

A New Creation had by any one over the age of five years if he or she will apply to the 2 Superintendent of Canadian Government Annuities, Ottawa. State age last birthday, the age at which An-INTERNATIONAL nuity is desired to begin, and the **, DICTIONARY** amount which you want to pay each THE MERRIAM WEBSTER week, and the Superintendent will tell you what amount of Annuity the The Only New unabridged dic-The Only New unabridged dic-tionary in many years. Contains the *pith* and *essence* of an authoritative library. Covers every field of knowl. edge. An Encyclopedia in a single book. payments will buy. Write tonight.

An Explanation of Certain Old-Time Biblical Words.

Here is a handy table furnished by the Christian World which it would be well to cut out and paste in your Bible for

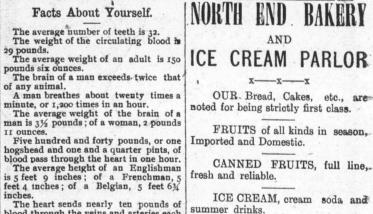
A day's journey was about twenty-three and one fifth miles. A Sabbath day's journey was about an Rnolish mile

A Sabbath day's journey was about an English mile. A cubit was nearly twenty-two inches. A hand's breadth was equal to three and five-eighths inches. A finger's breadth was equal to one inch. A shekel of silver was about fifty cents. A shekel of gold was \$8. A talent of silver was \$523.30. A talent of gold was \$3,809. A piece of silver or a penny, was thir-teen cents.

teen cents.

A farthing was three cents. A mite was less less than a quarter of cent.

A geraph was one cent. An ephah, or bath, contained seven gallons and five pints. A firkin was about eight and seven-eighths gallons.



blood through the veins and arteries each beat, and makes four beats while we

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Maps	
	the second se

One hundred and seventy-five milliom cells are in the lungs, which would cover a surface thirty times greater than the human body.

The average of the pulse in infancy is 120 per minute; in manhood, 80; at sixty years. 60. The pulse of females is-more rapid than that of males,