

An Advertisement by Charles Dickens



CHARLES DICKENS is one of the world's great teachers. Here is what he has to say in one of his books:

"My other piece of advice, Copperfield," said Mr. Micawber, "you know. Annual income £20, annual expenditure £19. 19. 6—result, happiness. Annual income £20, annual expenditure £20. 0. 6—result, misery. The blossom is blighted, the leaf is withered, the God of Day goes down upon the dreary scene, and—and in short you are forever floored. As I am."

The saving of a part of one's income was always a good policy.

Prudent men and women have always maintained a margin of saving.

But to-day we must go farther in our efforts to save than ever before.

To-day it is a matter of the gravest importance that each Canadian seek ways and means to economize by cutting down expenditures for unnecessary things, saving the money he spends on things he could do without, so that when the Nation needs to borrow money he will be in a position to do his full duty.

There is war-shortening work waiting for every dollar that can be saved.

IF Charles Dickens were writing to Canadians to-day he would probably give us advice to this effect:

"My other piece of advice, Canadians, you know. No matter what percentage of your annual income you have previously saved, your efforts to-day should be to save more. The advantage of so doing is threefold: By the practice of economy you conserve the material and labor which must be devoted to the grim task before us; you cultivate the priceless habit of thrift; you gather more and more money to lend to the Nation for the prosecution of the war to a quick and certain Victory."

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LABOR and CAPITAL SIT DOWN TOGETHER



Top Row (reading from right to left).—Sir George Bury, Vice-President, Canadian Pacific Railway; Geo. K. Wark, Vice-President, Brotherhood of Locomotive Firemen and Engineers; F. F. Backus, General Manager, Toronto, Hamilton & Buffalo Railway; H. Shearer, Michigan Central Railroad; J. M. Mein, Deputy President, Order of Railroad Telegraphers; S. R. Payne, Ottawa and New York Railway; S. J. Hungerford, General Manager, Canadian Northern Railway Eastern Lines; W. V. Turnbull, Vice-President, International Brotherhood of Maintenance of Way Employees; C. A. Hayes, General Manager, Canadian Government Railways, Eastern Lines.

Bottom Row (reading from right to left).—S. N. Berry, Vice-President, Order of Railway Conductors; Ash Kennedy, Asst. Grand Chief Brotherhood of Locomotive Engineers; D. B. Hanna, Third Vice-President, Canadian Northern Railway; Major G. A. Bell, Acting Deputy Minister, Railways and Canals; J. H. Walsh, General Manager, Quebec Central Railway; James Murdock, Vice-President, Brotherhood of Railway Trainmen.

For four years with greater speed, cheaper, and with only brief and local interruptions compared to the choked transportation of neighboring countries, to be cited in those foreign countries as an example of competent long-distance operation—and then to be blocked or hampered by labor troubles! This was the anti-climax which the Canadian Railway War Board, under

which all Canadian Railways are operated nowadays, strove to avoid and finally did overcome by creating, with the assistance of the Government and the labor unions, the Railway Labor Board of Canada. The accompanying photograph was taken after the meeting between railway labor leaders and the railway managers, at which the new Board was finally formed and commissioned to adjust

the application in Canada of the McAdoo Scale of Wages, as well as any other controversies that may arise between the workers and their officers.

In the picture there are shown not only the senior executives of some of the most powerful labor organizations in the world, but an equal number of great railroad managers, including Sir George Bury, the expert

The Growing American Army

Washington, Sept. 18.—An army of 4,800,000 by next July after all deductions have been made for casualties and rejections is what the enlarged American military programme calls for. General March explained this to the house appropriations committee in discussing the new seven billion dollar army estimates.

There are now about 3,200,000 men under arms, General March said, and the plan is to call 2,700,000 of the new draft registrants to the colors between now and July.

OBITUARY

MILTON D. PORTER

The death occurred at his home Halls Harbor, on Sept. 18th 1918, of Milton D. Porter, son of Mr. and Mrs. Charles Porter, after a lingering illness. The deceased was 25 years of age.

He leaves to mourn their loss, a mother and father, four sisters Mrs. Mark Simpson, Mrs. Kollie Keizer, Mrs. Burpee Thorpe and Mrs. Harry Crandall, all of Halls Harbor, also three brothers, Harding and Perry of Halls Harbor, and Rufus of Princeton Mass; beside many relatives and friends.

The floral offerings were:— Pillow from father and mother; wreath from brothers and sisters; and other offerings from friends and relatives.

Production Must Increase The Canadian Food Board Says

There has been no call for slackening efforts. The impression seems to prevail that Canada has done well enough in growing grains, and the future is assured, so far as food is concerned. Such is not the case, has not been the case, nor will it be for some time come. The call is for more and yet more production, and the cry for food is still loud in the ears of Canadians.

This hard work and self sacrifice of Canadians has borne fruit. Great Britain cannot be starved. There is enough to provide for the armies and the civilians until the next crop, but no more. There are no food reserves, as there should be.

Indeed, Canada must double its production in 1919. Let that soak in. The continent of America has promised, and must deliver, 10,000,000 tons of food stuffs this coming year. In 1917-18, 13,000,000 tons were promised and will be delivered.

The Business Woman

To day more than ever before, is woman's opportunity. Many new occupations are now opened to her, which, before the war, she was deemed unfitted to fill. And truth to tell she has risen to the opportunity, and now shares many business responsibilities in former times confined to men. But, as women are subject to more frequent fluctuations of health than men, many will be handicapped early, if they regard their health requirements too lightly.

The nervous strain, long hours and prolonged mental or physical fatigue thin the blood and weaken the nerves. Such conditions as women are now called upon to undergo can only be endured by a full-blooded constitution. This is as true for men as for women, only weaker women suffer sooner. The woman worker, in any line, requires her blood replenished frequently. She needs new, rich blood to keep her health under the trying conditions of business life, and to fortify her system against the effects of overwork. This applies also to the woman in the home, who, perhaps, has more worries and anxieties than usual. So let all girls and women take heed and renew their blood promptly at the first approach of pallor, lack of appetite, headache or backache. This can be best and most effectively accomplished by taking Dr. Williams' Pink Pills which make new rich blood and thus help womanhood so perfectly. No woman need fear failure of health if they take these pills occasionally to keep them well, or give them a free trial if they find themselves rundown.

You can get Dr. Williams' Pink Pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Knitted 1100 Pairs of Socks

Fredericton Gleaner: Miss Lucy Anderson has completed knitting her 1100th pair of socks, a record that is surely hard to beat. The 1000th pair, with royal purple tops, from the same yarn that constitutes the soldiers' socks, were sent to King George, 1001st pair, royal scarlet tops to the Prince of Wales, and a like pair to Sir Douglas Haig. Miss Anderson knit one case, 154 pairs, from the light gray Scotch fingering yarn. It is quite naturally inferred that Miss Anderson has not had many idle moments in hanging up this record for knitting.

LOST:—Strayed from Joseph Bennett's mountain pasture during summer a three year old heifer, white body, mixed red and white head and neck marked, crop off right ear, slit in crop hind gland in left ear. If found please inform.

MRS. EVERARD EATON, Lower Canada

Notice to Apple Dealers and Growers

I have just received a shipment of "Gifford" Fruit Sizers and am prepared to make immediate delivery. This is a perfect working machine and gives splendid satisfaction. For further information apply to

J. HOWE COX, Cambridge Station, Kings Co., N. S. Aug. 30—3m.

MUSIC BY MAIL

We carry 25,000 Victor & Edison records. Will send by mail any number on approval. Send trial order or write for particulars.

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HALIFAX, N. S.

Minard's Liniment Relieves Neuralgia.