SIX

#### FIVE MINUTE SERMON dreadful sin. No wonder their souls

RRV. F. P. HICKNY, O. S. B. FOURTEENTH SUNDAY AFTER PENTECOST

THE FIRST, SECOND, AND THIRD COMMANDMENTS

"The Lord thy God thou shalt adore, and Him o nly skalt thou serve," (Matt. iv. 10.)

These words of our Blessed Lord, my dear, brethren, remind us of the authority and power of the Com-mandments. They are a quotation from the words of Moses, and he gave them to the children of Israel it? Yes. Any excuse is made-you know what frivolous ones—but the reason, not the excuse, is their insolearned to have no respect for Him gave them to the children of larget as the words of the Almighty giving him the Law. The Commandments of the Old Law were renewed by Christ, the Son of God, in the New. cries out to them: "O senseless Galatians, who hath bewitched you, They, then, have a double claim on They, then, have a doubt extain of our obedience and reverence. Stand by them, and your salvation is assured. "Thou shalt know that the Lord thy God, He is a strong not. and faithful ...d, keeping His coven-ant and mercy to them that love Him, and to them that keep His com-Mass t' selves. mandments unto a thousand generations." (Deut. vii. 9.)

Yet there are men who resent them. They declare that the Comand sin." (Deut. ix. 27.) mandments infringe upon their liberty; and because no immediate penalty is dealt out to them for breaking them, they deride those who keep them as being slaves to tyranny. Whereas, how thankful we should be for the Ten Command mants ! God knows what is good for us; He gives us them as safe-guards. True, obedience costs something; but remember, obsdience is always rewarded. The Commandments an infringement on our liberty! As well say a fireguard in a nursery is an infringement on the liberty of the children ! Instead, then, of resenting the Commandmants, we should accept them with gratitude, and the work of our life is to keep them faithfully.

Knowledge of them, therefore, is And the more we understand them, the more we shall be led to lave and reverence them.

The first three Commandments regard Almighty God : our worship for Him; our respect for His very Name; our obligation to keep holy one day each week in His honour. The first is fulfilled by our acknowl-edging the one true Gol, by adoration and worship, and turning from all others to Him alone. Prayer, then, practically is the fulfilment of spiration to warriors, to men of prayer, to artists, and posts, from the mightiest down to the lowly it-prayer, by which we acknowledge Him Lord and Master ; by which we theme. desire His honour and glory; by which we turn to Him in all our needs; by which we ask our Father's pardon for all our shortcomings and negligences. Each day claims this tise when : time for prayer, and we cannot even limit it to certain times, for in danger and temptation we are bound to seek help and protection in prayer. And the Second Commandment

hedges round the Name of God with In buried cities beneath the sea: respect and veneration. "Thou shalt not take the Name of the Lord thy God in vain ; for he shall not be uspanished that taketh His Name upon a vain thing." (Daut. v. 11.) This is the Commandment which is broken, more than any other, for nothing ! In laughter, in a joke, in surprise, as a mere exclamation, the red Name of God, the sacred Name Egan in these lines : of Jesus, is drawn down by young and old alike in vain. But how much more terrible, when greed, drink, rage, revenge, burst out into oaths and curses and blasphemics. Any exclamation can show your anger; why offend the Almighty by dragging down His sacred Name? Check yourselves, lest you give bad example by such words. The babit is soon learned, and seldom over come. What a judgment awaits those who contaminate the young ! "He shall not go unpunished."

wording of the Third Commandment : "Remember thou shalt keep holy the Sabbah day." God demands this observance from us, week after week. By observing it, we acknowledge that we are His servants and His children; we bless Him for the Redemption He has granted us; we draw down freeh graces and blessings on our souls. And those who do not remember? Those who forget and wilfully neglect-what of them? They insult the great God by their disobedience and contempt. Their forgetfulness even is no excuse, for they are commanded to remember ! And how are we to keep the day holy? So that there should be no error or mistake about this, the first Precept of the Church lays down : "To keep the Sundays and holidays of obligation holy, by hearing Mass and resting from servile work." And the Catechism declares it a mortal sin to neglect Mass on these days. sin to neglect Mass of the Church And we are bound to obey the Church and accept its ordinances, for Christ has said: "He that heareth you heareth Me; and he that despiseth you despiseth Me." (Luke x. 16) There are certain valid reasons, ex-cusing from Mass and allowing work. has to be continued on Sundays. In those cases the work of a necessity, from sin, both in labouring and in nursing the sick there nursing the sick, those dwelling too far off, are free from the obligation of Mass. But we have to be on our guard against laxity, against open ing the door too wide to excuses and pleas; else laziness, unwillingness, neglect even, dress themselves up in a cloak of some kind of excuse. It is sad to see how easily the abit of missing Mass can be habit of acquired. How the conscience becomes torpid, and never gives any sign of fear or remorse for the

are dead, for they stay away from that which would give them life. It is the cry, wrung from the Sacred Heart of Jesus by those who miss Mass: "You will not come to Me that you may have life." (I John v. 10.

How can such neglect be account-"Fruit-a-tives" Alone Gave ed for ? Do they know their obligation? Yes. Do they believe in the Sacrifice of the Mass, and understand

Buckingham, Que., May 3rd, 1915. from Severe Headaches and Indiges lent indifference to God. They have tion. I had belching gas from the stomach, and I had chronic Constipano care, no love, no fear. St. Paul tion. I tried many remedies but nothing did me good. Finally, a that you should not obey the truth. friend advised "Fruit-a-tives". before whose eyes Jesus Christ has been set forth, crucified among you?" took this grand fruit medicine and it made me well. To everyone who (Gal. iii. 1.) This is what takes has miserable health with Constipaplace at every Mass, but they care

My dear brethren, reverence Holy the more devoutly your-Pray for those who neglect it. Let your prayer be: O Lord, "look not on the stubborness of 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruitthis people, nor on their wickedness tives Limited, Ottawa, Ont.

> All night the tempest raged loud and THE ANGELUS

Sacred Heart Review

" If we fight like heroes and pray On the rocky breast of the sounding like saints," say America's Cardinals, " soon will America overcome mere shore

swells lust of power by the nobler power of sacrifice and faith." still !" Exhorting the nation to turn to

And we pray with the prayer of those God in prayer while the American noonday bells ; army confronts the enemy, the Car-dinals counsel continued obedience

Will !' to the request of the Holy Father in petitioning our Lord that peace may Ecce Ancilla Domini.

Let us, moreover, each day, until calm And a sea of glory the sunset seems ;

evening, the Angelus, for the guid-

The Angelus throbs through the arms, the unity of the nations and the welfare of heroes."

Another result of this instruction 6ea :

And we answer the Church's evening prayer, that of the two elements which the first professed to combine in the An-glican Church, the Protestant element

peasants whom Millet made his erine Crowley, expressed in verse a very lovely thought, in answer to the question: "When first rang the Angelus?" The "Evening Song of the Breton

What master wrought the sweet toned bells

The Angelus first rang? Gleamed silver pure and virgin gold, Like souls, within the dark clay The balls are ringing the vesper

mould. Ere rich their spirit voice rolled

Or, voicing the celestial thought, Pealed forth the chimes, by scraphs'

With melody, that thrilled From star to star, when Gabriel

adored With Mary's answer, and the Lord

"Ave Maria!" prelude of the Word; "Ave Maria!" first on Gabriel's lips; "Ave Maria!" soft as sound of ships White winged and speeding the Or, first in Nazareth's holy glade,

The flower bells of spring Bade He, with fragrant breath of Twas last upon the lips of Charle-

False Julien fell when he it uttered All women, and the wind swayed 'forgot-And, at the end, he spoke it not in vain

### THE CATHOLIC RECORD

their definite defeat.

of yet one more Protestant sect, which

estranged itself even more than Anglicanism from Catholic forms and

Catholicideas. And all the principles of the Evangelicals tended to thrust

Anglicanism deeper into Protestant-

ism. They are still a powerful element in the Church; and they have scarcely

any potion of the Church as a living

and visible body, of the episcopate

as the depository of the Apostolic succession, or the priest as the minis-ter of the Sacraments. The sacra-

mental dogma is a thing about which

they give themselves no concern. The doctrine of the Real Presence

we see one law in operation. We

## SUFFERED TERRIBLE AGONY

## Him Quick Relief

'For seven years, I suffered terribly

tion and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well". ALBERT VARNER.

high, And the troubled waves, with crash and roar,

Still sob out their sorrow remorse fully

While over their restless turbid force by greater force, and conquer

The Angelus floats like a " Peace, be

'Be it done in us ever, Thy blessed

But at eventide, when the winds are be restored, and they recommend :

the peace for which we fight crowns our efforts, say daily, three times, Like the last sweet strain of the Complin psalm, morning at rising, at noon and in the

Or the angels' songs, that we hear in dreams, ance of our rulers, the success of our

fragrant air, O'er the ruddy glow of the sunlit

must be an increased devotion to the recitation of the Angelus, a custom of Catholic lands that has given in-

prayer, In life or death, be it here, or

there, Ecce Ancilla Domini.

Another Catholic poet, Mary Cath-

Fisherman" tells of the holy prac-The toils of the day are over and

That, soft o'er vales and sylvan dells, The fisherman comes to his rest at

And the calm of the holy even time As though an angel sang? Has wrought its peace on the world

and me. Ave Maria ! in mercy keep fraught The resting land and the restless

The universality of the salutation is suggested by Dr. Maurice Francis Before the flame-white Throne

The earth with heaven filled ?

When Christ, a Child, there dwelt and prayed, sweet words are heard Upon the world's dark flood.

To hail His mother blessed among

not; Napoleon lost it-'twas not quite The Angelus did ring-

in the hierarchy, the Articles of Be-lief, or the forms of worship. Arch-biehop Laud was impeached, and he Catholic ideas in the Anglican Church still goes on. In the meantime, the Catholic Church itself has made tremendous headway in England. In 1814 there were only 160,000 Cathopreceded by some years his master, Charles I. to the scaffold. The result of the civil war was the triamph of the Puritans, and a Presby-terian Calvinism supplanted the lics in England, and churches or chapels were few and hidden away in obscure corners of towns. Today in Episcopal Church, which was disorganized and proscribed. The place of 160,000 there are nearly 2,000,000 Catholics in England alone. Restoration, however, gave an oppor-tunity for re establishing the Church on the principles of Laud and the conversions at 600 a month, and "Caroline divines," and then was these included the most intellectual drawn up and promulgated the final classes. England has once more a drawn up and promulgated the final edition of the Prayer Book—the one great Catholic hierarchy, with religit is now proposed to revise, and in which the sacramental and sacious Orders and priests in every cen-ter, while cathedrals, churches and erdotal character of the English Church is most brought into relief. convents rise in the midst of cities

and by their outward adornment pro-claim on high the Faith of the faith. But the strange regime to which men's consciences had been submit-ted for more than a century, the ful.-Truth. spectacle of a Church so many times transformed at the will of Royal caprice or popular passion, the con-tradictory creeds imposed one after another on a servile clergy by suc WHEN USING cessive governments, had the effect WILSONS of confusing principle and spreading dogmatic indifference, which resulted in latitudinarianism. In vain did the High Churchman attempt a last rally in the reign of Anne; they could not recover lost ground, and the accession of George I. marked READ In the midst of the 18th century, however, two religious movements arose, Methodism and Evangelicalism. Methodism only resulted in the de-tachment from the Anglican Church

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STAMMERING THE ARNOTT INSTITUTE

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appears to them a grave superstition. Thus, from the revolt of Henry VIII. by stimulating and arousing the circu-lation with light applications of Absor. bine, Jr., rubbed in thoroughly. This invigorating liniment acts quickly and surely. It is fragrant and pleasant to to the first quarter of the 19th century leaves no greasy residue on the

skin. As Absorbine, Jr., is a powerful germicide as well as a liniment, it is effective for prophylactic and aseptic uses \$ it destroys the germs in cuts and sores; it may be diluted and used successfully as an antiseptic and germi-cide for the mouth and threat. always found the advantage, and the Church steadily receded, not only from the Pope, but also from those Catholic ideas and caremonies which she had at the beginning of the es-

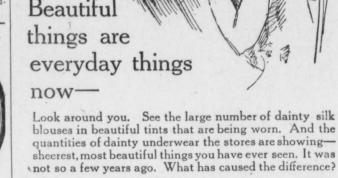
trangement seemed apxious to pre cide for the mouth and throat. Athletes will find it efficient for limserve. In the first quarter of the 19th century, if any member of the Church

bering sore, stiff muscles. A good formula for a rub-down is one ounce of Absorbine, Jr. to a quart of water or of England, cleric or lay, ignorant or learned, had been asked if he were a Absorbine, Jr. to a quart of water or witch hazel. It is composed of vegetable extracts and essential oils, and is positively harmless. Get a bottle today and keep the second se Protestant or Catholic he would have though the questioner were jesting. He was a Protestant, glorying in the

fact. The very word Catholic called up to him a vision of a medley of suit in your desk, in your travelling bag in your medicine cabinet or in the side In your medicine cabinet or in the side pocket of your automobile. It is health insurance of a high type. At most druggists or sent prepaid upon receipt of \$1.25. Trial bottle for 10c. in stamps. W. F. YOUNG, P. D. F., 299 Lymans Bldg. Montreal, Can. perstitions, from which it was the glory of his forefathers to have escaped three centuries before. Then, oddly enough, the tide turned towards Cath-

olicism, and we found groups of distinguished Anglicans laboring to

revive Catholic dogms within the Anglican fold. The Anglo-Catholic movement received the most stagger-ing blow from within its own ranks The Safest when its eminent leaders, Newman, Manning, the two Wilberforces, and many others, entered the Catholic Matches Church, and proclaimed the failure of Anglo-Catholicism. Yet the reacin the World tion towards Catholicism continued to grow within the Establishment, until today in England Catholic ideas ALSO THE and practices have taken a powerful hold upon the Anglican Church. CHEAPEST, ARE In 1895 there was a strong move-ment, led by Lord Halifax, in favor Eddy's Silent 500's of reunion with the Holy See. Speaking on behalf of a powerful SAFEST, because they are



Certainly and surely-one big factor has been Lux. Women would not buy these things right along unless there was a gentle, sure way of washing them-without discoloring, warping or fading.

There is—it's the Lux way. Won't turn silks yellow—won't hurt chiffons—won't shrink woollens. Lux won't hurt anything that pure water itself may touch.



# Tea in the Garden of Eden

A Tommy wrote to his mother from Mesopotamia :

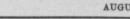
"This may be the Garden of Eden, but the only thing that makes it endurable is our daily ration of Lipton's. In fact, Lipton's is the only thing hereabouts that I'm not 'fed up' on."

There is a universality about Lipton's that strikes home to English-speaking people wherever they may be.

To thoroughly enjoy Tea you must get Lipton's, and make it according to the directions on each package.

Don't be put off with substitutes. Demand-





AUGUST 24, 1918

Because he spoke it well.

past.

last,

chime

deep.

magne

Charles Warren Stoddard describes the triple neals of Ave Maria bells. from church towers

At dawn, the joyful peal of bells In consecrated citadels, In consecrated citadels, Flings on the sweet and drowsy air A brief, melodious call to prayer ; For Mary, Virgin, meek and lowly, Conceived of the Spirit Holy, As the Lord's Angel did declare.

At noon, above the fretful street, Our souls are lifted to repeat The prayer, with low and wistful

"According to Thy word and choice, Though sorrowful and heavy laden, So be it done to Thy Handmaiden." Then, all the sacred bells rejoice.

At eve, with roses in the west, The daylight's withering bequest Ring, prayerful bells, while blossoms

bright The stars, the lilies of the night : Of all the songs the years have sung us.

"The Word made Flesh has dwelt among us,'

cling Heavy and thick, over land and sea

But sweet and clear are the bells

that ring Their beautiful "Angelus Domini !"

Nearer and clearer, thro' mist and din

Tain, O Angelus bells, your music thrills ; Till the clouds are lifted of care and

pain, And we say, "Be it done, as the Master wills !"

Ecce Ancilla Domini.

Was nature's sweetest anthem heard. CATHOLIC IDEALS IN ANGLICAN CHURCH

any appeal which might be addressed to the Church of England. Thereupon the Sovereign Pontiff. Leo XIII. put forth his famous letter, "Ad Anglos," in which he congratulated the English on the signs of divine grace visible in their nation, and the efforts they had made towards recon

association of Churchmen he gave

count on a sympathetic response to

the Pope an assurance that he co

During the past seventy years there has been a very remarkable renaissance of Catholic ideas in the ciliation with Catholicism. At the same time he appointed a commis-English Church. The schism which the despotic caprice of Henry VIII. imposed on a servile clergy tended and the English Church, the Archbishop of York, made at the Congress of Norwich a speech in at first merely to substitute the su-premacy of the King for that of the premacy of the dogmas of the Pope. The other dogmas of the Church were not tampered with, and scarcely a single change was made in the exterior of worship. The spaceding reign, the gov-the spaceding reign, the gov-migne. He reminded his hearers of Zwingli and Calvin, began to mutilate the doctrine and the litthat its author presided over a Church which had produced a mul urgy; they proscribed the Mass, re-placed the altars by tables, despoil titude of saints and sent forth a noble army of martyrs, a Church to ed the churches, and gave a they owed a vast treasury of theo-logical literature; a Church from which the English had raceived in gen eral license to the priests to take to thémselves wives. The revolution resulted in very little more than a past ages, in times of weakness and state of great confusion and relig-ious anarchy. And when the Crown passed to Mary Tudor the first measures she took to re establish the of union. He showed how A misfortune, considerable and affectionate succor. Gladstone, in a pub of union. He showed how Angli-Catholic religion were accepted with cans, by increasing resemblance on many points to the usages of the Church of Rome, were acknowledg. entiments and relief. Queen Elizabeth found herself involved against the Pope and Spain, and although she would gladly have remained faithful to the headless Catholicism, the first Bishop of Christendom, and the political situation obliged her paid homage to the attitude Leo had assumed. to accentuate the Protestantism

A few months later all these glori her Church more than her taste with the advent of the Stuarts Papal Bull which definitely declared came the return, to activity of a the invalidity of Orders conferred by party which deplored the recent Pro-testant ravages; but the Puritans attacked more flercely than ever anything that professed to retain or anything that professed to retain or anything that professed to retain or to re-establish Catholicism, whether the time being. But the progress of ical solution which renders the stick "dead" immediately the Match is extinguished.

nated with a

CHEAPEST, because there are more perfect matches to the sized box than in any other box on the market.

WAR TIME ECONOMY and your own good sense will urge the necessity of buying none but

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