

OUR BOYS AND GIRLS.

The Well-Dressed Girl. You may have an idea that the best dressed girl is the one who spends the most on her clothing...

Some girls may have prettier dresses than others, but there is no reason why any girl should excel another in neatness...

In the Highlands of Scotland it is a kindly custom to give names to the cows as well as other animals.

The cows knew their names like three children, and would come when called.

After a while I spied a cow beneath, grazing on a slip of turf just between a rift and the hill.

"I shouted aloud as I could, Cowslip! Cowslip! When she heard her name she left off grazing and listened."

"I called again and again. What did she do? She just came toiling up and up—till she reached me. Those hill cattle are rare climbers."

"She made a great ado over me; licked me with her rough, warm tongue, and was as pleased and as pitiful as though I were her own."

"My sons," said he, "you are about to enter upon a terrible struggle—the battle of life."

"Give me power," said John. "I want to be a great ruler. Give me power and I will bring the nations of the world to my feet."

"It shall be as you say," said the king. "Then he turned to his youngest son. 'What is your wish, Richard?'"

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inction of being the champion lifesaver of the United States. She is valued at \$2,000, but it would be difficult to estimate the worth of the help she has extended to people who might have drowned had it not been for her efforts.

As you may know, Coney Island is a great place for bathing. During the season thousands of persons, including many children, enjoy the refreshing waters of the ocean there.

The lifesaving corps is always on the watch to lend a hand at the critical moment. However, there are times when human hands cannot be quick enough, and human appliances are powerless.

Stella is capable of swimming fifteen or twenty miles under ordinary conditions, moving with as perfect ease as if she was walking on land.

Good, noble and efficient as these dogs are, it would seem strange that people visiting the beach would be so foolish, not to say cruel, as to try to deceive them, but such has been the case in recent months.

There are fish stories that are also true stories. Here is one that is vouched for by scores of persons, some of their eye-witnesses.

On Tuesday of last week, Mrs. Peter Monroe, wife of a well-known resident of the southern section of Philadelphia, while strolling along the beach at Seaside City, discovered that she had lost her rosary.

On the Tuesday following little Jimmie Chapman dropped a fishing line from the end of the pier and awaited a nibble. He got it, but it might be described as a bite with a capital B.

"I know who it belongs to, and you'll have to give it up," exclaimed Tommy. "No siree, I'm going to make a watch chain of it," retorted Jimmie.

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CHATS WITH YOUNG MEN

Says the Catholic Columbian: When a young man first goes out into the great world and is thrown among other men of all characters, habits and professions—especially if he is away from home and has had little training in social intercourse—he is apt to make many blunders if he be at all forward.

He should lay down certain principles for his own guidance, so as to be benefited by these meetings with other men, so as to establish a reputation for nice manners and good sense, and so as to participate in no evil by any of the ways in which that may be done.

1. Deference to superiors. First of all, the well-bred young man will be respectful toward age, superior wisdom and high station. The failure to show this reverence is due to a false notion of one's own importance.

2. Slowness to express opinions. When a young man is in a company largely composed of his elders, it is a mistake for him to act as if he "knew it all."

3. Avoid detraction. In almost every company of men the absent are spoken of disparagingly. Besides the sinfulness of this proceeding, it is against good breeding.

4. Give no countenance to smut. Never by word, act, or smile lend any encouragement to those depraved men who relate dirty stories.

5. Have tact. Fine manners are the finest of the fine arts, and they are based on a desire to please. Be amiable, courteous, sweet tempered and unselfish.

6. Be observant. Even with all the training of the home circle, a young man has much to learn in society. The best school in which to learn the customs of gentility is society itself.

7. Have moral courage. The lower animals have physical bravery, but it takes a man with character to stand up to moral courage.

8. Be slow to take insults. Usually men mean to give offense to you, and there is no intention to insult, there is no insult. The injury almost always in the will to wound, and not in what is actually said or done.

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THE LORD'S PRAYER.

Sublimities are too often mumbled on thoughtless lips. The power of invocation is great indeed. A single prayer may address itself with solemn directness to an omnipotent God and call upon infinite potentialities.

He, with several friends, had been invited to dine with an old gentleman in Baltimore, or a distinguished blind man, or a distinguished blind man, or a distinguished blind man.

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A pure hard Soap, SURPRISE SOAP, MAKES CHILD'S PLAY OF WASH DAY

prophet Isaiah said, "The meek shall increase their joy in the Lord, and the poor men shall rejoice in the Holy One of Israel," he foretold the characteristic mark of the true religion, which St. Paul had in view when he asked, "Hath not God chosen the poor in this world, rich in fruit and heirs of the kingdom?"

Parents and Home Education. No matter how good the school may be, home education should supplement its work. Children are given by God to parents, not as a present which they can dispose of at pleasure, but as a trust for which a very account must be given to God.

MONTHS OF PAIN. Caused by a Tumor of the Breast. MRS. J. M. TIMBERS OF HAWKESBURY, TELLS HOW SHE OBTAINED RELIEF AFTER DOCTORS HAD FAILED.

From the Post, Hawkesbury, Ont. Mrs. James M. Timbers is well known to nearly everybody in Hawkesbury. Vankleek Hill and surrounding country. She was born in Vankleek Hill, but since her marriage, twelve years ago, has lived in Hawkesbury, and is greatly esteemed by all who know her.

Non-Catholic Missionary Work Commanded by Leo XIII. Pope Leo XIII, in his recent letter to Cardinal Gibbons especially commends the work of giving missions to non-Catholics in the following words. It is very unusual that any special work should receive particular mention in a general letter, but the Holy Father has singled out the non-Catholic mission for special approbation.

The Language of Anti-Catholic Bigots. The most powerful argument used by the scribes and pharisees against Christ was an interrogative: "Have any of the rulers and the pharisees believed in Him?"

Why He Signed the Pledge. "My reasons for taking the temperance pledge were partly general and partly special," says Dean Farrar. I became convinced that the use of alcohol in any form was not a necessity. I saw that whole nations have lived and flourished without it.

THE AGONIZING PAINS OF RHEUMATISM. Swollen, aching joints, muscles are stiff and sore, every movement accompanied by pain. The most potent remedy is Poison's Nerviline. It acts upon the stomach and is so composed that certain ingredients of it preserve the power to act upon the intestinal canal, so as to clear them of excreta, the retention of which cannot but be harmful.

FIRST AID TO THE INJURED, POND'S EXTRACT. FOR BURNS, SPRAINS, WOUNDS, BRUISES OR ANY SORT OF PAIN.

FATHER KOENIG'S FREE NERVE TONIC. A valuable tonic for nervous debility.

EUREKA HARNESS OIL. Rain and sweat have no effect on harness treated with Eureka Harness Oil.

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JOHN FERGUSON & SONS. 150 King Street. The Leading Undertakers and Embalmers. Telephone—House 373; Factory 543

COWAN'S COCOA AND CHOCOLATE. THE BEST. TRY IT NEXT TIME. FAVORABLY KNOWN SINCE 1826, BELLS HAVE FURNISHED 35,000 BELLS.

CHURCH BELLS. Chimes and Pells. Moshane Bell Foundry, Baltimore, Md.

REID'S HARDWARE. For Grand Rapids Carpet Sweepers, Superior Carpet Sweepers, Sincere, the latest, Winglers, Manglers, Cutlery, etc. 118 DUNDAS ST., LONDON, ONT