

HOME INTERESTS.

Conducted by HELENE.

Procession Sunday, which marks an important period of the ecclesiastical year, has come and gone; this Dominion of ours has celebrated its thirty-eighth birthday; the children have been let out from school, and we each and all are fulfilling our self-appointed or imposed tasks with the regularity of a wheel revolving on its axle, some with the grace born of a contented spirit, others submitting half-heartedly to the inevitable. But whether the task is congenial or not depends on the energy we expend. And still there is the exception to this last for we see repeatedly the man who toils incessantly, dealing honestly by all men, goes under in the mad rush for first place, for man is by nature selfish and it is not in him to extend a hand to a weaker brother, rather, he will push on, not because he is the weaker one's superior, mentally or physically, but his self-confidence will gain for him what he would otherwise lose, and the other after years of untiring exertion will see himself left behind because he had not the moral courage to assert himself, in his case putting the lie to the well known axiom, the "survival of the fittest."

FASHIONS.

White shoes with black heels and black bows are new. There are breakfast jackets of blue or pink crepe for half a dollar. Pale yellow hyacinths look wonderfully well on a white horsehair hat.

The modish woman is wearing suede gloves in preference to the glace finish.

The trick of putting a lining underneath a white blouse that will bring out the tone of the gown is quite a fashionable trick and a very pretty one. Red lined coat suits, for instance, carry pale pink muslin slips under white lingerie blouses. For this reason bobbinet has come into favor for shirt waists. It washes perfectly and does not pull out of shape like many of the muslins.

White serge coats made three-quarter length, loose fitting, have collars and cuffs of velvet. Blue is the most popular color for these collars and cuffs, all shades of blue being used, with the favorite an indescribable one, neither bluet nor gray blue, but just between the two.

Very attractive is a matinee jacket of crepon or liberty silk elaborately tucked. These jackets are worn over lawn skirts trimmed with deep lace ruffles headed with beading run with colored ribbon.

Nothing is prettier to freshen up a young girl's white tub frock than broche suspenders, made of dainty pompadour ribbon. The suspenders cross back and front and fasten with smart bows to a girle of the same ribbon.

Suspender frocks are decidedly youthful, but this summer they are worn by maid and matron alike in voile, cloth and taffeta silk. These gowns are not exclusive style, but in some instances are very pretty when the suspender idea is a little hidden with shirrings and indented broche-like pieces. Worn over soft lingerie waists the effect is very good. The gown itself is made in princess lines—that is, the skirt and girle are cut in one. With these frocks goes a tiny bolero jacket, which is put on for appearance more than protection.

TIMELY HINTS.

In sewing on buttons have the knot of the thread on the right side directly under the button and see if the button does not stay on longer.

Enamel paint must be washed with clean warm water, using very little soap or sand on the finger marks or soiled places; then rub vigorously with a flannel cloth until the wood feels hot, and the lustre will be restored.

To renovate pearls, boil some bran in water and add a small quantity of salts of tartar and alum. Wash the pearls in this mixture, rubbing them gently between the fingers one at a time. Rinse in warm water and wipe dry. Leave to cool in a dark place. A box of cedar dust should be kept in every kitchen. Should any disagreeable smell arise from cooking, put a little of the dust on to the hot part of the range, and the scent given out will purify the air immediately.

To keep the small pieces of table silver from being all scratched in the washing fold a dish towel in the bottom of the pan before putting the silver in. Only a few at the time must be washed.

To polish the silver, make a paste of whiting and vinegar; wash the pieces first, and rub with this paste while wet; lay on a large waister, and set in the sun to dry. Then rub with a soft flannel cloth, rinse in very hot water and dry thoroughly; finish with a chamois. A soft brush should be used to get the whiting out of all carvings. Any drug store keeps the whiting, and a pound costs very little and will last a long time.

To save the wear of stockings, take a new piece of wash leather and gum it inside the heels of shoes. This will, by preventing friction, save the heels of stockings immensely. Mothers of boys and girls should take advantage of this hint, for it will spare them many stitches.

The following formula is an excellent cement for closing leaks in iron pipe: Five pounds of closely powdered iron borings, two ounces powdered sal ammoniac, one ounce sulphur and enough water to moisten. This cement hardens rapidly; it must be used as soon as mixed and rammed tightly into the joint or leak. The sulphur may be left out and the cement will set even more firmly, but will require a longer time to harden.

Those subject to sore throat will find the following preparation simple, cheap and highly efficacious when used in the early stage: Pour a pint of boiling water on thirty leaves of the common sage and let the infusion stand for an hour. Add vinegar sufficient to make it pleasantly acid and honey to taste. The mixture should be used as a gargle twice a day. There is no danger if some is swallowed.

RECIPES.

Jamaica Jelly is made of good, canned pineapple. First, soak one ounce of gelatine in half a pint of cold water for a couple of hours, and if not properly dissolved stand the basin containing it over a saucpan of boiling water, then add all the liquid from the tin of pineapple, the juice of two lemons and the thinly peeled rind of one, four ounces of loaf sugar, and half a pint of boiling water. Strain through a jelly bag and if necessary clear with the whipped whites and the shells of two eggs. Have a quart mold filled with cold water, turn this out, pour in a little jelly, lay on it a few slices of fruit, cut small. Allow this to set, then add more jelly and pineapple till the mold is filled. Stand for six hours before turning it out on a dish.

Ham Salad—Mince cold boiled ham; take enough rich sweet cream to set the mince, a saltspoon of strong, ground mustard, the same of sugar, a pinch of cayenne and a tablespoon of tomato catsup mix these ingredients with the ham, turn into a salad bowl and garnish with parsley.

Delmonico Potatoes—Chop cold boiled potatoes into bits the size of a pea. Make a white sauce of one tablespoonful each of flour and butter creamed, a dash of pepper, half a teaspoonful of salt and two cupful milk. When this has cooked until thick, add to each cupful of sauce a generous cupful of potato and pour into a baking-dish. Sprinkle buttered bread-crumbs on top and bake in a moderate oven till they are a delicate brown.

Cherry Roll—Make a rich crust; roll in two long strips; have ready cherries that have been partially cooked and well sweetened. Drain off the juice and spread the cherries on the crust; fold it over and bake until brown. To make the sauce, warm together one and one-half cups of sugar and a heaping tablespoonful of butter. When ready to serve, mix the beaten white of an egg and half a cup of the cherry juice. Flavor with lemon extract.

Pineapples are plentiful and cheap at this season of the year and may be used in a variety of ways to cajole the capricious hot-weather appetite. A pineapple omelet is delicious and may be made to advantage in a chafing dish. Beat four eggs with a teaspoonful of lemon juice and a heaping tablespoonful of butter. When it begins to bubble pour in the eggs. When they are firm and nicely browned on one side place in the middle two heaping tablespoonful of pineapple grated fine and sweetened with sugar. Fold the omelet, turn on a hot dish, dust

some powdered sugar over it and serve at once.

Pineapple fritters are made by stirring thin slices of the fruit, which has previously been pared and soaked in lemon juice and sugar, into a batter prepared as follows: Beat the whites and yolks of four eggs separately. Stir with the yolks a cupful of flour and a little salt; beat the mixture well, and add two tablespoonfuls of cream, and last, stir in the well-beaten whites. The batter should be thick enough to drop from a spoon. Bring a quantity of lard to a boiling point, and fry therein the slices of pineapple dipped in latter. When they are of a delicate brown drain on blotting paper and serve on a napkin with powdered sugar.



WOMAN'S RIGHTS IN THE HOME.

The typical American home of today is sadly lacking in the treasures most necessary for it to possess, viz: Love, peace and harmony, inspired by a love for the divine from whom all blessings come.

A great deal of all this is woman's own fault; she plays the roll of the martyr in often willingly sacrificing her own best interests to husband and children, and in due time she will have developed a tyrant—a "lord of creation," who will not only accept her sacrifices, but will eventually demand them, and the children encouraged by the example are apt pupils and in due time learn to say their "little speech."

How much different the result, and how much happier for all concerned if the wife and mother would assert her rights, occupy her own place in the home, and have the courage to speak her convictions.

I have in mind a woman of the easy, "soft," give-up disposition, who, to please husband and children, not only always cheerfully yields to their desires—(reasonable or otherwise)—but when a question of vital importance where her own future was concerned arose, actually chose what she disliked and abhorred with her whole heart and soul—and as a consequence her health, already undermined, became seriously affected.

Was she wise? No, a thousand times no. Of how much more value it would have been to her family if she had the courage to have made her "little speech."

It is a woman's place to set the standard for herself in her own home as well as in the outside world, and if she does not demand her rights there, and is willingly trampled upon by her own loved ones, what can she expect from others?

It is a moral and religious duty she not only owes to herself, but her husband and children, and it is as true in her home as in the outside world, that others generally accept us according to the standard or estimate we place on ourselves—just the same as we accept the goods from the merchant, at the value he places upon them.

"Revolution" is necessary in many homes to establish woman as queen thereof, where she may wear in her crown, the gems of purity, love, virtue and religion, and also maintain her royal sphere as though "born to the purple." This is the first and most necessary step towards "woman's rights," and this being accomplished in the home, her position in the outside world will follow as the night the day and adjust itself in a corresponding manner.—Men and Women.

A GOOD WIFE.

(From the Catholic Mirror.)

A good wife to a man is wisdom, strength and courage; a bad one is confusion, weakness and despair. No condition is hopeless to a man where the wife possesses firmness, decision and economy. There is no outward propriety which can counteract indolence, extravagance and folly at home. No spirit can endure long bad influence. Man is strong, but his heart is not adamant. He needs a tranquil mind, and especially if he is an intelligent man, with a whole head, he needs moral force in the conflict of life. To recover his composure, home must be a place of peace and comfort. There his heart renews its strength and opens forth with renewed vigor to encounter the labors and troubles of life. But if at home he finds only jealousy and gloom, is assailed with complaints and censure, hope vanishes and he sinks into despair.



A GREAT TEMPTATION.

The summer resorts by the seaside are open and already the hotels are well filled. There is no more delightful, healthful and wholesome recreation for our worthy people, their means and leisure permitting, than to take a ten days off, hit themselves to see old ocean's wonders and take

in the invigorating draughts of the salt sea breeze. A great mistake is made, however, by those who go to the seashore, and this is to make their visit one of dissipation, long hours at social functions, and what is far worse promiscuous tipping at all hours. When, recently, we referred to the growing spread of the love of drink among women, so shameful and abhorrent in the sex, we might with truth have said that the odious habit is too oftentimes acquired at the seaside resorts. What some would not do at home they give way to in the absence of restraint, painfully and palpably shown in these vacations. "But nobody seems to mind it here," "Nobody!" Most excellent woman, are you not somebody, a mother, a daughter, nay, a Christian, a child of Mary Immaculate? Respect yourself. Let not the pleasant hour of your deserved rest be the one to teach you a wretched habit.—Pittsburg Catholic.



Especially pretty and dainty for a luncheon for young girls or a bride elect are forgetment decorations in palest blue, white and green. Broad bands of satin ribbon should extend from the four corners of the table, crossing in the centre and hanging in loose fringed ends at the corners. A wicker basket either of the natural color or enameled in white and filled with forgetmenots, some of which are allowed to droop over the sides of the basket to the sprig, forms the prettiest centre piece. If the luncheon is a small affair and you have enough individual vases of the same style, instead of laying a cluster of forgetmenots at each place have the flowers in water, the vase standing at the right of the plate. Tie the small bouquets with narrow blue satin ribbon, and on one of the loose ends fasten the name cards. Tie the sandwich rolls with pale blue ribbon, use dishes in plain white, white and gold, or blue and white, if you have them, and be sure that the bonbons and other little dainties are in the prevailing color.



A HOME MADE DENTIFRICE.

A mouth wash to keep the gums healthy and firm is made as follows: Take two teaspoonful of tincture of myrrh, one teaspoonful of spirits of camphor and two pints of hot water in which have been dissolved two ounces of borax. Put a wineglassful of this mixture into a tumbler, fill it with water and use it when cleaning the teeth.



COOLING DRINK FOR THE SICK.

To assuage thirst and appease feverishness apple tea is a capital drink for sick people. It is made by slicing raw apples into a jug, filling the jug with boiling water, as in tea making, then sweetening to taste. When cold, this apple tea will be found pleasingly tart and refreshing.



In a home where there is but one servant, or perhaps none at all, the girl visitor can make herself useful in a number of ways. Of course she should care for her own room, and should keep it in good order. Many a girl who would be shocked at the idea of allowing her hostess to make her bed for her, distresses that careful housekeeper beyond measure by her untidiness in her own room. The girl visitor who hangs her dress over the backs of chairs, and leaves her shoes standing in the middle of the floor, and adorns the top of her dresser with curling tongs and brushes, may feel quite satisfied when she has shut the door on the disorder. But the chances are that the lady of the house has a picture of the untidy room ever present in her thoughts, and that it is as actual a discomfort to her as a nail in her shoe. Keep your room neat. Hold yourself rigidly to the resolve that you will not leave it till the order is beyond criticism. Naturally your hostess will not be willing that you should work an undue amount of time nor beyond your strength. But many a busy housewife would find it a great relief if the girl visitor just starting for a walk, should think to ask: "Is there anything I can do for you?" Often it would be just as easy to include a necessary errand in the stroll that would otherwise be aimless. It is by such little acts of thoughtfulness that the girl who is a guest makes a warm spot in the heart of her hostess.

SHE WOULD CURE HIM.

"My husband is so poetic," said one lady to another on a street car. Whereupon an honest-looking woman, with a big market-basket at her feet, interjected with, "Excuse me, mum, but have you ever tried rubbing his joints with hartshorn liniment?"

... FOR ...
Diarrhoea, Dysentery,
Colic, Stomach Cramps, Cholera
Morbus, Cholera Infantum,
Seasickness,
Summer Complaint,
and all Looseness of the Bowels in
Children or Adults.
DR. FOWLER'S
 Extract of
Wild Strawberry
 is an instantaneous cure. It has been used in thousands of homes for sixty years, and has never failed to give satisfaction. Every home should have a bottle so as to be ready in case of emergency.
 Mrs. GEORGE N. HARVEY, Rosemeath, Ont., writes: "I can recommend Dr. Fowler's Extract of Wild Strawberry as the best medicine I have ever used for Diarrhoea, and all summer complaints. I always keep it in the house and praise it highly to all my friends."

Pope and Daughters of Mary.

A Rome correspondent writing on May 26, says: For several days past at the museums and churches in the city, groups of young girls accompanied by nuns were to be seen. They were all well dressed, and were evidently strangers to Rome, though many of them spoke Italian. Their presence here was accounted for by the fact that an international pilgrimage of the Daughters of Mary, which was promoted and guided by Mademoiselle Maze de la Roche, had come to Rome. Yesterday morning they assisted at the Mass celebrated by His Holiness Pius X. in the great Hall of Beatification above the vestibule of the Church of St. Peter. At seven in the morning the Pope entered the Hall, accompanied by a number of Monsignors and members of his Noble Guard. The Sistine Chapel choir, under the direction of Rev. Lorenzo Perosi, sang several motets of great beauty, and admirably executed, and for the first time an "Ave Maria Stella," for four voices, and a "Regina Coeli laetare," also for four voices, written by Perosi for the occasion.

There were no less than three thousand Daughters of Mary present at this ceremony. When the Mass was ended the Holy Father, after the customary thanksgiving, took his place upon a throne, with the Cardinal Vicar and the members of the Pontifical Court standing beside him. He delivered then a discourse in his own fervent and impressive manner, congratulating those present on the testimony of their affection to the Immaculate Virgin they had given by coming to salute her in that same Temple where fifty years ago the great Pontiff Pius IX. proclaimed her Immaculate Conception. He congratulated them on their devotion, and recalled to their minds that since they had given their names to a pious sodality, they should at the same time satisfy all the obligations which it imposes.

"We are all children of Mary," said the Holy Father, "all brothers of Jesus Christ, and therefore we should have some confidence in the Virgin Immaculate, which raises our hearts to Him which through her pardons sinners and which animates our heart with the dearest hopes. She is our help and our comfort; witness of the works of the Redemption, she takes part in the sublime mysteries of our religion, offering the God Son victim to the Eternal Father to raise up again the sons of Adam eternally lost."

"You are children of Mary in a special way and you wish to be those of her predilection; you who are near to her, and are more particularly bound to her, should honor her the more."

If we all should honor the Blessed Virgin you should do it in a particular manner, in forming your life to the image of Mary. This is your duty, you should imitate the Virgin Mother in a special mode by the family virtues and by your behaviour and your works."

And so the Holy Father continued in his fervent discourse to these young girls, concluding by bestowing his Apostolic blessing upon them. This afternoon the members of this pilgrimage went to visit the facsimile of the Grotto of Lourdes in the Vatican gardens; and all the other Con-

gregations of the Children of Mary in the various parishes of Rome, and also other persons were admitted by special ticket. Here also came the sisters and the niece of the Pope. His Holiness came to the Grotto in a carriage, as on a former occasion. He was accompanied by the members of the Pontifical Court, and preceded by the Master of the Chamber. He ascended the high staircase to the platform which overlooks a great portion of the neighboring campagna beyond the city on this side, and bestowed his benediction on all present. Then a numerous group of the children of Mary sang together a hymn to the Blessed Virgin, the words written by Father Poletto, of the Servites, and the music composed by the Maestro Virginio Cappelli, director of the choir in the Church of the Annunciation in Florence, who directed the orchestra on this occasion. The music, which was very beautiful, was repeated by desire of the Holy Father. Then the Holy Father returned in his carriage to the Vatican. These, and such as these, are incidents which brighten the days of his Holiness in the midst of his great cares.

SICKLY CHILDREN.

More children die during the hot weather months than at any other season of the year. Their vitality is then at its lowest ebb, and an attack of diarrhoea, cholera infantum or stomach trouble may prove fatal in a few hours. For this reason no home in which there are young children should be without a box of Baby's Own Tablets, which promptly cure all stomach and bowel troubles. If the Tablets are given to a well child they will prevent these ailments and keep the little one well and strong. Mrs. Joseph T. Pigeon, Bryson, Que., says: "My little one was attacked with colic and diarrhoea, and I found Baby's Own Tablets so satisfactory that I would not now be without them in the house." These Tablets not only cure summer troubles, but all the minor ailments that afflict infants and young children. They contain no opiate or harmful drug, and may be given with equal safety to the new born baby or well grown child. There are imitations of this medicine and mothers should see that the words "Baby's Own Tablets," and the four-leaf clover with child's head on each leaf is found on the wrapper around each box. As you value your child's life do not be persuaded to take a substitute for Baby's Own Tablets—the one medicine that makes children well and keeps them well. Sold by all druggists, or you can get them by mail at 25 cents a box by writing the Dr. Williams' Medicine Co., Brockville, Ont.

Charity is generous; it runs a risk willingly, and in spite of a hundred successive experiences, it thinks no evil at the hundred and first. We cannot be at the same time kind and wary, nor can we serve two masters—love and selfishness.—Henri Frederic Amiel.

We cannot change yesterday—that is clear. Or begin on to-morrow until it is here: So all that is left for you and for me is to make to-day as sweet as can be.—Emma C. Dowd.

OUR E...

Dear Beys and Girls: Now that vacation time hope the letters will come goodly number. I am sure dems have been delightfully with June roses. I wish you happy vacations and hope from my old friends, but will be welcomed to the end. Your loving friend AUNT...

Dear Aunt Becky: Now that vacation has thought I would write to you thing looks nice. We have strawberries in our meadow sisters and I pick them that is fine, they are so new with cream and sugar. I'm going to have a big day in Saturday, July 1st. I am it. I will write you about week. No more this time.

Dear Aunt Becky: I got home from school. I have been boarding in a place in the village and a school in the Convent. I first Communion on May 27 were over one hundred of made it. It was just lovely did not have class that day. I met a lot of my cousins from States to come up this summer will write you what a good well. Trusting this will well. Your loving niece

Granby, June, 1905.

Dear Aunt Becky: I have been wanting to write some time. We have some in front of our house. The little yellow bird built her one of them and hatched the birds. They can fly. I suppose will soon fly away. We had hundred and sixty chickens. times feed them. It is fun them eat, they act so greedy raining to-day, so they have under cover. I was six years in May. I have written long letter for the first, so

Granby, June 26.

Dear Aunt Becky: I am a little boy nine years walk three miles to school and walk back again in the I have two sisters and one My brother is 16, he is the family. I am the young bear father died two years are very lonely without him takes the True Witness and for the letters first. I would to have a letter from some of my own age. I have come the United States and I'm British Columbia. I'm now with all good wishes corner.

From your loving nephew ARTHUR Tors Cove, Nfld.

Dear Aunt-Becky: Will you please admit a little foundlander to your corner in the little village of Tors miles from St. John's. I did school there for over a year I am home now. My brother and myself walk three school every day. It has very cold spring, but it is warmer now. The flowers are beginning to bloom. We have very pretty ones. My favorite little blue forget-me-not. I 12 years old in August. I brothers and one sister. My and one little sister are dear ther is dead nearly two years we are very lonely without her have a telegraph and post office our house. My sister Katherine of both. I hope I will my letter in print. With best I am,

Your loving niece, MAGGIE

THROUGH DIFFERENT I Aunt Louise sat by the dining window, looking over some for luncheon, and wondering her two nieces, who had gone bicycle ride, would be back for the noonday meal.

"They ought to be, it is me," she said, glancing up old-fashioned clock in the "They've been gone three hours hope they've had a nice ride."