fore, but he my John ate for his supwas so proiged to call
d had a hard
ee glued tometimes the
ected to ask
would have
ness.
ation of this

ake common ainly not in t a mother child should riddle cakes, one, and so f this kind of her to speak

singly low,"
ef and milk,
wes." Carte
r would have
one had he one had he an idea how ued. ir little boy

neither are slightest ae-de existences miles away, l suffer until e debilitated pie-crust and

they used to "spring" and nothers had. unknown to phtheria and nmon in the ty. How eny. How en-y how much es of climate much to im-Saleratus ughnuts have ions of New an be made of welcomed as fare. Cream tys the sugar the milk must which remains

which remains generally con-hildren. that such food imate results. lls to malaria o poison the The writer not

ower and com-armhouse. A n was serving bright-eyed, Graham bread There was r and mother, itcher of milk, deep dish of There was

mpossible not

d and studied wife replied, ny eyes. The out that some out that some one things are test talk about i, but I don't to my mind the stuff the folks lthy neighbor, d believe me if I am obliged to y way of lively look aband has to go on water grue! on water grue!:
enough to eat
isk of sickness
i such stuff! I
I always keep
ny family. So
eam we want."
made than the
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uld have been
ked wheat and

attacked with not among the

SIR HUMPHRY DAVY.

Some time near the end of last century there lived in a sea coast town of Cornwall, England, a bright, active, healthy boy who was fond of sports and fond of stories, he had a remarkably retentive memory, was a boy of rather forward manners but of a boy of rather forward manners but of a very affectionate disposition and so fond of fishing that, as a child, when he could get no better place, he would fish industriously in the gutters at the sides of the streets. But all this love of play was not indulged in at the expense of work, for young Humphry Davy while at school always stood at the head of his classes.

He was hom in Pausance in Desember.

He was born in Penzance in December, 1778, and at the age of seventeen was ap-prenticed to a surgeon in his native town. But the rocky Cornish coast on which he lived was too full of natural interest to allow his spare time he explored the numerous tin and copper mines in the vicinity, roamed the sea-coast to study the origin and formation of the rocks, examined the sea-coast to rocks, examined the character of the seaweed which drifted upon the shore, and in short every natural object he could also have and in short every natural object he could also have expected and in short every natural object he could also have expected the numerous tin fire-damp would not expected unless mixed with less than six or more than fourteen understanding the relative value of things, there are too many preserves, too many times its volume of air, and that to even and of not understanding the relativeness relativeness there are too many preserves, too many times its volume of air, and that to even and of not understanding the relativeness of these two many preserves, too many times and tucks and elaboration in the pass through narrow, short iron tubes. Relative and understanding the relative value of things, themselves. Luxury and beauty and the safe to any times its volume of air, and that to even and of not understanding the relativeness are largely there are too many preserves, too many times and tucks and elaboration in the making and trimming of garments, that add add to their beauty.

Woman's fetters are largely self-made. Carvings, upholstery self-made.

To aid him in this his study of

gone. To aid him in this his study of chemistry he set up a private laboratory in the garret of a friend's house and there spent his spare hours. But his experiments were not always successful and occasionally the household would be thrown into consternation by an unexpected explosion, "This boy Humphry is incorrigible," the owner of the house would exclaim, angrily, "Was there ever so idle a dog!"—"He will blow us all into the air!"

But he was not idle, as his friends appeared to think, and the results of his work came very soon to be known. Mr. Gregory Watt, son of James Watt, the famous inventor of the steam engine, was staying with Davy's mother for a change of air during the winter of 1797 and became deeply interested in the b-y, and with another friend introduced him to Dr. Beddees who soon engaged him to superintend a medical institution which he had soon engaged him to superintend a medical institution which he had just established in Bristol. Here the genius of young Davy had full scope. He had the use of excellent scope. He had the use of excellent scientific apparatus instead of his former rude appliances, and the companionship of men of high scientific attainments, and he was not slow to profit by them both. He had intended, at the close of his engagement with Dr. Beddoes, to go to Edinburgh to complete his medical studies, but chemistry had too stone attractions for him

which intrety-two men were killed. As every one knows, a gas rises in coal mives, popularly known as fire-damp, and this, unless mixed with a certain quantity of air, explodes with terrific violence whenever it touches affaine. Hitherto the poor miners had had no way of protecting their lights from this gas and explosions were of very commissing and explosions were of very company's attention was called to the matter and he was asked if he could not do something to overcome so treat an evil. He and he was asked if he could not do some thing to overcome so great an evil. He went to work and in a few months produced the lamp shown in our ill ustration which has since and will always be known as the Davy safety-lamp. He first found out that free-damp would not exprode unless mixed with less than six or more than fourteent times its volume of air, and that to even explosive mixtures of this gas fire could not assisting the product of the product of the pro-tass through narrow, short iron tubes. Re-

the continent for a rest, but while in Rome letting go. What shall we give up? Ay, But there has yet to be related the invention by which he will ever be most widely known. A terrible explosion took place in a coal mine near Newcastle in May, 1812, in which unjety-two men were killed. As every one knows, a gas rises in coal mines, popelations are successful to the devoted to the encouragement of science.

OVERWORKED WOMEN.
BY LOCISE FISKE BRYSON.

Ancerican women can do anything, so they try to do everything. Nature cries out against this covetousness. No one person is allowed to have or do everything. Only a certain amount of vitality is manufactured within a given time; and if the expenditure exceeds the income, the result, according to Micawher's calculation, is—misery! That is with the sale of our women—misery from overwork.

It grows largely from the fact of not the same and the shape of conveniences and petty treasures that must be kept in order, stealing time that might be bestowed with profit and satisfaction upon the higher than the subtle excellences that make life worth living.

Each must solve for herself the question of simplifying living in order to ennoble of si

Wisdom would suggest the minimum con-sistent with comfort and refinement. In many homes there is an embarrassment of riches in the shape of conveniences and

aches, are a poor investment of money and time. Things, more than people, bring women to the verge of despair. The endless round of imagined duties causes verge of despair. The endless round of imagined duties causes chronic overwork among women, produces the saddest results to them and those dependent upon them for rest and comfort. "There is nothing in the world I dread," said the Household Philosopher, "like a thoroughly exhausted woman. No amount of personal comfort ever compensates for such a state of affairs." Of course not. What constantly tired woman is capable of generous sympathy and ready help, or of companionship? Can she divide care and double joy? The better part of life cries out for warmth and tenderness; but the women who should give it are blindly wasting themselves on material things, polishing the outside of the cup within. To conquer prejudice autmont.

within.

To conquer prejudice, surmount education, and overcome habits of mind and body, implies force of will and power of effort. This same conquering and overcoming is necessary to the true emancipa tion of women.—Christian Union

