

## Tasting is Believing

ONE of the substitute foods which occupies a large place nowadays is vegetables. In the pre-war days of plenty some people had a tendency to treat vegetables with "the cold shoulder," stating that they did not care for carrots, parsnips, beets, cabbage or whatever the variety might be. Now, however, the majority of us find that we can eat vegetables after all and relish them. We are continually being advised to use more vegetables, and therefore it is necessary to grow more. But vegetables are perishable and raising more is not going to help out the food shortage, except through the summer, unless we can save them for winter use. We hear a good deal about canning and drying vegetables, but many people claim that they prefer to put the vegetables in the cellar as they come from the garden and use them in this way as long as they remain in good condition. In many instances, however, vegetables kept in the cellar become tough and leathery long before the new crop is ready for use.

Not long ago we read an interesting article on community drying of vegetables and fruits, which appeared in The Nebraska Farmer, and it may prove of interest and value to our readers, so we are publishing a part of it herewith. The writer says:

"Last year when they talked of drying fruits and vegetables in community dryers I wondered how long it would be before our people would take kindly to dried vegetables and fruits, having in my mind's eye the old-fashioned dried corn and dried apples. Certainly it was an excellent mode of preserving things, but was it practical, for would people have dried things after they were prepared?"

"Later I saw samples of these vegetables dried, but the sight wasn't altogether convincing of anything except that the drying seemed to have been very thorough and that the dried product was undoubtedly keeping well. I feared many of us would allow it to keep indefinitely because we didn't like it and thus defeat the purpose for which it was preserved. Would it sell in case we dried more than we could use ourselves? There were several such questions in my mind.

"However, if seeing wasn't believing, tasting was, and I have no more doubts. Not long ago I had the privilege of seeing these dried articles soaked into a very natural semblance of their former condition and cooked, and of tasting the prepared articles. Straightway I became fully convinced of the value of the new drying process. Dried string beans, one of the most doubtful articles to my mind, so far exceeded any canned string beans that I ever ate that I at once said, 'No more canned string beans for me if I can get them like this!'

"Apples dried by the new process and soaked ready for cooking appeared and smelled like fresh apples, and I was assured that when they went into pie, as they would in a short time, no one could tell the difference between dried and fresh apple pie. Practically everything that is ordinarily canned was shown in this demonstration, and some things that are not, as for instance, onions and cabbage and celery, for soups.

"Entirely convinced of the desirability of the dried products I began to inquire about the cost of the community dryer and was told that one can be built for about \$16 for materials and operated at a very small cost for power. A gasoline engine will operate the drying fan where electric current is not available.

"In view of the probable need of food for next winter if the war continues, it seems to me that community dryers should be constructed in every community, and there is every reason to believe that they would be well patronized every year, once they were established. If this view is correct, it states this quick drying process, let me suggest that you do so before the early vegetables and fruits have come and gone.

## The Popular Sweater and Loose Cape

Farm and Dairy patterns shown in these columns are especially prepared for our Women Folk. They can be relied upon to be the latest models and include the most modern features of the paper patterns. When sending your order please be careful to state bust or waist measure for adults, for children, and the number of the pattern described. Orders are filled within one week to 10 days after receipt of the price of all patterns to Our Women Folk 10 cents each. Address orders to Pattern Dept., Farm and Dairy, Peterboro, Ont.



WE separate coats are finding a popular place in the wardrobe this season. Sweaters are probably drawing the attention to a greater extent. The sweaters are being shown in the silk and wool. Another advantage in the silk and wool is that it may be worn in winter as well as summer. For the person desiring such a wrap for summer use only, however, the silk sweater will be found very comfortable and attractive. A number of the woolen sweaters slip over the head and fit snugly at the neck, having large sailor collars of contrasting material and much after the style of a midly. Many others fasten like effect. Pretty color effects are shown in these sweaters such as pale green and black, pale green and orange, pale green and white, rose and white, paddy and white, Copenhagen blue and white, burgundy and white, etc.

How many of Our Women Folk have made the purchase of one of the new loose capes which are to be worn this summer? About 18 or 20 years ago, loose capes were quite fashionable, and they are again coming into evidence. Women who wore these capes years ago tell us that a cape is much more convenient for slipping on than a coat, as it is in church or at any meeting, a cape can be easily slipped off the shoulders if one becomes too warm.

2463—Child's Play Garment.—Does this little outfit not look "cozy" and neat? It should be just the thing for the small child when playing around and would be easily gotten on and off. Five sizes: 1, 2, 3, 4 and 5 years.

2465—Practical Dress.—This dress will no doubt prove a favorite of many of our practical house dressmakers. The blouse shows the popular new style collar and such a collar is the only trimming required. This dress was especially attractive for wearing to town calls for two patterns. The style blouse is cut in sizes from 34 to 44 inches bust measure and skirt from 22 to 34 inches waist measure.

2468—Lady's Apron.—An apron of this style will be found very useful on various occasions. For instance when picking up articles on Monday morning, the large pockets will be found a handy receptacle as a clothes pin holder, who hanging clothes on wash day. Still another use for it would be when knitting if one does not happen to have a knitting bag for holding the ball of yarn. One size: 12 inches.

2469—Lady's One-Piece Dress.—Tucks always form a nice trimming for flowered material if the pattern does not cover the background too much. This model is simple, but shows good style. Six sizes: 34 to 44 inches bust measure.

2470—Child's Dress.—Here is another very chic little girl's dress. It should be very cool and easily laundered during warm weather. Four sizes: 2, 4, 6 and 8 years.

2466—A Smart Bathing Suit.—The majority of us who live on the farm do not think much time to indulge in bathing. Unless we happen to live by the water. Here is a style of bathing suit which is quite elaborate. Four sizes, small, medium, large and extra large.

2472—Girl's Dress.—This frock is rather out of the ordinary. It fastens down the entire front and in this way should be back corresponds with the front panel and meets under the arm. Five sizes: 4, 6, 8, 10 and 12 years.

2464—A Pretty Junior Dress.—A dress made after this style could be fashioned from silk or wool material and should make up very nicely. If from wash material, the wide belt could be of silk in a corresponding shade. Three sizes: 12, 14 and 16 years.

2471—A Popular Model.—A working dress made from this model should prove both serviceable and becoming. Here, too, the buttons down the front will allow the dress to be opened full length when laundered. The width of the dress at the back view the view will be noted in the small illustration. Seven sizes: 34 to 48 inches bust measure.



## Don't Let Bough Roads Keep You from Riding

IT ISN'T NECESSARY. Hassler Shock Absorbers on your Ford will make "rough spots" feel almost as smooth as an even stretch of road. Their gentle, springy action absorbs every jolt and jar.



## Shock Absorber For Ford Cars

Hassler Shock Absorbers make your Ford ride as easily as a \$2,000 car. They increase tire mileage 20 to 100%, save gasoline, cut your up-keep bills one-third, and increase the resale value of your car, 300,000 Ford Owners recognize their economic necessity.

You can't realize how much difference they make until you try them. That is why we want to give you the opportunity to see for yourself.

## 10-Day Free Trial Offer

Phone, write or call for FREE TRIAL BLANK and we will have a set of Hasslers put on your Ford without a cent of expense to you. Try them 10 days. Then, if you are willing to do without them, they will be taken off without charge. Don't ride without Hasslers. Accept this offer and see for yourself. Over 300,000 sets in use. Do it now.

ROBERT H. HASSLER, Limited  
Lark Drive H.C. 25 HAMILTON, ONT., CAN.



## Food Will Win the War

Serve your country and yourself by raising FOOD on the fertile plains of Western Canada. The Canadian Pacific Railway makes it easy for you to begin. Lands \$11 to \$30 an acre; irrigated land up to \$50; 20 years to pay. Loan to assist settlers on irrigated lands. Get full particulars and free illustrated literature from

G. B. MUDDIMAN,  
Land Agent, C. P. R.,  
Montreal, P. Q.