

YOUNG HUSBAND—"My dear, after a year of unremitting labor and closest economy we have, I find, succeeded in saving about \$300. What shall we do with it?"

YOUNG WIFE—"Well, my dear, we both need rest. Let's go to a summer resort for a week."

DR. HUNTER ON THE CURE OF CATARRH.

To effect the cure of catarrh, two objects must be kept steadily in view. First, the local disease of the air passages; and secondly, the patient's general health. When a disease has, by its long continuance, corrupted the purity of the blood, it is not enough to remove it at its seat; we must also remove the injurious effects it has produced on the general health.

No cure will result in any case of catarrh unless the entire surface diseased be reached. It generally extends over the whole mucous membrane of the nose, throat, windpipe and bronchial tubes. To apply washes to the nostrils alone, after the disease has spread into the chest, is trifling with a serious peril.

It is necessary that all remedies employed for the cure of catarrh should be applied in and through the respiratory passages (nose, throat, wind-pipe and bronchial tubes). As this can only be done by reducing them to vapor and inhaling them, it follows that without inhalation there can be no safe or successful treatment of catarrh.

All the parts involved in catarrh are by nature's air passages. Medicines in a state of vapor are readily introduced, but solids and fluids can only be applied to a limited extent.

Inhalation, therefore, is our sheet anchor, without which no physician can hope to succeed. Without this the disease will drift on from catarrh to bronchitis, and from bronchitis to consumption and death.

But with all the aids of modern science and a life's experience in these cases, the physician will not find catarrh an easy disease to cure. Skill and perseverance are necessary to conduct it to a successful issue. The remedies must be carefully adapted to the stage and form of the disease. The inhaling instrument must be used morning and evening to reach the part below the throat. Nose washes and throat washes are necessary to cleanse the inflamed membrane and neutralize the acid secretions. The nasal passages are extremely sensitive in some cases, and very little so in others. The washes and inhaled vapors must be such as the patient can bear without pain or discomfort.

The injury which catarrh produces on the general health is wide-spread. It affects the stomach through the patient swallowing the acid secretions. It affects the head through the spread of the disease along the nerves and vessels to the base of the brain. It affects the hearing by obstructing the eustachian tubes. It destroys the strength and purity of the voice, rendering it cracked and husky by its influence on the vocal chords, and lastly it increases your liability to colds and congestion of the lungs, to asthma and bronchitis, and is the usual forerunner of consumption. The mistake which people make is in expecting cure from nostrums rather than from scientific and rational treatment.

ROBERT HUNTER, M.D.

73 Bay street, Toronto, 26th July, 1889.

"Did you know that Smith wore a glass eye?" "No." "Well, he does—just as good as a real one." "How is that?" "It's made so perfect that he cannot even see through the deception."

ADVICE TO MOTHERS.

MRS. WINSLOW'S SOOTHING SYRUP should always be used for children teething. It soothes the child, softens the gums, allays all pain, cures wind colic and is the best remedy for diarrhoea. 25c. a bottle.

MISS CUSHINGTON—"I admit, Arthur, that this is not the first time I have been engaged, but I'm sure your noble, generous heart—"

LITTLE BROTHER—"Sis, the baby's got your bag of engagement-rings."

DRS. R. & E. W. HUNTER (of Chicago and New York), the well-known specialists in throat and lung diseases, have opened a branch office for Canada at 73 Bay St., Toronto. Dr. Robert Hunter is here in person, and during his stay can be consulted on consumption, catarrh, bronchitis and asthma. Their treatment is by medicated air applied directly to the tubes and cells of the lungs. A pamphlet, giving all particulars, will be sent on application.

MAHLSTICK—"Do you know, Miss Mannerby, that some of my friends tell me that I am deteriorating in my painting?"

MISS MANNERBY—"Oh, Mr. Mahlstick! That is quite impossible."

MANY a sufferer from Neuralgia, Dyspepsia, Loss of Appetite, General Debility, etc., will be glad to find that Dyer's Quinine and Iron Wine is strongly recommended for such cases. It is easily assimilated, prepared with great care, and it is an admirable tonic. W. A. Dyer & Co., Montreal.

"It kinder strikes me, Minnie," said the old gentleman as he peered over his glasses, "that if you'd had that dress cut much lower you would have to go into the cellar to put it on."

MR. T. MOWER-MARTIN, R.C.A., left for the Rocky Mountains last Saturday on a three months' sketching tour. During his absence his unsold pictures, including some very excellent works, will be exhibited and offered for sale at the Golden Easel, 316 Yonge street. Prices moderate. Exhibition room open from 10 to 5. Mr. Pike extends a cordial invitation to all interested in fine art.

ALL truly great men are subject to misrepresentation and Eli Perkins is no exception to the rule. Sarcasm and obloquy have been exhausted upon him, but the most infamous libel of all has just been published. It is to the effect that not long since, in the presence of reliable witnesses, he deliberately and wilfully told the truth. We do not believe it!—*Texas Siftings*.

HE (*tenderly*)—"May I see you pretty soon?"

SHE (*reproachfully*)—"Don't you think I am pretty now?"

GOOD MINISTER—"I have not seen you at church for months, Mr. Grate-man."

MR. GRATEMAN—"No: I'm working for a nomination, and I don't want to do anything to make the boys think I'm stuck up."

BREEZY (*tenderly*)—"Miss Porcine, will you—will you meet me in the gloaming?"

MISS PORCINE (*eagerly*)—"Well, I should smile! Where is it and how do you get in?"

HOUSEKEEPER—"I regret to say, sir, that your son and the cook have eloped."

RICH OLD PARTY—"Thunderation! Then we shan't have any dinner."

THE GREAT FAIR.

A HILL, as everybody knows, is land that slanting upward goes. Aspiring higher and higher to rise Toward the blue ethereal skies; And this is why the name of Hill Fits H. J. of that ilk so well, For, as the hustler of our Fair, His aims are higher every year, But now we guess he'll have to stop, For this year he has reached the top. All exhibitions of the past, With all their big attractions massed, Will not in any way compare With Canada's forthcoming Fair. And when the programme he has read Old Barnum'll want to hide his head. Just let us mention here to you Some items—just a very few— And first, the live stock, as of yore. The farm, the dairy and the store And specimens of all the arts From studios and busy marts, Will form the solid base of worth For this—the greatest fair on earth. Then in the way of special sights, To live up the days and nights, The race between the dog and horse Around the smooth and even course, The gymnasts, acrobats and bands, The specialists from many lands, The speedy nags in flying crowds, The big balloon that braves the clouds, And fireworks by the famous Pain, Displaying Moscow burned again, The side-shows all about the place— But hold—we stop for want of space To mention half the wondrous things There'll be in buildings, tents and rings, When on your view these splendors burst, September 9th to 21st!

ELECTRIC LIGHTING.

Electric Gas Lighting, Electrical Apparatus and Supplies. Contractors for Electrical Work.

HENRY S. THORNBERRY & CO.

39 King Street West, Toronto. Room 2.

DR. BAXTER, M.R.C.S., Edinburgh.

Special treatment for Chronic Diseases, Constitutional Ailments of long standing, Diseases of the Heart, Kidneys, Bladder and Genito-urinary organs. Extensive experience in hospitals and asylums. Warrants successful treatment. Those unable to call personally can report their own case, and to assist them, send for a list of questions. Office, corner Queen and McCaul Streets, Toronto.



Catalogues free on Application.