

same steps taken at an earlier period, *before* the disease manifested its presence, many valuable lives would have been saved.

A Central Board of Health, with power to appoint local boards throughout the Province, should at once be established. A rigorous investigation of all the cities and towns, more particularly their suburbs, should be instituted under the direction of this board. At this season of the year, masses of animal and vegetable matter in a congealed state, admitting of easy removal, are to be seen in the yards and enclosures of the various suburbs of our cities. If left to the summer, the putrefactive process sets in, giving rise to gaseous emanations which are exceedingly deleterious to the health of all within their influence. An effective system of drainage, for the purpose of removing stagnant pools of water, should be put into operation early in the spring. People should be obliged to thoroughly cleanse and whitewash their habitations. All public drains and sewers should be cleansed, and care taken that they have free vent. A plentiful supply of fresh, pure water should be afforded to the poorer portion of the population. And lastly, preparations ought to be made for a medical house-to-house visitation. Of all the means adopted in Great Britain to check the progress of the epidemic, "visitation" has been the most efficient.

We hope to see this matter taken up immediately by those in authority, for should cholera visit us in our present unprepared condition, a great mortality would inevitably be the consequence—a mortality, moreover, which we firmly believe may, by the timely adoption of the measures adverted to, be materially lessened.

RECENT PATHIES.

Shroot, a German, not long since set up an establishment near Graefenburg, in opposition to Preissnitz, wherein all diseases are to be cured solely by wine and good diet. His wonderful successes have established a new system of medicine to which the name of *Oinopathy* has been given. Another pathy, as yet too embryonic for a distinctive prefix, is also receiving countenance and support in France. It owes its origin to a Prussian groom, who, wearied with cleaning the King's horses, saw in medicine a more honorable and lucrative trade, and henceforth resolved to be a blessing to the sick. His plan is to bleed—to make pills of the drawn blood, and administer them, *ubi opus sit*. *Metallopathy*, or the application of metals in the treatment of disease, upon the theory of a peculiar relevancy or specific adaptation, is receiving considerable attention. The experimenters find the results highly interesting, and full recompense for the time and labor bestowed on their attainment. A Swedish gymnast, Ling, advances *Kinesipathy* as the summum remedium,