

TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Edmonton, Alberta, Can. — "I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me.

"When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised Lydia E. Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in the house."—Mrs. FRANK EMSLEY, 908 Columbia Avenue, Edmonton, Alberta.

The Other Case.

Beatrice, Neb. — "Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have two little girls."—Mrs. R. B. CHILD, Beatrice, Neb.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. Subscription—\$1.00 per annum in advance. \$1.50 to advance to the United States.

ADVERTISING RATES.

Table with columns: Space, One Year, Half Year, 3 Months. Rates for various ad types.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at night extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LEGAL ADVERTISEMENTS—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Axate measure 14 lines to the inch.

ADVERTISERS' CARDS—One inch and under, per year \$5.00. AUTOMOBILE CARDS—\$5.00 a year. Local—10c per line, each insertion. Minimum charge 25 cents. Advertisements without specific directions will be inserted till forbid and charged accordingly.

Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, JANUARY 22, 1915.

NOTE AND COMMENT

1914 is a year the world will never forget. It is doubtful if since the year one a more momentous date stands out in the annals of mankind.—The Toronto Globe.

The German Crown Prince says the war is "stupid, senseless and unnecessary." Of course, what he means is that it was "stupid and senseless" to object to Germany bossing the whole of Europe and spreading over the world the benign influence of German culture.

The death of Bruno Garibaldi, the second of the grandsons of the great Italian patriot to die fighting with the French army in Alsace, has rekindled the fires of Italian desire to take the field against Austro-Germany. Ricasoli Garibaldi, father of the young man killed in action, is raising a volunteer force of 6,000 Italians to join the French army. He has taken command as a captain and another of his sons is a lieutenant. Feeling runs high in Italy for war.

Hamburger Fremdenblatt: One factor is the general hypocrisy of American public opinion. Religion, virtue, abstemiousness, candor and

Every Woman is interested and should know the new Vaginal Spray, best for all complaints. Ask your druggist for it.

honor are the stock phrases with which American are stuffed on every possible and impossible occasion, and the supposed violence done to the neutrality of Belgium, was grist to the mills of these hypocrites. In any case, people in Germany need not bother themselves in the least about what the Americans think or say, as long as the German arms win. That is all that matters, for the American is a thorough opportunist, and never has any sympathy with the side that is beaten.

PATRIOTISM AND PRODUCTION

The Duty And The Opportunity Of Canadian Farmers

The first Agricultural Conference will be held in the lecture room of the Winter Fair Building, Ottawa, on Wednesday, January 20th, at 1.30 o'clock.

The conference will be presided over by Honourable Jas. Duff, Minister of Agriculture for Canada. The discussion will be led by Duncan Anderson, Orillia, Ont., and Robt. Miller, Stouffville, Ont.

The conference is held under the direction of the Dominion Department of Agriculture, and is the first of a series which are being arranged for throughout Canada, to explain and discuss conditions in countries where live stock and agricultural production will be affected by the war.

Much valuable information has been collected, with the view of presenting to farmers and business men the necessity of extending our agricultural production, in order, through the development of our own resources, to take advantage of the opportunity of establishing an extensive export trade and, at the same time, to discharge our duty to the Empire by providing a more adequate supply of food stuffs for the sustenance of its army and its people.

Farmers are urged to be present in large numbers to participate in this conference. It is their privilege as citizens of this Dominion to render a very effective service to the Mother Country during the coming year. What is to be done and how to do it will be fully discussed at the Ottawa meeting.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O.

Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

A True Courtier.

Upon his arrival at the court of Vienna a former French ambassador was presented to the empress, who was aware that the day before he had visited the beautiful Countess X. "Is it true," she asked, "that the Countess X. is the most lovely woman in Europe?" "I thought so yesterday, your majesty," replied the diplomat, with a graceful bow.

Concert Pitch.

She (at the ball game)—Why does he make those motions with his arms before he pitches the ball? He—Those are signals to the catcher. The two men work in concert. She—Dear me! Is that the "concert pitch" I've heard about so often?—Boston Transcript.

Explaining an Ancient Episode.

"George Washington did not hesitate to tell the true story of how the cherry tree got chopped." "Yes," replied the man who had testified in an investigation. "George was pretty smart. He knew how to get immunity."—Washington Star.

Faint Praise.

"Is the boy trustworthy?" "I consider him so. I'd trust him as far as I could see him. Of course I'm mighty nearsighted."

Recognized as the leading specific for the destruction of worms, Mother Graves' Worm Exterminator has proved a boon to suffering children everywhere. It seldom fails.

ACCIDENTS ON THE WATER.

How a Pot or Pan or Even a Hat May Be Used as a Life Preserver.

The worst thing to do in an accident on the water is to flounder around and shriek and cry. That expels the air from the lungs, and then the body will quickly sink. With this fact understood we may experiment with a number of things to show how little it takes to support the body. The high silk hat of man contains sufficient air to keep him from sinking if he grasps it by the rim and holds it upright so that the air is imprisoned under the hat. Even a derby hat will support a half grown boy or girl if held right. Dishpans and buckets or tin pails can also be used as life preservers. Invert these in the water and grasp the rim with both hands and do not tip them so the air can escape. Not long ago a party of girls out rowing had their boat upset in a mountain lake. All of them except one could swim. This girl had an umbrella with her, raised to ward off the sun's rays when the accident occurred. Finding herself in the water some distance from the boat, she grabbed for the nearest thing in reach. It proved to be her umbrella, floating with the handle down in the water. She threw both arms frantically around the open umbrella. To her surprise and to that of her comrades, she did not sink. The imprisoned air under the umbrella supported her head above the water until help arrived.

The small amount of air contained in a bicycle tire will keep one's head above water for hours. Even if one is a fair swimmer, the day may come when a knowledge of some of these every day life preservers will prove of the greatest value. If thrown in the water a long distance from shore you may be able to float and swim with such an aid three times as far as you could without them.—George E. Walsh in Leslie's.

TAKING MEDICINE.

There Are Many Ways of Doing It, but Only One Right Way.

Take a fluid remedy from a medicine glass or from a silver spoon. Chemical action of some liquids upon brass creates a liquid that would be fatal if taken into the stomach. A good rule is never to take medicine from anything made of the coarser metals. While pouring the medicine from bottle to spoon or cup hold the bottle so that the label is uppermost. This will prevent the medicine pouring over the label and staining if not obliterated. This precaution, especially in the case of liquids that might be harmful if taken by mistake or in the wrong quantity, is imperative.

Unless directions require you to take medicines full strength, it is better to dilute them half and half with water. Never take doses larger than those specified in the directions. Better that they be smaller.

Under no circumstances take medicine in the dark. The reason is obvious. Read the frequent news of deaths of persons who have taken poisons by mistake.

Be sure never to pour medicine back into the bottle. Never fail to shake the bottle before taking a dose of the contents. If there be any sign of sediment, shake the more.

Unless directed otherwise you would better take all capsules, pills or tablets with a half glass of water.

Never use a liniment near an open flame, for a liniment usually contains some combustible element. Always rub a liniment into the skin until it is nearly dry.

Be sure to brush the teeth after taking medicine, since many medicines contain acids or iron, both of which are injurious to the teeth. Keep effervescent medicines in a cool place.—New York American.

How She Escaped. "Algy fell in love with a girl at the glove counter. He bought gloves every day for a week. To discourage his attentions she became a manicure." "Then he had his nails manicured every day, I s'pose." "Just so. However, I don't think he'll follow her any farther."

"Why not?" "Then she got employment with a dentist."—Houston Post.

Meadow Larks.

In many localities the meadow lark is shot for game. From the farmer's point of view this is a mistake since its value as an insect eater is far greater than any sport it can furnish. The boll weevil and the alfalfa weevil are among the beetles it habitually eats, 25 per cent of its diet being this class of food. It also eats large quantities of caterpillars, cutworms, grasshoppers and army worms.

Had Already Done So. Father—Now, Mabel, I'll tell you a young fellow I wish you would grow to like—young Wigley. He'll make a noise in the world just when you least look for it. Mabel—You've got him sized up all right, dad; I heard him eating soup in a restaurant the other day.—London

Children Cry for Fletcher's CASTORIA The Kind You Have Always Bought, and which has been in use for over 30 years, had borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend. GENUINE CASTORIA ALWAYS Bears the Signature of The Kind You Have Always Bought In Use For Over 30 Years THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Nothing But the Best IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice. Agents For MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., and all kinds of repairs. NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES. Our Prices are right, as low as is consistent with reliable goods. HARPER BROS. PHONE 31. FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

SAVING PRICES ON STAPLES O-CEDAR MOPS—in all sizes: A household necessity of to-day. Prices, 75c., \$1.00, \$1.25 and \$1.50. VACUUM CLEANERS and SWEEPERS—\$8.00. The kind pedlars charge you \$15.00 for. CARPET SWEEPERS—\$3.00 to \$4.00. FOOD CHOPPERS—Gem or Jewel; kitchen size, \$1.00; medium, \$1.25; large, \$1.50. GET OUR PRICES FOR ANYTHING IN HARDWARE. The Howden Est.

Think of Others (Kincairdine Review) Don't grow about your taxes. Every cent goes into your own municipal treasury. Think of Belgium! Her taxes go into the coffers of the enemy that despoiled her country, razed her villages, broke up her homes, ravished her daughters and slew her sons. Children Cry FOR FLETCHER'S CASTORIA Queen Elizabeth of Belgium spends about \$10,000 a year on dresses. Western Papers Fee Pinch Winnipeg, Jan. 14.—The Winnipeg Telegram announces to-day that it is discontinuing its morning edition, and will concentrate all its efforts on publishing an afternoon paper. The Telegram, says the announcement, "welcomes the opportunity of assuming no further responsibility for the anomalous position of publishing a double-header." The Regina Province has also this week discontinued its morning edition and The Regina Leader is the afternoon paper. Oregon has two woman sailors, and fourteen female attorneys.

A FAMILY REMEDY FOR MANY YEARS Used "Fruit-a-lives" With Best of Results. GEORGE MCKAY Esq. KIPPEN, ONT., June 1 "I have been using "Fruit-a-lives" as a family remedy for many years. They are the best medicine ever tried. "Fruit-a-lives" is the most good—they never gripe action is pleasant. "I have used them for Indigestion and Constipation with the best and I heartily recommend anyone similarly afflicted. These troubles have left me very and I give "Fruit-a-lives" for all this. A nice pill cannot take." GEORGE MCKAY Esq. The enormous demand for "Fruit-a-lives" is steadily increasing, fact that this wonderful fruit gives prompt relief in all Indigestion, Constipation, Stomach, Rheumatism, Headaches, and Neuralgia, Kidney and Bladder Troubles. Size a box, 6 for \$2.50, trial Sold by all dealers or sent on price by Fruit-a-lives Limited.

CHANTRY F Shorthorn Cattle and Lincoln Present offering—Shorthorn, a grand lot of lambs, yearling rams and ewes. ED. de GEX - KERWO

FARM FOR SALE WEST HALF OF LOT 3, CON Gore, Warwick, 100 acres, all under Ontko premises are a good frame barn with stable and granary, all fenced and tile drained. Two very best of loamy farms, extra creek running through it. Situated the best localities in the township for raising or grazing purposes. For particulars apply to J. F. ELLIOT July 29th, 1914.

FARM FOR SALE GORE TWO, FOURTH CONCH OF R. Township of Warwick. A Good large new brick house with Bank barn 42 x 62 feet, 22 foot post apple trees, 7 acres of good meadow, 25 acres of fall land, well seeded down. Well tiled drain land, good water, 6 miles from roads, close to school and church delivery and telephone. Extra 8 acres of pasturing. Apply to J. F. ELLIOT July 29th, 1914.

HARRY WILLIAMS Sleigh Manufacturer; Ripper Planing, etc., and all kinds repairing will receive our best ST. CLAIR ST. (OLD SALVATION ARMY B.

PATENT Scientific American A hand-drawn sketch and quickly ascertain our opinion. Free information is probably patentable. Patents taken through Munn, & Co. 361 Broadway, New York. Munn & Co. 361 Broadway, New York. Branch Office, 65 F. St., Wash.

GRAND TRUNK TIME TABLE Trains leave Watford West GOING WEST Accommodation, 109 Accommodation, 111 Chicago Express, 1 Accommodation, 110 New York Express, 6 New York Express, 2 Accommodation, 112 G. Vail, Agent