Tells How She Keeps Her Health - Happiness For Those Who Take Her Advice.

Scottville, Mich.—''I want to tell you how much good Lydia E. Pinkham's VegetableCompound and Sanative Wash have



done me. I live on a farmandhaveworked very hard. I am forty-five years old, and am the mother of thirteen children. Many people think it strange that I am not broken down with hard work and

the care of my family, but I tell them of my good friend, Lydia E. Pinkham's Vegetable Compound, and that there will be no backache and bearing down pains for them if they will take it as I have. I am scarcely ever without it in the house.

"I will say also that I think there is no better medicine to be found for young girls. My eldest daughter has taken Lydia E. Pinkham's Vegetable Com-pound for painful periods and irregularity, and it has helped her.

"I am always ready and willing to speak a good word for Lydia E. Pink-ham's Vegetable Compound. I tell every one I meet that I owe my health and happiness to your wonderful medicine."
—Mrs. J. G. Johnson, Scottville, Mich., R F D. 3.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs. and today holds the record of being the most successful remedy for woman's ills

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

RIFTION—\$1.00 per annum in advance, \$1,50 in advance to the United States.

ADVERTISING RATES. | Space One Year Half Year 3 Mo
One column	865	838	827
Half column	38	22	11
One fourth column	22	12	12
Shorter periods 12 cents per running inch.			

Advertissrs will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in primer's hands by Tuesday attenson.

LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Avate measure 14 lines to the inch.

† BUSLINESS CARDS—One inch and under, per year \$6.09.

\$5.00,
AUCTIONER CARDS—\$5.00 a year,
LOCALS—10c, per line each insertion. Miminum
charge 25 cents,
Advertise ments without specific directions will be
neerted till forbid and charved accordingly.

HARRIS & CO. PROPRIETORS

Anide-Adnocate

WATFORD, FEBRUARY 28, 1913.

The Rural Telephone.

The rural telephone is one of the strongest forces we have in promoting social life on the farm. One does not need to refrain from visiting one's neighbors because he can be talked to over the phone. There can be just as much visiting done as formerly, if that is needful, and the social side can, in addition, be promoted by the use of the phone. In fact, we know of many instances where social gatherings that would never have been held have been brought about by the rural phone. It is so easy to get the neighbors together when each one has a phone. Then there is the convenience of the phone. We do not think that anyone would care to go back to the old days when the farmer was isolated, when a drive of several miles was sary to bring a doctor, when a trip of a mile or two was necessary every day to get the mail. The telephone and mail delivery are just as necessary to the country as they are to the city, and the man living on the farm has just as much right to these modern conveniences as the man in the city.



Women Who Could Pull an Oar With the Best of Men.

WON FAME ALL OVER EUROPE.

Ann Glanville and Her Champions Not Only Beat Their Own Countrymen, but Went to Havre and Outrowed Half a Dozen Crack French Crews.

In the boat races that have from time immemorial been rowed on the Hamoaze, the estuary of the Tamar and the Tavy that forms part of the harbor of Plymouth, the women of Saltash have often distinguished themselves. In "Around and About Saltash" P. E. B. Porter writes of Ann Glanville, whose amazonian feats of oars manship made her famous all over Europe:

"Some sixty or seventy years ago the crew of Saltash women was often seen not only on the Hamoaze, but wherever aquatic sports were held. It was not often that Ann and the crew that she stroked were beaten in a match-never by other women.

"They competed for prizes at Hull, Liverpool, Portsmouth and Dartmouth, and it must not be supposed that a crew of men ever yielded the palm out of masculine courtesy, for, as a mat ter of fact, the men did not at all relish being beaten by a 'parcel of females.'
"In some of these contests Mrs. Har-

riet Screech, a daughter of Ann Glan-ville, who had fourteen children, rowed with her mother. As she was the youngest member of the crew she pulled bow oar, the least arduous post in the boat.

"Once this crew, rowing a match at Fleetwood in the presence of Queen Victoria, gave the men so sound a beating that her majesty asked to have Ann presented to her.

"However, the most famous event of Ann's life took place in 1850, when Captain Russell of H. M. S. Brunswick suggested to her that she and her crew should go to Havre to the regatta there and challenge the Frenchmen, a proposal to which she readily assented.
"When the Frenchmen heard of the

challenge from les Anglaises de Saltashe they shrugged their shoulders, for they scarcely regarded it as serious. And when the women appeared in their white frilled caps prinked out with blue ribbons, in their short petticoats and white dresses, with blue neckerchiefs tied over the shoulders and crossed behind the back, they looked puzzled.

"The challenge of the Englishwomen created a stir not only in Havre, but for miles along the French coast and for many leagues inland too. And in England the greatest interest was aroused.

"When the day of the regatta came there was a vast concourse of people to witness the contest. Every quay, billtop and housetop from which a view of the course could be had was crowded. Every one was on tiptoe of ex-Before the start the Salt pectation. ash crew had a pull round 'to show themselves.' Their steady stroke, the way in which they bent their backs to their work and the perfect ease and

grace with which they pulled made the French open their eyes. "Ann and her crew had not the best start possible, nor at first did they have the advantage. Five minutes after er the start six boats were ahead of them. But they soon tested their opponents' nerve. Ann, who had the stroke oar, gave the word:

"Bend your backs to it, maidens and hurrah for old England!"

"One by one, with a cheer from old Ann, they passed the six boats. At last they drove their boat, with the British color flying gayly at the fore into the lead. It was a long course and a hard pull, but they soundly thrashed the Frenchmen. Ann and her 'maidens' beat them by 100 yards. The pers of this famous crew were Ann Glanville, Harriet Hosking, Jane House and Amelia Lee. A man acted as coxswain

"Mrs. House was so elated at the that on reaching the commit tee boat she plunged into the water, dived under the vessel and came up with a dripping and drooping cap on the opposite side. "Ann Gianville died in 1880, at the

age of eighty-five, dignified, vigorous and handsome to the last. Her char-acter was summed up by a neighbor

these words:
'Her was honest to a farthing, clean as a smelt and kind hearted as a queen."

Rose to the Occasion.

"Do you know, Miss Doofies," aska
the earsest young man, "that if one
were on Sirius the orbit of the earth
would look just about the size of a
finger ring?"

"I beg your pardon, Harold," she
flutters. "I was musing for the moment and did not eastly executive mo-

ent and did not catch everything you

said, but I heard you say something about 'serious and a ring."-Chicago

AAPFOM

The Steering Committee.
Registry Clerk It is necessary for me to ask the mother of the orde if she has noting to say before I pro-ceed with the ceremony. Notice of Mother (in background). All I have to say is that if I badn't had a good deal to say already they never would have

If it were possible to heat sorrow by weeping gold were less prized than grief. Sophorles.

AN ANCIENT DISCOVERER

Gold Came Before Silver In the Early Use of Metals.

It is not known just when gold was first used by man as ornament and coin, but 4,400 years ago the people of the far east and in the countries of northern Africa made most exquisite jewelry out of gold and precious stones. In fact, the art of their hand wrought ornaments has never been excelled, and modern man has learned from them in technical skill. Gold exceiled, and modern man has tearning ed from them in technical skill. Gold as used in the early times was probably found in the form of nuggets, as the ancients would hardly have noticed it in any other form. They hammered it by hand and gave it a most beautiful reclining.

ed it in any other form. They hammered it by hand and gave it a most beautiful polish.

Silver was not discovered for a long time after gold was in use in many countries, and when at last some one did discover it he thought it a form of gold, and it became known as "white gold." The discovery of copper soon followed that of silver, and then in succession came tin, zinc and lead. An ingenious savage who lived in upper Egypt succeeded in making brass by fusing copper and zinc, and later he manufactured bronze by a mixture of copper and tin. This cocurred about 4500 B.C., and the inventor's name was Anubis.

And Anubis made the first metallic axe, knife and chisel, and also he gave us the original saw, taking for his model, so we are told, 'the chin bone of a snake.' Like the teeth of a snake, the first saw's teeth inclined backward.

Anubis also invented the first musi-

backward.

Anubis also invented the first musical instrument of which we have knowledge. He used for a sounding board the empty shell of a tortoise across which were strung four tortoise sinews as strings. Afterward this instrument was enlarged and a goat's horns used for posts. It still had four strings and a bridge and brace. This crude musical instrument became known as the lyre, and from it developed all known stringed instruments. Of this instrument a historian says:

"Horus afterward enlarged and improved the lyre by increasing the number of strings to seven, though two of them had the same pitch. He two of them had the same pitch. He also provided a strap to support the increased weight of the instrument. It was then called by the Greeks a cithera or kithara, and in central Africa it is yet called a kissar. The Greek Terpander added an eighth string, called octachord, from which comes our word octave.

"Anubis seems to have composed a song and sung it to the arcompani-

and sung it to th song and sung it to the accompani-ment of the harp. He was also the first songster and poet of whom we have any knowledge."
Thus it will be seen that metals are very old in the uses to which man has

put them and musical instruments also of very ancient date, though for countless generations there was no written music and the player compos-ed his own melodies as he went along, which were exceedingly simple.

The Wrong Number Again.

The Wrong Number Again.

Governor Chambers, of the Toronto Goal, had an amusing telephone conversation recently that illustrates how little one may appreciate to whom he is speaking sometimes. The Governor was sitting in his office when the bell rang. He was surprised to hear the greeting: "Howdy, Guv'nor, is Dot there?" "Dot? Dot?" he replied, "I don't know any Dot." "Ah, gwan, quit yer kiddin'. Dot Dawson. You know. Ain't she there now?" came back the answer. "Well, I'm sure I don't know," said the doctor, "I'll go and look her up," and he kindly went to the records and made a careful search. "No, I don't find her name here," he advised his interrogator. "I don't think she has been here for some No, I don't find her name here," he advised his interrogator. "I don't think she has been here for some time." For goodness' sake, is that Mr. Blands house," came the query. "No-o-o, this is the goal," said the Governor, and the sudden "bing" of the receiver at the other end announced the lady's impatience at being given the wrong exchange.

The Well-Known Emotion.

The Well-Known Emotion.

Love was under discussion, and the time old "When is a man in love?" question came up. "A man is in love," said one, "when it gives him physical pain to tear up the slightest of her notes." "When"—but it would be violating confidences to tell other answers. One only, the best, we begged leave to print. "A man isn't really in love," said this romantically astute old gentleman, "until he begins to skip the descriptions of heroines in novels he reads, saying, "What's the use of reading that? I'll have her looking like Her anyway."

One might almost do an Elizabethan poem on that, "

Gone Instantly---Proof at 25c tch

Since our repeated recommendations failed to induce some Eczema sufferers right in this town to try D.D.D. Prescription at \$1.00 a bottle, we arranged with the D.D.D. Laboratories to offer a special trial—for the present—at only 25

What Eczema sufferer would not spend cents for this special bottle. This nom-25 cents to cure that terrible agonizing in all price is made to assure a trial by every skin sufferer.

D.D.D. Prescription will convince your instantly, for it takes the itch away the very moment you start to wash the skin, and it cures—as we KNOW.

- Taylor & Son, Druggists.

A. D. HONE INTERANDECORATOR

talist in Hand Painted Decorations.

ir Best Work at Reasonable Prices. Estimates Furnished A COMPLETE LINE OF

Samples of WALL PAPER on Hand. When you hav work in his line let him figure on it.

He "Stopped" His Paper

The other day a cranky sort of an old man came into this office and stopped his paper because something in it did not just suit his fancy, says the Powhatan Bee. We heve frequently met him on the street since that time and it is amusing to note the look of surprise on the old fellow's face that we are still in exist. ing to note the look of surprise on the old fellow's face that we are still in existence regardless of the fact that he stopped his paper. Some day—and it wont be long either—that old gentleman will turn up his toes. His heart will be stilled forever. Neighbors and friends will follow his lifeless remains to the silent city and lay them to rest among the flowers. An obituary will be published in these columns telling what a kind father, a good neighbor and beloved citizen he was—which the recording angel will overlook for charity sake, and in a very short time he will be forgotten. As he lies out there in the cold, cold graveyard wrapped in the silent slumber of death, he will never know that the last kind word spoken of him was by the editor of this paper, which through life he so spitefully "stopped." Did you ever pause for a moment to think that your editor, whoever he may be will write your obituary some day?—Canadian Pictorial.

Heavier Grain, Better Quality.

G. F. Thornicroit, Lambeth. Ont, writes: "Last Spring I purchased some Homestead Bone Black Fertilizer from Mr. H. Hamlyn, Lambeth, and used some on half a field of oats. As a result I found that the grain was heavier and of better quality on that part. I am exceedingly well pleased with the results."

sults."

Homestead Fertilizers are manufactured and sold by the Michigan Carbon Works, Detroit, Michigan, who will send free to any farmer their book on fertilizers with a handsome calendar postage paid. They want agents where they are not now represented Address, Michigan Carbon Works, Postoffice Drawer 814-A, Detroit, Michigan, asking for terms.

Fact and Fancy.

Violins are now aged with X-rays. A ship's life is 25 years. has I00 tongues and no heart.

Don't think that, because you cast reflections, people will deem you brilliant.
Strawberries are so called from the ustom of placing straw over their roots

custom of placing straw over their roots to shade them, to preserve their moisture, and to prevent evaporation.

No man can ever become a widow's captain. The most he can hope for is to become her second mate.

In Chili, during the winter or hot season, the shops are closed all the afternoon and remain open till midnight.

Imagination is what keeps the doctors busy.

If one be troubled with corns and warts, he will find in Holloway's Corn Cure an application that will entirely

In washing black wool goods before making them over, use 5 cents worth of soap bark to a pailful of water. Let it stand until cold. Iron on wrong side.

When meeting a young woman these days with "Mrs." affixed to her name, it is the part of wisdom to learn if it is present or past tense before inquiring too particularly about her hubby. About the only difference between a job and a position is the amount of work.

Every man gets to the front sooner or later. If in no other way, he always heads his own funeral procession. We feel like offering a prize to the aviator who will soar above the high cost of living and drop a bomb on it.

An exchange not a hundred miles from here remarks:—"Do you act toward your wife as you did before you married her?" "Exactly. I remember just how I used to act when I first fell in love with her. I used to hang over the fence in front of her house and gaze at her shadow on the curtain, afraid to go in. And I act just the same now when I get home late."

Protect the child from the ravages of Mother Graves' Worm worms by using Mother Graves' Wo Exterminator. It is a standard reme and y ars of use have enhanced reputation.

It is the patience of women, a Chicago telephone manager says, which commends them as telephone operators. Work that would wear a man's nerves to the wire edge produces no effect upon the woman operator, he declares, and she leaves her position at the end of the day's work more elated over her little triumphs than depressed over the irritations.

THE DOCTOR'S OUESTION Much Sickness Due to Bowel Disorders.

beau

the

The

regu

Man

ing,

to in

your

olde

sunn

thou

ally,

allia

kind

bring

face.

fore

care

ever

men

of re

lot o

peac

Th

erect

appe

supp

acid and Far Dr.

F

stan

Wor

Fem

SHO

Fo

Su

N

D

A doctor's first question when consulted by a patient is, "are your bowels regular?" He knows that ninety-eight per cent. of illness is attended with inactive bowels and torpid liver, and that this condition must be removed gently and thoroughly before health can be restored. Rexall Orderlies are a positive, pleasant and asfe remedy for constipation and bowell disorders in general. We are so certain of their great curative value that we promise to return the purchaser's money in every case when they fail to produce entire satis-A doctor's first question when consulted

to return the purchaser's money in eve case when they fail to produce entire sat

faction.

Rexall Orderlies are eaten like candy, they act quietly, and have a soothing, strengthening, healing influence on the entire intestinal tract. They do not purge, gripe, cause nausea, flatulence, excessive looseness, diarrhea or other annoying effect. They are especially good for children, weak persons or old folks. Two sizes, 25c. and 10c. Sold only at our store—The Rexall Store.

J. W. McLAREN, Watford

For Dog Owners.

Here is something that may be of interest to dog owners here. A recent Supreme Court decision outlines responsibilities of owners of dogs. The dicision was given where action had been brought to recover damages from the owner of a dog that barked and frightened the plaintiff's horse. The plaintiff was thrown and injured and brought suit for \$1500 damages. The jury gave him a verdist for that amount and the owner of the dog applied to the Supreme Court. The Supreme Court sustained the verdict and said in strong words that the owners of barking and vicious dogs are responsible for all damages caused by such dogs and the owners keep them at their own peril.-Ex.

Things Worth Remembering

Scratches and bruises may be taken from furniture by using the kernel of a walnut or a butternut.

To make the eyebrows grow better, rub common salt into them every night before going to bed. Clean white sheepskin rugs by scrubbing with castile soap and water, drying thoroughly in the sun.

For a disagreeable breath put a few drops of tincture of myrrh in a tumblerful of water and thoroughly rinse the mouth with it.

A PILL THAT IS PRIZED.—There have and pressed upon public attention, but none has endured so long or met with so much favor as Parmelee's Vegetable Pills. Widespread use of them has attested their great value, and they need no further advertisement than this. Having firmly established themselves in public esteem, they now rank without a pressure.

A very good and simple face tonic is 10 drops of benzion to one of rose water. Put a few drops into the wash bowl when bathing the face. Both will soften and

the list of standard vegetable prepar-

esteem, they now rank without a pe

For croup use flannel cloths wrung out of very hot water and apply to the throat and chest; covered with dry ones, and renew with hot as soon as the others commence to get cold.

Unsightly marks caused by the drip-ping of water in marble basins or water closet bowls may be removed by rubbing with a cloth or old brush dipped in pulverized chalk or ammonia.

F Winter weather roughens and reddens your skip, causing chaps, chilblains and general discomfort, try

NA-DRU-CO Witch Hazel Cream

The creamy ingredients sooth and soften the outer skin, while the Witch Hazel penetrates and heals the deeper tissues. Delightful after shaving or washing.

25c. a bottle, at your druggist's. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 185