



Baby's Itching Burning Skin Quickly Soothed by Cuticura Ointment.

It's wonderful how quickly a hot bath with Cuticura Soap followed by a gentle anointing with Cuticura Ointment relieves itching, burning eczemas, rashes and chafings, permits sleep for infant and rest for mother, and points to speedy healing in most cases when it seems nothing would do any good.

Frauds of Olden Days.

An amusing sidelight on the manner in which fraudulent vendors of the people's necessities were punished in the good old days is to be found in Mattland's "History of London."

For a first offense the baker had his light bread confiscated, a second offense was punished by imprisonment, while for a third he was pilloried.

The Engrossers were the gentlemen who attempted to make a corner in commodities, and against these profiteers the king advised his subjects of London "to devise proper laws for regulating the prices of poultry and fish, which sort of provisions had been engrossed by a few rapacious Hucksters."

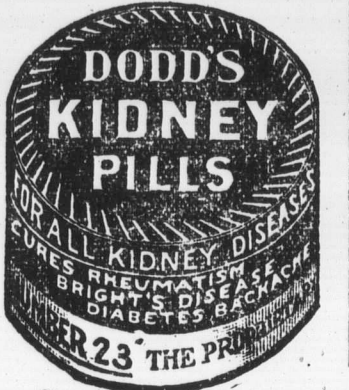
Minard's Liniment for sale everywhere.

ENERGY OF THE SUN. Far Reaching Effects If It Could Be Utilized.

Scientists have believed for some time that the sun has an important part in determining weather conditions, but just what its influence is and how this influence is exerted are more or less mysteries.

Observations made at these stations prove that a violent volcanic eruption serves to reduce the heating power of the sun, that the clouds of volcanic dust which is thrown into the air and extends part or all the way around the globe, though it may be invisible, acts as a blanket to prevent some of the solar heat from reaching the earth.

It has long been recognized that the sun is the source of enormous energy which if properly harnessed would be sufficient to furnish about all the heat, light and power used by man.



Electrically and efficiently transform solar energy so that it can be used satisfactorily. A number of difficult problems are involved. Among these are: That of providing some relatively inexpensive means by which the sun's rays may be concentrated on a large scale;

The growing scarcity of fuel, together with the increasing demand for power for industrial purposes, for heat, light, etc., now furnish a powerful incentive for developing other sources of energy. The winds which owe their existence primarily to the sun have been utilized to some extent for years.

White beads figure on a green mulin. Blue beads adorn a simple affair in white. These beads look like those used in Indian work.

SAVE THE CHILDREN

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather.

TRADE BRIEFS.

Recent earthquake damage in San Salvador should increase the opportunities for the introduction of reinforced concrete construction in that district.

Steel wires should find a ready market in the Riga district, Russia, as the four factories engaged in the manufacture of steel products there were dismantled and moved to the interior at the beginning of the war.

CANDIA OF CRETE.

Important Port That Was Founded by Saracen Pirates.

"The prosperity and importance of the Cretan port of Candia was so preponderant during the occupancy of the Mediterranean island by the Venetians that the whole province assumed the name of the city and even to-day most charts and maps label the land 'Crete or Candia.'"

"One of the striking features of Candia is the number of religious edifices of which it boasts. With less than 25,000 inhabitants it has numerous

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synagogues, Greek churches, a cathedral and fourteen mosques. The metropolitan of Crete resides here. One of the institutions of which the city is justly proud is the museum containing priceless antiquities taken from the ruins of Knossos, Phaestus and other vanished Cretan strongholds.

"The fortifications which surround Candia were begun by the Genoese in the twelfth century and greatly strengthened by the Venetians during four succeeding centuries, but walls of stone were unable to resist the prolonged siege which the Turks conducted in the seventeenth century, even though the defence of the city by the renowned Venetian admiral Francesco Morosini furnished one of the most stirring pages in the history of Crete.

"Turkish rule over Crete was not an unmitigated misfortune. In fact, during the second quarter of the nineteenth century a wise and just Albanian pasha, Mustafa, one of the most brilliant statesmen of his time, gave the island its 'golden age.'"

"Candia exports quantities of olive-oil soap manufactured in the vicinity, and also has a moderately flourishing trade in dried raisins, wine, almonds and silk cocoons.

"One of the relics of Venetian occupation is an aqueduct, built in 1627, which has withstood the ravages of time so successfully that it still supplies the city with much of its water.

The well-known metallic expert, Dr. Groendal, welcomes the new process, and has put his different metallic patents at the disposal of the young engineers. Practical people are sanguine of the success of the new smelting process, which will specially suit a country like Norway with only poor iron ore deposits, but plenty of cheap water power at disposal.

An Unconscious Linguist.

Men have travelled safely, if not always placidly, throughout Europe with no other language than English at their command, but few have been so lucky as a correspondent of a New York paper, whose English was actually taken for French by the French themselves.

While he spoke no language other than English, this gentleman had never had any trouble in travelling in Europe. In the only instance when he greatly longed to be able to speak another language he was helped out of a predicament in a most unexpected way.

One of the porters replied "Oui, ban-gazh, oui, oui, ban-gazh," and he soon produced the American's trunk. That was the first time he knew that the French have the word "baggage" and learned how they pronounce it.

Laundry Hints.

Soak ink stains in sour milk. If a dark stain remains, rinse in a weak solution of chloride of lime.

Saturate grass stains thoroughly with kerosene, then put in the wash-tub.

Wash iodine stains with alcohol, then rinse in soapy water.

Soak iron rust stains thoroughly with lemon juice, sprinkle with salt and bleach for several hours in the sun.

Hot water and soap generally remove grease spots. Soften wheel grease stains with lard and soak in turpentine. Scrape off all the loose surface dirt with a knife, sponge clean with turpentine and rub gently until dry.

Soak mildew in a weak solution of chloride of lime for several hours. Rinse in cold water.

Rub sewing machine oil stains with lard, let stand for several hours and wash with cold water and soap.

To remove scorch stains wet the scorch place with soap and bleach in the sun.

Wash chocolate and cocoa with soap in tepid water.

To remove fruit stains, scratch the fabric over the mouth of a basin and pour boiling water on the stain.

Man Commanding First U. S. Camp in France.

With the first news of the American regulars' arrival in France came the brief announcement that the commander at the camp of the military vanguard was Major General William L. Sibert.

When Major-General John J. Pershing was a "yearling" at West Point, one of the honor men of the first class of that year, 1884, was Sibert, of Alabama.

Until then no one outside of the inner circles of the war department knew that Major-General Sibert had crossed the Atlantic. That he is the man for the job, not an officer in the army doubts.

He was born in the little city of Gadsden, Ga., October 12, 1869, which means that he still has more than seven years of active service ahead of him before he reaches the age limit set for our army officers by Congress.

In 1892, eight years after his graduation from West Point, the army records show that Sibert, then a first lieutenant of engineers, was one of the executive engineers in charge of the great Sault Ste. Marie Canal improvements, and when the Spanish war broke out, in 1898, Sibert, who had gained the rank of captain, was named by President McKinley as chief engineer of the Eighth Army Corps, a position he retained for only a few months, when he was transferred to the Philippines and made chief engineer of the Manila Dagupan railway, as well as the general manager of the system.

Returning to the United States in 1900, Sibert, still a captain, was assigned to various river improvements and within a few years came to be recognized as the most efficient river and harbor engineer in the country.

There is hardly a navigable river east of the Rockies with the development of which in one way or another he has not been identified.

It was not until 1907 that his countrymen began to hear of him. President Roosevelt had started the country by his appointment of a then unknown major of engineers—George W. Goethals—as chief engineer of the Panama Canal Commission.

To Gallard was given the great task of solving the problem of Culebra Cut, which cost him his life. To Sibert was assigned the job of building the Gatun locks and dam, the successful accomplishment of which is now numbered among the engineering marvels of the age.

A story is told of General Goethals which credits him with this remark in taking over the Panama Canal Com-

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WANTED - PROBATIONERS for train for nurses, apply, Welland Hospital, St. Catharines, Ont.

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mission. "I recognize here two enemies, one of them Culebra cut and the other the locks and dams of Gatun."

Goethals made the Gatun part of the canal a military department and placed Sibert in command. Quietly, modestly, without fuss or feathers, Sibert went to work. He was a great saver of men and money, and he soon found a way to make one dollar go where it took two dollars to go before.

President Wilson, on March 4, 1915, named Sibert brigadier-general of the line as an expression of the nation's gratitude to him for his work, he had done at Panama. General Sibert was then ordered to the Pacific coast as commander of the coast defenses. He immediately started in to bring those defenses up to date, and the present efficient condition of the Pacific fortifications is another of his achievements. He also planned the first officers' training camp at the Presidio of Monterey.

In 1914 the American Red Cross decided to finance a \$20,000,000 project to reclaim East China from the flood peril. It was Sibert who was elected to go to China as the chief engineer. The work now going on is the result of his plans.

On June 8th last President Wilson sent the name of Sibert to the Senate as a major-general.—New York Times, July 2nd.

Victor Hugo.

Victor Hugo was born at Besancon, France, Feb. 26th, 1802; died May 22, 1885. He began his literary work at fourteen, and by 1827 his reputation was continental. In 1852, on account of his democratic sympathies, he was an exile in the island of Jersey, but after 1870 he returned to France.

Forced into politics he soon became disgusted with his insincerities and resigned his seat to the assembly in which he had been elected. In 1876 he was made a senator but never accomplished much on account of his uncompromising hostility to every form of official trickery.

All's fair in war. No army is too honest to steal a march on the enemy.

Automobile Tops.

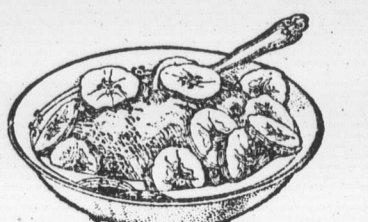
The practice of running an automobile with the top up when it is not needed is costly, according to tests which I made, says a contributor to Popular Mechanics. When the back of the top cannot be rolled up the resistance is especially great. Six miles more were obtained from a gallon of gasoline with the top rolled and covered as compared with having the top up with the back closed. When going against the wind this extra pull is especially heavy, and difficult in making a hard climb may often be relieved by lowering the top.

Capets. They are entrenched. And frankly military. Or just the opposite. Ranging from wool to silk. Including broadcloths, velours, tafetas, satins.

Many a fellow is out for the dust who doesn't clean up.

Strength in Summer

comes to the man or woman whose daily diet consists of cereals and fruits. Meat and potatoes are a heavy load on the digestive organs. The ideal Summer diet is Shredded Wheat Biscuit, a food that is 100 per cent. whole wheat and prepared in a digestible form. For breakfast with sliced bananas or berries, with milk or cream.



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